

# Wellness Council Meeting Minutes

January 26, 2022

## Members:

Colleen Murray (Superintendent)	Marjorie Nusom (School Psychologist)
Jackie Nathman (Climate & Instruction Specialist)	Kate Beeman (Teacher)
Donna Ricciardi (BOE Lunch Program Coordinator)	Marie Bartels (Parent)
Caitlin Bruni (Nurse)	Dr. Jennifer Kapo (Parent)
Peter Ferrara (Chartwells)	Jennifer Searles (Parent)
Andrea Hubbard (Literacy Coach)	

**Attending:** Colleen Murray, Jackie Nathman, Donna Ricciardi, Caitlin Bruni, Peter Ferrara , Marjorie Nusom, Dr. Jennifer Kapo, Jennifer Searles

**Absent:** Andrea Hubbard, Kate Beeman, Marie Bartels

**Visitors:** Sarah Culbertson, Elena Page

## Call to Order

1. Mrs. Murray called the meeting to order at 3:31 pm via Zoom.

## Approval of Minutes

1. **Motion** by Jennifer Searles, seconded by Caitlin Bruni, to approve the November 23, 2022 meeting minutes as presented. *The motion carries 6 yes, 2 abstain (Nusom, Searles), 3 absent (Hubbard, Beeman, Bartels)*

## Agenda

1. ConnectiCare Wellness Dollars Update
  - a. Mrs. Murray shared that a portion of the Wellness Dollars were used to purchase gift cards for the weekly winners of the Staff Step It Up Challenge organized by Jackie Nathman.
  - b. Ms. Nathman stated that the challenge was so successful that she may set up another one, but pay to play next time.
2. Health Fair
  - a. Mrs. Bruni gave a report on the progress made to date by her and Mrs. Hubbard on

- securing vendors for the Health Fair.
- b. The location of the Health Fair will be decided as the date gets closer, but it will likely be outside.
  - c. Any vendor with a connection to comprehensive wellness is invited to join.
  - d. Dr. Kapo offered to contact some of her colleagues.
3. Food Trucks
- a. Dr. Kapo reported that she is going to begin securing food trucks.
4. 5K/Color Run
- a. Mrs. Culbertson shared that Mrs. Page offered to help organize the 5K.
  - b. Mrs. Culbertson shared that she and Mrs. Ricciardi met with Mrs. Bartels, who organized the last 5K, and she provided input and very detailed information.
  - c. Mrs. Murray suggested reaching out to Frank Labbate to see if he's interested in organizing the Fun Run for children.
  - d. 5K Chairpeople will need to contact BCS PTO for an estimated cost of replacing the track so they can plan on a fundraising goal.

### Future agenda items

- Approval of the January 26, 2022 minutes
- Update on Health Fair/Food Trucks/5K Run

**Adjournment** Meeting adjourned at 4:08 pm.

**Next meeting: Wednesday, February 23, 2022 at 3:30 pm**