Wellness Policy

Policy Information

Series A - Foundations and Commitments

Wellness Policy
Policy # AG

FILE: AG

LOCAL WELLNESS POLICY

Mission Statement

Based on research conducted by the Center for Disease Control, the Bourne Public School District's School Committee acknowledges the direct correlation between health and academic success. Therefore, we will provide the necessary resources in nutrition, health and physical education, school based activities and food services to promote healthy lifestyles and maximize student performance. In accordance with Public Law 108-265, Section 204 Child Nutrition and WIC Reauthorization Act 2004, and Public Law 111-296, The Child Nutrition Reauthorization Healthy, Hungry Free Kids Act of 2010, Healthier US Schools Challenge and the Richard B Russell National School Lunch Act section 9f and 17a, the following guidelines shall be implemented.

POLICY

The BPSD-SC will create a School Wellness Advisory Committee appointed by the Superintendent. The School committee will elect a school committee member to the School Wellness Advisory council. The SWAC will establish and assess goals for Nutrition Education, Nutrition Promotion, Physical Activity, and other school based activities that promote school wellness in accordance with the MGL 223, Chapter 111, 105 CMR 215.00. The SWAC will conduct an assessment of implementation annually and report to the School Committee, public, and all stakeholders within the school community. At the conclusion of each school year, recommendations will be presented to the School Committee for action.

Food available on school campus will follow USDA Regulations and MA School Nutrition Standards for Competitive Foods and Beverages.

Policy References:
Section 204 of Public Law 108-265-June20, 2004:Child Nutrition & WIC Reauthorization Act of 2004
MA Dept. of Education: Comprehensive Curriculum Health Frameworks
MA Dept. of Public Health: Wellness at Work Program
MA Dept. of Public Health: Bureau of Family & Community Health
National Assoc. of Sports & Physical Education(NASPE)

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