

# Teaching About Drugs, Alcohol and Tobacco

## Policy Information

### Series I - Instruction

#### Teaching about Drugs, Alcohol and Tobacco

Policy # IHAMB

**FILE: IHAMB**

### TEACHING ABOUT DRUGS, ALCOHOL AND TOBACCO

In accordance with state and federal law, the District shall provide age-appropriate, developmentally based drug and alcohol education and prevention programs in grades K-12.

The drug and alcohol education program shall address the legal, social, and health consequences of drug and alcohol use. The program also shall include information about effective techniques and skill development for delaying and abstaining from using, as well as skills for resisting peer pressure to use illicit drugs and alcohol.

The objectives of this program, as stated below, are rooted in the School Committee's belief that prevention requires education, and that the most important aspect of the policies and guidelines of the District should be the education of children and youth on healthy decision-making:

- To prevent delay, and/or reduce alcohol, tobacco and drug use among children and youth
- To increase students' understanding of the legal, social, and health consequences of alcohol, tobacco, and drug use.
- To teach students self-management skills, social skills, negotiation skills, and refusal skills that will help them to make healthy decisions and avoid alcohol, tobacco, and drug use.

The curriculum, instructional materials and outcomes used in this program shall be recommended by the Superintendent and approved by the Committee

This policy shall be posted on the District's website and notice shall be provided to all students and parents in accordance with state law. Additionally, the District shall file a copy of this policy with DESE in accordance with law in a manner requested by DESE.

**LEGAL REFS.:** M.G.L. 71:1; 71:96

**CROSS REFS:** GBEC, Drug Free Workplace Policy