



**PSHE Jigsaw and Safeguarding Curriculum**  
**Whole Academy Overview**

EYFS						
EYFS	Autumn 1 Being Me in my World	Autumn 2 Celebrating Difference	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Changing Me
Outline Content	Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Making friends Standing up for yourself	Challenges Perseverance Goal-setting Overcoming obstacles Seeking help Jobs Achieving goals	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
Assessment Outcomes	Children will be assessed using the Development Matters Curriculum at each assessment phase. Aspects of PSHE will be found in PSED, C&L, PD and UW.					
Safeguarding Focus	<ul style="list-style-type: none"> <li>- Bonfire night – safety – fire work safety</li> <li>- Halloween (being safe)</li> <li>- Staying safe in school – stranger danger, not opening doors, telling an adult if you see something strange</li> <li>- Managing feelings and behaviour</li> <li>- Online Safety-passwords private and safety on the internet</li> <li>- Road safety – how to cross the road and use pavements</li> </ul>		Healthy relationships  Stranger Danger - what to do if..... how to keep safe when outside, how to deal with a problem, a stranger etc.  Healthy Me – through PSHE  - NSPCC PANTS Rule - NSPCC – Speak Out, Stay Safe  Children’s Mental Health week (Feb 2022)  Internet Safety Day (Feb 2022)		Who can help us? Relationships work in PSHE  Keeping our bodies healthy  Sun Safe – using sun screen/ sun hats  Water safe – visit to the seaside keeping safe on the beach  Tolerance and understanding	



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	<ul style="list-style-type: none"> <li>- Anti-bullying week - bullying focus</li> <li>- Mental health awareness (assembly focus)</li> </ul>		
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Year 1						
Year 1	Autumn 1 Being Me in my World	Autumn 2 Celebrating Difference	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Changing Me
Outline Content	Feeling special and safe. Being part of a class. Rights and responsibilities. Rewards and feeling proud. Consequences. Owning the Learning Charter.	Similarities and differences. Understanding bullying and knowing how to deal with it. Making new friends. Celebrating the differences in everyone.	Setting goals. Identifying successes and achievements. Learning styles. Working well and celebrating achievement with a partner. Tackling new challenges Identifying and overcoming obstacles. Feelings of success.	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition
Assessment Outcomes	No assessment	I can tell you some ways I am different from my friends.	I can tell you how I felt when I succeeded in a new	I can tell you why I think my body is amazing and can identify some ways	I can tell you why I appreciate someone who is special to me.	I can identify the parts of the body that make boys different to girls and can use the correct



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		I understand these differences make us all special and unique.	challenge and how I celebrated it. I know how to store the feelings of success in my internal treasure chest.	to keep it safe and healthy. I can recognise how being healthy helps me to feel happy.	I can express how I feel about them.	names for these: penis, testicles, vagina. I respect my body and understand which parts are private.
Safeguarding Focus	<ul style="list-style-type: none"> <li>- Road safety- crossing safely</li> <li>- Bonfire night – safety – fire work safety - Halloween (being safe).</li> <li>- Staying safe in school – stranger danger, not opening doors, telling an adult if you see something strange</li> <li>- Managing feelings and behaviour</li> <li>- Online Safety -passwords private and safety on the internet</li> <li>- Anti-bullying week - bullying focus Bullying (what is it and what can I do?)</li> <li>- Mental Health awareness (assembly focus)</li> </ul>	<ul style="list-style-type: none"> <li>- Healthy relationships</li> <li>- Internet Safety Day – national focus and school focus (Feb 2022)</li> <li>- Keeping your information safe</li> <li>- Stranger Danger - what to do if..... how to keep safe when outside, how to deal with a problem, a stranger</li> <li>- Healthy Me – through PSHE</li> <li>- Children’s Mental health Week (Feb)</li> <li>- NSPCC PANTS Rule</li> <li>- NSPCC Speak Out, Stay Safe</li> </ul>	<ul style="list-style-type: none"> <li>- Water Safety</li> <li>- People who help us and keep us safe.</li> <li>- Girls and Boys bodies (identifying body parts).</li> <li>- Food danger awareness</li> <li>- Who can help us? Relationships work in PSHE</li> <li>- Keeping our bodies healthy</li> <li>- Sun Safe – using sun screen/ sun hats</li> <li>- Water safe – visit to the seaside keeping safe on the beach</li> <li>- Tolerance and understanding – taught through RE Unit</li> </ul>			



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YEAR 2						
Year 2	Autumn 1 Being Me in my World	Autumn 2 Celebrating Difference	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Changing Me
Outline Content	Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings	Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating differences	Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition



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<p>Assessment Outcomes</p>	<p>No assessment</p>	<p>Remaining friends</p> <p>I can identify some ways in which my friend is different from me</p> <p>I can tell you why I value this difference about him/her</p>	<p>I can explain some of the ways I worked cooperatively in my group to create the end product</p> <p>I can express how it felt to be working as part of this group</p>	<p>I can make some healthy snacks and explain why they are good for my body</p> <p>I can express how it feels to share healthy food with my friends</p>	<p>I can identify some of the things that cause conflict between me and my friends</p> <p>I can demonstrate how to use the positive problem solving technique to resolve conflicts with my friends</p>	<p>I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina) and appreciate that some parts of my body are private</p> <p>I can tell you what I like/don't like about being a boy/ girl</p>
<p>Safeguarding Focus</p>	<ul style="list-style-type: none"> <li>- Fire Safety</li> <li>- Stranger Danger</li> <li>- Personal Hygiene – keeping clean and healthy</li> <li>- Anti-bullying week- standing up for myself.</li> <li>- Mental health awareness (assembly focus)</li> <li>- Staying safe online</li> </ul>		<ul style="list-style-type: none"> <li>- Road safety talk</li> <li>- E-safety- including safer internet day (Feb 2022)</li> <li>- Medicine safety</li> <li>- Online safety week – focus week with national and in school focus</li> <li>- Stranger danger and keeping safe around animals</li> <li>- Managing risks</li> <li>- Children’s Mental Health Week (Feb 2022)</li> </ul>		<ul style="list-style-type: none"> <li>- Keeping safe (physical contact).</li> <li>- Secrets</li> <li>- Travel safety, road safety and general travel safety – water safety</li> <li>- Healthy relationships</li> <li>- My body/your body – safe touching</li> </ul>	



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	<ul style="list-style-type: none"><li>- Follow the Digital Trail – digital footprints</li><li>- Can you tell what someone believes by what they look like?</li></ul>		<ul style="list-style-type: none"><li>- Staying safe away from home – managing risks, managing feelings.</li><li>- Being different - How does what believers do show what they believe? Bullying/racism</li><li>- Feeling good to be me! – Mental Health and wellbeing, developing confidence.</li></ul>
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