



WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD  
*A collaborative approach to learning and health*

Minutes  
May 21st, 2019  
9:00 am-10:30 am

1. Chartwells update: BMS food services transition

Discussed Bedford operation for next year. There will be 5 waves instead of 4. Waves will have less students and lunch period will be longer. Additional person at deli station. As much as possible will be “grabable” to increase speed of operation. New 6th graders will get an orientation. My “school bucks” and checks will be accepted. When students do not have enough money they are still be able to get a full lunch but not a la carte. Overall Chartwells reports having had a very good year.

2. PE and Health update:

a. Graduation requirements

Graduation requirements are still not fully resolved. This item will go before the Board in June for 2.5 credits. The Committee asked what they could do as this will be a .5 decrease. Parents are encouraged to verbalize concerns.. Discussed reaching out to Dr. Abbey on this issue. There are various models across the state.

b. SDC Advisory Committee for updated Healthy and Balanced Living Frameworks

Christine and Sue have been asked to be part of this statewide committee to update this.

3. Health Services Update: Immunization Rates/Measles

Recent published statistics discussed as well as parameters that go into these reported numbers. Westport's numbers remain high in compliance and able to support herd immunity.

4. Healthy Technology Update

K-12 focus although emphasis is on 5th grade. Two parents attended the 6th grade parent night to promote this initiative. Challenges in middle schools discussed. Administration discussed need to have consistency among staff. Also related to acceptable use in the classroom.

5. PYD update

a. PYD/Prevention Coalition Recap of Spring Programming

- b. Hidden In Plain Sight: Sponsored by Positive Youth Development, Westport Police Department and Positive Directions. Was well attended.
- c. Project Connect: Adolescent Nicotine Cessation/Reduction Program [www.caron.org](http://www.caron.org). Sponsored by the Town of Westport's Department of Human Services and Westport Police Department. Thursday, May 23<sup>rd</sup> - June 27<sup>th</sup> at Town Hall from 3:00pm to 4:30pm. Program starting this Thursday and is at full capacity. Program will run for 6 weeks.
- d. Mental Health First Aid for DHS program student leaders <https://www.thenationalcouncil.org/training-courses/mental-health-first-aid/> Wednesday, May 29<sup>th</sup> from 8:00 am to 4:00pm at Town Hall - Sponsored by the Town of Westport's Department of Human Services and Westport Police Department.
- e. Coming soon: Positive Directions is bringing 3 more MHFA trainings one for young people, one for adults working with young people and one for all ages. Dates TBD.
- f. Planning a father forum that is facilitated by John Hamilton

#### 7. Follow-up

Powerschool- Unable to monitor/limit student checking

PSAT for 8th graders- Was decided at administrative level. Much push back about doing this at the 8th grade level. Was a pilot this year.

BOE membership will be considered.

#### 8. Roundtable

School Start Time- Committee will be pulled together in the Fall. More detailed plans will be developed.

Students who are muslim would like to have a place to go to fast. This could easily be accomplished at the school level. Students/or parents should discuss with administration.

There is a conversation regarding fifth grade programs in lieu of Dare to be done. This is still TBD.

Advisory to be added again at the High School. It will be called "Connections". Small groups will be assembled with an advisor and this group will stay together throughout high school. Groups will be 10-14 and all staff will be included. There will be some training for staff.