

# Coachella Valley Unified School District 2021-2022 COVID-19 SAFETY PLAN



**UPDATED: March 11, 2022**

This is a fluid working document that may be adjusted as conditions and/or guidance changes.



# A MESSAGE FROM SUPERINTENDENT

Dear CVUSD Family,

I want to welcome you to the 2021-2022 school year on behalf of our faculty and staff. As we return to in-person instruction, a key priority is creating the safest possible school and classroom environment for our students and employees. The multi-tiered protocols we have put in place, informed by county and state guidelines, will help ensure that each of our families feels safe in bringing their child to school, knowing that we have led with preventative measures and comprehensive safety protocols.

Through our concerted efforts, we have set some of the highest COVID safety standards in the region. These standards include mandatory masking for all students, staff, and visitors while indoors; student plexiglass carrels available by family, student, or teacher request; maximizing physical distancing as much as possible; continuing comprehensive sanitizing of classrooms and common indoor areas; providing for frequent hand washing; upgraded air filtration systems; and, making COVID testing available to students and community.

We continue working closely with our county and state agencies, monitoring guidelines for changes and adjusting as needed. These guidelines may include implementing a mandated vaccination/testing protocol at our schools and district offices, in alignment with the State Public Health Officer of the State of California. We will provide additional information.

We believe the most significant protection we can pursue against the COVID-19 virus and its variants is encouraging vaccinations for students 12 and older, their families, and the CVUSD community. By vaccinating everyone eligible to be vaccinated, we send a strong message that keeping our schools safe is our highest priority.

We are looking forward to a great year ahead.

Luis R. Valentino, Ed.D.  
Superintendent

Joey Acuña Jr.—Board President  
Silvia Paz—Vice President  
Trinidad Arredondo—Board Member  
Adonis Galarza-Toledo—Board Member  
Jesus Gonzalez—Board Member  
Blanca Hall—Board Member  
Jocelyn Vargas—Board Member

Dr. Josie Paredes  
Assistant Superintendent, Educational Services

Joe Dominguez  
Assistant Superintendent, Business Services

Walter Schwartz  
Interim Assistant Superintendent, Human Resources





## Public Health Recommendations

This plan was developed using recommendations from the California Department of Public Health (CDPH), Riverside University Health System-Public Health (RUHS-PH), Riverside County Office of Education (RCOE), California Department of Education (CDE), and the Centers for Disease Control (CDC). California Department of Public Health (CDPH) updated the Guidance for K-12 Schools in California on August 11, 2021.

## Introduction

Coachella Valley Unified School District recognizes the importance of in-person instruction and continuity of services to students and families. The district has formulated plans for the 2021-2022 school year for safe, successful, and full in-person instruction for students at all school sites along with a K-12 Independent Studies program..

To expedite a healthy school and community environment, we encourage vaccinations for all eligible individuals to lower COVID-19 rates down throughout the community; universal masking in schools, and a targeted quarantine practices, keeping students in school; and access to a robust COVID- 19 testing program as an available additional safety layer. Recent evidence indicates that in-person instruction can occur safely without minimum physical distancing requirements when other mitigation strategies (e.g., masking) are fully implemented.

## Personal Prevention Measure to Stop the Spread

In order to prevent additional spread of COVID-19, students and staff will be required to take the following steps:

- Wear a face covering indoors
- Wash hands/use hand sanitizer
- Observe cough/sneeze etiquette
- Social distance between students and teachers/staff when possible
- Perform daily personal symptom health check screening

## COVID-19 Vaccination

CDC and CDPH strongly recommend the COVID-19 vaccination for all eligible students. Currently COVID-19 Vaccination is not required for students to attend school. The district has and will continue to provide vaccination clinics to our students, families, and community members at locations throughout the district, including school sites and the district office.



# SAFETY MEASURES REQUIRED FOR STUDENTS AND STAFF

## Health Screening Measures

- Before arriving to any district campuses or facilities, staff and students are required to self-screen for symptoms of COVID-19 from home.
- Parents, students, and staff will agree to monitor for symptoms daily prior to arriving at school and keep the student at home if symptomatic.
- If any symptoms of COVID-19 are exhibited, student/staff must remain at home.
- COVID-19 affects people in different ways. Infected people have reported a wide range of symptoms, from mild symptoms to severe illness. Signs of illness can include:
  - Fever (greater than 100.4) or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - Nausea, vomiting, or diarrhea
  - Nasal congestion or runny nose
  - Loss of taste or smell
  - Sore throat
- Any staff or student who exhibits symptoms of COVID-19 while at school will be cared for in an isolation space. If deemed necessary, the parent will be notified and the student will be sent home.

## Identification of Possible COVID-19 Cases on Campus

- CVUSD will consult with the California Department of Public Health (CDPH) and Riverside University Health Systems Public Health (RUHS-PH) to ensure mitigation practices and response protocols are aligned with current guidance.
- If the District becomes aware of a student or staff member testing positive for COVID-19 or having direct exposure to COVID-19, the District will report to RUHS-PH and inform any persons who were possibly exposed, as appropriate.
- When a student is identified as showing symptoms of COVID-19 he/she will be cared for and assisted to an isolation space to be assessed by a trained staff member. The student will be instructed to continue to wear a mask, if not exempt. If deemed necessary, the parent/guardian/emergency contact will be contacted to pick up their child.
- Students may be required to remain off campus for up to 10 days after symptom development. If a student is placed in quarantine, staff will ensure the student has access to assignments and curriculum via their iPad and textbooks. In some cases, short term independent study can be utilized. For anyone who needs long term independent study that program is available through the district's Independent Study Program.



## Recommendations for staying home when getting sick and getting tested:

- Follow the strategy for Staying Home when Sick and Getting Tested from the [CDC](#).
- Get tested for COVID-19 when symptoms are [consistent with COVID-19](#).
- Advise staff members and students with symptoms of COVID-19 infection not to return for in-person instruction until they have met CDPH criteria to return to school for those with symptoms:
  - At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND
  - Other symptoms are improving; AND
  - They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.
- If the student or staff member tests positive for SARS-CoV-2, follow the guidance for isolation

## Isolation Space

- The isolation space is in a separate location to ensure that healthy children are not interacting with potential COVID-positive students.
- A trained staff member always supervises the students to ensure safety.
- Students are required to wear a face covering if they are able. A mask will be provided to the student if necessary.
- Staff members in the isolation space always wear appropriate Personal Protective Equipment (PPE) as required by California Division of Occupational Health and Safety (Cal/OSHA).
- No parents or other unauthorized persons are permitted to enter the isolation space.

## Contact Tracing

- The purpose of contact tracing is to track illness and potential direct exposures to illness.
- Once notified of a positive case of COVID-19, the District designee will begin contact tracing notification of those with potential direct exposure.
- Contacts are only informed that they may have been exposed to a patient with an infection. The identity of the positive patients will remain confidential.
- Quarantine recommendations for vaccinated and unvaccinated close contacts can be found in **Appendix A: COVID-19 Decision Tree Staff**.

## Testing for COVID-19 for Staff and Students

- Students and staff may access asymptomatic testing as required by the California Department of Health.



## Physical Distancing

- Recent evidence indicates that in-person instruction can occur safely without minimum physical distancing requirements when other mitigation strategies (e.g., masking and handwashing) are implemented. This is consistent with CDC K-12 School Guidance.
- Parents should contact child's school site for arrival and dismissal times to minimize large group congregating.

## Visitors and on Campus

- Visitors on campus during the school day must be vaccinated and scheduled ahead of time with the site administration.

## Face Coverings

- No person can be prevented from wearing a mask as a condition of participation in an activity or entry into a school, unless wearing a mask would pose a safety hazard (e.g., watersports).
- CDPH strongly recommends that all persons (e.g., students and staff) wear masks in K-12 indoor settings, with consideration of exemptions per [CDPH face mask guidance](#).
- Persons exempted from wearing a face covering due to a medical condition are strongly recommended to wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it..
- In situations where use of masks is challenging due to pedagogical or developmental reasons, (e.g., communicating or assisting young children or those with special needs), a face shield with a drape (per [CDPH guidelines](#)) may be considered instead of a mask while in the classroom.



## Hand Hygiene

All students should wash their hands for 20 seconds with soap and water, rubbing thoroughly after application at various times throughout the day including but not limited to:

- Upon arrival to the school site
- Before leaving the site
- Upon entry to any new classroom
- When using the restroom
- When visibly dirty
- After using a tissue or coughing into hands
- If soap and water are not available, use district-provided hand sanitizer. There are written instructions and signage on proper hand washing techniques at all schools. Hand hygiene guidance also includes avoiding contact with eyes, nose and mouth, in addition to teaching children to sneeze into a tissue or elbow and to throw the tissue away into a waste container.

## Classroom and Common Area Sanitation and Set Up

- Classrooms without sinks will have wall mounted sanitizer dispensers.
- Portable handwashing stations are available outdoors at school sites to supplement healthy hygiene practices.
- Teachers will review healthy hygiene practices daily with students
- In general, cleaning once a day is usually enough to sufficiently remove potential particles that may be on surfaces. Disinfecting (using disinfectants on the U.S. Environmental Protection Agency COVID-19 list) removes any remaining germs on surfaces, which further reduces any risk of spreading infection.
- If desired, staff can request additional cleaning supplies.
- All bathrooms are equipped with soap, paper towels or hand dryers, and trash cans.

## Meal Service

- Meal service will return to original serving models at all schools.
- Students will be provided a free breakfast and lunch at all schools.
- Students on Independent Study will also be provided a free breakfast and lunch upon request.
- Where possible students will eat outside. Students eating inside will be asked to maintain a safe distance where practical.
- Menus may change at a moment's notice as we continue to experience supply chain disruptions.



## **Recess/PE/Athletics**

- Physical Education classes will be conducted in a safe manner in accordance with state and county health guidelines.
- Information regarding how recess will be conducted at elementary sites will be provided by individual site principals in accordance with state and county health guidelines.
- Athletic practices and competitions will be conducted in accordance with state, county and CIF guidelines.

## **Transportation/Buses**

- Masks are strongly recommended for all students and staff except for those with an approved exemption.
- All buses will be cleaned and disinfected at the end of each route.
- Drivers will have masks available if students do not have one.
- Any students showing symptoms related to COVID-19 that are on the bus will be referred directly to the designate isolation space at the school.

## **SAFETY MEASURES AT SITES**

### **Ventilation and Air Flow**

- HVAC system air filters have been replaced with high-efficiency air filtration.
- Individual HEPA Filter air purification units placed in every classroom.
- UL 2998 standard certified air purifiers installed on HVAC systems district wide.
- During optimal weather, keep windows and doors open, if possible, to increase airflow.

### **Cleaning/Sanitizing/Cleaning Supplies**

- Cleaning “high touch areas” daily and nightly.
- Touch-free disinfectant sprayers.
- Cleaning and sanitizing materials
- Disinfectant Cleaners (Keenan SafeSchools training required).
- Pressure washers (outdoor lunch areas/playground equipment).
- Disinfectant spraying equipment for large assembly areas.



## Drinking Fountains

- All outdoor drinking water fountains are open and available for use, students are encouraged to bring personal refillable water bottles.
- All classroom sink faucets and water bottle stations are open and available for use.

## STUDENT SOCIAL EMOTIONAL WELLNESS TOP PRIORITY

- As students prepare to return to school, the district will continue to ensure a sense of safety and provide compassionate care to support the mental health wellness needs of all members of the school community through our Transformational Justice Model.
- CVUSD recognizes that staff and students will return to school with a range of diverse experiences.
- CVUSD is prepared to offer support to promote resilience and positive growth from profound difficulties, re-establishing routines, and school/social connectedness.
- In anticipation of higher mental health and social-emotional wellness needs upon returning to school, CVUSD has the following supports, services and resources in place to promote the overall wellness of staff, students, and families:
  - Site-based case management teams to support, collaborate, and monitor services to students.
  - Additional school guidance counselors, mental health professionals, prevention and intervention school psychologists, and school nurses.
  - CVUSD Secondary Wellness Centers - including resources for teachers, students and families.
  - Trauma Informed support and School Wide Strategies - including the incorporation of the protective factors for trauma.
  - Proactive, Preventative and Restorative School Wide Practices




# WHAT EMPLOYEES CAN EXPECT AS THEY RETURN TO WORK

The health and safety of our staff and families is of the utmost importance. When the 2021-2022 school year begins, on-campus school will look much different than previous years due to new health and safety measures. This plan to reopen schools is based on current guidance from public health officials and state agencies and will be updated as the situation evolves.

It is important to note District plans must focus sharply on academic instruction to enhance student performance and address learning loss.

## As employees return, it will look different.

### Screening at Home:

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- Employees are recommended to take temperatures daily before going to work. Anyone with a fever of 100.4° F or higher should not go to a work site. Personal illness, quarantine, and COVID-19 illness or symptom related absences will be afforded the sick leave options that they have available to them.
  - Employees are recommended to self screen for respiratory symptoms such as cough and shortness of breath prior to coming to school each day. Employees experiencing those symptoms should not attend work.
  - Staff members are required to self-screen and complete a daily temperature check prior to coming to work. If staff members are experiencing symptoms, they should stay home and contact Human Resources.\*

### Arriving at Work Site:

- Employees are strongly recommended to wear face coverings while indoors except while eating or drinking.
- Work sites will have signage throughout campus to remind staff about hand and respiratory hygiene to decrease transmission of the virus.



# ON CAMPUS AND IN THE CLASSROOM

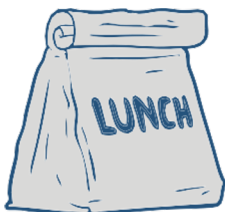


Recent evidence indicates that in-person instruction can occur safely without minimum physical distancing requirements when other mitigation strategies (e.g. masking) are implemented. This is consistent with CDC K-12 School Guidance. Schools will adhere to the following:

- o During regular school hours, schools should limit nonessential visitors, volunteers, and activities involving external groups or organizations with people who are not fully vaccinated, particularly in areas where there is moderate-to-high COVID-19 community transmission.
- o In-person instruction can occur safely without minimum physical distancing requirements as all staff is required to wear masks when students are present indoors.
- o Parents shall remain in their vehicles while dropping off and picking up students.



Students may have access to playground and equipment during recess, mask are optional for all K-12 while outdoors.



Child Nutrition Services will be providing fun, healthy, and nutritious meals to all enrolled students, free of charge, for school year 2021-22. Meal services offered to students on a daily basis will be Breakfast, Breakfast on the playground/courtyard (grab-n-go), Lunch with Fresh Vegetable and Fruit Options, Supper, and After School Snacks.





## FACE COVERINGS & OTHER PPE

- Staff members will complete mandated COVID-19 online trainings (Hand Washing, Coronavirus Awareness, Center for Disease Control (CDC): Guidelines for Making & Using Face Coverings, and Managing Stress and Anxiety).\*
- Campuses will follow guidelines developed by the CVUSD for cleaning, disinfection, and ventilation of school campuses.
- Common touch surfaces will be cleaned regularly (e.g. countertops, door handles, restrooms, student desks, student chairs, etc.).
- Staff will be expected to wash/sanitize their hands regularly. Hand sanitizer will be provided at designated entry points and other strategic locations on work sites.
- Signage will promote healthy hand and respiratory hygiene to decrease transmission of the virus.
- Reinforce daily home self assessments and stay home when ill.

## CONSIDERATIONS FOR **STAFF** WORKING WITH STUDENTS WITH DISABILITIES

- Staff will be given a choice as to available types of face covering which is most conducive to addressing their specific student needs.
- IEP services will be delivered with adherence to the wearing of facial coverings, increased hand washing, and sanitizing.
- All staff who work with students who require more hands-on services such as diapering, catheterization, feeding, etc. will utilize standard universal precautions.

## TRANSPORTATION

- Students will fill the vehicle from back to front.
- Vehicles will be cleaned and disinfected at the end of each route.
- Students & Driver will be required to wear face masks.



# APPENDIX A

## Protocols for School Students in K-12 School Settings

Riverside University Health System – Public Health

This protocol aligns with CDPH School Guidance and CDPH Isolation and Quarantine Guidance. For more information on K-12 School Guidance, please refer to [K-12 Guidance 2021-22 School Year \(ca.gov\)](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Imz/Pages/2021-22%20School%20Year%20Guidance.aspx) or the FAQ [K-12 Schools Guidance 2021-2022 Questions & Answers \(ca.gov\)](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Imz/Pages/2021-22%20School%20Year%20Guidance.aspx).

### POSITIVE COVID-19 TEST – REGARDLESS OF VACCINATION STATUS

#### Confirmed COVID-19 Test symptomatic:

- Positive individual to remain in home isolation for at least 5 days from symptom onset.
- Isolation can end after day 5 if symptom(s) are not present or are resolving AND a diagnostic specimen\*\* is collected on day 5 or later and the test is negative.
- If fever is present, isolation should be continued until fever resolves.
- If isolation is discontinued after day 5, student must continue to wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.
- If symptom(s), other than fever, are not resolving continue to isolate until symptom(s) are resolving or until after day 10.

#### Confirmed COVID-19 Test asymptomatic or the onset of symptoms is unknown:

- Positive individual to remain in home isolation for at least 5 days from positive test date.
- Isolation can end after day 5 if symptom(s) are not present or are resolving AND a diagnostic specimen\*\* is collected on day 5 or later and the test is negative.
- If isolation is discontinued after day 5, student must continue to wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.
- If student develops symptom(s) during isolation, student must remain in isolation until after day 10.

**NOTE:** If student is unable to test or choose not to test, and symptom(s) are not present or are resolving, student must remain in isolation until after day 10.

**\*\*Antigen Testing Preferred**

### NO KNOWN EXPOSURE- SYMPTOMATIC- REGARDLESS OF VACCINATION STATUS

Testing can be completed at the onset of symptoms but please note that subsequent testing may be required on day 5 or later. While test is pending continue home isolation.

#### Send home, instruct to isolate, and recommend testing on day 5 from symptom onset.

If unable to test or choosing not to test, quarantine can end after Day 10 from symptom onset if student's symptom(s) improve AND is afebrile for at least 24 hours without the use of fever reducing medications.

- While symptomatic student COVID-19 test is pending, they must continue to isolate.
- **If symptomatic student test is positive:** student must continue isolation and follow protocol for **POSITIVE COVID-19 TEST - REGARDLESS OF VACCINATION STATUS** section in this document.
- **If student test is negative but still continues to be symptomatic with symptom(s) not resolving:** Student should continue to be excluded from school and test on day 5 or later from symptom(s) onset. If test was completed before day 5 from symptom(s) onset, recommend retest on day 5 or later from symptom(s) onset. Student may be released from quarantine and return to school if: COVID-19 test result is negative, and student's symptom(s) are resolving AND is afebrile for at least 24 hours without the use of fever reducing medications; OR a healthcare provider has provided documentation that the symptom(s) are typical of their underlying chronic condition; OR a healthcare provider has confirmed an alternative diagnosis; OR at least 10 days have passed since symptom(s) onset.
- Students who test negative and symptom(s) are no longer present or are resolving can end quarantine after Day 5 if a test is collected on Day 5 or later from the date of last exposure and the test is negative AND student symptom(s) are no longer present or are resolving and is afebrile for at least 24 hours without the use of fever reducing medication.



# APPENDIX A

## GROUP-BASED TRACING GUIDANCE

### EXPOSED TO COVID-19 – REGARDLESS OF VACCINATION STATUS

#### ASYMPTOMATIC – Regardless of Vaccination Status

##### Exposed to Confirmed Positive COVID-19 Case

- Students who are exposed to COVID-19, regardless of vaccination status or who were previously infected with COVID-19, shall get tested for COVID-19 with at least one diagnostic test obtained 3-5 days after last exposure to positive COVID-19 case.
- Students who are unable to test or choosing not to test, should remain home and complete 10-day quarantine.
- Students may continue going to school and participate in all K-12 schooling, including sports and extra-curricular activities if they remain asymptomatic and test between days 3 and 5 after last exposure to positive COVID-19 case.
- Students must continue to wear a well-fitted mask (surgical mask recommended) while on K-12 school settings while indoors.
- In the event of a wide-scale and/or repeated exposures, broader (e.g., grade-wide or campus-wide) once weekly testing for COVID-19 may be considered until such time that exposure events become less frequent.
- Any FDA-approved antigen diagnostic test, PCR diagnostic test, or pooled PCR test is acceptable for evaluation of an individual's COVID-19 status. For individuals who have been recently infected (within the past 90 days), antigen testing is strongly recommended as PCR results may remain persistently positive and not be indicative of a new active infection. Repeat antigen testing and/or confirmatory molecular testing should be considered in individuals who receive a negative result with an antigen test but have symptoms specific for COVID-19 (such as loss of taste and smell).
- If exposed students become symptomatic, please refer to **GROUP-BASED TRACING GUIDANCE - SYMPTOMATIC-REGARDLESS OF VACCINATION STATUS** section in this document.

#### SYMPTOMATIC – Regardless of Vaccination Status

Testing can be completed at the onset of symptoms but please note that subsequent testing may be required on day 5 or later. While test is pending continue home isolation.

**Send home, instruct to isolate, and recommend testing on day 5 from symptom(s) onset.**

If unable to test or choosing not to test, quarantine can end after Day 10 from last exposure to positive COVID-19 case if student symptom(s) improve AND is afebrile for at least 24 hours without the use of fever reducing medications.

- While exposed student COVID-19 test is pending, they must continue to isolate.
- **If exposed student test is positive:** exposed student must continue isolation and follow protocol for **POSITIVE COVID-19 TEST - REGARDLESS OF VACCINATION STATUS** section in this document.
- **If student test is negative but still continues to be symptomatic with symptom(s) not resolving:** Student should continue to be excluded from school and test on day 5 or later from symptom(s) onset. If test was completed before day 5 from symptom(s) onset, recommend retest on day 5 or later from symptom(s) onset. Student may be released from quarantine and return to school if: COVID-19 test result is negative, and student's symptom(s) are resolving AND is afebrile for at least 24 hours without the use of fever reducing medications; OR a healthcare provider has provided documentation that the symptom(s) are typical of their underlying chronic condition; OR a healthcare provider has confirmed an alternative diagnosis; OR at least 10 days have passed since symptom(s) onset.
- Students who test negative and symptom(s) are no longer present or are resolving can end quarantine after Day 5 if a test is collected on Day 5 or later from the date of last exposure and the test is negative AND student symptom(s) are no longer present or are resolving and is afebrile for at least 24 hours without the use of fever reducing medications.



# APPENDIX A

## INDIVIDUAL-BASED TRACING GUIDANCE

### EXPOSED TO COVID-19 - VACCINATED

#### ASYMPTOMATIC – Vaccinated

##### Exposed to Confirmed Positive COVID-19 Case

- Students who are vaccinated do not need to quarantine (including modified quarantine) if they remain asymptomatic.
- Students previously infected with (laboratory confirmed) COVID-19 within the last 90 days, are not required to quarantine unless new symptoms develop.
- Asymptomatic students are encouraged to test on day 5 from last exposure to positive COVID-19 case.
- Students may continue going to school and participate in extra-curricular activities if they remain asymptomatic.
- Students must continue to wear a well-fitted mask (surgical mask recommended) while on K-12 school settings while indoors.
- If exposed students become symptomatic, please refer to **INDIVIDUAL-BASED TRACING GUIDANCE - EXPOSED-SYMPTOMATIC- VACCINATED** section in this document.

#### SYMPTOMATIC - Vaccinated

Testing can be completed at the onset of symptoms but please note that subsequent testing may be required on day 5 or later. While test is pending continue home isolation.

##### Exposed to Confirmed Positive COVID-19 Case

Send home, instruct to isolate, and recommend testing on day 5 from symptom(s) onset.

If unable to test or choosing not to test, quarantine can end after Day 10 from last exposure to positive COVID-19 case if student symptoms improve AND is afebrile for at least 24 hours without the use of fever reducing medications

- While exposed student COVID-19 test is pending, they must continue to isolate.
- **If exposed student test is positive:** exposed student must continue isolation and follow protocol for **POSITIVE COVID-19 TEST - REGARDLESS OF VACCINATION STATUS** section in this document.
- **If student test is negative but still continues to be symptomatic with symptom(s) not resolving:** Student should continue to be excluded from school and test on day 5 or later from symptom(s) onset. If test was completed before day 5 from symptom(s) onset, recommend retest on day 5 or later from symptom(s) onset. Student may be released from quarantine and return to school if: COVID-19 test result is negative, and student's symptom(s) are resolving AND is afebrile for at least 24 hours without the use of fever reducing medications; OR a healthcare provider has provided documentation that the symptom(s) are typical of their underlying chronic condition; OR a healthcare provider has confirmed an alternative diagnosis; OR at least 10 days have passed since symptom(s) onset.
- Students who test negative and symptom(s) are no longer present or are resolving can end quarantine after Day 5 if a test is collected on Day 5 or later from the date of last exposure and the test is negative AND student symptom(s) are no longer present or are resolving and is afebrile for at least 24 hours without the use of fever reducing medications.

**NOTE:** If an exposed student is vaccinated and has remaining symptom(s) from a previous COVID-19 infection or an underlying health condition, an individualized assessment is needed to determine if exposed student must isolate.



# APPENDIX A

**NOTE:** If a school/district does not elect a shortened quarantine (test on day 5 or later and return with negative test) a 10-day quarantine must be completed.

## **Exposed to Presumed Positive Case (PPC)**

**Send home, instruct to isolate, and recommend testing.**

- While PPC test result is pending, exposed student must continue home isolation.
- **If PPC test is positive**, exposed student must follow **EXPOSED TO CONFIRMED POSITIVE COVID-19 CASE** in this section.
- **If PPC test is negative** and exposed student symptom(s) either resolve or are resolving, they may be released from isolation and return to school if symptom(s) are resolving and is afebrile for at least 24 hours without the use of fever reducing medications.
- **If PPC test is negative and exposed student continue to be symptomatic with symptom(s) not resolving**, they must continue to be excluded from school. Students should test on day 5 or later from symptom(s) onset. If test was completed before day 5 from symptom(s) onset, recommend retest on day 5 or later from symptom(s) onset. Students may be released from isolation and return to school if: COVID-19 test result is negative, and students' symptom(s) are resolving AND is afebrile for at least 24 hours without the use of fever reducing medications; OR a healthcare provider has provided documentation that the symptom(s) are typical of their underlying chronic condition; OR a healthcare provider has confirmed an alternative diagnosis; OR at least 10 days have passed since symptom(s) onset.

Student must continue to mask (surgical mask recommended) while indoors in K-12 schools, continue daily self-monitoring for symptom(s), and adhere to other nonpharmaceutical interventions through day 14 from last known exposure.

## **EXPOSED TO COVID-19 - UNVACCINATED**

### **ASYMPTOMATIC - Unvaccinated**

#### **Exposed to Confirmed Positive COVID-19 Case**

**Send home, instruct to isolate, and recommend testing.**

- While exposed students' COVID-19 test is pending, exposed student must continue quarantine (See Quarantine Options Below)
- **If exposed students' test is positive:** exposed student must continue isolation and follow protocol for **POSITIVE COVID-19 TEST - REGARDLESS OF VACCINATION STATUS** section in this document.
- **If exposed student test is negative:** exposed student can follow one of the following quarantine options below in this section.

#### **Exposed to Presumed Positive Case (PPC)**

**Send home, instruct to isolate, and recommend testing.**

- While PPC test result is pending, exposed student must continue quarantine. (See Quarantine Options Below)
- **If PPC test is positive**, exposed student must follow **EXPOSED TO CONFIRMED POSITIVE COVID-19 CASE** in this section.
- **If PPC test is negative:** An exposed student may discontinue quarantine and be cleared to school if staff member continues to be asymptomatic and is afebrile for at least 24 hours without the use of fever reducing medications.
- **If PPC test is negative and exposed student continue to be symptomatic with symptom(s) not resolving**, they must continue to be excluded from school. Students should test on day 5 or later from symptom(s) onset. If test was completed before day 5 from symptom(s) onset, recommend retest on day 5 or later from symptom(s) onset. Students may be released from isolation and return to school if: COVID-19 test result is negative, and students' symptom(s) are resolving AND is afebrile for at least 24 hours without the use of fever reducing medications; OR a healthcare provider has provided documentation that the symptom(s) are typical of their underlying chronic condition; OR a healthcare provider has confirmed an alternative diagnosis; OR at least 10 days have passed since symptom(s) onset.



# APPENDIX A

## QUARANTINE OPTIONS

1. **MODIFIED QUARANTINE:** If both persons (case and contact) were wearing a mask in a school setting (indoor, outdoor, and school buses), students may remain in in-person instruction and undergo **modified quarantine** if all conditions are met:
    - a. Continue to mask as required
    - b. Remain asymptomatic
    - c. Undergo testing at least twice weekly
      - i. PCR or Antigen testing should be done immediately upon notification of exposure. Note: the initial and subsequent tests should occur at least 3 days apart.
    - d. Student must be excluded from all extracurricular activities at school, including sports and any community activities.  
**Modified quarantine can end after day 5 if two negative tests are completed in the 5-day time period**  
**OR**
  2. **STANDARD QUARANTINE:** If unable to test or choosing not to test, and symptom(s) are not present, quarantine can end after day 10.  
**OR**
  3. **SHORTENED QUARANTINE:** If close contacts were not wearing masks or the infected individual was not wearing a mask during the exposure, or if exposure occurred outside of a school setting, exposed students are not eligible for the modified quarantine option. Quarantine can end after day 5 with a negative diagnostic specimen collected on day 5 or later.
- 

If exposed student becomes symptomatic, please refer to **INDIVIDUAL-BASED TRACING GUIDANCE – EXPOSED SYMPTOMATIC-UNVACCINATED** section in this document.

**NOTE:** If a school/district does not elect a shortened quarantine (test on day 5 or later and return with negative test) a 10-day quarantine must be completed.

Student must continue to mask while indoors, continue daily self-monitoring for symptoms, and adhere to other nonpharmaceutical interventions through day 14 from last known exposure.

## SYMPTOMATIC – Unvaccinated

Testing can be completed at the onset of symptoms but please note that subsequent testing may be required on day 5 or later. While test is pending continue home isolation.

### Exposed to Confirmed Positive COVID-19 Case

Send home, instruct to isolate, and recommend testing on day 5 from symptom(s) onset.

If unable to test or choosing not to test, quarantine can end after Day 10 from last exposure to positive COVID-19 case if student symptom(s) improve AND is afebrile for at least 24 hours without the use of fever reducing medications

**Notify School Health Office immediately and share test results.**

- While exposed student COVID-19 test is pending, they must continue to isolate.
- **If exposed student test is positive:** exposed student must continue isolation and follow protocol for **POSITIVE COVID-19 TEST - REGARDLESS OF VACCINATION STATUS** section in this document.
- **If student test is negative but still continues to be symptomatic with symptom(s) not resolving:** Student should continue to be excluded from school and test on day 5 or later from symptom(s) onset. If test was completed before day 5 from symptom(s) onset, recommend retest on day 5 or later from symptom(s) onset. Student may be released from quarantine and return to school if: COVID-19 test result is negative, and student's symptom(s) are resolving AND is afebrile for at least 24 hours without the use of fever reducing medications; OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition; OR a healthcare provider has confirmed an alternative diagnosis; OR at least 10 days have passed since symptom(s) onset.
- Students who test negative and symptom(s) are no longer present or are resolving can end quarantine after Day 5 if a test is collected on Day 5 or later from the date of last exposure and the test is negative AND student symptom(s) are no longer present or are resolving and is afebrile for at least 24 hours without the use of fever reducing medications.



**NOTE:** If a school/district does not elect a shortened quarantine (test on day 5 or later and return with negative test) a 10-day quarantine must be completed.

## **Exposed to Presumed Positive Case (PPC)**

**Send home, instruct to isolate, and recommend testing.**

- While PPC test result is pending, exposed student must continue home isolation.
- **If PPC test is positive, exposed student must:** follow **EXPOSED TO CONFIRMED POSITIVE COVID-19 CASE** in this section.
- **If PPC test is negative and exposed student symptoms either resolve or are resolving** they may be released from isolation and return to school if symptom(s) are resolving and is afebrile for at least 24 hours without the use of fever reducing medications.
- **If PPC test is negative and exposed student continue to be symptomatic with symptom(s) not resolving,** they must continue to be excluded from school. Students should test on day 5 or later from symptom(s) onset. Students may be released from isolation and return to school if: COVID-19 test result is negative, and students' symptom(s) are resolving AND is afebrile for at least 24 hours without the use of fever reducing medications; OR a healthcare provider has provided documentation that the symptom(s) are typical of their underlying chronic condition; OR a healthcare provider has confirmed an alternative diagnosis; OR at least 10 days have passed since symptom onset.
- If test was completed before day 5 from symptom(s) onset, recommend retest on day 5 or later from symptom(s) onset.

Student must continue to mask (surgical mask recommended) while indoors in K-12 schools, continue daily self-monitoring for symptoms, and adhere to other nonpharmaceutical interventions through day 14 from last known exposure.



## APPENDIX b

# POSITIVE CASE PROTOCOL

- ☐ Site administration or manager should contact HR immediately if they or their staff have been exposed to a confirmed positive case of COVID – 19. Please email [HRLeaves@cvusd.us](mailto:HRLeaves@cvusd.us).
- ☐ If the positive COVID case is a staff member HR will be informing RISK Management regarding possible workman's compensation claims.
- ☐ Provide HR with a site contact and cell phone number (This is usually the site administrator or manager.)
- ☐ Be ready to discuss where the staff member was assigned in the facility and the identity of other staff that may have been exposed to the positive case. This also involves contacting the positive case and asking them to identify who they may have come in contact with.
- ☐ Identify the date and time when the positive case was last on the site. This will be used to determine the exposure window, the quarantine date, and the facility sanitization and cleaning date.
- ☐ HR will work with site managers to complete the contact tracing process and identify the contact testing group. This will be the group that had immediate contact with the positive case or what is known as the first circle of contact. Site managers will be asked to contact these employees and advise them that they had possible exposure to a person that received a positive COVID-19 test result. **Do NOT** identify the person who has the positive test. Site managers will advise them to self-quarantine and get tested for COVID-19. Advise employees to wait the recommended 5 days from last contact. This should be a viral test not an antibody test. The testing hotline for Riverside County is (800) 945-6171
- ☐ It is extremely important that CVUSD staff not visit any worksite after work hours so that we can accurately understand who and where everyone was to ensure the accuracy of the contact tracing process.
- ☐ HR will work with Riverside County Public Health, Riverside County Emergency Management Services, and the Riverside Emergency Operations Center to report the case and receive further direction.
- ☐ If a test from the original circle of contact comes back positive a new circle of contacts will be identified and those individuals will be advised to self-quarantine and get tested.
- ☐ HR will begin tracking leave options for staff off of work. Please coordinate with your staff whether they will be working from home during their quarantine and report this to Human Resources. Many employees continue working remotely when they are not exhibiting symptoms and feel well enough to do so.
- ☐ Test results should be forwarded to [HRLeaves@cvusd.us](mailto:HRLeaves@cvusd.us). HR will need a copy of the actual test results.
- ☐ HR will work with site managers to determine what areas of a site will need to be closed or if the entire site will need to be shut down.
- ☐ HR will work with site managers to develop an e-mail to send out to their staff. Please include CVTA President Carissa Carrera and CSEA President Isadora Jimenez as well as the Asst. Superintendent of HR when you send out the e-mail so that we know exactly what went out and can answer questions accordingly.



# POSITIVE CASE PROTOCOL

- ❑ **CAUTION** - There is usually a large amount of staff anxiety and concern once information of this nature is sent out. This is normal, as people have a wide variety of reactions when they feel they may be in danger. Some staff will demand to know who the positive case is and they will start asking questions of everyone to determine who it is. This is not acceptable and usually leads to further anxiety. Please remind them that they have not been identified as a person who was exposed and that they should not be discussing or asking about the medical condition of any other employees. Please carefully listen to their concerns. Your expertise in calming the situation will be much appreciated. In some cases the site administrator may hold a voluntary ZOOM meeting to help explain the process and address concerns. If other issues arise related to these concerns that you need help with please call CVUSD Human Resources.
- ❑ Do not allow anyone to enter the workspace that was occupied by the positive COVID case. HR will work with you to determine this. The Center for Disease Control (CDC) is currently advising that COVID is spread predominantly through exposure to aerosolized droplets containing the virus and much less so through surface contacts. It is therefore important to ventilate the area as much as possible prior to entry. (This is also why wearing a mask is vital to protecting the health of those around you as it reduces and contains the aerosolized droplets that you emit. Masks are currently required to enter all CVUSD work sites. The workspace may be disinfected by custodial staff using proper PPE and following CVUSD sanitizing and cleaning guidelines.
- ❑ Positive COVID staff members will remain off work using their available leave options and may return once are they are not exhibiting symptoms and have met the required quarantine time frame.
- ❑ Staff should continue to follow all pandemic protocols including COVID self-checks, frequent hand washing, social distancing, and wearing masks until further notice.



# Frequently Asked Questions

1. Q: Do I need to wear a mask?

**A: Yes, mask are required indoors and should cover nose and mouth.**

2. Q: Do I need to wear a mask outdoors?

**A: It is recommended that mask be worn whenever possible.**

3. Q: What if I forget my mask?

**A: Proceed to the office and one will be provided to you.**

4. Q: What if I have a medical condition?

**A: Persons exempted from wearing a face covering due to a medical condition must wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it.**

5. Q: What if I'm fully vaccinated, do I need to wear a mask?

**A: Yes, while indoors at school a facial covering is required.**

6. Q: Do I need to social distance?

**A: As long as you have a facial covering in-person instruction can occur safely without minimum physical distancing requirements.**

7. Q: What if I feel sick?

**A: All staff and students with symptoms of COVID-19 should stay home and not return for in-person instruction until they have met CDPH criteria to return to work/school.**

8. Q: What is the CDPH criteria to return to work or school?

**A: 1. Fever free without medications for 24-hours, AND**

**2. Symptoms have improved, AND**

**3. -one of the following-**

- **Test negative for SARS-CoV-2, OR**
- **HCP has provided documentation that the symptoms are typical of their underlying chronic condition (Ex. Allergies, asthma, etc.), OR**
- **10 Days have passed since 1<sup>st</sup> symptom appeared.**

9. Q: What if I test positive for SARS-CoV-2?

**A: Please notify the district or school site of your positive result ASAP in order to minimize the spread of COVID-19.**

10. Q: How can I do my part in helping stop the spread of COVID-19?

**A: Teach and reinforce proper hand washing avoid contact with one's eyes, nose, and mouth. Teach proper respiratory etiquette and cover your cough and sneeze.**



# ADDITIONAL RESOURCES

- ❑ Center for Disease Control (CDC) Activities and Initiatives Supporting the COVID-19 Response and the President's Plan for Opening America Up Again.
- ❑ California Department of Public Health Industry Guidance: Schools and School Based Programs.
- ❑ California Department of Education (CDE) Stronger Together: A Guidebook for the reopening of California's Public Schools.
- ❑ Riverside County Office of Education (RCOE) Moving Forward Together: Reopening Guide.

