



Student Health Advisory Council

WESLACO INDEPENDENT SCHOOL DISTRICT SCHOOL HEALTH ADVISORY COUNCIL

Erica Garcia, Director of PFE, McKinney-Vento, Foster Care & SHAC

October 27, 2021

2:00 P.M.

Agenda

- Welcome
- SHAC Secretary (take down minutes and read minutes at future meetings)
- What is SHAC?
- Old Business / New Business
- Weslaco Police Department - Drugs and Substance Abuse
 - Drugs & Substance Abuse - Officer Renee Cuellar
- South Texas Juvenile Diabetes Association
 - Stomp Out Diabetes - Maria Gomez & Mike Villarreal
- Adjourn



STUDENT HEALTH ADVISORY COMMITTEE

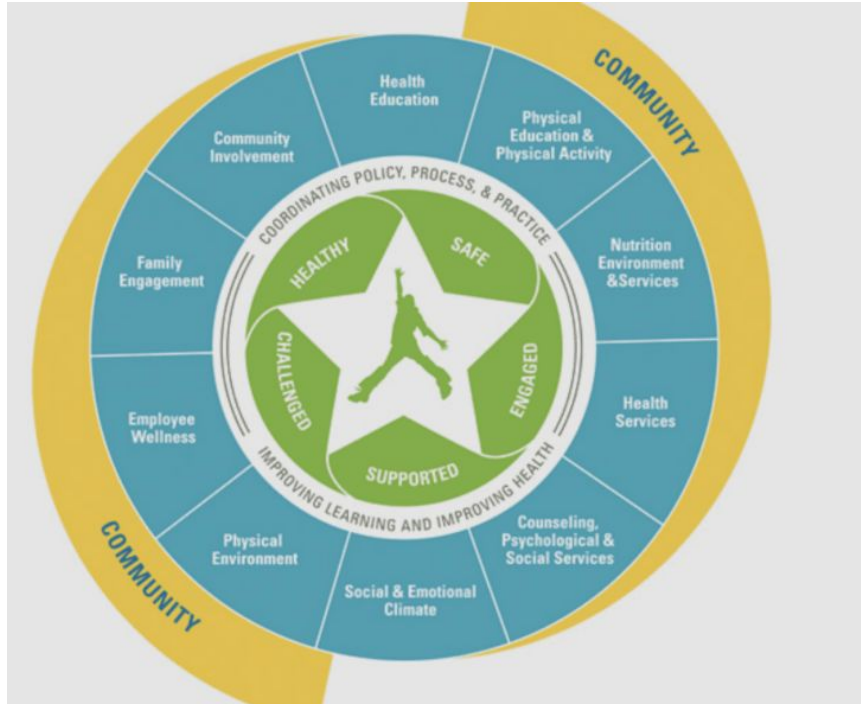
What is SHAC?

■ A SHAC is a **state-mandated advisory council appointed by the school board**. ... It is made up of parents, community members, students, and school staff working together to improve the health of all students and families through coordinated school health programs. SHACs are required to meet at least four times each year.

Purpose of a SHAC

■ A School Health Advisory Council (SHAC) is an ongoing advisory group composed primarily of individuals selected from segments of the community. The group acts collectively **in providing advice to the school district about aspects of the school health program**.

WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD MODEL



- The education, public health, and school health sectors have each called for greater alignment, integration, and collaboration between education and health to improve each child's cognitive, physical, social and emotional development. These following required components of Coordinated School Health should be the focus areas of SHAC.

- ✓ Health Education - Desi Rodriguez
- ✓ Physical Education & Physical Activity - Joseph Carranza
- ✓ Nutrition Environment & Services - Dora Pena
- ✓ Counseling, Psychological & Social Services - Dr. Cindy Cid
- ✓ Social & Emotional Climate - Dr. Cindy Cid
- ✓ Health Services - Susan Coffman
- ✓ Physical Environment - Michael DeLaRosa
- ✓ Employee Wellness - Michael DeLaRosa
- ✓ Community Involvement - Erica Garcia
- ✓ Family Engagement - Erica Garcia

WISD SCHOOL HEALTH ADVISORY COUNCIL

MISSION

The mission of Weslaco Independent School District is to build a healthy school community through a Whole School, Whole Community and Whole Child approach that ensures all WISD students will graduate with the knowledge and skills to maintain a healthy lifestyle.

VISION

WISD SHAC envisions a future where every child has the opportunity to live a healthy lifestyle, and to be physically educated to connect that knowledge into action.

****(The mission and vision will be reviewed at our next meeting)****

Old Business

- Last SHAC meeting was held on Tuesday, May 4, 2021. The meeting was conducted virtually.

Pediatrician, Dr. Maria Oakes presented on Covid-19 and how it has impacted children. She informed parents to continue with safety precautions such as handwashing and wearing a mask. She highly encouraged parents to send students back to school. The social/emotional was impacting students more than COVID-19.

Dora Pena discussed the Local Wellness Policy and Tri Annual Assessment.

New Business

- 1.) Health Education - Desi Rodriguez
- 2.) Physical Education & Physical Activity - Joseph Carranza
- 3.) Nutrition Environment & Services - Dora Pena
- 4.) Counseling, Psychological & Social Services - Dr. Cindy Cid
- 5.) Social & Emotional Climate - Dr. Cindy Cid
- 6.) Health Services - Susan Coffman
- 7.) Physical Environment - Michael DeLaRosa
- 8.) Employee Wellness - Michael DeLaRosa
- 9.) Community Involvement - Erica Garcia
- 10.) Family Engagement - Erica Garcia

Weslaco Police Department



Drugs & Substance Abuse
Officer Renee Cuellar

South Texas Juvenile Diabetes



Stomp Out Diabetes Week - November 8 - 12, 2021
Presenters: Maria Gomez & Mike Villarreal



Questions, Comments & Concerns

THANK
YOU