



# LOS ALAMITOS UNIFIED SCHOOL DISTRICT

IGNITING UNLIMITED POSSIBILITIES

ACADEMICS ★ ATHLETICS ★ ACTIVITIES ★ ARTS

10293 Bloomfield Street • Los Alamitos, CA 90720-2200  
(562) 799-4700 • FAX (562) 799-4730

*Andrew Pulver, Ed.D.*  
*Superintendent*

LAHS Parent(s)/Guardian(s):

Your student is in a program that is planning an overnight field trip which requires air travel. When you consent to your student participating in an overnight field trip that requires air travel you are consenting to the following while on the school sponsored field trip:

- Providing a negative Covid-19 test prior to travel regardless of vaccination status; PCR within 72 hours of trip departure or Antigen with 24 hours of trip departure. \*
- If your student begins to exhibit symptoms of Covid-19: (1) immediately traveling to the student's destination to seek medical attention and acquire a Covid-19 test, or (2) consenting to the student self-administering a rapid test under adult supervision.
- If your student tests positive for Covid-19, while on the trip, the parent/guardian is responsible for immediately traveling to the trip destination and arranging an alternative travel method to return to Orange County, and/or for quarantining in the alternate location, as the Center for Diseases Control (CDC) prohibits air travel for persons who are positive for Covid-19. All financial obligations that are incurred by the additional travel arrangements, hotel bookings and all related costs of quarantining are solely incurred by the family of the covid-positive student and are not the obligation of the school district. In addition, students will not be eligible for a trip refund.

*\*Overnight field trips with one parent traveling for every student are exempt from the pre-departure testing unless required by the venue or event for which student travel is occurring. Any student who has tested Covid positive in the last 90 days, would be exempt from testing prior to the trip. If the school is unaware of the prior Covid positive status, parents would work in partnership with the school health office to provide documentation of the positive status in the past 90 days.*

In addition, you understand the current recommendations from the CDC regarding travel:

#### \*Recommendations for Fully Vaccinated Persons

- Wear a mask over your nose and mouth on planes, buses, trains, and other forms of public transportation while traveling within the United States and while indoors at U.S. transportation hubs such as airports and stations.
- Follow all state and local recommendations and requirements, including mask wearing and social distancing.
- In areas with high numbers of COVID-19 cases, consider wearing a mask in crowded outdoor settings and for activities with close contact with others who are not fully vaccinated.
- After Travel:
  - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
  - Follow all state and local recommendations or requirements.

\*Recommendations for Persons Who Are Not Fully Vaccinated

- Delay travel until fully vaccinated.
- If you are not fully vaccinated and must travel, take the following steps to protect yourself and others from COVID-19:
  - Before you travel:
    - Get tested with a viral test 1-3 days before your trip.
  - While you are traveling:
    - Wear a mask over your nose and mouth on planes, buses, trains, and other forms of public transportation while traveling within the United States and while indoors at U.S. transportation hubs such as airports and stations. CDC recommends that travelers who are not fully vaccinated continue to wear a mask and maintain physical distance when traveling.
    - Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.
    - Wash your hands often or use hand sanitizer (with at least 60% alcohol).
  - After you travel:
    - Get tested with a viral test 3-5 days after travel **AND** stay home and self-quarantine for a full 7 days after travel.
    - Even if you test negative, stay home and self-quarantine for the full 7 days.
    - If your test is positive, isolate yourself to protect others from getting infected.
    - If you don't get tested, stay home and self-quarantine for 10 days after travel.
    - Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.
    - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
    - Follow all state and local recommendations or requirements.

\*CDC recommendations are for parent information only. Los Alamitos Unified doesn't monitor the accountability of travel guidelines and restrictions.

I have been notified of the risks I assume when consenting for participation in an overnight field trip that requires air travel. I understand that I have an obligation to not allow my student to participate in the field trip if they have any symptoms (cough, shortness of breath, difficulty breathing, fever, chills, muscle pain, sore throat, or new loss of taste or smell). I understand my student's temperature will be taken at the departure of the trip and that if his/her temperature is 100.4 degrees or higher, he/she will not be able to depart on the trip, but may join the trip, with parental supervision, 24 hours after being fever-free.

_____	_____	_____
Student Name (Printed)	Grade	Sport/Activity/Program
_____		_____
Parent/Guardian Name (Printed)		Parent/Guardian Cell Phone
_____		_____
Parent/Guardian Signature		Date