# INNOVATION LAB HIGH SCHOOL

COURSE CATALOG



2022 ~ 2023 School Year

Grades 9 to 12

# Northshore School District



Northshore School District prohibits discrimination on the basis of age, sex, marital status, genetic information, sexual orientation including gender expression or identity, race, creed, religion, color, national origin, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or the use of a trained dog guide or service animal by a person with a disability. The following employee(s) have been designated to handle questions and complaints of alleged unlawful discrimination: Director of Human Resources (Title IX, ADA and Civil Rights Compliance), Director of Student Services (Section 504), 3330 Monte Villa Parkway, Bothell, WA 98021, (425) 408-6000.

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# Welcome to Innovation Lab High School ~ Home of the Ravens ~



Welcome to Innovation Lab High School

At Innovation Lab, culture and character are developed and sustained in ways that bring the community together, promote shared understandings, and encourage all community members to become crew, not passengers.

We encourage you to make thoughtful selections, challenge yourself, and plan for your life after high school as you spend four years with us. Please consider your goals and read this catalog carefully so you will get the most out of your time here at Innovation Lab High School

Our intent is to offer as many programs and courses based on student interest, as identified by the registration process. Due to staffing constraints and budget issues, we may not be able to offer all courses listed in this publication.

It is also our desire that you leave Innovation Lab with the tools to be a successful individual ready for your future. Please make choices that will help you on this road to success!

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# **INTRODUCTION**

This book will familiarize students and parents/guardians with school procedures, curriculum, graduation requirements, and post-secondary planning. Students are responsible for understanding graduation requirements and admission requirements for post-high school education.

Northshore School District high schools provide a learning environment in which all students can pursue knowledge, develop positive attitudes, and acquire skills necessary for lifelong learning and responsible citizenship in an interdependent world.

# EXPECTED STUDENT OUTCOMES

- Preparation of all students to become lifelong learners through the development of creative and critical thinking, problem-solving, and communication skills.
- Development of a mastery of core competencies to prepare for the workplace and/or continued education.
- Preparation of all students to become ethical, responsible, and contributing world citizens.
- Assistance for students in developing the attitudes, behaviors, and skills necessary to fulfill their potential.

# COUNSELING & CAREER CENTER

The primary focus of the Counselor is to help students with academic, personal, and vocational planning and to foster personal exploration and self-awareness.

Students are encouraged to set realistic yet challenging goals, to make responsible decisions, to understand the consequences of their choices, and to learn to self-advocate.

All students are assigned to a counselor by the first letter of their last name. Students remain with their respective counselor throughout high school.

If you cannot find answers you need or if you would like to have individual help in planning your course of study, please contact Jon Cohn: <u>JCohn @nsd.org</u>

# BOOK AN APPOINTMENT!

# THE MASTERY TRANSCRIPT

# MASTERY LEARNING AT INNOVATION LAB

Innovation Lab opened in the fall of 2020. This is a place where students explore their passions while identifying their adult purpose. Students and teachers alike investigate new ways to engage in critical thinking, collaborate around interdisciplinary projects to creatively solve problems in their community, and share their learning with others. Additionally, students and teachers co-construct learning as students prepare for success in career, college and life. Based on the Expeditionary Learning model, students at Innovation Lab identify complex problems from the world around them, analyze those problems from multiple angles, and develop solutions, leading efforts to improve their community.

As society has changed, so have the needs for education. Once the most important thing was how much a person knew, however in an age where information is a free commodity, that is no longer the case. In today's world it is all about what you can DO with what you know, which is a very different educational problem. Toward that end, Innovation Lab is leading the way toward defining what the future of education will look like in Washington State. As members of the first cohort of schools in the Mastery-Based Learning Collaborative, we are partnering with the State Board of Education in developing the best ways to implement mastery-based learning. Our Mastery Transcript is designed to communicate much more information to college admissions officers, allowing our students to paint a picture of who they are and what skills they have mastered. We are empowering our students with the tools and skills they need to lead and innovate.



## WHAT MAKES THE MASTERY TRANSCRIPT DIFFERENT?

No Grades /	Flexible, but	Compact, but	Student-Centric,	Equitable
GPA *	Consistent	Layered	but Contextual	
MTC Schools don't	Mastery Credits are	As a digital and	Learners own their	A transcript created to
reduce learners to	defined and certified	interactive document,	own profile page, and	serve students from
single numbers, but	by members schools;	the Master Transcript	can choose to feature	all backgrounds, and
they do hold them to	MTC does not	provides a compact	particular projects and	to support them in a
high standards. When	mandate a set of skills	'top layer' that can be	achievements. But	variety of post-high
learners master	or competencies. At	quickly scanned, with	transcript remains a	schools, whether that
critical skills and	the same time, we	additional information	school record, and	be admissions to a
content, they earn	provide a consistent	layered beneath for	contains information	selective four-year
'Mastery Credits',	format so that readers	readers who want to	to help readers	university, placement
which combine to	can review our	dive deeper into a	understand the	at a community
create a clear,	transcript with speed	learner's credentials.	learner's	college, or entry into
succinct visualization	and accuracy.		achievements in the	the workforce.
of each learner's			context of their school	
unique strengths.			and cohort.	

 $^{\ast}$  Students' GPA is kept in the background if there is a need to change schools mid high school career.

\*\* The above chart is from the Mastery Transcript Consortium.

# WHAT IS AN EXPEDITIONARY LEARNING MODEL?

In Expeditionary Learning schools, much of the academic work is done in learning expeditions which are long-term investigations of important questions and subjects that include individual and group projects, field studies, and performances and presentations of student work.

> Growth Míndset

Innovation Lab High School was founded based on the Expeditionary Learning

#### Ideas

- Know is good, think is better
   Questions load to more gues
- Questions lead to more question
   Value of content is obvious

EffortCollaboration essentialChoice is genuine

Student own it

- Work
- Problems are real
  Products are valuable
- Connected to community

(now EL Education) model. What does that mean? The Mission and Vision of EL Education is to have students and teachers that are engaged in work that is challenging, adventurous and meaningful, which allows for learning and achievement to flourish. Our mission at Innovation Lab is to create classrooms where teachers can fulfill their highest aspirations, and students achieve more than they think possible, becoming active contributors to building a better world.

In the world outside of education, students are not judged by what facts they can repeat, but on the content of their character, the quality of work and what they can do with the knowledge they have. Our approach to these goals is to intentionally teach skills throughout the curriculum that are highly prized by employers; such as communication, critical thinking, collaboration and creativity. Students are asked to demonstrate mastery and deeper understanding and to apply their learning to real-life problems and situations.

# CREDITS

Credit is obtained by attaining a passing grade in a regularly scheduled course. Students earn 0.5 credit for each semester course. All students are responsible for reviewing and monitoring progress toward graduation. Students and parents may access graduation summaries through <u>StudentVUE</u> and <u>ParentVUE</u>.(StudentVUE > Course History) Seniors should confer with counselors immediately if they are not enrolled in courses that will meet graduation requirements. Counselors are available to offer guidance in addressing credit deficiencies.

Students who have failed course requirements for graduation need to schedule an appointment with their counselor to develop a plan to meet those requirements. Counselors can provide distance learning options. All outside courses must be pre-approved to be placed on the transcript.

# DIPLOMA REQUIREMENTS FOR GRADUATION





CREDITS

#### **Core Credits**

Courses necessary for every graduate to be college and career ready

#### Personalized Pathway Requirements (PPR)

Classes that further students' own interests and align with each student's High School and Beyond Plan

# **Elective Credits**

Exploratory classes of interest

College & Career Ready Credits

Graduation requirements for the class of 2019 and beyond.





# DIPLOMA REQUIREMENTS FOR THE CLASS OF 2023 AND BEYOND

The following credits and subject areas of study shall be required by each candidate for graduation:

24 Total Credits	Diploma Category Specific	Credit	Typical Grade
Core Content Areas	Requirements	Amount	Course Taken
4 English Credits	English 9	1	9
	English 10	1	10
	English 11	1	11
	English 12	1	12
3 Mathematics Credits	Algebra 1	1	unspecified
	Geometry 1	1	unspecified
	3 <sup>rd</sup> Credit of Math (based on student	1	unspecified
	interest; supports post-secondary plan)		
3 Science Credits	Lab Science	2	9 & 10
	3 <sup>rd</sup> Credit of Science (based on student	1	11 or 12
	interest; supports post-secondary plan)		
3 Social Studies Credits	World History	1	10
	U.S. History	1	11
	Contemporary World Problems	.5	12
	Civics	.5	12
2 Health & Fitness Credits	Physical Education	1	unspecified
	Health	.5	9 or 10
	Life Fitness	.5	9 or 10
Career & Technical Ed Credit	Career & Technical Education	1	unspecified
1 Art Credit	The Arts	1	unspecified
7 Flexible Credits	Courses chosen based on student	7	unspecified
	interest; supports post-secondary plan.		
	NSD encourages two world language		
	courses as universities require a minimum		
	of two credits of the same language.		
	(See CADRS, page 55)		

Northshore students are encouraged to complete two dual credit courses in any of the above subject areas. Dual credit courses allow eligible high school students to earn both college and high school credit in a single course. These courses can be both academic and technical courses and include Advanced Placement, College in the High School, Pacific NW College Credit and/or Running Start.

# NON-CREDIT DIPLOMA REQUIREMENTS

These three non-credit bearing requirements must also be met to earn a diploma

- 1. Complete Washington State History (typically taken in middle school)
- 2. Complete the High School & Beyond Plan
- 3. Complete a <u>Graduation Pathway</u> (formerly SBAC assessment) aligned with the High School & Beyond Plan. Students must demonstrate readiness for a meaningful first step after high school by meeting one or a combination of the following pathways to show content mastery in both English Language Arts and mathematics:
  - 1. State Assessment: Meet or exceed the graduation scores in the Smarter Balanced Assessments (SBA) in English Language Arts (ELA) and mathematics.
  - AP/IB/Cambridge: For both ELA and math, earn a 3 or higher on certain Advanced Placement (AP) exams or a 4 or higher on certain International Baccalaureate (IB) exams or an E on certain Cambridge International exams, or pass the course with at least a C+.
  - 3. Dual Credit: Earn at least one high school credit in ELA and at least one high school credit in math in dual credit courses (Running Start, College in the High School, and/or Career and Technical Education dual credit courses).
  - 4. Transition Courses: Pass a transition course in ELA and math (a Bridge to College course) which allows students to place directly into a credit-bearing college level course.
  - 5. SAT/ACT: Meet or exceed the graduation scores set by the State Board of Education in the math and ELA portions of the SAT or ACT.
  - 6. Combination: Meet any combination of at least one ELA and one math option for those options listed in 1-5.
  - 7. Armed Services Vocational Aptitude Battery (ASVAB) test: Meet standard on the ASVAB by scoring at least the minimum established by the military for eligibility to serve in a branch of the armed services. \*
  - 8. Career and Technical Education (CTE) course sequence: Complete a 2-credit sequence of Career and Technical Education courses. \*

\*Note: students who pursue the ASVAB or CTE pathway do not need to meet English and math requirements separately. English and math content are embedded in both pathways – a student who meets either the ASVAB standard or the CTE pathway requirements has met the graduation pathway requirement.

Please visit the State Board of Education website for specific information: <u>https://www.sbe.wa.gov/our-work/graduation-pathway-options</u>

# COLLEGE & CAREER CENTER RESOURCES

# MINIMUM COLLEGE ADMISSIONS STANDARDS

The Higher Education Coordinating Board (HECB) has a responsibility to "Establish minimum admissions standards for four-year institutions". College Academic Distribution Requirements (CADRs) refer to college admissions criteria established by the HECB. Courses meeting CADR are determined by the school district and noted on the transcript with the 'B' designation. Students who plan to attend a four-year college or university should be aware of both high school graduation requirements **and** CADRs.

#### Freshman Admission Policy

This overview of freshmen admission requirements applies to all applicants to the public four-year colleges who enter directly from high school, including Running Start and other dual credit earning students. Freshman applicants must meet minimum college admission standards:

- CADR (College Academic Distribution Requirements)
- 2.0 Minimum Grade Point Average (or equivalent for Mastery Transcript)
- Official SAT/ACT test scores sent directly to the college or university.
   Note: Many schools switched to 'test optional' for the 2022-23 school year; check with your colleges of interest for more information.

#### CADR & Admission Standards

CADRs reflect the minimum number of credits required in six subject areas that students must earn to be eligible for routine admission consideration by four-year public baccalaureate institutions. Meeting the minimum college admission standards does not guarantee admission to a public baccalaureate institution. Therefore, students are encouraged to go beyond meeting minimum college admissions standards to improve their chances for gaining entry to a public baccalaureate institution. Students should obtain admission information from the institution they wish to attend.

#### Comprehensive Review of Applications for Admissions

Currently each of the public baccalaureate institutions employs a comprehensive or holistic review process for at least a portion of their applicants. Holistic review is an additional means of ensuring student access. In cases where students do not meet the minimum college admission standards, the policy provides for alternative admission policies which may be more appropriate for certain students. Each student is encouraged to contact the admissions office of the institution they wish to attend if they have questions.

# COLLEGE ACADEMIC DISTRIBUTION REQUIREMENTS

#### The minimum college admission standards for four-year institutions include three components:

- 1. Maintain a GPA of 2.0 or higher.
- 2. Take the SAT or ACT and have the scores sent directly to colleges. (Note: Although this is in the CADR language at the state level, it is not always true for the class of 2023. Due to the COVID pandemic, most colleges have declared they will be test optional or test blind for the Class of 2023. Check with your college for details.)

3. Complete the college academic distribution requirements below. Students can meet these requirements through high school or college coursework.

# 4 Credits of English

- Must include 3 credits of college preparatory coursework, including literature and composition.
- May include Bridge to College English.
- May include 1 credit of elective English. Examples: creative writing, English as a Second Language (ESL), public speaking, debate, or business English.

Not accepted: Remedial or applied courses, acting, basic English skills, developmental reading, library, newspaper staff, vocabulary, yearbook or annual. ESL courses will only count as 1 elective English credit. ESL courses include both high school and college English courses taken in countries where English is not the primary language of instruction.

# 3 Credits of Mathematics

Must include 1 of the following 2 options:

- 1 credit each of Algebra I, Geometry, and Algebra II (intermediate algebra).
- 3 credits of Integrated Math (Integrated Math I, II, and III).

Note: Successful completion of math beyond Algebra II or Integrated Math III meets both the math and senior year quantitative credit requirements. Not accepted for 3 math credits: philosophy, bridge to college math, logic, statistics, or computer science.

## Senior Year Math-Based Quantitative Course

This requirement can be met by taking one of the following:

- 1 credit of math equal to or beyond one of the three required math credits.
- Quantitative course such as: statistics, advanced level of applied math, or math-based career and technical courses.
- Algebra-based science course. Examples: chemistry, physics, or other science courses that incorporate knowledge of algebra.
- AP computer science course A
- Bridge to College mathematics

Note: Successful completion of math beyond Algebra II or Integrated Math III, prior to senior year, meets both the math and senior year quantitative credit requirements. Examples: Pre-Calculus and beyond.

# 3 Credits of Science

- 2 credits must be laboratory science.
- 1 credit must be earned in an algebra-based science course.
- 1 credit must be earned in biology, chemistry, or physics.

Some courses may fulfill more than one science requirement, and if taken in the senior year, may also fulfill the senior year math-based quantitative requirement (any algebra-based science course).

# 2 Credits of World Language

Must be in the same world language, Native American language, or American Sign Language. Credits earned in middle school may satisfy this requirement if they are considered high school-level and

indicated as such on the high school transcript. Credits earned through competency assessments may satisfy this requirement.

This requirement will be considered satisfied for applicants who complete their education through the 7<sup>th</sup> grade in a school or schools where English was not the language of instruction and in countries other than Australia, Canada, Ireland, New Zealand, the UK or the US.

## 3 Credits of Social Science

3 credits are required in history or any of the social sciences. Examples: world history, US history, anthropology, contemporary world problems, economics, geography, government, political science, psychology, or sociology. Not accepted: courses in religion, consumer economics, student government, or community service.

# 1 Credit of Art

Must be satisfied with either of the following two options:

- 1 credit in the fine, visual, or performing arts.
- 1 credit beyond the minimum in any other CADR subject area.

Example: art appreciation, band, ceramics, choir, dance, dramatics performance and production, drawing, fiber arts, graphic arts, metal design, music appreciation, music theory, orchestra, painting, photography, print making, or sculpture. Not accepted: architecture, color guard, creative writing, drafting, drill team, fashion design, interior design, sewing, speech, web design or graphics, woodworking, and yearbook. Note: UW and WWU specify that one-half credit of this requirement must be in the fine, visual, or performing arts; the other half may be either in the arts or in an academic elective.

# COLLEGE COURSEWORK

# ADVANCED PLACEMENT (AP)

The Advanced Placement program is a cooperative educational endeavor between secondary schools, colleges, and universities. Challenging and complex subject matter across a wide spectrum of subject areas is presented in a discussion, lecture and testing format. These classes offer college-level content and possible college credit while students are still in high school.

#### AP Quick Facts:

- College credit is available for examinations successfully taken in high school
- AP courses can exempt students from some introductory college courses, thus permitting students to move more quickly into advanced classes
- Motivates students to attempt more challenging courses in both high school and college
- Develops the analytical and study skills required to succeed in college courses
- May reduce college costs and time to obtain a degree
- Provides direction in selecting college majors

## COLLEGE IN THE HIGH SCHOOL (CHS)

Students have the opportunity to earn college credit in approved high school courses. These courses are indicated with the College in the High School (CHS) designator. Students may take the course for high school credit only, choosing not to pay the college fee. Students who choose to take the course for college credit, must pay the college or university fee and meet all content requirements in addition to high school course content. Students earning college credit will receive a grade and transcript from the college or university and that credit may count as elective or academic credit depending on the receiving college's transfer credit policies. Specific Information regarding the credit provider and fees will be provided by the class instructor.

**Note:** Per state guidelines, 'dual credit' courses, such as Advanced Placement (AP) and College in the High School (CHS) must be clearly listed as one or the other on the high school transcript. Some NSD classes are offered as both AP and CHS courses, but students must choose whether they want the AP option or the CHS option, which will determine how the course is listed on their transcript. Students who pay for College in the High School option will not have the AP course title on their transcript, and vice versa. It is important that students and parents do research at the colleges where they plan to apply to see which program is most beneficial to them and choose accordingly.

For a thorough explanation of the dual credit guidelines, please read this document from OSPI:

College in the High School and Other Dual Credit Program Guidelines.

In addition, the following webpage can provide students information on how Washington State colleges apply the AP test scores:

Washington Student Achievement Council – Dual Credit

#### 2021 – 22 DUAL CREDIT COURSE FEES

Cascadia College	\$215.00	per 5 credit course
University of Washington	\$ 66.00	per credit
+ a one-time registration fee	\$ 45.00	

#### PACIFIC NORTHWEST COLLEGE CREDIT

The Pacific NW College Credit program provides students with the opportunity to earn community/technical college credit for certain high school courses. High School students become eligible to earn community/technical college credit for their specific high school courses by:

- Enrolling in a Pacific NW College Credit class
- Registering for a Pacific NW College Credit class
- Paying the \$50 Consortium Fee\* at <u>PNWCollegeCredit.org</u>; fee covers all PNW-CC courses taken in a given school year
- Completing their Pacific NW College Credit high school courses with a grade of B or higher

Courses for which Pacific NW College Credit are available are noted on the diploma category line. Additional information about approved Pacific NW CC programs is available from course instructors, your Career & College Counselor, or at <u>www.PNWCollegeCredit.org</u>.

\*Fee may be subject to change

\*Financial assistance is available for individuals who quality

# ADDITIONAL PROGRAMS AVAILABLE WITHIN THE NORTHSHORE SCHOOL DISTRICT

# WANIC – SATELLITE COURSE OPTIONS

Career & Technical Education Courses

Earn High School Credit ~ College Credit Available ~ No Tuition

All classes earn Career & Technical Education credit toward high school graduation and may offer other course equivalencies to help you meet graduation requirements. Check with the teacher or counselor.

#### It is easy to enroll:

- Find out details about the course offerings at <u>www.wanic.org</u>
- Complete an application online
- Review your credits and schedule with your counselor; obtain approval to enroll
- Receive an email confirmation of your enrollment
- Contact your counselor with questions
- WANIC Summer Academy information is available at <u>www.wanic.org</u> in March

2022 – 2023 Three credit courses located at Lake Washington Institute of Technology,	Additional 2022 – 2023 One or two credit courses located at local high schools:
local high schools and colleges	
Auto Technology	Architectural & Engineering Design
Baking & Pastry Arts	Aviation
Building Industry Technology	Careers in Education
Cisco Networking	Construction & Woodworking Trades
Culinary Arts	Criminal Justice
Dental Careers	Culinary Arts
DigiPen Art & Animation	Graphic Design & Production Studio
DigiPen Analysis and Visualization	IB Design SL / HL
DigiPen Game Design	Interior Design
DigiPen Music & Sound Design	Media Production
DigiPen Video Game Programming	Nursery & Greenhouse Operations
Fire & EMS	Sports Medicine
Health Science Careers (Nursing)	Radio Broadcasting
Medical Careers	Welding Technology, Design & Fabrication

#### WASHINGTON NETWORK FOR INNOVATIVE CAREERS

11605 – 132<sup>nd</sup> Avenue NE Suite A-108 Kirkland, WA 98034 425.739.8400 <u>wanic@lwsd.org</u>

Northeast King County Skill Center serving high school students from these districts: Bellevue ~ Everett ~ Issaquah ~ Lake Washington ~ Northshore ~ Riverview ~ Snoqualmie Valley

#### **RUNNING START**

Running Start is a program for juniors and seniors who want to earn college credits while in high school. To be eligible for participation in the Running Start Program, the entering student must have a junior or senior standing and have earned at least 10 credits. Innovation Lab is a unique learning environment which caters to a cross-curriculum method of expeditionary learning; therefore, Running Start would inhibit this process of involvement in our schedule. For those choosing to do full-time running start, we recommend going through your local area home high school. Please see your counselor with questions.

# MISCELLANEOUS INFORMATION

#### COURSES TAKEN OUTSIDE OF NORTHSHORE SCHOOL DISTRICT

Students choosing to take courses from educational institutions outside of NSD and wishing to add these courses to their transcript should consult the <u>Digital Learning Department</u> of the Office of Superintendent of Public Instruction (OSPI). Only courses from approved providers will be accepted as viable transfer credits.

#### **ONLINE COURSES**

Students choosing to take online courses from outside NSD from various program provides must check with their counselor to ensure these providers have been approved by the Digital Learning Department of the Office of Superintendent of Public Instruction (OSPI). Only courses from approved providers will be accepted as viable transfer credits.

#### **GRADING & GRADE POINT AVERAGES**

**Note:** Due to the nature of the mastery transcript at Innovation Lab, we will keep students' letter grades/GPA in the background of our system (see page 5). The following chart is for a reference should a student need to transfer into or out of ILHS to another institution in the midst of their high school career.

(For Reference)		
Alpha Mark Scale	GPA Scale	
1	(State Required)	
A	4.0	
A-	3.7	
B+	3.3	
В	3.0	
B-	2.7	
C+	2.3	
С	2.0	
C-	1.7	
D+	1.3	
D	1.0	
F	0.0	

#### GPA Scale (For Reference)

Exceptions: Crew class will be graded as N/NC (Credit/No Credit). Teacher and Office Assistant positions are also graded Pass (P) or Fail (F). TA positions are not available at Innovation Lab, however the credit will be honored as flexible credit transferrable from other schools.

Each student's grade point average shall be the sum of the point values, as defined above, of all grades received for all courses attempted, divided by the sum of the credits for all courses attempted. All grades for all courses taken shall be included in the calculation of grade point averages; the 'P' grade shall not be computed.

#### SUMMER SCHOOL

Students who need to make up credits in order to graduate with their class are encouraged to consider summer school through the Northshore Summer Academy program. Additional courses are also available through summer school. Information is available on the district website or counseling offices in April.

# NORTHSHORE SCHOOL DISTRICT ATHLETICS

The following criteria are required for a student to participate in Northshore School District local home high school athletics:

- 1. Must be a student who lives within the home-area boundaries if attending alternate high school
- 2. The student shall have passed six of seven full-time classes or the equivalent in the previous semester and continue to pass six classes at each grade check. Seniors who are on track to graduate taking five classes must be passing five. Students taking only six must be passing all six and have a minimum 2.0 GPA in the preceding semester
- 3. Provide a physical that is valid through the last day of the sport's season
- 4. Complete on-line sports registration
- 5. Cannot have an early dismissal in their schedule during the current sport season
- 6. Provide health insurance information or purchase health insurance
- 7. Purchase an ASB sticker, and within the first two weeks of start of season, pay the participation fee for sport
- 8. Have all fines and fees paid prior to the first sport competition of the season

#### NCAA FRESHMAN ATHLETIC ELIGIBILITY

Students wishing to participate in college athletics at any level must meet certain minimum requirements. These requirements are specified by the NCAA and/or NAIA Eligibility Centers. A separate application to the NCAA or NAIA is required before any scholarship or athletic recruitment may take place. It is the responsibility of each student to meet the requirements. For more information, visit the NCAA Eligibility Center website at: https://web3.ncaa.org/ecwr3/ . Or visit the NAIA Eligibility Center website at: <u>https://play.mynaia.org/</u> or contact:

#### NSD High School Career & College Readiness Counselors

Bothell High School BJ Dawson bdawson@nsd.org 425.408.7028

Inglemoor High School Innovation Lab High School Jim Allen iallen2@nsd.org 425.408.7228

Jon Cohn icohn@nsd.org 425.408.6209

North Creek High School Susan Pearson (Athletic Sec'y) My Kiakotos spearson@nsd.org 425.408.8817

Woodinville High School mkiakotos@nsd.org 425.408.7428

# GENERAL INFORMATION

# SCHEDULE CHANGE POLICY

Innovation Lab High School's academic schedule is based upon student course requests from the previous spring. Courses that are offered and staffing for the following year are based on choices students make during the registration process. It is critical that the choices made by students during registration are considered final. Therefore, schedule changes are permitted for the following reasons:

- Missing graduation requirement
- Missing core academic requirements (such as no English)
- Duplicate classes (such as 2 PE classes in same semester)
- Obvious error (such as Junior in English 10)
- IEP or ELL placement issues
- Medical conflict (such as broken leg in PE)
- Incorrect placement in class as determined by instructor
- Open (unscheduled) period
- Balancing class sizes (under-enrolled classes can be filled)
- Dropping a class for late arrival or early dismissal if credits allow

Semester course changes may be allowed within the **first 10 days** without penalty. After the tenth (10<sup>th</sup>) day, courses dropped will receive an 'F' grade on student transcript. Any schedule change that does not meet these criteria is subject to administrative approval.

## <u>FEES</u>

In accordance with state law, the school district will provide each student with the materials and supplies necessary to learn the basic skills taught in their classes. Other optional expenses associated with high school include: ASB sticker, yearbook, school pictures, parking permit, etc. See course description for any additional class fees.

## <u>FINES</u>

It is the student's responsibility to monitor the safekeeping of books, materials, and equipment issued by the school. A replacement fine will be assessed for lost, stolen, or damaged school property. Fine monies collected will be used by the school to purchase replacement materials.

In the event the student does not make proper restitution, the following may occur (as per board policy 3520):

- Grades, transcripts, or diplomas may be withheld, including transcripts sent with college applications.
- Students transferring to another school will have their official transcript withheld and the enrolling school will be notified of unpaid fines/fees.
- The student may be held out of participation in extracurricular activities, including athletics.
- The student may have prepaid goods purchased from the district withheld including, but not limited to yearbooks, pictures, and optional graduation supplies.

- The student may be held out of participation in optional school activities including dances and excursions.
- The student may be held out of optional graduation ceremonies.
- No parking passes will be issued.

# WAIVER OF GRADUATION REQUIREMENTS

# Policy for Exemption from Physical Education (PE) Portion (1.0 credit) of the Health & Fitness Requirement (2.0 credits)

Schools shall emphasize the worth of physical education, and carry into effect physical education requirements, provided that individual students may be exempted from participating in physical education that otherwise is required on account of physical disability, employment or religious belief, or because of participation in school-directed athletics or military science and tactics, or for other good cause. (Washington State Law)

Health and Fitness requirements:

- 0.5 credit of Life Fitness
- 1.0 credit of PE 9-12
- 0.5 credit of Health

Life Fitness and Health cannot be waived with sports waivers or course exemptions.

#### Northshore School District Procedure

Parent(s) must submit a written request for exemption from the physical education (PE) portion of the Health and Fitness requirements to the building administrator or his/her designee; the request <u>may</u> be granted for the reasons stated in the law set forth below:

- Students participating in high school athletic programs may waive up to 1.0 credit of PE 9-12 through sports participation. Each athletic season = 0.25 credit waiver. (Unified sports requires 2 seasons to earn 0.25 credit waiver). Life Fitness and Health cannot be waived through athletic participation.
- 2. Students exempted from the PE 9-12 requirement must substitute equivalency credits in accordance with NSD school board policies (see Page 3 for graduation requirements).
- 3. Students may request an exemption from PE for medical reasons. Medical exemptions must be verified by a physician in writing.
- 4. Outside NSD sports activity waiver request.
- 5. PE Waiver for Full Academic Load (available for class of 2022 and 2023).

## PE Waiver Policy / Procedure for Full Academic Load:

Students in the Classes of 2022 & 2023 <u>may</u> qualify for up to 1.0 PE waiver based on a full academic schedule throughout high school. This does not award credit, but excuses students from the PE elective requirement so that other types of classes can be taken. (Note: this does not apply to Life Fitness). Condition for full academic waiver:

Take the maximum number of credits offered each school year without any teacher/office assistant classes, early dismissals, or late arrivals.

2022-23	7 credits maximum
2021-22	7 credits maximum
2020-21	7 credits maximum
2019-20	7 credits maximum

Some Satellite and WANIC students are exempted from this maximum credit per year requirement if their program required a "travel period" to commute to their onsite technical program. Running Start students are included in this policy and are also expected to earn the maximum amount of credit offered by ILHS per year as defined above.

<u>PE Waiver Forms</u> may be found at nsd.org > Resources > Reference > Frequently Requested Forms > Credit & Records for Secondary Schools. Completed PE Waivers for full academic load should be submitted to the high school counselor and will be reviewed by the principal. Waiver requests must be submitted **prior to the end** of the student's junior year.

# ATHLETIC ELIGIBILITY

The following are required for a student to participate in high school athletics:

- 1. Be a resident of Northshore School District and living with parent/guardian
- 2. Be enrolled in and passing six (6) subjects
- 3. Fall athletes must have passed 6 classes at the end of the previous spring term
- 4. Students will be required to earn a minimum 2.0 GPA for the previous semester in order to achieve interscholastic eligibility
- 5. Have a current physical examination on file in the activities/athletic office. Physicals are good for 2 years from the date of the doctor's visit but must be valid through the sports season until the state playoffs of that sport.
- 6. Provide insurance company information or purchase insurance
- 7. Purchase an ASB membership
- 8. Be enrolled in a 6<sup>th</sup> period class during the season of sports participation. If the athlete participates in a winter sport, the athlete must be enrolled in a 5<sup>th</sup> period both semesters
- 9. Participation fee must be paid within the first two weeks of participation. If the sport makes cuts, the fee is due after the athlete has made the team but within the first two weeks.

10. Fines must be paid

11. Concussion and new sports specific guideline forms must be completed each sports season

# NAVIANCE

The Northshore School District is proud to partner with <u>Naviance/Family Connection</u> to deliver a comprehensive high school and beyond plan curriculum. Naviance/Family Connection is a web-based college and career program that is designed to assess students' personalities, learning style, interests, and strengths, explore careers, college majors, post-secondary opportunities, scholarships, and research colleges effectively and efficiently. Students and parents access their individual accounts through their school's individual Family Connection website. For more information on how to access the Naviance/Family Connection site, please see your student's counselor or career specialist (OIS). Some additional resources the Naviance/Family Connection program offers includes:

- Researching local scholarship options
- Searching and comparing colleges
- Displaying scatter grams of historical college and admissions data
- Registering for college visits & informational sessions
- Exploring personality types and matching them with career interests
- Researching careers
- Creating a résumé / activities log

# ILHS COURSE CATALOG

Northshore School District is committed to developing programs and courses operated in conformity with all Federal and State laws prohibiting discrimination based on race, color, national origin, disability, gender, sex, sexual orientation, religion, or military service.

# THE ARTS

BEGINNING ART	ART115
Length / Credit:	One Semester / 0.5 Credit
Grades:	9, 10, 11, 12
Fee:	\$15 (Financial aid is available; please see your counselor)
Diploma Category:	The Arts

No experience necessary. This basic course is a great place to start learning drawing skills and introduces students to the basic elements of art and principles of design while using a variety of media including pen and ink, pencil, oil pastel and cut paper. This class will teach students to draw in a step-by-step process. Students will learn how to use perspective, pattern, texture, and color to create projects that are fun while improving knowledge of design. These skills are necessary to excel in all other art classes. This is a highly successful program that brings amazing results. Drawing skills are not required; even students with substantial art experience enjoy and benefit from this class.

INTERMEDIATE ART	AIA100
Length / Credit:	One Semester / 0.5 Credit
Grades:	9, 10, 11, 12
Prerequisite:	Beginning Art or Instructor Permission
Fee:	\$25 (Financial aid is available; please see your counselor)
Diploma Category:	The Arts

Intermediate Art is for students who would like to continue to develop and expand their abilities and interests in art. Projects are designed to increase students' drawing, painting and design skills while developing creativity and personal expression through a variety of media. This may include charcoal, conté, painting, pen and ink, mixed media, printmaking, 3-D design, oil pastel and chalk pastel.

**Note**: Intermediate Art and Advanced Art are intended to be year-long class, offering different curriculum for Fall and Spring Semesters. Enrollment in both semesters is encouraged, but not required.

ADVANCED ART Length / Credit: Grades: Diploma Category: Prerequisite: Fee: AAA150 Semester / 0.5 Credit 10, 11, 12 The Arts Intermediate Art or Instructor Permission \$35 (*Financial aid is available; please see your counselor*) This yearlong course is designed for students who have taken Beginning and/or Intermediate Art and want to develop an art portfolio. In a supportive environment, students will engage with peers and instructor to investigate and develop personal style and expression. Assignments will include work from life, imagination and personal expression. Learn to express yourself visually!

CERAMICS	ACE100
Length / Credit:	Semester / 0.5 Credit
Grades:	10, 11, 12
Diploma Category:	The Arts
Fee:	\$35 (Financial aid is available; please see your counselor)

Welcome to the wonderful world of clay! Creating art out of clay involves more knowledge than many people realize. This course is designed to introduce students to clay through a variety of hand building techniques. Students will learn many aspects of design and construction through their projects, as well an introduction to the potter's wheel. After creating the projects, students will explore glazing and firing to complete the process.

CONCERT CHOIR	MUV150 A/B
Length / Credit:	Full Year / 1.0 Credit
Grades:	9, 10, 11, 12
Diploma Category:	The Arts
Fee:	\$15 (Financial aid is available; please see your counselor)
Note:	Repeatable

Concert choir is open to all students with no audition required. This class will focus on building musicianship skills, emphasizing a high standard of teamwork and personal responsibility. Students will be introduced to basic music theory, correct vocal technique, and be exposed to a variety of musical styles and genres. Concert Choir performs at concerts and assemblies (when not in a pandemic) throughout the year and participates in choral festivals and workshops.

GUITAR	MUG110
Length / Credit:	One Semester / 0.5 Credit
Grades:	9, 10, 11, 12
Diploma Category:	The Arts
Fee:	\$10 (Financial aid is available; please see your counselor)
Note:	Repeatable

This course is designed to teach students the fundamentals of the guitar. Students will learn basics of guitar playing, such as chords, finger picking and tuning. In conjunction with learning how to play, students will learn how to read chord charts and analyze tabs through popular songs. Learn your favorite music – all styles welcome. This course is for all students – no prior music experience necessary.

PHOTOGRAPHY
Length / Credit:
Grades:
Diploma Category:
Fee:

APH100 One Semester / 0.5 Credit 9, 10, 11, 12 The Arts \$40 (Financial aid is available; please see your counselor) In this class students will learn the fundamentals of strong photography through the use of a digital camera. Students will experience what it means to see through the lens creatively and capture exposures that create successful compositions. Categories for photo shoots will include portraiture, landscape, still life, abstract and documentary. Digital photo editing programs, including Photoshop, will be used to enhance students' photographs. Students will have an opportunity to create photo journals and compete in the Washington State High School Photo Competition. A fully adjustable digital camera is required.

**Note:** All students are required to have a fully adjustable digital camera (preferably Digital SLR) and be prepared to take pictures outside of class.

INTERMEDIATE	APH130
PHOTOGRAPHY	
Length / Credit:	Semester / 0.5 Credit
Grades:	10, 11, 12
Diploma Category:	The Arts
Prerequisite:	Photography
Fee:	\$40 (Financial aid is available; please see your counselor)

Learn the art of photography. This class teaches students how to use digital cameras to take stunning images that reflect the elements of all memorable photography. Students will expand their knowledge of the settings on their DSLR to capture images in a variety of styles. Digital photo editing programs will be used to enhance students' digital work. Students have the opportunity to compete in the Washington State High School Photo Competition.

*Note:* All students are required to have a fully adjustable digital camera (preferably Digital SLR) and be prepared to take pictures outside of class.

# CAREER & TECHNICAL EDUCATION

PERSONAL FINANCE	BPF100
Length / Credit:	Semester / 0.5 Credit
Grade:	12
Diploma Category:	Career & Technical Education
Fee:	Optional \$50 fee covers all Pacific Northwest College Credit courses taken in a
	given school year (Financial aid is available; please see your counselor)
Note:	5 Pacific NW College credits available when grade of B or better is earned
	through Bellevue College

Are you ready to live on your own? How much should you be willing to pay for that car? Which credit card gives you the best deal? This course teaches you how to control your money and put your money to work for you. Students complete a simulation involving the following:

- Opening a checking account
- Renting an apartment
- Applying for credit and comparing credit cards
- Looking for a job
- Buying a car
- Shopping online
- Banking electronically
- Paying taxes

Students will learn about the stock market by competing in a national online stock market competition and will also take a field trip to the Junior Achievement Finance Park to participate in their Budget Challenge. Take this class to learn how to control your money and make the transition to living on your own an easier process.

#### LIFESPAN PSYCHOLOGY HFP240

Length / Credit:	One Semester / 0.5 Credit
Grades:	9, 10, 11, 12
Diploma Category:	Career & Technical Education
Note:	Repeatable

This exploratory course is designed to introduce students to the many subjects of psychology. Through class discussion, lectures, projects and presentations, students will learn about the human lifespan. Subjects that will be covered include child development, personality, intelligence, personal and professional relationships, communication, family dynamics, and many other popular psychology topics.

INTRODUCTION TO	TEC105 A/B
ENGINEERING DESIGN	
Length / Credit:	Full Year / 1.0 Credit
Grades:	9, 10, 11, 12
Prerequisite:	Concurrent Enrollment in Algebra I or Successful Completion of
	Higher-Level Math
Diploma Category:	Career & Technical Education; Algebra I Equivalency

Through individual and collaborative activities and projects, students will solve problems as they practice common engineering design and development protocols such as project management and peer review. Students will develop skills in technical representation and documentation of design solutions according to accepted technical standards, and they will use current 3D design and modeling software to represent and communicate solutions. Students will have the opportunity to bring some of their designs into existence using a 3D printer and/or laser cutter. Handcrafting, circuits, motors, and/or Arduino-controlled electronic devices can also come into play. Exact topics and tools will depend, in part, on student interest.

COMPUTER PROGRAMMING I (CSE 142)	CHS515 A/B
Length / Credit:	Full Year / 1.0 Credit
Grades:	10, 11, 12
Prerequisite:	Successful completion of Geometry or Instructor Permission
Diploma Category:	Career & Technical Education, 3 <sup>rd</sup> Credit of Math, 3 <sup>rd</sup> Credit of Science
Fee:	Optional fee if choosing to take the exam in spring; (Financial aid is available; please see your counselor)
Note:	This year-long CHS course will offer students the ability to get US in the high school credit as it follows the UW CSE142 curriculum
Other Info:	Students can choose to take the APCS-A exam; full preparation for that exam will require some additional (instructor-supported) individual work outside of class.

Using the Java and/or C# programming language, students will learn to write programs with good overall design and effective use of objects. Topics include procedural programming (methods, parameters, return values), basic control structures (sequence, if/else, loops), file processing, collections, object-oriented design, and working with graphical output. Students will have at least one multi-week group project. No prior programming experience is required.

ADVANCED PROGRAMMING TOPICS I & II	VCP520 / VCP521
Length / Credit:	Full Year / 1.0 Credit
Grades:	11, 12
Diploma Category:	Career & Technical Education, 3 <sup>rd</sup> Credit of Math, 3 <sup>rd</sup> Credit of Science
Prerequisite:	Computer Programming I or AP Computer Science A

This course provides an opportunity for highly motivated students who have completed a year-long college-level programming course (APCS-A, Computer Programming I or equivalent) to continue their studies in this field. In this course students will learn about advanced data structures and algorithms, while expanding their knowledge of object-oriented programming. As the year progresses students will be given increased flexibility to focus more deeply on the topics and technologies that catch and hold their interest.

# <u>ENGLISH</u>

ENGLISH 9	ENG100A/B
Length / Credit:	Full Year / 1.0
Grade:	9
Diploma Category:	English 9

Students will be introduced to analytical thinking and literary analysis as they apply close, critical reading and writing strategies that focus on literary elements and the writer's craft. Students will write narrative and argumentative essays. They will broaden their understanding of language use with attention to word choice, imagery, tone, and figurative language to convey ideas. Students will use a specific process that involves five analytical moves referred to in "The Writing Method" as outlined in their core textbook.

Students will interpret a variety of texts that include short fiction, novels, images, multimedia text, poetry, plays and informational passages. Texts will include representation of different cultures and perspectives as students broaden their understanding of relevant topics reflective of world communities.

ENGLISH 10	ENG200 A/B
Length / Credit:	Full Year / 1.0
Grade:	10
Diploma Category:	English 10

Students will delve deeper into analytical thinking and literary analysis as they apply close, critical reading and engage in more critical thinking as they expand upon the five analytical moves within "The Writing Method" outlined in their core textbook. Students will engage in the process of writing that emphasizes paragraph structure, essay development, literary analysis, and rhetorical analysis.

Students will write inductive analysis and literary essays. They will broaden their abilities to use research skills and credible sources as they construct in-depth text interpretations. Students will interpret a variety of texts that include short fiction, novels, images, multimedia text, poetry, plays and informational passages. Texts will include representation of different cultures and perspectives as students broaden their understanding of relevant topics reflective of world communities.

ENGLISH 11	ENG300 A/B
Length / Credit:	Full Year / 1.0
Grade:	11
Diploma Category:	English 11

Students will strengthen and refine the analytical thinking, reading, writing and communication skills learned in previous grades. They will engage in critical, close reading of nonfiction, short fiction, argumentative essays, and a variety of literature within the context of American history. Students will incorporate an analytical perspective as they employ the application of literary devices, literary techniques, and ideas conveyed in the readings.

Writing is extensive and includes a variety of assignments focused on literary analysis, persuasive writing, personal narrative, comparison, inductive and deductive analysis, and creative writing. Students will evaluate personal bias, compare/contract information, and develop a more in-depth thesis within their writing assignments.

Texts will include representation of different cultures and perspectives as students broaden their understanding of relevant topics reflective of world communities.

ENGLISH 12	ENG400 A/B
Length / Credit:	Full Year / 1.0
Grade:	12
Diploma Category:	English 12

This course is designed to prepare students for the rigor and pace of college. It requires students to consistently demonstrate a commitment and competence to language arts studies. Students will read challenging texts from world literature, write analytical essays and read secondary critical sources. Throughout the course of the year, students will explore works of fiction that include full-length novels and plays as well as thematically related nonfiction. Students will examine several perspectives on a given subject, appreciate the wide array of opinions, and advance their ideas with the framework of current debates on the topic.

Writing will involve a college or career-based personal essay and a full synthesis essay that includes a critical lens of multiple texts. Texts will include representation of different cultures and perspectives as students broaden their understanding of relevant topics reflective of world communities.

INTRODUCTION TO	ENG114
CREATIVE WRITING	
Length / Credit:	Semester or Year-Long / 0.5 Credit
Grades:	11, 12
Diploma Category:	Flexible Credit

Welcome to Creative Writing! Creative Writing draws on skills and imagination to convey meaning through language. This class will read and write within genres of poetry and short story, exploring various forms of each. You will analyze literature for authorial choices and literary devices in order to understand the craft of writing. You will apply stylistic devices to your own writing, learning new skills and applying important techniques. You will collaborate routinely and effectively through workshops as you give and receive feedback. By the end of the course you will have read and written much, resulting in a final portfolio of your own best original work.

CREATIVE WRITING:	ENG335 A/B	
POETRY & SHORT STORY		
Length / Credit:	Year-Long / 1.0 Credit	
Grades:	11, 12	
Diploma Category:	Flexible Credit	

Creative writing draws on skills and imagination to convey meaning through language. This class will read and write within genres of poetry and short story, exploring various forms of each. You will analyze literature for authorial choices and literary devices in order to understand the craft of writing. You will apply stylistic devices to your own writing, learning new skills and applying important techniques. You will collaborate routinely and effectively through workshops as you give and receive feedback. By the end of our time together you will have read and written much, resulting a final portfolio of your own best original work.

# FLEXIBLE CREDIT COURSES

CREW	YYN310 A/B
Length / Credit:	Full Year / 1.0
Grades:	9, 10, 11, 12
Diploma Category:	Flexible Credit
Note:	This course is required for every student, all 4 years at ILHS

Crew is the backbone of the Expeditionary Learning Model. Crew serves both as a culture and a structure within the school. The culture of Crew impels every member of the school community to work together as a team, to pitch in, to help others. As a structure, Crew provides space for students to form a close-knit peer support structure, and access to an advisor -- assuring that every student at the school is deeply known. Crew provides a time and space to take care of administrative tasks that would otherwise detract from academic time, and to accomplish other tasks in support of students' academic progress.

# ADULTING 101: HFL120 A LIFE PLANNING COURSE

Length / Credit:	One Semester / 0.5 Credit
Grades:	11, 12
Diploma Category:	Flexible Credit

This course is broken up into 3 units. Senior 'Adulting' and Life Planning Class is a course offered in order to prepare seniors (and juniors) for the next phase of life. Let's face it, 'adulting' can be difficult in 21<sup>st</sup> century America, and this next chapter of life can feel a bit daunting! However, this anxiety can be diffused with just a little planning and foresight. The course objective is to provide units of study around what is needed to engage well in adult life and plan for the future. The units are as follows: Unit 1: College life planning including aptitude testing, research and three career interests, ending with an internship. Unit 2: Life planning – what is a financial plan, and how to implement it, including how to pay taxes; will also delve into what makes people happy, mindfulness and exercise, etc. Unit 3: Interpersonal relationships – what does good communication look like, what makes for a healthy marriage, parenting, and even what a healthy single life looks like. Course ends with a presentation on what a solid plan for the next year looks like.

# HEALTH & FITNESS



These two courses must be included as part of Health / Fitness credits for graduation.

HEALTH	HEA410
Length / Credit:	One Semester / 0.5 Credit
Grades:	9, 10, 11
Recommendation:	9, 10
Diploma Category:	Health

Total well-being — mentally, physically, and socially is what health is about. This course has been developed to help you gain the knowledge and behaviors essential to increase your quality of life and wellness now, as well as invest in your future health. Improving the person's health through nutrition and exercise, substance abuse prevention, managing emotions and stress, handling crisis, decreasing the risk of heart disease and cancer, using proper CPR techniques, and human sexuality are topics that will be covered. The goal is to help students understand the choices they make every day and the consequences each choice has on their health and wellness now and in the future.

LIFE FITNESS	PLF200
Length / Credit:	One Semester / 0.5 Credit
Grades:	9, 10, 11, 12
Recommendation:	9, 10
Diploma Category:	Life Fitness

Students will acquire knowledge so that they can make informed decisions on a lifetime fitness program and the importance of maintaining a level of fitness. Students are required to take one semester of Life Fitness to meet a portion of their Physical Education graduation requirement. The course includes weight training, cardiovascular training, and lectures. This class must be taken is a prerequisite to Advanced Fitness, Advanced Weights & Conditioning and Sports Conditioning.

# <u>MATHEMATICS</u>

Mathematics is a subject that is growing at a rapid rate, spreading into new fields, creating new applications and becoming increasingly crucial in our everyday world. To be prepared for this reality, all students are encouraged to learn as much mathematics as possible. Students are required to take three years of high school math for graduation, and students are strongly encouraged to take a math course their senior year as most universities recommend four years of mathematics.

The flow chart below shows possible math trajectories for students during high school. AP Computer Science Principles, AP Computer Science A and Robotics may also count toward completion of a student's third year of math. Students are encouraged to consider their post high school plans and guidance from their counselor and math instructor(s) to inform their math decisions.



#### TYPICAL HIGH SCHOOL MATH SEQUENCE EXAMPLES

ALGEBRA I Length / Credit: Grades: Diploma Category: Note: MAL100 A/B Full Year / 1.0 9, 10, 11, 12 Algebra I High School level math courses require students to use a graphing calculator such as TI-83 or TI-84. It is recommended that students purchase their own personal calculator, however the school will provide a calculator as needed.

This course expands on the students' understanding of using arithmetic operations and properties to include the symbolic language of algebra. Students will formalize their understanding of functions with a focus on linear functions, quadratic functions, and exponential functions. Other topics that will be studied are writing equations to model linear equations, solving systems of linear equations and inequalities, solving quadratic equations with real roots, exponent laws and properties, and data analysis. Students will continue to develop problem solving, reasoning and proof, communication, and mathematical modeling skills aligned to the Standards for Mathematical Practice.

GEOMETRY	MGE100 A/B
Length / Credit:	Year Long / 1.0
Grades:	9, 10, 11, 12
Prerequisite:	Algebra I or Concurrent Enrollment in Algebra I
Diploma Category:	Geometry
Note:	High School level math courses require students to use a graphing calculator such as TI-83 or TI-84. It is recommended that students purchase their own personal calculator, however the school will provide a calculator as needed.

Students will build upon algebraic skills from Algebra 1 by applying them to new geometric concepts. Students will formalize their reasoning skills to write proofs built on definitions, axioms, and theorems. Students will study symbolic logic, parallel and perpendicular lines, triangle properties, quadrilateral properties, and properties of other polygons and circles. Other topics that will be studied are similar and congruent figures, right triangle trigonometry, coordinate geometry, geometric transformations, area, surface area and volume of three-dimensional figures.

ALGEBRA II / TRIGONOMETRY	MAL180 A/B
Length / Credit:	Full Year / 1.0
Grades:	9, 10, 11, 12
Prerequisite:	Algebra I and Geometry
Diploma Category:	3rd Year of Math
Note:	High School level math courses require students to use a graphing calculator such as TI-83 or TI-84. It is recommended that students purchase their own personal calculator, however the school will provide a calculator as needed.

Students will expand their understanding of number systems to include complex numbers and will grow more proficient in their use of algebraic techniques. This course focuses on the study of functions: linear, absolute value, piecewise, quadratic, exponential, logarithmic, square and cube root, cubic, and those involving inverse variation and rational functions. Students will study periodic and trigonometric functions. This course meets the third-year math requirement for high school graduation and college admission requirements. This course will prepare students for Precalculus and Calculus. The breadth and depth are greater than that of the Algebra 2 course.

#### PRECALCULUS

Length / Credit: Grade: Prerequisite: Diploma Category: Note:

#### MPC100 A/B

Full Year / 1.0 9, 10, 11, 12 Algebra II or Algebra II/Trigonometry 3<sup>rd</sup> Year of Math or Algebra I High School level math courses require students to use a graphing calculator such as TI-83/TI-84. It is recommended that students purchase their own personal calculator, however the school will provide a calculator as needed

Students will continue to review, build and expand upon their understanding of functions and graphs. This course prepares students to advance their levels of analysis to include asymptotic behavior, domain restrictions, degree and factorization and it incorporates more advanced forms of mathematical symbology like interval notation. Trigonometry, quadratic, exponential, logarithmic, polynomial, rational, radical, power, and trigonometric functions is a major focus of this course.

CALCULUS I (MATH & 151)	CHS135 A / B
Length / Credit:	Full Year / 1.0 Credit
Grades:	9, 10, 11, 12
Prerequisite:	Precalculus I or Precalculus I & II
Fee:	Students who choose to take this course for college credit must pay the college fee. (Financial aid available; please see your counselor)
Diploma Category:	3 <sup>rd</sup> Credit of Math, Geometry or Algebra I
Note:	High School level math courses require students to use a scientific calculator, such as TI-83 / TI-84. It is recommended that students purchase their own personal calculator, however the school will provide a calculator as needed. College credits may be earned under the conditions of the College in the High School program. See your counselor for information specific to your school.
Other Info:	Students can choose to take the AP Calculus A/B exam; full preparation for that exam will require some additional (instructor-supported) individual work outside of class.

This course is designed for the student who wishes to continue their math studies at a college level. This is a collegelevel course that covers limits, derivatives and their applications, including differentiation of algebraic, exponential, logarithmic, trigonometric functions and applications. If time permits, an introduction of integrals will begin. This course is equivalent to Math 151 (Differential Calculus).

# <u>SCIENCE</u>

#### THREE SCIENCE CREDITS FOR HIGH SCHOOL GRADUATION

- 2.0 Credits of Lab Science
- 1.0 Credit Third Year Science

All ILHS science courses are lab science classes, and count toward the graduation requirements noted above. Astronomy, Chemistry, AP Chemistry, Physics and AP Physics satisfy college entrance requirements for an algebra-based science.

PHYSICS	SCP100 A/B
Length / Credit:	Full Year / 1.0
Grade:	9, 10
Prerequisite:	Algebra I
Diploma Category:	Lab Credit or 3 <sup>rd</sup> Year of Science

This course is aligned to the NGSS (WSSLS) high school performance expectations for physical science and also integrates astronomy. The major content of the course will center on exploring motion, forces, energy and waves. Students will engage in both science and engineering practices as they learn about the content and relate them to the cross-cutting concepts of science.

Physics concepts are frequently built upon real-world, anchoring phenomena or problems with inquiry-based questions. Students explore answers to science-based questions through collaborative learning, simulations and practice activities, lectures, and online resources.

AP ENVIRONMENTAL SCIENCE	SCE200 A/B
Length / Credit:	Full Year / 1.0
Grade:	9, 10, 11, 12
Prerequisite:	None
Diploma Category:	Biology
Fee:	Optional for students choosing to take the AP exam in Spring. (Financial aid available; please see your counselor)
Note:	Students may take the corresponding AP exam in Spring for potential college credit; see your counselor or teacher for more information

The class will provide students with an understanding of the scientific principles that govern interrelationships in the natural world. Important environmental issues will be explored and the comparative risks of known and potential problems will be evaluated. Specific focus on finding solutions to current and future challenges will be highlighted.

CHEMISTRY	SCC100 A/B
Length / Credit:	Full Year / 1.0
Grade:	10, 11, 12
Prerequisite:	Algebra II or Algebra II/Trig or concurrent enrollment in
	Algebra II or Algebra II/Trig
Diploma Category:	Lab Credit or 3 <sup>rd</sup> Year Science

Chemistry is the study of matter and the chemical reactions between substances. This course is aligned to the NGSS (WSSLS) high school performance expectations for physical science that also integrates climate change. The major content of the course will center on the nature of matter and the changes it undergoes at the atomic level. Students will engage in both science and engineering practices as they learn about the content and relate them to the cross- cutting concepts of science.

Chemistry concepts are frequently built upon real-world, anchoring phenomena or problems with inquiry-based questions. Students explore answers to science-based questions through collaborative lab work, simulations and practice activities, lectures, and online resources.

BIOLOGY	SCB100 A/B
Length / Credit:	Full Year / 1.0 Credit
Grades:	11, 12
Diploma Category:	Lab Science or 3 <sup>rd</sup> Credit of Science

Biology is the study of the living world and our relationship to it. This course is aligned to the NGSS (WSSLS) high school performance expectations for life science and also integrates sustainability principles. As a result, the major disciplinary themes are: metabolism, behavior, genetics, evolution, ecology and sustainability Students will engage in both science and engineering practices as they explore the themes and relate them to the cross-cutting concepts of science.

Biology concepts are frequently built upon real-world, anchoring phenomena or problems with inquiry-based questions. Students explore answers to science-based questions through collaborative lab work, simulations and practice activities, lectures and online resources.

AP CHEMISTRY	SCC160 A/B
Length / Credit:	Full Year / 1.0 Credit
Grades:	11, 12
Prerequisite:	Chemistry
Diploma Category:	Lab Science or 3 <sup>rd</sup> Credit of Science
Fee:	Optional for students choosing to take the AP exam in the Spring. (Financial aid
	available; please see your counselor)
Note:	Students may take the corresponding AP exam in the Spring for potential
	college credit See your counselor or teacher for more information.

AP Chemistry will delve more deeply into the concepts covered in the first-year chemistry. This class will cover the same materials as are covered in Chemistry 140-160 at the University of Washington (and most other college General Chemistry courses). The class will pick up where Chemistry left off, moving quickly into the application of equilibrium concepts to gaseous, ionic and acid-base systems. The course will prepare the students to take the AP Chemistry exam in the Spring.

# BIOTECHNOLOGYSCB315 A/BLength / Credit:Full Year / 1.0Grades:10, 11, 12Prerequisite:NoneDiploma Category:Career & Technical Education, Lab Science or 3rd Year Science

Biotechnology is a CTE course designed to teach and reinforce concepts fundamental to biology with a focus on current biotechnological research and modern laboratory technology. It is an exciting, but challenging course best suited for students who are seriously interested in pursuing careers in the medical or biotechnology fields. Students will learn how to use biotechnology equipment as they explore topics like: cancer, genetically modified organisms, world hunger, genetic engineering, bioethics, diseases and wildlife conservation. Students will also be exposed to career opportunities in the biotechnology and biomedical fields throughout the year. Students will also be exposed to career opportunities in the biotechnology first should already have very strong study habits and be able to work independently. This course counts as both a science and CTE credit and will provide students who are in HOSA (Health Occupations Students of America) opportunities for extra event practice and help.

THE RESTLESS	SCG150
NORTHWEST:	
A GEOLOGICAL STORY	
Length / Credit:	Semester / 0.5
Grades:	10, 11,12
Diploma Category:	Science or Flexible Credit for those who have fulfilled their science requirement

In this course, students will learn about the remarkable geological processes that shaped the Pacific Northwest, from the volcanic Cascade Range to the flood-scoured scablands of eastern Washington and the eroded peaks of the north Rockies. An emphasis will be placed on the methodology of the geologists who discovered how these various land forms came together. Students in this course will also attend field trips to study these processes up close! This course will be aligned to the Next Generation Science Standards (NGSS), which is consistent with all core science classes.

FORENSICS	SCF200 A/B
Length / Credit:	Full Year / 1.0
Grades:	10, 11, 12
Diploma Category:	Lab Science, 3 <sup>rd</sup> Year of Science, or Career & Technical Education

This hands-on course focuses on solving problems by using scientific thinking and skills to interpret forensic evidence at a crime scene. As such, basic principles from biology, chemistry and physics will be used to illustrate the use of science to address real-world situations. The course includes the study of related issues such as rules of evidence and case studies of the use and misuse of forensic evidence.

# SOCIAL STUDIES

WORLD HISTORY	SSW125 A/B
Length / Credit:	Full Year / 1.0
Grades:	9, 10
Diploma Category:	World History

Students will explore and analyze world events in this survey course spanning 1450-to the present. Major units of study include: Global expansion, the Age of Revolutions, international conflicts, the emergence and development of new nations, and the economic, technological, political, social, and geographic causes of change. These topics will be explored through the use of textbooks, primary source documents, scholarly readings, speeches, short stories, and political cartoons. The goal of the World History course is to prepare students to participate in a pluralistic, democratic society through understanding multiple perspectives, respecting various cultures, and recognizing their role in a global economy.

UNITED STATES HISTORY	SSU300 A/B
Length / Credit:	Full Year / 1.0
Grade <sup>.</sup>	10 11

Grade:	10, 11
Diploma Category:	US History

This graduation requirement focuses on the US Constitution and the relationship of historical events to the political, social and economic ideas that have shaped our country since Industrialization including Since Time Immemorial Native American curriculum from OSPI. Students will learn to assess historical sources and to evaluate historical events through lectures, readings, class discussion, multimedia resources and project learning.

CIVICS	SSC445
Length / Credit:	Semester / 0.5
Grade:	11, 12
Diploma Category:	Civics

Seniors are required to take a semester of civics. This course focuses on the study of political and economic issues at the local, state, tribal, and national level. Students will examine the Constitution, focusing on the structure of the government as well as the role of the individual within a democratic society.

#### Topics include:

- Federal, state, tribal, and local government organization and procedures.
- Rights and responsibilities of citizens addressed in the Washington State and US Constitutions.
- Current issues addressed at each level of government.
- Electoral issues, including elections, ballot measures, initiatives, and referendums.
- The study and completion of the civics component of the federally administered naturalization. test required of persons seeking to become naturalized US citizens.
- Recognizes the certain basic values and character traits essential to individual liberty, fulfillment, and happiness as identified by the State Legislature.

#### SSG445

CONTEMPORARY WORLD PROBLEMS

Length / Credit: Grade: Diploma Category:

Semester / 0.5 11, 12 Contemporary World Problems

Seniors are required to take Contemporary World Problems which is a one semester course that will emphasize the study of current, cultural, economic, environmental, political, and religious issues around the world. Topics include:

- International organizations, institutions, treaties, and frameworks.
- Current issues driving global events.
- The role of the US in a larger global context.

AP US GOVERNMENT & POLITICS	SSG442 A / B
Length / Credit:	Full Year / 1.0
Grade:	11, 12
Fee:	Optional fee for students choosing to take the AP exam in the Spring. Financial aid available – please see your counselor.
Diploma Category:	0.5 Civics & 0.5 Contemporary World Problems
Note:	Students may take the corresponding AP exam in the spring for potential college credit. See your counselor or teacher for more information.

This course provides both a study of broad general concepts of the United States political system, as well as the analysis of specific case studies. Basic concepts include the Constitutional basis of the US Government, political ideals and behaviors, the political party system, institutions of the national government, public policy and civil rights/liberties. Emphasis is placed on critical thinking skills, essay writing and interpretation of original documents.

# WORLD LANGUAGES

World Languages are an academic, college preparatory program requiring a considerable amount of home study and a positive attitude to succeed. Northshore School District offers advanced courses in select languages at the International Baccalaureate, Advanced Placement, and College in the High School level. Currently there is not a high school World Language graduation requirement. However, the four-year colleges and universities in Washington State have a two-year minimum entrance requirement of one language sequence and many universities recommend at least three years of language study.

All world language classes are repeatable with instructor approval, but priority is given to first time learners.

# FIRST YEAR LANGUAGES

Heritage speakers may be able to start above the 100 level, depending upon their language skills.

AMERICAN SIGN	WLX100 A/B
LANGUAGE 100	
Length / Credit:	Full Year / 1.0 Credit
Grades:	9, 10, 11, 12
Diploma Category:	Career & Technical Education
Fee:	Optional \$50 fee covers all Pacific NW College Credit courses taken in a given year – see page 13 for more information;
	(Financial aid is available; please see your counselor)
Note:	5 Pacific NW College Credits available when grade of B or better is earned
	at Lake Washington Institute of Technology (ASL& 121)

This college level course, ASL 100, is the complex and natural existing language used by the Deaf. ASL 100 will introduce students to this visual / gestural language and to the Deaf community. In this class students will learn vocabulary and the grammar of ASL through natural everyday conversation, situations, and activities. Classrooms operate in large and small group settings and often in full immersion. Students must be able to maintain eye contact and be visually focused. Also having the ability to work regularly with recording devices (by uploading and downloading media) for portfolio purposes.

**Note:** This is a college level course. Students who take ASL need to be able to hold eye contact, interact with others, be academically responsible and organized, work in a voices-off environment, and be willing to do the work.

SPANISH 100 Length / Credit: Grades: Diploma Category: Class Fee: WLS100 A/B Full Year / 1.0 Credit 9, 10, 11, 12 Flexible Credit \$22.50 (Financial aid is available; please see your counselor) A beginning course to introduce the basics of the language as well as the culture through simulated real-life situations, music, games, storytelling, and other activities. The goal for year-end will be that students have gained a working vocabulary and grammar basis to facilitate communication in the language. Skills emphasized will be listening, oral communication, reading and writing.

## SECOND YEAR LANGUAGES

AMERICAN SIGN	WLX200 A/B
LANGUAGE 200	
Length / Credit:	Full Year / 1.0 Credit
Grades:	10, 11, 12
Prerequisite:	Successful completion of ASL 100
Recommended:	Strongly encourage a grade of C or better in 1 <sup>st</sup> year ASL
Diploma Category:	Career & Technical Education
Fee:	Optional \$50 fee covers all Pacific NW College Credit courses taken in a
	given year – see page 13 for more information
	(Financial aid is available; please see your counselor)
Note:	5 Pacific NW College Credits available when grade of B or better is earned
	at Lake Washington Institute of Technology (ASL& 122)

ASL 200 expands on vocabulary, deepens complex grammatical understanding, functional application, deaf history, culture, and community. Second year will focus more on classifiers, use of spatial referencing, role-shifting, signer's point of view, verb inflections and the greater deaf community (agencies serving the deaf and hard-of-hearing). Using dialogues and narratives while continuing their virtual portfolios, students will grow in their fluency, prosody, and confidence.

SPANISH 200	WLS200 A/B
Length / Credit:	Full Year / 1.0 Credit
Grades:	9, 10, 11, 12
Prerequisite:	Successful completion of the 100-level course of the same language
Recommended:	Strongly encourage a grade of C or better in 1 <sup>st</sup> year language
Diploma Category:	Flexible Credit
Fee:	\$22.50 (Financial aid is available; please see counselor)

In these second-year courses students will expand their knowledge and fluency of the language by increasing their vocabulary base and expanding their ability to read and write in the language. The goal for the year-end will be that students have expanded their conversation skills, grammar, reading and writing skills to an intermediate level. Skills emphasized will be, listening, reading, and writing as well as oral communication.

# THIRD YEAR LANGUAGES

## AMERICAN SIGN LANGUAGE 300

#### WLX300 A/B

Length / Credit: Grades:	Full Year / 1.0 Credit 11. 12
Prerequisite:	Successful completion of ASL 200
Diploma Category:	Career & Technical Education
Fee:	Optional \$50 fee covers all Pacific NW College Credit courses taken in a given year – see page 13 for more information. (Financial aid is available; please see counselor)
Note:	5 Pacific NW College Credits available when grade of B or better is earned at Seattle Central Community College (ASL 123)

ASL 300 continues vocabulary and grammatical structure of the language with storytelling, narratives, and dialogues. While continuing an exposure to Deaf history, culture, and community, students will also explore Deaf folklore, current events and deaf-related topics, the deaf/blind community, mock interpreting simulations, poetry, iconic art, and careers with ASL.

SPANISH 300	WLS300 A/B
Length / Credit:	Full Year / 1.0 Credit
Grades	10, 11, 12
Prerequisite:	Successful completion Spanish 200
Diploma Category:	Flexible Credit
Fee:	\$22.50 (Financial aid is available; please see counselor)

In this third-year course students will be engaged in a variety of activities to develop skills in every aspect of the language. Short stories, skits and role-playing, poems, magazine and newspaper articles, audio and video sources are used to encourage learning. The class is conducted in a semi-immersion environment and the students are encouraged to employ the language as much as possible. The goal for year-end will be that students will have developed a basic proficiency in the language.

SPANISH 350 (ELEMENTARY SPANISH)	CHS836 A/B
Length / Credit:	Full Year / 1.0 Credit
Grades:	9, 10, 11, 12
Prerequisite:	Successful completion of the 200-level Spanish course
Diploma Category:	Flexible Credit
Fee:	Optional fee for those choosing to earn college credit; see page 13 for more Information. (Financial aid is available; please see counselor)
Note:	5 college credits available through the College in the High School Program at Cascadia College (#SPAN103)

Cascadia College, as part of their College in the High School programs, will offer their 103-level course as a thirdyear language course option. After paying the class tuition and successfully completing the course, sophomores, juniors and seniors may earn 5 credits, transferable to most 4-year colleges in the nation. These courses all entail the exclusive use of the studied language in the classroom with an emphasis on communication skills, interactive presentation of grammar, and daily practice outside of class.

# WORLD LANGUAGE COMPETENCY TEST

Can you read, write, speak and listen in a language other than English?

In the Northshore School District, you can earn high school credit in a World Language by successfully passing a World Language Competency test and demonstrating your proficiency in reading, writing, speaking, and listening. You may also earn a Seal of Biliteracy on your high school diploma for demonstrating a high level of proficiency.

**Visit:** <u>nsd.org>In Our Schools>Assessment>World Language Competency Test</u> to sign up for this exam *early in the school year*.

# SPECIAL EDUCATION

# COURSES FOR STUDENTS IN SPECIAL EDUCATION

Students in special education will participate in classes as determined in collaboration with their IEP team. Courses will be decided based upon a student's needs for specially designed instruction. Students are also expected to meet all graduation requirements including full credits, state assessments, and the High School & Beyond Plan. Some students may qualify for modifications in state assessments and modified credit expectations as noted on their IEPs. Modified Special Education or Learning Center course codes on a student's transcript may not meet 4-year college entry requirements.

## GENERAL EDUCATION CLASSES WITH ACCOMMODATIONS

Special education students can participate in general education classes with accommodations. An accommodation is an adjustment to the learning environment or in the delivery of instruction. The difference is "how" we teach. Accommodations do not change the course expectations and are provided without impacting the course code for the class.

## GENERAL EDUCATION CLASSES WITH MODIFICATIONS

Special education students can participate in general education classes with modifications. A modification is a change in what is expected from a student. The difference is in "what" we teach. It is altering the content, performance criteria, or instructional level. Modifications require a change in the course code and may not meet the 4-year college entry requirements.

# <u>GLOSSARY</u>

## USING THIS CATALOG

This catalog is organized by category. Courses in this catalog may be offered at one, two or all four of our comprehensive high schools. Students may access classes and programs only at their high school of record/home high school unless they are classes or programs specifically noted as *"Satellite program – open to all NSD students,"* or WANIC offerings.

Please note that course availability is dependent upon adequate registrations and available staffing.

A glossary of terms and diploma category descriptions are provided below.

#### Accuplacer:

An optional placement test students may take to determine their level of skill and competence in math, reading and English. It is a multiple-choice test with an essay section provided by <u>CollegeBoard.com</u>.

## ACT:

One of the two commonly used tests designed to assess high school students' general educational development and their ability to complete college-level work.

#### AP:

Advanced Placement Program provides college-level courses available to high school students which may allow a student to earn college credit provided through the College Board

ASB:

Associated Student Body

ASL: American Sign Language

#### ASVAB:

The ASVAB Career Exploration Program is a career planning and exploration program that combines a multiple-aptitude test with an interest self-assessment and a wide range of career exploration tools designed to help students explore the world of work and gain confidence in making career decisions.

BHS: Bothell High School

CAD: Computer Aided Design

**C&CR:** Career & College Readiness

**CHS:** College in the High School Program

#### CPR:

Cardiopulmonary resuscitation

CTE: Career and technical education

# DECA:

Delta Epsilon Chi and Distributive Education Clubs of America prepares student leaders and entrepreneurs for careers in marketing, finance, hospitality and management in high schools and colleges around the globe.

ELL: English Language Learners

# ETSP:

Environmental Technology & Sustainable Practices – a program offered through Cascadia Community College that provides a degree that prepares you for many industry positions.

## FSA:

Functional Skills and Academics

# HL:

High Level

# IEP:

Individualized Education Program -- an IEP is the legal document that defines a child's special education program.

## IHS:

Inglemoor High School

## JAVA:

Software development program for computer systems fundamentals

## NCAA:

National Collegiate Athletic Association. The association organizes the athletic programs of numerous colleges and universities

## NCHS:

North Creek High School

## NGSS:

Next Generation Science Standards

## PLTW:

Project Lead the Way engineering educational high school pathway

## RS:

Running Start is a program that allows juniors and seniors to attend college courses numbered 100 or above, while completing high school.

## SAT:

One of the two commonly used tests designed to assess high school students' general educational development and their ability to complete college-level work.

#### Satellite Course:

A course offered at one of the Northshore School District high schools, but open to all NSD high school students.

SL:

Standard Level

## WANiC:

Washington Network for Innovative Careers provides advanced-level Career and Technical Education programs based on rigorous academic and industry standards, preparing students for post-secondary education and successful entry into high-skill, high-demand careers, and employment.

## WHS:

Woodinville High School