
2022/03/04 Warrior Weekly

1 message

Centaurus High School <nina.hankla@bvsd.org>
Reply-To: Centaurus High School <nina.hankla@bvsd.org>
To: nina.hankla@bvsd.org

Fri, Mar 4, 2022 at 4:05 PM



CENTAURUS HIGH SCHOOL

Warrior Weekly News

03/04/2022

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Principal's Message

As we move on towards the end of this school year, we are also well on our way in planning for the 22-23 school year. This week, Centaurus students reviewed and finalized their course selection choices for the 22-23 school year. We have put a lot of effort into making sure that students have the information and guidance needed to pick the correct classes based on graduation requirements, personal interest, and an appropriate level of challenge. We want to ensure that all students have the academic schedule that is right for them.

Please ask you students to show you their course choices for next year if they have already done so. At this point, they are unable to make any additional changes in MYAP, but if there are any issues they should see a guidance counselor at lunch in the counseling corner.

Daniel Ryan

Important Dates



March 4 Deadline - Senior baby ads for yearbook
March 7 11th Grade College Planning Night, 6-8pm
March 9-12 Amélie - spring musical presented by Centaurus Theatre Company
March 14-18 Spirit Week including Buff Puff and Club 10300
March 21-25 Spring Break - NO SCHOOL
April 4 Deadline - Senior posters (3:00pm CHS front office)
April 8 Prom, Lionsgate Event Center (junior/senior event)
April 13 Grade 11 SAT exam (NO SCHOOL grades 9, 10, 12)
April 14 Grade 10 PSAT exam; Grade 11 CMAS science (NO SCHOOL grades 9, 12)
April 18 Grade 9 PSAT 9 exam (NO SCHOOL 10, 11, 12)
April 22 & 25 Conference Exchange Days - NO SCHOOL
May 20 Centaurus Graduation 5:00pm, Christian Recht Field, Boulder

What you need to know

Title IX Assembly



Over the next few months, the District's Title IX Coordinator will be providing a Title IX presentation to our students by grade level. The presentation will include information about what Title IX is, student Title IX rights, the District's obligations under Title IX, and details about how to report sex-based harassment and discrimination. If you have any concerns about attending this presentation, please contact our principal, Daniel Ryan.

IB World Language Exam Proctors Needed



We are in need of proctors for the IB World Language Oral exams for the following dates: Wednesday 3/9/2022 through Thursday 3/17/2022.

We are looking for volunteers who can commit several hours to help us administer these important exams. You do not need to have students participating in IB classes to volunteer as a proctor. Parents of all grades, including freshmen and sophomores, are encouraged to volunteer.

Proctor duties include sitting with individual students and assisting in keeping students on time with the exam schedule. More detailed instructions will be given when you arrive to volunteer.

Please note any volunteer interacting with students will have to complete the [volunteer application for BVSD](#) prior to volunteering.

Please sign up on the attached spreadsheet. [March 2022 IB World Language Oral Exam Proctors](#)

Thank you for your assistance! Johanna Lohr (Wintergerst)

2022 State Testing Information



As you may know, our students will take the State of Colorado's Measures of Academic Success (CMAS) Science assessment as well as the SAT and PSAT exams in April. We would like to take a moment to encourage everyone to have their children take the test and to thank you for your support last year. With your support, your student can help show how well our school and the school district, as a whole, is performing.

[Please click here for the entire Principal's letter](#) including our testing schedule.

What is Dabbing?



You may have heard this term in the past and wondered what exactly it meant. Dabs are high concentrates of [tetrahydrocannabinol or THC](#), the psychoactive chemical found in [marijuana](#). Despite the dangers associated with the practice, it is growing in popularity—[especially among teens](#).

Dabs are made by pouring butane over marijuana. This process extracts THC from the marijuana plant and dissolves it into the butane leaving a gummy, somewhat solid product that contains high amounts of THC. Other names for this high THC substance are wax, shatter, budder or honey. These concentrates can be as much as 90% THC as compared to a marijuana joint, which is typically 10-20% THC (NIDA, 2017)

In order to “dab” or use high THC products, you need a heat source to vaporize the product. Users obtain e-rigs or dab pens or they can use vape pens they may already have for vaping nicotine. Dabbing may not have a distinct odor so it may be difficult to tell if your student is using high THC products. Early exposure to high levels of THC is associated with more frequent and continued use and greater risk of chronic use (Hopper, 2020).

Some common reasons students use marijuana are peer pressure and relief from mental health issues such as anxiety, depression and insomnia. Another reason teens may turn to marijuana is the mistaken belief that it is harmless and that you can't become addicted to marijuana. Marijuana use can lead to the development of problem use, known as a marijuana use disorder, which takes the form of addiction in severe cases. People who begin using marijuana before the age of 18 are four to seven times more likely to develop a marijuana use disorder than adults (NIDA, 2021).

If you suspect your teen is using marijuana or other substances please seek help from your pediatrician, community resources or our school nurse at paula.waldhoff@bvdsd.org.

Amélie - Spring Musical



Centaurs Theatre Company presents Amélie March 9 through 12!

“Amélie is an extraordinary young woman who lives quietly in the world but loudly in her mind. She covertly improvises small but surprising acts of kindness that bring joy and mayhem. But when a chance at love comes her way, Amélie realizes that to find happiness she'll have to risk everything and say what's in her heart. Be inspired by this imaginative dreamer who finds her voice, discovers the power of connection, and sees possibility around every corner.”

Please visit <https://www.centaurustheatrecompany.com/upcoming-shows> for details and tickets!



After Prom Help Needed



On March 10th Cosmo's Pizza is supporting a dining night out for CSNAP! Come grab a pizza Thursday afternoon or evening from 2:00 - 10:00 PM.

Grab a Pizza and let them know you want the proceeds to support Centaurus Safe Night After Prom!

Theater attendees, cast and crew... come before or after the performance and have a quick bite to eat and support the After Prom!



WE NEED YOUR SUPPORT TO MAKE AFTER PROM A FUN SAFE EVENT! We are 5 weeks away and there is much to do to make this happen for our juniors and seniors. The number one thing we raise money for are the prizes! We need donations from parents and businesses to incentivize the kids to come to the Y for a night of community and safe fun!

WAYS TO GET INVOLVED:

1. Sign up to help: <https://www.signupgenius.com/go/10c0449aba828a2fc1-csnap>
2. Donate: To give, please visit our [website](#) or [Facebook Page](#)! Ways to give: [Paypal](#) or donate money via check. Please make checks payable

to CSNAP and mail your donation to CSNAP, PO Box 452, Lafayette, CO 80026

3. Join the fundraising efforts: email beth@zorgdrager.org - we meet Tuesdays @7:00 pm, Beth will send you all the information needed to fundraise. Attendance not required.

Note from StuCo: Prom is a Junior/Senior event.

Eco-Warriors Tree Project



Eco-Warriors is partnering with 5 other high schools, The Nature Conservancy, Cool Boulder, and an organization called Tree-Plenish to plant 1,200 trees in the Boulder Valley area this Earth Day. Tree-Plenish works with high schools nationwide to offset their paper usage by providing trees to be planted in peoples' yards, and Eco-Warriors had been planning on planting around 210 saplings with Tree Plenish up until the Marshall Fire. After the fire, we had the idea to increase our tree goal by about 1,000 to try and restore the vegetation lost throughout Superior and Louisville. Because our event has expanded by so much, we really need people to buy trees for their yard; we are also trying to plant in public spaces but obtaining permission from cities has been a bit difficult. We would really appreciate it if you could buy a tree (or two or three!) for your yard! Saplings are \$5, and you can choose from three tree species: the Eastern Redbud, the Blue Spruce, and the Northern Red Oak ([view our Tree Species Flyer here](#)).

To buy a tree for your yard, you can go to this site: <http://tpevents.org/school/1078>.

If you can't buy a tree, you can still help by advertising our event with the links attached below and following our Instagram at @bvsdtrees.

If you have any questions, please contact Caroline Armstrong (csarmstrong01@bvsd.org) or Ava Moorhead (ajmoorhead01@bvsd.org). Thank you so much!

Advisory Update



March 10th advisory will be tutor time for the full period (all grades).

Counseling Corner



[Check here for the latest news from the Counseling department.](#)

Drop In Tutoring Schedule

Please check the information below to learn which teachers will be available



next week during the drop in tutor sessions.

Week of March 7

Monday 4:00-5:00PM

Science - Wood

Tuesday 7:30-8:30am

Math - Lombardi & Lieberman

Science - Becker

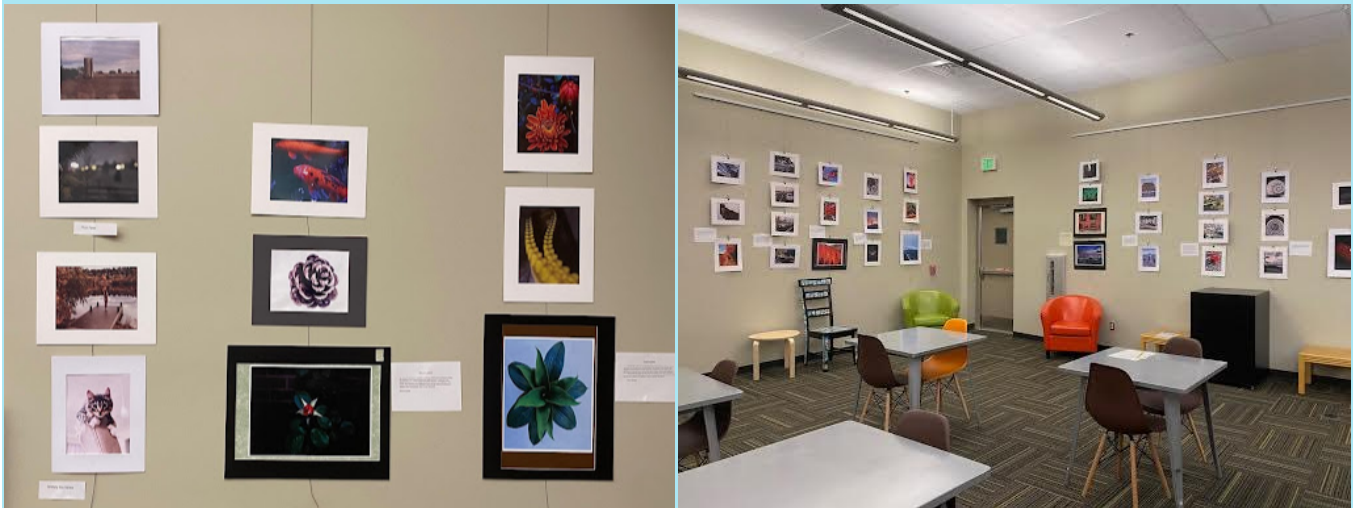
LA - Gance

Tuesday 4:00-5:00pm

Science - Wood & Crispin

Headline News

Student Photography Display



Advanced Photography students from the first semester selected 3-5 thematic photographs to exhibit. Their work and curatorial rationale are being shown at the Lafayette Public Library through April 30th. Please support the incredible talents of these young photographers by visiting the library.

School of The Art Institute of Chicago Award



Congratulations to Evelyn Ray for her outstanding art achievement! Evelyn was awarded a partial scholarship from School of the Art Institute of Chicago for their 2 week pre-college summer art program. The application involved scanning her sketchbooks, gathering all her digital art files, and creating a portfolio. Incredible work and congrats on being accepted into this prestigious program!

Boys Basketball Sweet 16 Win

Congratulations to the team for their win over Steamboat Springs Wednesday night in the [CHSAA state tournament - class 4A](#). The Warriors will take on Pueblo South this Saturday in the tournament's Great 8.



Celebrating Centaurus Seniors



Sagrillo Group Scholarships

The Sagrillo Group is pleased to support an annual merit based scholarship for graduating Boulder County seniors. Please [view their flyer for more details](#). [Applications are due March 15](#).

Huckabay Memorial Scholarship

Up to \$10,000 in scholarship money will be awarded annually to deserving students residing in Louisville. Please [view this attachment for the requirements and application](#).

Senior Wall Posters Deadline is Monday, April 4th

Senior posters are displayed at the CSNAP event at the Lafayette YMCA.

Families are encouraged to attend the After Prom Open House held from 8:00-9:00 pm on Friday, April 8th at the YMCA to view the posters and After Prom decorations!

Deadline: Posters must be turned in to the CHS front office by 3:00pm Monday, April 4th!

More Information: <https://centaurussnap.org/senior-posters>

Poster Guidelines:

- Large Poster Board: no foam!
- **Decorations** on the posters **must be flat**
- All posters **must be laminated**—Morrell Printing in Lafayette laminates and they are a HUGE supporter of After Prom.
- Please **do not use foam board**—it's too heavy to stay on the wall
- Please **write students first and last name** and a phone # on the back of the poster even if their name is displayed on the front
- **Have duplicates** of your precious photos

Getting to know your Centaurus Team

Each week we will introduce a member of the Centaurus faculty or staff to our parent and student community. This week we would like to introduce KRISTEN MCDERMOTT.



Kristen McDermott: I have been teaching at Centaurus since 2007. I have taught everything from physical science, chemistry to Pre-IB Biology and IB Environmental Systems and Societies. I received both my BS and Masters from CU Boulder. I teach because "kids say the darndest things"...But really, they do! I love their creativity, sarcasm, and curiosity. When I am not planning lessons, grading, or stealing donuts from the mailroom, I am practicing yoga, reading, walking my dog, and driving my kids to sporting events across the front range. I have two kids; Finn who is 13 and Olive who is almost 11. I also love to travel and share my passion with students. I and 2 other teachers are taking 30 students to Ecuador and the Galapagos Islands this June and have a Student Service Learning Trip to restore coral reefs in the Dominican Republic planned for 2023.



Centaurus Community News

Colie's Closet

Colie's Closet is looking for high school students to donate art or perform at Art4Awareness. Colie's Closet is a non-profit peer education organization with the mission to educate students in Boulder Valley School District about depression and suicide.

Students can submit artwork to be exhibited or sold with proceeds going to Colie's Closet. All styles and mediums are accepted. The deadline is April 8th. See Ms. Deming for details.

Mental Health Partners

Mental Health Partners is offering a number of online events in March. Please view their flyer for details on their offerings and how to join these presentations.

[MHP March Events Flyer](#)

Women In Law Day

Every year the Women's Law Caucus at Colorado Law invites high school and undergraduate students across Colorado to join us to learn about law school and the career opportunities available to aspiring lawyers. The goal of Women in Law Day is to encourage young women of all backgrounds to consider a career in law.

[Women in Law Day \(WiLD\)](#)

Where? Wolf Law Building (CU Boulder), 450 Kittredge Loop Dr, Boulder, CO 80305

When? April 2, 2022, 8:30 am - 3:00pm

Who? Open to all. The programming is tailored to high schoolers and undergraduate college students who want to learn more about a legal career.

What? *Women in Law Day is free!* The schedule includes a mock first-year law class (no prior knowledge needed), panel sessions with local practicing women attorneys, a keynote speaker, opportunities to hear from current law students and meet women attorneys, and the chance to speak to law school admissions staff.

[Save a spot today! RSVP HERE.](#)



District News

BVSD Hiring Event

BVSD is hosting a Hiring Event on Wednesday, March 9, 2022 in person at the BVSD Education Center from 4:00 p.m. to 6:30 p. m. Register today at jobs.bvsd.org

WE ARE HIRING!!! Join our team and support Boulder Valley School District by making a difference in the lives of BVSD students. Whether it is driving a bus, serving lunch, keeping their building safe and sanitary, or helping with homework and fun activities after school we need your help!! Your efforts ensure that children perform at their best in every possible way!

Signing bonuses offered for eligible positions. Apply today at jobs.bvsd.org!

10300 South Boulder Road, Lafayette, CO 80026
Main Office: 720-561-7500 / Attendance Line: 720-561-5368

Icons used found at flaticon.com