

LAMPETER-STRASBURG SCHOOL DISTRICT
Lampeter, Pennsylvania 17537

NURSES PROTOCOL
SUSPICION OF DRUG OR ALCOHOL USE

Name: _____ Date: _____

The nurse will examine the following:

Vital Signs: Every 15 minutes x3 or until stable

Time:	_____	_____	_____	_____	_____
Blood Pressure (normal range: 100/60-148/90)	_____	_____	_____	_____	_____
Heart Rate (normal range: 60-100)	_____	_____	_____	_____	_____
Respirations (normal range: 12-20)	_____	_____	_____	_____	_____
Temperature	_____	_____	_____	_____	_____

Pupil Size and Reactivity: Describe size - pinpoint or normal, equal or unequal and reaction to light - brisk or sluggish

Right _____ Left _____

General Appearance: Comment on any unusual findings

Appearance and Behavior (skin color, diaphoretic, cooperative) _____

Orientation (person, place, time) _____

Speech (slurred, clear, understandable, makes sense) _____

Tremors (fine, gross, area involved, controllable) _____

Coordination: Observe responses to coordination tests and circle "yes" or "no" according to ability to perform

Walk a straight line	Yes	No
Heal-to-toe walking	Yes	No
Finger-to-nose test	Yes	No
Balance on one foot	Yes	No
Balance on one foot - eyes closed	Yes	No

Inform principal of the incident and results of examination. If deemed a medical emergency call an ambulance and notify parents.

Physical Exam Findings That May Suggest Illicit Drug Use

Vital Signs

Heart rate > 100

Blood pressure > 150/90

Increased respiratory rate > 24 to 28

Elevated temperature

Irregular heart rate

(Narcotics however slow heart rate, respiratory rate and lower blood pressure)

Stimulants - amphetamines, cocaine

Marijuana

Narcotics - morphine, heroin, codeine

Barbiturates and Sedatives - phenobarbital, Valium like drugs

Hallucinogens - LSD, PCP

Historical Findings

- Stimulants - insomnia
- Marijuana - decrease in academic or athletic performance
- Narcotics - increased sleeping, loss of appetite
- Barbiturates and Sedatives - increased sleeping, decrease in academic performance but may enhance athletic performance for fine motor skills by decreasing anxiety
- Hallucinogens - erratic behavior

Exam Findings

- Stimulants - tremor
- Marijuana - impaired motor coordination, decreased strength, smokers cough
- Narcotics - nausea, sweating, pin point pupils, itching, body hair standing up
- Barbiturates and Sedatives - Impaired motor coordination
- Hallucinogens - dizziness, weakness, nausea, paresthesias

Mental Status Changes

- Stimulants - anxiety, aggressiveness, agitation, poor insight into risky behaviors, psychosis
- Marijuana - short term memory loss, loss of concentration, hallucination, delusions, psychosis
- Narcotics - slowed mental responses
- Barbiturates and Sedatives - slowed mental responses
- Hallucinogens - visual and auditory hallucinations, memory loss, erratic mood, poor insight, loss of concentration