

## eschool Summer 2022

Enrollment opens March 23, 2022, Deadline to enroll is June 2, 2022. Course dates are May 31-July 5, 2022 EXCEPT Fitness for Life, May 31-July 26.

## What to expect?

- Student should be a Self starter
- Must be your own advocate (it is your class not your parents)
- Must have excellent communication skills (emails), especially since it is an online course
- Remember it's a real class (like a online college course)
- 60-65 hours online coursework: video lessons, reflection, quizzes, tests, projects
- Health includes hands only CPR demonstration

## Fitness for Life Information & Expectations

- Deadline and expectations are followed...NO EXCEPTIONS
- Manage your time effectively
- Pre and Post Fitness tests in person
- Weekly turn-in fitness logs- 40 total hours
- Students will do a variety of different workout types and exercises through those workouts
- Consistency is key when it comes to exercise in this class
- Understanding of exercise intensity- not just house chores and times you sweat

Students will need to attend one <u>mandatory</u> orientation meeting to participate in eSchool courses. Meeting opportunities include:

- May 16, 2022, 4:00 p.m. @ SM North
- May 24, 2022, 6:00 p.m. @ SM East Cafeteria THIS OPTION HAS BEEN CANCELED!
- May 26, 2022, 6:00 p.m. @ SM West Cafeteria
- June 2, 2022, 6:00 p.m. @ SM Northwest Cafeteria

Students will also be responsible for taking their final exam in a supervised environment. Opportunities are below:

- June 30, 2022, 2:00-4:00 p.m. @ SM West Cafeteria
- July 1, 2022, 8:00-10:00 a.m. @ SM West Cafeteria
- July 5, 2022, 4:00-6:00 p.m. @ SM West Cafeteria
- Or by Appointment with Dr. Laura Broadon
- Fitness for Life post test July 26, 2022 @ SM West Cafeteria

## Course Withdrawal and Refund Policy

- If withdrawal is made by June 7, 2022, no record will appear on the transcript. If a withdrawal request is made after 6/7/22 but before midnight on 7/3/22, the record will show the e-course and a notation of withdrawal will be made as WP (withdrawn, passing grade, no credit). Any withdrawal requests made after 7/3/22 will not be honored and students will receive the grade earned on the transcript.
- THERE ARE NO REFUNDS FOR WITHDRAWALS AFTER CLASS BEGINS. If a student withdraws from a course for any reason prior to the beginning of class, they will be charged a 20% cancellation fee. A written or email request from the parent is required for a refund or withdrawal. Please email <a href="mailto:charlenesimmons@smsd.org">charlenesimmons@smsd.org</a> with your requests.