

**IN CASE OF WORKPLACE INJURY:**  
*ACCION a seguir en caso de un accidente en el trabajo*



**1-888-770-0925**

▶ **AVAILABLE 24 HOURS A DAY**

- 1** ▶ Injured worker notifies supervisor.  
*Empleado lesionado notifica a su supervisor.*
- 2** ▶ Supervisor / Injured worker immediately calls injury hotline.  
*Supervisor / Empleado lesionado llama inmediatamente a la línea de enfermeros/las.*
- 3** ▶ Company Nurse gathers information over the phone and helps injured worker access appropriate medical treatment.  
*Profesional Médico obtiene información por teléfono y asiste al empleado lesionado en localizar el tratamiento médico adecuado.*

EMPLOYER NAME  
(NOMBRE DE COMPANIA)

SEARCH CODE  
(CÓDIGO DEL BÚSQUEDA)

Fredericksburg City Schools

V088B

**Notice to Employer/Supervisor:**

Please post copies of this poster in multiple locations within your worksite. If the injury is non-life threatening, please call Company Nurse prior to seeking treatment. Minor injuries should be reported prior to leaving the job site when possible.

**Visit us online: [www.CompanyNurse.com](http://www.CompanyNurse.com)**

**FREDERICKSBURG CITY PUBLIC SCHOOLS  
Fredericksburg, VA 22401**

**WORKER'S COMP**

**PREFERRED PROVIDER PANEL**

**Use One of These Physicians for Work Related Injuries**

- **Notify your supervisor of your illness or injury**
- **Call Company Nurse at 1-888-770-0925**
- **Tell your doctor that you are under a Worker's Comp Program**
- **For emergencies, use any emergency facility**
- **If you do not use a panel doctor, you may be responsible for the cost of your medical care.**

**SELECTED PROVIDER PANEL**

**EMERGENCY MEDICAL CENTERS**

**Mary Washington Hospital  
1001 Sam Perry Blvd.  
Fredericksburg, VA 22401  
540-741-1100**

**Patient First-Central Park  
3031 Plank Road  
Fredericksburg, VA 22401  
540-736-5043**

**MEDICAL PROVIDER**

Mary Washington Primary Care  
120 Executive Center Parkway  
Fredericksburg, VA  
540-374-5200

**OPHTHALMOLOGY**

Access Eye Center  
3916 Plank Rd.  
Fredericksburg, VA 22407  
540-786-3900

**ORTHOPAEDIC PROVIDERS**

Center for Orthopedics, Inc.  
2201 Charles Street  
Fredericksburg, VA 22401  
540-371-5333

Mary Washington Orthopedic  
3310 Fall Hill Ave.  
Fredericksburg, VA 22401  
540-373-4602

Orthopedic Specialty Clinic, LTD  
2800 Welford Street  
Fredericksburg, VA 22401  
540-361-1830

Orthopedic Clinic of Central Virginia  
1201 Sam Perry Blvd., Suite 201  
Fredericksburg, VA 22401  
540-370-1600

**CHIROPRACTIC CLINICS**

Bach Chiropractic & Acupuncture  
2501 Fall Hill Ave., STE B  
Fredericksburg, VA 22401  
540-374-0998

**PODIATRY PROVIDER**

Rappahannock Foot & Ankle Specialist  
195 Falcon Drive  
Fredericksburg, VA 22408  
540-371-2724