



# Personal, Social, Health Education (PSHE)

## Compulsory Subject

### Description

Personal, Social, Health Education (PSHE) is a planned programme of learning opportunities and experiences that help the students at Slough and Eton grow and develop as individuals, as members of families and of social and economic communities.

PSHE equips students with the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive, fulfilled, capable and responsible lives. PSHE encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices and in managing their finances effectively. It also enables children and young people to reflect on and clarify their own values and attitudes, and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

PSHE is an important aspect of the school curriculum as it helps to increase our students' independence and ultimately enables them to take responsibility for themselves. It prepares them for future roles as parents, employees and leaders. It underpins their employability through the development of personal and social skills which employers demand from their work force. It makes a major contribution to the health and wellbeing of our students which ultimately will contribute to the health of the nation. It also contributes to the safety and protection of our students. During Year 10 students will go on a week of work experience and this will form part of the PSHE programme.

During Year 10 students will build on work started in Key Stage 3 and cover the topics of Emotional Health, A Global World, Personal Finance, Presentation & Debating Skills and a unit on Work Experience.

During Year 11 students will consolidate the PSHE topics they have covered over the past 4 years, as well as using PSHE time to enhance and secure the learning of other subjects.

[More here](#)

### Student Criteria

This subject is compulsory.

### Assessment

There is no formal assessment of PSHE.