



Core Physical Education

Compulsory Subject

Description

Physical Education (PE) is one of the foundation subjects of the national curriculum and forms a compulsory part of the curriculum which all students follow.

Core PE is intended to promote physical activity, improve skills used in sporting activities and encourage students to go on to lead a healthy lifestyle in the future. Students will have the opportunity to study a range of sporting activities that will be assessed on a regular basis.

The PE Department continue to endorse a 'Sport For All' ethos delivered in a positive manner intended to motivate our students to enjoy sport and continue to play it for many years to come.

Our curriculum time is supported and enhanced after school with an extensive selection of clubs ranging from traditional sports such as football and netball to more unusual and specialised activities such as taekwondo and rowing. All students are able to access clubs and are encouraged to try something new.

Student Criteria

Students should arrive to Core PE with the correct kit and an attitude to work hard. This includes a white polo shirt, black tracksuit bottoms or shorts, black sports socks, trainers and a plain black, hoodless sports top. Football boots, shin pads and a gum shield may be needed for some activities.

Assessment

There is no obligatory assessment for core PE; progress will be fed back to parents through an attitude to learning grade when Grade Cards are sent home.