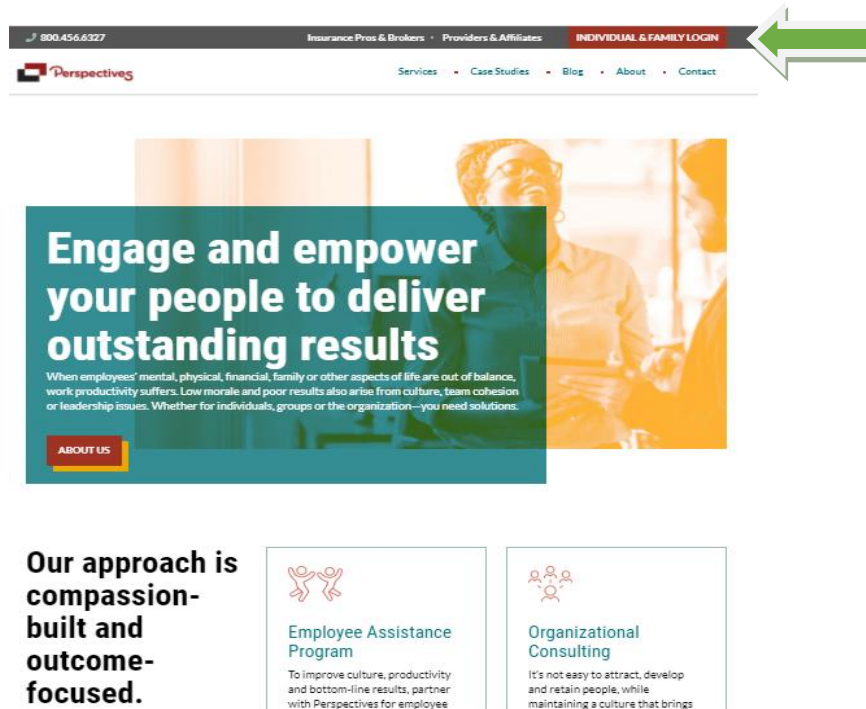


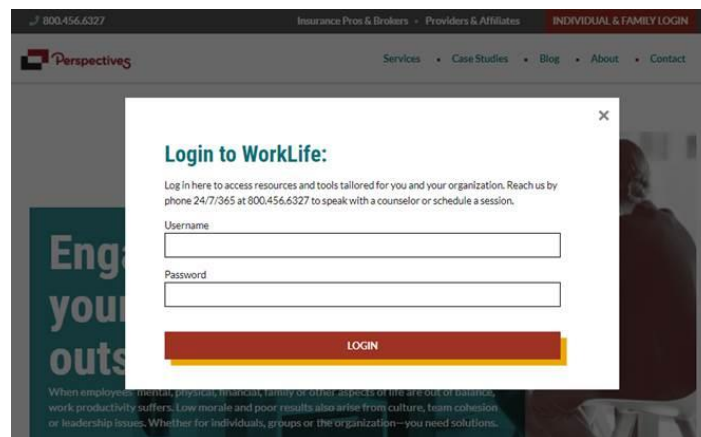
## Logging into the Perspectives EAP WorkLife Online Portal

Go to our website [www.perspectivesltd.com](http://www.perspectivesltd.com)

Then Click on “Individual & Family Login” (as indicated by the green arrow in the below screenshot):



You will then see this page (below screenshot). Enter your group username **MEGA** and password **perspectives** and click “LOGIN”



You will see that alerts are listed at the top red banner and that we have a designated COVID-19 “tile” or section to the homepage.

We have deliberately organized by topic and color for ease of use and navigation. There are hundreds of tip sheets, articles, self-assessments, forms and other resources available in the areas of relationships, resilience, stress, legal, financial, health, healthy recipes and more.

Skillbuilder trainings are self-guided tutorials in areas of personal and professional growth. Webinars are held live monthly but all archived topics are provided and can be watched 24/7 online.

