The Naz Newsletter



Nazareth Academy High School Parent Update

February 27, 2022

As much as we love and united with God, so much should we love and be united with each other.

-Blessed Mary of Jesus the Good Shepherd

From the Office of the Principal *Mr. Jim Meredith*

Pope Francis has appealed to all for Wednesday, March 2nd, to be "a day of prayer and fasting for peace" in Ukraine. We will gather as a school community in our Chapel during homeroom on this day to begin the season of Lent on Ash Wednesday. Please remember in prayer the people of Ukraine, including the Sisters of the Holy Family of Nazareth who minister there and those in our community who may have loved ones living in or near this part of the world.

Please click here to a listen to a KYW Newsradio interview with Sister Angela Marie Mazzeo, CSFN, Superior General, about the Sisters of the Holy Family of Nazareth who are currently ministering in Ukraine.



Class Meetings

This week, I will host Class Meetings for each class during Activity Period in the Gym. These meetings are designed specifically for each class, and include an assessment of the school year so far and a look ahead at the coming months. The meetings will include positive messages and an opportunity for students to set individual goals and share feedback. For seniors and juniors who have rostered lunch during Activity Period, those students should bring their lunch from home that day as there is not enough time to purchase lunch and attend the meeting. The meetings are on the school calendar, but the schedule is as follows:

- Monday, February 28th: Senior Class Meeting
- Tuesday, March 1st: Junior Class Meeting
- Thursday, March 3rd: Sophomore Class Meeting
- Friday, March 4th: Freshman Class Meeting

Students should report immediately to the Gym directly from second block on the day of their Class Meeting.

Title I Survey

Under the *Every Student Succeeds Act*, Nazareth Academy High School and our students are eligible to receive Title One funding from the federal government. To acquire these funds, we must have an accurate count of students and the income level for their families. In order to gather this information, a survey was mailed home to each family living in Pennsylvania on Friday and should arrive home this week, if it has not already. Even if you suspect that your income level exceeds the requirement, please still submit the survey. We want to submit a survey from every family. I want to assure you your privacy will be protected and no names are required on this family survey form that are sent to each district. *Only* the address and grade levels are provided to the school districts so its staff can determine the funding for the Title I program for the eligible students. Completed forms are due to the Main Office by Friday, March 11th. Thank you so much.

Personnel Announcement

Beginning on Monday, February 28, Nazareth Academy welcomes Ms. Melissa Clark to our Mathematics Department. Ms. Clark will be teaching AP Calculus AB and BC while Ms. Jenna Souyack in on maternity leave.

Ms. Clark, a Nazareth Academy alumna, holds a B.S. in Mathematics from Northern Vermont University. As an undergrad, Ms. Clark served as Head Tutor for the Office of Academic Support Services, specializing in Precalculus, Calculus 1 - 3, Linear Algebra, Differential Equations, and Statistics 1. As an undergrad, she was also an NCAA student-athlete and a member Student Government. Ms. Clark is currently pursuing an M.S. in Applied Statistics at Villanova University.

Welcome to Nazareth, Ms. Clark!

All Catholic Band

Congratulations to our students who participated in the All Catholic Band Festival the weekend of February 18-20 at Archbishop Ryan High School under the direction of Dr. Patricia Cornett, Director of Bands at Temple University. Thank you to Mr. David Zagorski and Mr. Mitch Beck who helped to prepare our students for this honor.

Sophia DiPrimeo '23 – 1st Chair Bassoon Grace Palermo '24 – 1st Chair Euphonium Susanna Coyle '24 - Clarinet Olivia Lucano '23 – Clarinet Ciara Garvey '23 – Clarinet Belinda Gerz '23 – Trumpet



Schedule for the Week

Monday, February 28: A Schedule; Senior Class Meeting, Activity Period Tuesday, March 1: A Schedule; Junior Class Meeting, Activity Period; NAPA General Parent Meeting, 6:30 PM

Wednesday, March 2: A Schedule; Ash Wednesday Prayer Service during HR Thursday, March 3: A Schedule; Sophomore Class Meeting, Activity Period Friday, March 4: A Schedule; Junior Class Meeting, Activity Period



Monday-Friday, February 28-March 4 A Schedule

Warning Bell	7:40 AM
Homeroom	7:45 AM -7:57 AM
BLOCK 1	8:00 AM- 9:21 AM
Block 1A	8:00 AM - 8:39 AM
Block 1B	8:42 AM- 9:21 AM
BLOCK 2	9:24 AM-10:45 AM
Block 2A	9:24 AM-10:03 AM
Block 2B	10:06 AM-10:45 AM
Activity Period	10:48 AM-11:23 AM
BLOCK 3	11:26 AM-12:47 PM
Block 3A	11:26 AM-12:05 PM
Block 3B	12:08 PM-12:47 PM
BLOCK 4	12:50 PM- 2:10 PM
Block 4A	12:50 PM- 1:29 PM
Block 4B	1:32 PM-2:10 PM



From the Office of the President Mrs. Denise LePera

Ash Wednesday begins our lenten season. Fasting is a part of our lenten sacrifice but Pope Francis has insight into what we really need to be fasting from:

Do You Want to Fast This Lent?

In the words of Pope Francis

Fast from hurting words - and say kind words.

Fast from sadness and be filled with gratitude.

Fast from anger and be filled with patience.

Fast from pessimism and be filled with hope.

Fast from worries and have trust in God.

Fast from complaints and contemplate simplicity.

Fast from pressures and be prayerful.

Fast from bitterness and fill your hearts with joy.

Fast from selfishness and be compassionate to others.

Fast from grudges and be reconciled.

Fast from words and be silent so you can listen.



SAT Prep Classes

Math ~ Mr. Severino English ~ Mrs. Severino

The Math and English Departments will be offering after school non-credit SAT Prep courses for the May 7th exam beginning on March 11th. These courses will provide additional opportunities for our students to sharpen their skills and to perform better on the SAT's.

Classes for the May 7th exam:

Math: March 11, 16, 23, 28, April 4, 11, 20(1:05-2:05), 25, 29 and May 4

Verbal: March 14, 18, 25, 30, April 6, 13, 22, 27, May 2 and 6

Click here to register for the SAT Prep Classes.

Legacy Gala Silent Auction Call for Items

Please consider donating a silent auction item. As part of our Legacy Gala on April 22, 2022, our Online Auction will take place this year from April 10-22. The auction proceeds benefit students through tuition assistance. We are asking for donations that can be included in the auction. Please check our Amazon wish list for possible items. We are also looking for experiences that will be of interest to the Nazareth community.

Items for your consideration:

- An item purchased from our <u>Amazon Wish List</u>
- Tickets to sporting events (*Phillies, Flyers, Union, etc.*)
- Tickets to concerts, concert venues, etc.
- Travel getaways (Do you have a mountain or beach house that you would be willing to donate for a week or weekend?)

COVID Corner

This week there were no reported positive cases. Here is the most recent Covid Dashboard that includes daily updates of positive cases for the current and previous weeks.

Updates

We are grateful for your attention to the guidance of the City of Philadelphia and the CDC, especially:

- Following proper use of masks
- Using the hand sanitizing stations and washing your hands often
- Monitoring symptoms

Self-Monitored Daily Health Screening

Moving forward the daily health screening will be self-monitored rather than being completed via the online form. For your convenience, every morning you will receive a School Messenger with the Health Checklist link. This reminder will include screening protocols. Students, faculty and staff should remain home if they are experiencing a fever, new loss of taste and/or, or have COVID symptoms especially if there is a known exposure.

Quick Links and Reference:

Current Guidance for Schools from the City of Philadelphia Department of Health Visual Aid for Calculating Isolation, Quarantine and Testing PA Department of Health Dashboard **Covid Dashboard Health Checklist**

Thank you for your ongoing support and patience!

NAPA

Mrs. Grace Pirolli P '22

Come on out and support NAPA'S Craft Fair & Food Truck Festival ~ Saturday, March 12th 9:00AM – 5:00PM 🚛 🚛 😯 🔨 🖋

Check out our food truck line up so far: Humpty's Dumplings, The Surf & Turf Truck, The Tot Rod, and Le

Camion French Food Truck.

Craft show signup for anyone interested in being a vendor via this link.

Volunteers can sign up via this <u>link</u>.

NAPA Board Nominations

The time has come to pass the baton to a new NAPA Board. If you are interested in volunteering your time and helping to make your daughter's experience at NAZ an even better one, NAPA is the place for you.

The following positions are open for the 2022-2023 school year:

President
Vice President
Corresponding Secretary.

Please email <u>NAPA@NazarethAcademyHS.org</u> with a short biography and what position you are interested in.

Don't forget to check the <u>school calendar</u> for important information regarding different meetings that are happening during the week.

From the Office of Campus Ministry Ms. Shannon Donnelly, Campus Minister

"Return to me with your whole heart." -Joel 2:12

Believe it or not, this Wednesday is Ash Wednesday. As a Nazareth community we will use this verse from Joel as our theme for this Lenten Season. Our hearts don't need to be "ready" or "polished" to return to the Lord, they just need to be open and turned to Him. Ash Wednesday and Lent symbolize the time necessary to give Jesus some undivided attention. Getting Ashes on our forehead is a symbol that expresses, "I need a Savior." When we see it in the mirror and wear it out in the world, we are humbly admitting that we are weak, but Jesus is strong and can save us from distress. With that, we only give things up to the degree that they stop us from making time with Him. God doesn't care if you give up chocolate for your health -- He cares that you spend more intentional time with Him. He wants your heart, with all its cares, worries, sadness, thoughts, struggles, intentions, and needs... not your chocolate.

- We will have an Ash Wednesday prayer service at 7:45 AM on March 2nd. Students will report to homeroom and when the 7:45 bell rings, each grade will be called down to the Chapel.
- Our last senior Kairos retreat is March 3-6. Please keep us in prayer.
- Looking ahead, stay "tuned" as our Looney Tunes/Space Jam themed Bread Basketball is just a few weeks away! We start our Lenten drive March 14th and have a lot to look forward to!

From the Office of Academic Affairs Mrs. Patricia Quinn, Assistant Principal

- Deficiency Reports will be issued on Tuesday, March 1st and are due back with parent signatures to the issuing teacher by Tuesday, March 8th. If a student has a possibility of failing a course, it will be included on the report. Final Spring Deficiency reports will be issued on Tuesday, April 19th and are due back to the issuing teacher by Tuesday, April 26th.
- In response to teacher requests, I have been meeting with students with specific academic concerns.

- The Mid-Spring marking period ends on Friday, March 11th and grades are due on Monday, March 14th by 8 A.M.
- Honors and GPA calculations are based on semester grades and not on the Mid-Spring report.

From the Office of Student Life Mrs. Theresa Hartey, Assistant Principal

Welcome back! I hope Mid-Winter Break afforded everyone some much needed time to relax and recharge!

Upcoming Events

March 3rd - March 6th Kairos Retreat

March 18th Snow Ball Here is the link to purchase tickets: Snowball Dance 2022

March 22nd Honor Societies Induction

March 25th Class of 2022 Day!

April 1st Naz-a-thon

April 8th Junior Dinner Dance Here is the link to purchase tickets: <u>Junior Dinner Dance</u>

Have a great week! Go Pandas! God bless! Thank you for all that you do!

From the Office of Counseling Ms. Mary Jane Whiteley, Director of Counseling



February is not just about Valentine's Day, it is also *Teen Dating Violence Awareness Month*. While it is not a topic that most would look forward to talking about, it is obviously a topic of great importance. In the coming months, our students will have opportunities to learn more about teen dating violence, what healthy and unhealthy relationships look like, and resources for prevention and support. There are some wonderful resources for parents listed below. If you have any questions or concerns, please contact me. If you find any of the resources particularly helpful, I would welcome that feedback as well!

- Relationship Spectrum is here
- Parent Discussion Guide is here and includes resources

Please keep an eye out for future information and resources!

From the Office of College Counseling Ms. Alyssa Mikulski, Director of College Counseling

Class of 2022

Students should send Ms. Mikulski college acceptances, scholarships, and grants through email OR bring papers in to be copied. This information is used for the Graduation Program and for potential social media "shout-outs" later this spring.

Students can still earn scholarships! Please encourage your students to use sites like Going Merry, College Board, Fastweb, and Scholarships.com to search for scholarship opportunities.

Class of 2023

Students should familiarize themselves with the Microsoft Team dedicated to their class and the post-secondary process. This Team is meant to be a resource to students and is regularly updated with information about colleges, summer programs, scholarships, test-optional schools, the college essay, how to apply, etc.

Students should have submitted the College Brag Survey on February 18th. **If your student has not submitted it, then they must complete it by 11:59 PM on March 4th**. Please have them follow this <u>LINK</u> to access the College Brag Survey. Students should email their college counselor after they have submitted this form that way we can verify that we have it. We recommend writing their answers in a Word doc and pasting them into the survey to avoid any potential technical problems where they might lose the information.

Students should follow this <u>LINK</u> if they would like to sign up for the SAT School Day being offered on April 13, 2022. **They have until 11:59 PM on March 5, 2022 to sign up via the link**. The cost is \$55 or \$8 if you meet income eligibility guidelines (the link for IEG is in the Microsoft Form). You will receive a payment form for the SAT School Day via email closer to April 13, 2022.

Students must ask two teachers for letters of recommendation by April 8, 2022. These teachers should be from sophomore or junior year. Students can meet with their college counselor to discuss who they are thinking about asking. Students should complete the Teacher Recommendation Questionnaire for each teacher and have it with them when they ask teachers to write their letters. Students should tell their college counselor who agrees to write letters of recommendation for so that the teacher can be added to their Naviance account.

Seminars

Below is a schedule for all upcoming seminars:

- 3/3: Application Timeline/Naviance/Vita Navis
- 3/17: Common Application/Other Applications/Naviance
- 3/24: College Essay and Activities Resume
- 4/7: SAT/ACT/Khan Academy/College Board
- 4/21: Financial Aid/Scholarships

On March 15th, Mr. Brad Simon from Saint Joseph's University will be presenting to our students during Activity Period about the **college essay**. Students should complete this FORM to RSVP.

Quest Bridge is a national non-profit that connects exceptional and low-income students with college and scholarship opportunities. Applications for the Class of 2023 open this month. Follow this <u>link</u> to learn more about Quest Bridge and follow this <u>link</u> to learn more about how to apply.

From the Office of the Athletic Department Mr. Dan Bradley, Athletic Director

Spring Sports Update

Remember that in order to try out for a spring sport, athletes must register on Family ID, submit a PIAA Physical Form to the Athletic Department, and complete Impact Concussion Testing for freshmen and juniors who did not play a fall or winter sport. If you are a freshman or junior and participated in a fall or winter sport, you do not need to take the impact test again nor hand in the PIAA physical form. Not having these can affect one's participation on the team. This must be completed by March 4th. Registration for Family ID opened on Monday, February 7th.

Spring Sports:

- Outdoor Track
- Lacrosse
- Softball

Important Dates:

February 28th - March 4th

Impact Concussion Testing will be completed online. You will receive an email this week with directives to complete the Impact Testing. Impact Concussion Testing is mandatory for all freshman and junior athletes who did not play a fall or winter sport. Again, if you are a freshman or junior and participated in a fall or winter sport you do not need to take the impact test again.

March 7^h

First official day for spring sports tryouts to begin for outdoor track, lacrosse, and softball. Specific information regarding each sport's tryout schedule will be forthcoming.

If you have any questions regarding ImPACT Concussion Testing, tryouts, or FamilyID, please contact me at dbradley@nazarethacademyhs.org

Weekly Athletic Schedule 2/28/2022 - 3/6/2022

Monday, February 28

5:00 – 7:30 – PSC Soccer – Gym 7:30 – 9:00 – SB Workout – Gym

Tuesday, March 1

4:00 – 5:30 – Lax Workout – Gym 6:00 – 8:30 – Naz-A-Thon Zumba – Gym

Wednesday, March 2

4:00-6:00 - Lax Workout - Gym

Thursday, March 3

6:00 – 7:30 – Soccer Workout – Gym 7:30 – 9:00 – Softball Workout – Gym

Friday, March 4 Open

Saturday, March 5
Open
Sunday, March 6
3:00 – 5:00 – Soccer Workout – Gym

Prayer Intentions

Please remember the following in your prayers:

- The people of Ukraine, including the Sisters of the Holy Family of Nazareth who minister there and those in our community who may have loved ones living in or near this part of the world
- Those impacted by the coronavirus, the victims and the first responders on the front lines fighting this virus
- American men and women serving overseas
- Mr. Jack Barth (Facilities)
- Mrs. Jessica MacKay, former Director of Counseling
- All intentions of the Nazareth Academy High School Community





Mother Mary Elizabeth Lange, OSP was a Black Catholic religious sister who founded the Oblate Sisters of Providence, the first African-American religious congregation. She was also, as an Oblate, the first-ever African-American Mother Superior.

Born in Cuba around 1884 to a wealthy family, Elizabeth Clarisse Lange moved to the United States and arrived in Baltimore in 1813. A woman of great faith, she focused on education opportunities for Black children and then founded her own religious order in 1829 dedicated to the education of Black girls. During her life, she ministered to the marginalized and the sick, working with those afflicted during a cholera epidemic in the 1830s and 1840s.

After a life of service to God and humanity, <u>Mother Mary Lange</u> died in 1882. She was named a Servant of God by the Catholic Church in 1991, a step on the pathway to sainthood.



Thank you to the **All Inclusive Club** for presenting Black Facts on Naz News and sharing information about Black owned restaurants during the month of February.