

Name on player's evaluation will appear as printed below.

(PLEASE PRINT CLEARLY)

NAME _____

ADDRESS _____

CITY _____ ZIP _____

AGE _____

GRADE (Sept./2022) _____

SCHOOL ATTENDING Sept. 2022: _____

HEIGHT _____

EXPERIENCE (years played): _____

CLUB/ POSITION _____

CONTACT PHONE # _____

MEDICAL CONCERNS _____

EMAIL _____

**Send this registration form with
Check (\$200.00) made payable to:**

Michael Krause

3521 Golf Course Rd.

Allentown, PA 18104

610-391-9127

Detach and return this portion with your payment

ABOUT THE DIRECTOR:

- National Federation of High Schools
2012 Pennsylvania Coach of the Year
- NFHS Volleyball Rules Committee
National Coaches Representative
- 2015, 2014 and 2011 PIAA State
Champions; 2012, 2016 and 2021 State
Finalist; 11 District XI Championships;
9 League Championships
- Record since 2010 for League, District
and PIAA Post-season Playoffs: **93-11**
- 2010, 2011, 2014 and 2015 Morning
Call Coach of the Year
- 2018, 2021 AVCA Region Coach of the
Year
- High school players have received
21 All American honors-3
Pennsylvania Gatorade's Player of
the Year
- Asst. Director: Taylor Krause –
**Penn State Volleyball 2X Nat'l
Champion-PIAA Champion-4 Time
High School All American Honors**
- Asst. Director: Kristin Krause –
**Penn State Volleyball Big 10
Champion-2 X PIAA Champion-9
Time High School All American
Honors-Pennsylvania Gatorade
Player of the Year**

"This Camp is for athletes who may have trained in volleyball previously, or have been involved in other youth sports, as well as those just beginning to experience athletics. All athletes are welcome, if they are willing to train and learn."

Mike Krause

Register Now!!!!

16th Red Crush

VOLLEYBALL CAMP

FOR GIRLS Entering Grades 6 thru 9 Fall 2022

JULY 18 TO JULY 21, 2022



DIRECTED BY:

Mike Krause, Head Coach

Parkland High School

Girls Volleyball

2011, 2014, 2015 PIAA State Champions

2021 Morning Call Team of the Year

REGISTER EARLY!

High School Volleyball has the largest number of female participants (over 452,000) in a team sport in the country...second only to Track and Field!

CAMP PROGRAM

The **Red Crush Volleyball Camp** is designed to teach the fundamentals, as well as advanced skills, of the game of volleyball. We encourage athletes from other sports to attend. Athletes involved in other sports will gain the benefit of cross training. **Cross training** (training multiple skills) has been the foundation for growth in sport among young athletes. If your daughter has an interest in sport, this camp will teach the fundamental process in **“Learning How to Learn”**.

Camp is held at Parkland High School. All campers should arrive at 8:45 am. Camp will end at 3:00 pm. Campers must bring their own lunch and drink. **Campers should have knee pads and arrive dressed to play (no jewelry or tank top shirts please). Bring additional clothes to change into after the morning session.**

Sr. Staff: Individually selected from the **Best Volleyball Instructors in PA**

CANCELLATION FEE OF \$20.00
PRIOR TO JULY 15, 2022 (any refunds
requested after JULY 15, 2022 will be evaluated
on a case by case basis)

For more information, email us at:

redcrushvolleyballcamp@yahoo.com

EACH CAMPER WILL:

- Receive a camp t-shirt (size is only guaranteed if registered by June 20, 2022)
- Be eligible for awards
- Coaches provide instructional feedback
- Hot Dogs and Chips for lunch one day on Coach Krause; day TBD

AWARDS Thursday, PARENTS WELCOME

SAMPLE DAILY SCHEDULE

9:00-9:30 Open Gym, Skill Demo,
Announcements, Group Stretch

9:30-11:15 Individual Skill Development

11:15-11:50 Team Development

11:50-12:00 Competitions

12:00-12:30 Lunch (on your own)

12:30-1:15 Camper Challenges

1:15-1:45 Team Skills Training

1:45-2:45 Team Games

2:45-3:00 Closing activities

(SUBJECT TO CHANGE)

RED CRUSH VOLLEYBALL

PRINT PARENT NAME: _____

I UNDERSTAND I AM FINANCIALLY RESPONSIBLE FOR ANY MEDICAL BILLS INCURRED BY MY CHILD WHILE AT CAMP. I AUTHORIZE THE STAFF OF THE RED CRUSH VOLLEYBALL CAMP TO ACT AS THEY DEEM FIT IN THE EVENT AN EMERGENCY ARISES. I HEREBY RELEASE AND FOREVER DISCHARGE THE STAFF OF THE RED CRUSH VOLLEYBALL CAMP OF AND FROM ALL MANNER OF ACTIONS, SUITS, DAMAGES, CLAIMS, AND DEMANDS ON ACCOUNT OF PERSONAL INJURY OR DEATH ARISING FROM MY CHILD'S PARTICIPATION IN THE ABOVE LISTED ACTIVITIES.

PARENT SIGNATURE & DATE

**PLEASE COMPLETE BOTH SIDES
OF THIS SECTION AND RETURN
IT WITH YOUR CHECK FOR
\$200.00 CONTACT US FOR MULTI-CHILD
DISCOUNT**

(Return only this section)

THIS IS **NOT** A PARKLAND
SCHOOL DISTRICT SPONSORED
EVENT

Detach and return this portion with your payment