

MARCH 2022

<p>Breakfast Meal Pattern Requirements</p> <p>Milk: 8 oz. Fruit or Veg: 1c/8oz. Grain: 2oz.</p>
<p>Lunch Meal Pattern Requirements</p> <p>Milk: 8 oz. Fruit: 1c/8oz. Veg: 1c/8oz. Grain: 2oz. Protein: 2oz.</p>
<p>*All infant/toddler meals will contain only hot/soft vegetables.</p>
<p>Allergy meals will not contain whole eggs, dairy, and items listed below.</p>
<p>Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MARCH 1 Breakfast: Banana Bread, Orange, 100% Fruit Juice, Milk Lunch: American Chop Suey, Carrots, Pears, Milk	MARCH 2 Breakfast: Cereal, Banana, 100% Fruit Juice or Milk Lunch: Sliced Ham & Cheese Sandwich on WW bread, Salad, Mandarin Oranges, Milk	MARCH 3 Breakfast: Breakfast Buns, Apple Slices, 100% Fruit Juice, Milk Lunch: Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	MARCH 4 Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
MARCH 7	MARCH 8	MARCH 9	MARCH 10	MARCH 11
Breakfast: Cereal, Apple, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk	Breakfast: Pancakes, Orange, 100% Fruit Juice, Milk Lunch: WW Spaghetti & Meatballs, Broccoli, Pears, Milk	Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Sliced Turkey & Cheese Sandwich on WW bread, Corn & BB Salad, Mandarin Oranges, Milk	Breakfast: Muffin Tops, Apple Slices, 100% Fruit Juice, Milk Lunch: Pastelón de Papas, WW Dinner Roll, Applesauce, Milk	Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
MARCH 14	MARCH 15	MARCH 16	MARCH 17	MARCH 18
Breakfast: Cereal, Apple, 100% Fruit Juice, Milk Lunch: Sliced Ham & Cheese Sandwich on WW bread, Salad, Peaches, Milk	Breakfast: Corn Muffin, Orange, 100% Fruit Juice, Milk Lunch: Baked Mac & Cheese, Broccoli, Pears, Milk	Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Chicken Fingers, Sweet Potato Fries, Mix Veg, Mandarin Oranges, Milk	Breakfast: Banana Bread, Apple Slices, 100% Fruit Juice, Milk Lunch: Burritos, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
MARCH 21	MARCH 22	MARCH 23	MARCH 24	MARCH 25
Breakfast: Cereal, Apple, 100% Fruit Juice, Milk Lunch: Sliced Turkey & Cheese Sandwich on WW bread, Salad, Peaches, Milk	Breakfast: Muffin Tops, Orange, 100% Fruit Juice, Milk Lunch: Baked Ziti w/Chicken and mozz cheese, Broccoli, Pears, Milk	Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Hamburgers, WW Bun, Cheese, Crinkle Fries, Carrots, Mandarin Oranges, Milk	Breakfast: Pancakes, Apple Slices, 100% Fruit Juice, Milk Lunch: Arroz con Verduras, Habichuela guisada y Pollo, Applesauce, Milk	Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
MARCH 28	MARCH 29	MARCH 30	MARCH 31	
Breakfast: Cereal, Apple, 100% Fruit Juice, Milk Lunch: Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk	Breakfast: Banana Bread, Orange, 100% Fruit Juice, Milk Lunch: American Chop Suey, Carrots, Pears, Milk	Breakfast: Cereal, Banana, 100% Fruit Juice or Milk Lunch: Sliced Ham & Cheese Sandwich on WW bread, Salad, Mandarin Oranges, Milk	Breakfast: Breakfast Buns, Apple Slices, 100% Fruit Juice, Milk Lunch: Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	

Available milk includes skim, whole and 1%

The USDA is an equal opportunity provider