

## COUNSELING SUPPORT FOR ALUMNI SURVIVORS: FAQs

### **What are the required qualifications for an approved mental health provider?**

Approved providers must be licensed to practice in their state and hold a master's degree or higher in a mental health discipline.

For those alumni living outside the United States, see the information provided below.

### **What is the maximum amount of support available to alumni for current therapy costs?**

Hotchkiss has established a designated therapy fund to provide weekly therapy sessions for approved alumni. Unless otherwise specified, Hotchkiss will renew this commitment annually. Requests for additional treatment will be addressed on a case-by-case basis.

### **What is the maximum amount of support available to alumni for historic therapy costs?**

Hotchkiss will reimburse up to \$10,000 in historic therapy costs.

### **What should I do if I want to seek financial assistance or reimbursement for therapy? How will requests for financial assistance or reimbursement be approved?**

Please contact the third-party administrator of the Hotchkiss therapy fund, Bernie Fitzgerald, by email at [Berniejfitzgerald@gmail.com](mailto:Berniejfitzgerald@gmail.com). All requests for financial reimbursement or financial assistance will be managed anonymously from the School.

### **How do I access immediate counseling assistance?**

RAINN runs a national sexual assault hotline in partnership with more than 1,000 local service providers. The hotline can be used to access immediate support services, including crisis intervention, information, and resources, at any time. RAINN can be contacted at 1-800-656-4673. More information is available here: <https://hotline.rainn.org/online>.

### **I live outside of the United States. How can I access RAINN?**

Information on accessing RAINN resources from outside the US is available here: <https://www.rainn.org/international-sexual-assault-resources>

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