

## HEALTH CARE RESOURCES

### Physical examinations and immunizations may be obtained from the following:

- ❖ Your private health care provider
- ❖ *Well Child Clinic at the office of Dr. Van (Mimi) Chau*
  - ❖ *Where: Community Health Care – Key Medical Center When: Every Thursday afternoon, 2:00 pm – 3:00 pm How: First come, first served and no appointment needed. Physical exams and immunizations provided for well children through the age of 18.*
  - ❖ *The parent/guardian must register the child as a Community Health Care patient to receive services, but they may continue to see their preferred primary care provider.*
  - ❖ *Phone: 253-884-9221 Cost: There is no out of pocket cost\**
  - ❖ *No out of pocket cost to parents or guardians for Well Child Checks and Immunizations, if you have insurance your insurance will be billed.*
  - ❖ *Community Health Care patients can receive Medical, Dental, Behavioral Health and Pharmacy Services at any of our clinics. The closest Dental Clinic is in Tacoma at the Hilltop Regional Health Center. Learn more at [www.commhealth.org](http://www.commhealth.org)*
  - ❖ *Urgent Care services may be used by patient and non-patients at the Hilltop Regional Health Center.*
  - ❖ *Sliding Fee Scale available for uninsured or underinsured patients.*
  - ❖ *Insurance Navigators available to help with insurance enrollment.*

### Immunizations only may be obtained from the following:

- ❖ The **Mobile Immunization Clinic** sponsored by Mary Bridge Children’s Hospital (Tacoma office phone number is 253-403-1767.)
- ❖ Tuesday and Thursday from 8:30 am-3:30 pm by appointment only.  
Kitsap County Health Department 345 6<sup>th</sup> Street, Bremerton, WA.  
Phone number is 360-337-5235.
- ❖ Master calendar of immunization clinics in Pierce County can be found at <https://www.tpchd.org/healthy-people/immunizations/for-children>
- ❖ Your local pharmacy may offer some immunizations and take your insurance. Contact them directly for details.

Immunizations required for school attendance include the following:

**IPV** (Polio), **DTaP** (Diphtheria, Tetanus, acellular Pertussis), **DT** (Diphtheria, Tetanus), **Td** (Tetanus, diphtheria), **Tdap** (Tetanus, diphtheria, acellular pertussis), **HEP B** (Hepatitis B), **MMR** (Measles, Mumps, Rubella), and **VARICELLA** (Chickenpox).

For preschool only: **Hib** (Hemophilus Influenza B) and **PCV** (Pneumococcal conjugate)

Other immunizations that children may receive but are not required for school attendance include *Hepatitis A, Meningococcal, Influenza, COVID, HPV (Human papillomavirus), and Rotavirus (for infants only).*

Immunizations are provided for children through the age of 18 years.

**Remember to bring your child’s immunization record with you to the clinic.**