

The 7 Habits

Habit 1: Be Proactive

I am a responsible person. I take initiative. I choose my actions, attitudes, and moods. I do not blame others for my wrong actions. I do the right thing without being asked even when no one is looking.

“Be proactive” means to take responsibility for your choices and behaviors. Habit 1 is the key to all of the other habits. Different choices result in different consequences. The goal is to teach us to think about those results before we decide what to do.

Habit 2: Begin with the End in Mind

I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my classroom and contribute to my school’s mission and vision, and look for ways to be a good citizen.

“Begin with the End in Mind” means to think about how you would like something to turn out before you get started. Starting with a recipe, a map, or a plan can help guide you toward a successful outcome.

Habit 3: Put First Things First

I spend my time on things that are most important. This means I say no to things I should not do. I set priorities, make a schedule and follow my plan. I am disciplined and organized.

“Put First Things First” means to decide what is most important and to take care of that first. Work before play. Using school planners will help students develop this habit.

Habit 4: Think Win-Win

I balance courage for getting what I want with consideration for what others want. I make deposits in others’ Emotional Bank Account. When conflicts arise, I look for third alternatives.

“Think Win-Win” is the belief that everyone can win. It's not me or you - it is both of us. The goal is to work toward solutions that are good for everyone.

Habit 5: Seek First to Understand, Then to Be Understood

I listen to other people’s ideas and feelings. I try to see things from their viewpoint. I listen to others without interrupting. I am confident in voicing my ideas. I look people in the eye when talking.

“Seek First to Understand then to Be Understood” means that it is better to listen first and talk second. By taking the time to listen to another person you can reach a higher level of communication.

Habit 6: Synergize

I value other people's strengths and learn from them. I get along well with others, even people who are different than me. I work well in groups. I seek out other people's ideas to solve problems because I know that by teaming with other we can create better solutions than anyone of us alone. I am humble.

"Synergize" is when two or more people work together to create a better solution than either would have thought of alone. Together we are more.

Habit 7: Sharpen the Saw

I take care of my body by eating right, exercising, and getting enough sleep. I spend time with family and friends. I learn in lots of ways and lots of places, not just at school. I take time to find meaningful ways to help others.

"Sharpen the Saw" means to have balance in your life. We are more productive and happy when we take care of all parts of ourselves - body, brain, heart and soul.

Coosa Core Values

Respect

- Actively listen.
- Use kind and appropriate language.
- Allow others to learn.
- Be appreciative of what others do for you.

Responsibility

- Be on time.
- Follow directions.
- Be ready and prepared to learn.
- Complete all work.

Integrity

- Do your best each day.
- Be honest to others and yourself.
- Model good behaviors and set a good example.
- Always strive to do what is right (even when no one is watching.)