



Collier Youth Services
WHERE SMALL MIRACLES HAPPEN EVERY DAY

Shepherding Program

Therapeutic Support for Students with Anxiety and School Avoidance



Shepherding works with students who struggle with chronic school absenteeism. Our trained staff of licensed clinicians will work with the student and their family to develop a personalized plan that addresses all attendance and academic concerns.

Interventions:

- Exposure therapy
- Home visits
- Group therapy
- Motivational Interviewing
- Safe space on campus
- Family support/coaching
- Individual program planning
- Individual therapy
- Cognitive-Behavior Therapy
- Dialectical-Behavior Therapy

