

# Family Resources for Preschool Children

Thank you for partnering with us to assist in your child's learning. Your involvement is key to the academic, social emotional, and self-regulation skills that are the foundation of your child's learning. During the time that schools are closed, we are providing some activities that you and your children can do at home.

In addition to some websites and links below, we recommend that you use the **Parent School Readiness Toolkits** produced by First 5 California to support school readiness. These toolkits are used by districts throughout the county to promote school readiness. Here are the following links to this document.

[School Readiness Parent Toolkit - English](#)

[School Readiness Parent Toolkit - Spanish](#)

We have valuable resources from the state regarding developmental milestones as well as research-based child development and parenting information through suggested activities. We have included a ***School Readiness Activities and Calendar*** that can be download to use with your child.

(insert pdf here)

You can access the free apps from the Apple Store or Google. Please search for these titles:

**CDC's Milestone Tracker App**

**Kid Builders**

**Footsteps 2 Brilliance**

## ***Language/Reading Resources***

Picture Book Read Aloud Videos

- [100+ Free Video Read Alouds](#) (Indianapolis Public Library)
- [Brightly Storytime](#)
- [Harper Kids YouTube Channel](#)
- [KidLit TV](#)
- [Read, Wonder, and Learn!](#) (Favorite kid-lit authors and illustrators share resources)
- [RIF's Literacy Central](#)
- [Storyline Online](#)

Explore this website for more information about nursery rhymes,  
<https://www.readingrockets.org/booklists/nursery-rhymes>

PBS' *Between the Lions*, for children ages 4-7, or *Reading Rainbow*, for ages 4-8.

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[ABC Mouse](#): Early Learning Academy (ages 2-8)

## ***Math and Science Resources***

### **NEW: PBS KIDS Daily Newsletter**

As schools across the country are closing due to COVID-19, PBS KIDS is here to help. Sign up for a new newsletter, with activities and tips you can use to play and learn at home with your child.

From special episodes to recipes, and activities to crafts, we'll share tips each day for your family to enjoy from shows like Daniel Tiger's Neighborhood, Wild Kratts, Pinkalicious & Peterrific and more.

[Subscribe today](#) to begin receiving daily updates Monday through Friday from your friends at PBS KIDS.

#### [Nature Cat](#) (Ages 3-8)

With the help of his animal friends, Nature Cat embarks on action-packed adventures that include exciting missions full of nature investigation.

#### [Peg + Cat](#) (Ages 3-5)

An animated math-based series that follows Peg and her sidekick Cat as they embark on adventures, solve problems together, and learn foundational math concepts and skills.

#### [The Cat in the Hat Knows a Lot About That](#) (Ages 4-5)

In each program, the Cat in the Hat and his friends Sally and Nick go on a science adventure such as shrinking to bee-size to explore a hive and discover how honey is made; flying with birds to discover how and why they migrate; or diving inside flowers to find out more about the animals that depend on them to live.

#### [Dinosaur Train](#) (Ages 4-5)

This animated series embraces and celebrates the fascination that preschoolers have with both dinosaurs and trains, while encouraging basic scientific thinking skills as children learn about life science, natural history and paleontology. Along with the animated stories, there are short live-action segments hosted by a paleontologist.

#### [Sid the Science Kid](#) (Ages 4-5)

This animated show uses comedy to promote exploration, discovery, and science readiness among preschoolers, and taps into children's natural curiosity about science in everyday life. The energetic and inquisitive Sid starts each episode with a new question like "why are my shoes shrinking?" or "why do bananas get mushy?"

#### [Plum Landing](#) (Ages 6-9)

In this animated series, meet Plum, a video game designer from the desolate Planet Blorb, who

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longs to experience nature. The Plum Landing curriculum is aligned with the Next Generation Science Standards and is designed to give kids an understanding of the science underlying healthy ecosystems and sustainability.

## [WildKratts](#) (Ages 6-8)

Chris and Martin Kratt encounter incredible wild animals, combining science education with fun and adventure, while traveling to animal habitats around the globe. The program can help strengthen basic skills of observation and investigation that children will use increasingly as they continue their study of science.

## ***Healthy Living***

### [Wash Your Hands! | Sesame Street in Communities](#)

A hand washing song and activity featuring Elmo that explores when it's important to wash your hands.

### [Handwashing: Step by Step | Sesame Street in Communities](#)

Print this page and invite kids to color it in, then help them cut it apart and put the steps in order. Post the cards in the correct sequence near the bathroom sink. The next time kids wash their hands, help them try Elmo's trick: Sing the alphabet song to remember how long to wash!