

Lyme Old Lyme ES & Pre-K Breakfast Menu:

Monday	Tuesday	Wednesday	Thursday	Friday
Feb 28 Whole Grain Muffin Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit	1 Cereal String Cheese 100% Fruit Juice Chilled or Whole Fruit	2 Mini Waffles Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit	3 Cinni Mini String Cheese 100% Fruit Juice Chilled or Whole Fruit	4 Cherry Frudel Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit
7 Whole Grain Muffin Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit	8 Cereal String Cheese 100% Fruit Juice Chilled or Whole Fruit	9 Mini Waffles Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit	10 Cinni Mini String Cheese 100% Fruit Juice Chilled or Whole Fruit	11 Cherry Frudel Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit
14 Whole Grain Muffin Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit	15 Cereal String Cheese 100% Fruit Juice Chilled or Whole Fruit	16 Mini Waffles Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit	17 Cinni Mini String Cheese 100% Fruit Juice Chilled or Whole Fruit	18 Cherry Frudel Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit
21 Whole Grain Muffin Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit	22 Cereal String Cheese 100% Fruit Juice Chilled or Whole Fruit	23 Mini Waffles Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit	24 Cinni Mini String Cheese 100% Fruit Juice Chilled or Whole Fruit	25 Cherry Frudel Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit
28 Whole Grain Muffin Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit	29 Cereal String Cheese 100% Fruit Juice Chilled or Whole Fruit	30 Mini Waffles Yogurt Cup 100% Fruit Juice Chilled or Whole Fruit	31 Cinni Mini String Cheese 100% Fruit Juice Chilled or Whole Fruit	<i>Start the Day Right! With a FREE Breakfast</i>

A Full Student Breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate

Vegetarian Locally Grown