White Bear Lake Area Schools

# COMMUNITY SERVICES & RECREATION

SPRING / SUMMER 202

2022 YOUTH SUMMER GUIDE INSIDE!

VEGC







**Bear's Bulletin**, a White Bear Lake Area School District publication, can be found on the reverse of this catalog. The piece covers District and school news, accomplishments, 624 Facts and notice of upcoming events. *Flip this book to see the District updates*!

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White Bear Lake Area Schools continue to follow the recommended guidance regarding the COVID-19 virus from the Minnesota Department of Health. Due to COVID-19, classes and events are subject to change. You will be notified by email if the programs you are registered for experience any changes or has any COVID-19 requirements to participate.



## **Our Mission**

The mission of Community Services & Recreation, a dynamic department at the leading edge of community programming, is to connect and engage individuals and the community in lifelong learning and enrichment through a vital system distinguished by:

- Safe, nurturing environments and accessible spaces
- Inclusive, varied programs and experiences
- Participants, volunteers, and staff who reflect and embrace the diversity of our community
- Synergistic partnerships and meaningful relationships
- Dedicated, qualified, and supported staff and volunteers

Registration for ALL 2022 SPRING and SUMMER classes are OPEN!

Sign up today at whitebear.ce.eleyo.com



ESPAÑOL: Los enlaces culturales del distrito escolar ofrecen servicios e información a nuestras familias Latinas. Más información en página 15.

HMOOB: Koog tsev kawm ntawv cov cultural liaisons muaj kev pab thiab txhais lus rau cov tsev neeg hais lus Hmoob. Yog xav paub ntxiv mus nyeem rau phab nplooj ntawv 15.

Don't forget to self-screen before attending in-person classes. Students, teachers, and staff should stay home if they have signs of infectious illness, and should contact their health care provider for testing and care. If you are sick or have any COVID-19 like symptoms, do not attend class and call 651-407-7501.

#### Self Screen Before Class:

Have you had:

- Fever of 100.4 or higher?Difficulty/hard time breathing?
- New cough or cough that gets worse?New loss of taste or smell?

If you are sick or have any of these symptoms, do not attend class and call 651-407-7501. If you become sick a few days after class, please call 651-407-7501 to inform us for contact tracing purposes.

**Online Classes:** When you register for an online class, a link to the class will be emailed to you 1-2 days prior to the start date.

Facilities Reservations: All requests for facility use within the White Bear Lake Area School District #624 should be made on either the Facility Scheduling Voicemail Line, 651-407-7503, or email your request to: facilities@isd624.org.

Refunds & Prorating: Notify Community Services & Recreation immediately if you need to withdraw from a class. Full refunds or credits are given if a class is canceled. Refunds are not issued after a class has begun. There are no prorated fees. To receive a refund, minus a processing fee, you must withdraw from an activity at least 3 business days prior to the first day of the activity.

Processing fees for classes:

- Under \$50 have a \$5 fee • \$50-\$149 have a \$10 fee
- \$150-\$399 have a \$20 fee \$400+ have a \$30 fee

UCare Discount: UCare members may be eligible for a \$15 discount on most classes. If a class is less than \$15, the class will be free of charge. Members must be on UCare at the time of registration and during the class(es). Members need to include their UCare ID number when registering. This discount cannot be used for the following classes: Private lessons, alcohol-related activities, high-risk activities (skydiving, rock climbing, etc.), and gambling trips. To have your discount applied, you must call to register.

Your Privacy is Important to Us: Your registration information is considered private data under state and federal law. Information is used for the purposes of administering the activity, contacting you about upcoming activities, events or activity changes. If you may choose to withhold this information, this could limit the distribution of information to the participant or instructor.

Liability Waiver: There is an inherent risk of accident or injury in any activity. It is the responsibility of the participant or the parent of the participant to be aware that there are assumed risks in participation. ISD 624 assumes no responsibility for injuries received during activities. Any changes in a participant's activity level should be done under approval and direction of their physician and/or healthcare provider(s).

Do You Have a Disability? Do not let it be a barrier to enjoying the wide variety of class offerings in this catalog. Please call 651-407-7501 to discuss accommodations.

**Need Financial Assistance?** WBL Community Services & Recreation is dedicated to providing learning opportunities for people of all ages. Limited financial assistance is available. For details and to apply, call 651-407-7501.

Be sure to check the District's COVID-19 Info & Dashboard page for the latest COVID updates and current mitigation strategies in place.



REGISTER 👆 whitebear.ce.eleyo.com

## White Bear Lake Area Schools **Community Services & Recreation**

4855 Bloom Avenue, Room 106, White Bear Lake, MN 55110 communityservices.isd624.org

Information & Registration	
	FAX (651) 407-7502
	communityservices@isd624.org
Online Registration	www.whitebear.ce.eleyo.com
DIRECTOR	
Tim Maurer	(651) 407-7509 tim.maurer@isd624.org
ADMINISTRATIVE ASSISTANT	
Christine Beckers	(651) 407-7505 christine.beckers@isd624.org
Adult Basic Education	(651) 748-6208
Adult Enrichment Specialist	
Michelle Hubbard	michelle.hubbard@isd624.org
Adult Programs & Facilities Coordina Jon Anderson	tor
Early Childhood Coordinator	
Darcy Rodriguez	darcy.rodriguez@isd624.org
Facility Scheduling	
	facilities@isd624.org
Out of School Time Coordinator Nicole Oswald	
Out of School Time Billing & Registra Stacy Bertelsen com	tion (651) 407-7511 munityservicesbilling@isd624.org
Receptionist Stephanie Sears	
Youth Enrichment & Development Sp	oecialist (651) 407-7544
Youth Recreation &	
Middle School Sports Coordinator Matt Riebow	(651) 407-7506 matthew.riebow@isd624.org







July 22 Parvillas Express & Mini Donute Nusie by Ender island

August 19 K Town Street Food & Gerhards Brats & Cherry on Top loe Cream Enlarionment' Bingo

Indoor/Ouldoor seating, leef liver to bring a lawn okain. Rain or Shine

portion of the proceeds support Apull 5. Serior Programs

Parking Lot Sale

RAIN OR SHINE!

#### Join us for our spring Flea Market / Parking Lot Sale!

Declutter your home and garage and set up your own mini sale in the Senior Center parking lot.

#### Saturday, May 21

9 am - 2 pm

Normandy Park Education Center Senior Center Parking Lot 2484 East County Road F, WBL

Reserve your space at whitebear.ce.eleyo.com & search: *FLEA* or call 651-653-3121.

#### YOU'RE INVITED! -

## BEARS' NIGHT OUT: A COMMUNITY PICNIC

Tuesday, August 2, 2022 FREE | 5:30 - 8:00 pm Podvin Park

Join the Community Services & Recreation Team on National Night Out for an evening of games, activities, food and fun. Bring your family, a friend, and a lawn chair or blanket to join us in celebrating our community! You can provide your own food and snacks or purchase from food trucks available on site.

Course #8000.400 Registration is encouraged but not required

www.ISD624.org



Building Community through Storytelling: recognizing, honoring, and embracing all cultures with humility and respect.

#### Homelessness - A Crisis in Our Own Community

Join us for an evening of learning what homelessness looks like in our community, what resources are available for those struggling to have stable housing, and hear real life experiences of what homelessness looks and feels like. By attending you will gain ideas of how you can assist and learn how your actions can make an impact in your own backyard.

1655.350 / 1 session / Tue, April 26 / 6 - 7:30 pm St. Andrew's Lutheran Church, 900 Stillwater Rd, Mahtomedi FREE - Goodwill donation preferred to help support **CRC and HOST programs** 

#### **Many Faces: Educate to Liberate**

For educators willing to examine the everyday policies and practices that produce racial disparities and uphold institutional systems of oppression. Participants will examine their relationships with White Supremacy, discipline practices, tracking, culturally relevant pedagogy, and more. This class is open to all educators looking to reflect on the ways they are complicit in maintaining the status quo. CEUs available.

1655.420 / 6 sessions / Mon-Wed, Jul 11-20 9 - 10:30 am / ONLINE / \$70

#### **AHHA: Healing the Breach**

Nationally known Black Twin Cities artists, Beverly Tipton-Hammond, Kennedy Simpson, Drew Hammond and Donald Walker, invite you to see firsthand the art inspired by their lived experience. Join us to view and reflect on their work and to engage in transformative conversations and activities. Their incredible works of art will move you, and inspire a deeper connection of community.

#### Exhibition Dates: April 25 - June 9, 2022 Opening Reception: May 17, 2022, 6:30 - 8:30 pm FREE event at the White Bear Center for the Arts



Scan the QR code for more information on upcoming events and conversations with AHHA.

## **Alcohol Inks**

Experiment with alcohol inks! Instructor Julie will walk you through the steps in creating beautiful vibrant paintings. Enjoy watching the inks move and flow right in your hand. In this class you will also work with different brands of inks and learn new techniques. You'll take home many little gems of paintings as well as some on tiles!

1413.400

1 session / \$60 Fri, Apr 1 / 10 am - 1 pm **Senior Center** 

#### Watercolor Poppies

Join us for a fun evening learning basic watercolor techniques. The step-by-step approach will help you create this beautiful watercolor painting. No previous experience is necessary. Complete a painting of poppies on 11"x15" watercolor paper. All supplies provided.

1512.350

1 session / \$40 Wed, Apr 6 / 7 - 8:30 pm Senior Center

### **Oil Pastel Drawing**

Create a beautiful image in oil pastels with confidence. You'll see how easy and fun creating a landscape in oil pastels can be when learning from step-by-step instructions.

1561.400

1 session / \$40 Fri, Apr 22 / 12 - 2 pm **Senior Center** 

## **Glassblowing 102: Bud Vase**



The bud vase is a perfect project for students looking to improve their glassworks skills or first-timers! Students will work on the full process of creating a vessel from start to finish. This vase will teach the skills of gathering, adding color, blowing, shaping, transferring and finishing a vessel form. We recommend

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taking the paperweight class first, but it's not a requirement.

1414.444

1 session / \$90 Sat, Jun 25 / 10 am - 1 pm Vandalia Glassworks 103 Concord Exchange N, South St. Paul



## **Barn Quilt Painting Class**

Come join Aryn and create your own unique 14"x14" barn quilt design on reclaimed barn wood! Locally sourced, carefully selected, sanded and assembled. Choose from nine beautiful designs, pick your own color scheme to match your decor and relax in a welcoming environment.

1520.450

1415.440

1 session / \$60 Sat, May 7 / 10 am - 1 pm South Campus

### Fun with Epoxy (Ages 9-15 w/adult)

Learn the basics of working with Epoxy by decorating a wall plaque! Choose the state of Minnesota, a rectangle, a heart, or a dragon. To personalize your art, bring any items from home such as sea shells or a heart shape to mark where you live. Additional projects are \$20 each if you have time.

> 1 session / \$40 Thu, Jul 28 / 6 - 9 pm White Bear Makerspace 5966 Hwy 61 N, WBL

## **DIY Large Charcuterie Board**



Join us in making your own live-edge wood charcuterie board! Board will be 3 feet in length including the handle. A beautiful piece to use during gatherings. Class length may vary, beginner level, no prior experience necessary.

1415.420

1 session / \$95 Sun, Jun 12 / 1 - 4 pm White Bear Makerspace 5966 Hwy 61 N, WBL

## Sign Making - Intro to the CNC

Learn the basics of programming the CNC, including design and toolpaths. Make your own sign using VCarve, walk through CNC setup/operation. You can get a free copy of VCarve to use at home. Beginner level. Tools used: VCarve, CNC. The software is yours to keep, though it is keyed your designs can only be carved at White Bear Makerspace.

1415.425

1 session / \$50 Sun, Jun 26 / 2 - 5 pm White Bear Makerspace 5966 Hwy 61 N, WBL

## **Glass Mosaic Window or Table Lamp**

Glass mosaic sounds like a fancy, difficult art form, but you will easily learn how it can be fun to create a four pane window or a lamp with colorful glass! Design options and stencils will be available as well as dozens of colors of precut glass. Night 1: Design and glue the glass, Night 2: Grout the finished project and learn about mosaics. Material fee due at class: Window fee: \$60 Lamp fee: \$35

1403.400

2 sessions / \$45 May 2 & 9 / 6 - 9 pm South Campus

#### Henna Art

Discover the rich culture of henna, a dye prepared from leaves of a henna tree also known as Egyptian privet. Henna is temporary body art resulting from the staining of the skin from the dyes. After stains reach their peak color, they hold for a few days, then gradually wear off, typically within two to three weeks. Learn the basics of henna tattoos and practice them.

1414.410 1 session Thu, Jur Senior C

1 session / \$40 Thu, Jun 16 / 6 - 8 pm Senior Center

## **Mosaic Bird Bath**

Create a colorful birdbath to entice birds to your yard. Decorate a terracotta saucer with mosaic tiles to suit your taste. It can then be placed on a wrought iron stand, which can be purchased locally and is beautiful when completed. Bring to class: A \$25 supply fee, a pair of rubber gloves and an old towel.

1512.400

1 session / \$35 Tue, Jun 14 / 6 - 9 pm South Campus

## Sunset Paint Date (Adult & Child Ages 8+)

You and your child will experience a fun and relaxing environment with the challenge of a class guided by a professional artist. Each individual will work on a different side of a canvas at the same time with a partner. When



the two sides join at the end of class, you will have one complete artwork. A \$15 material fee due at class.

1200.400

1 session / \$55 per pair Fri, Jun 3 / 6 - 8 pm Senior Center

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## Summer Painting with Vanessa

**ACRYLIC:** Learn to create unique, quick and expressive acrylic paintings. Working guickly allows colors to blend and brush strokes to show, creating dynamic results. Create a beautiful acrylic painting following step by step instructions all while learning about composition and color mixing.

1561.401	1 session / \$35
	Mon, Jun 13 / 9:30 - 11:30 am
	Senior Center

1561.403 1 session / \$35 Mon, Aug 15 / 9:30 - 11:30 am Senior Center

WATERCOLOR: Paint a beautiful watercolor scene with step by step instructions and discussion on the techniques used in watercolor painting, such as wet on wet and wet on dry. This is a great, no fear way to learn to paint in watercolors.

1561.402

1 session / \$35 Thu, Jul 21 / 10 am - 12 pm Senior Center

## The Audaciousness of Modern Art

Modern Art is characterized as a rejection of history and conservative values; innovation and experimentation; and a tendency toward abstraction. This course explores the many "isms" of Modern Art and the artists who practiced in this genre.

1560.430

1 session / \$20 per household Wed, Jun 8 / 7 - 9 pm ONLINE

## **Festive Spring Salads**

Head into spring with a Wild Rice & Chicken Breast Salad or Wild Rice with Fresh Mushrooms & Cashews! We will also make a vegetarian main dish salad using multi-colored peppers with Quinoa, a fruit salad with cantaloupe and strawberries and a Raspberry-Spinach Salad with Glazed Pecans. Finally make three easy dressings of your favorite combination of assorted garden greens - Feta Cheese, Creamy Blue Cheese and Orange Dressing.

1632.300

1 session / \$40 Tue, May 10 / 6 - 9 pm South Campus

## **Summer Produce in the Air Fryer**

Air fryers turn your summer abundance into tasty treats! From Garlic-roasted Tomatoes and Tapas-style Peppers to Fresh Berry Crisp and Zucchini Fries, you can keep your kitchen cool and eat well this summer. Extensive handout with additional recipes included with registration.

1560.400

1 session / \$25 per household Tue, Jun 28 / 6:30 - 8 pm ONLINE





## 55+ Driver Safety

#### INSTRUCTOR: MINNESOTA SAFETY COUNCIL

If you're 55 or older, receive a discount on your auto insurance and improve your driving skills! Review basic crash prevention techniques that have proven to reduce traffic violations and incidents. The class consists of lecture, films and discussions and does not have any tests! At the end of class, you will receive a certificate of completion to give to your insurance company.

#### FULL CLASS

#### 2 sessions / \$45 / ONLINE or Senior Center

1578.315	Tue, Apr 26 & May 3 / 5:30 - 9:30 pm
1578.317	Tue & Wed, May 24 - 25 / 5:30 - 9:30 pm
1579.400	Wed & Thu, Jun 22 - 23 / 5:30 - 9:30 pm
1579.402	Tue & Wed, Jun 28 - 29 / 9 am - 1 pm ONLINE
1579.404	Wed & Thu, Jul 13 - 14 / 5:30 - 9:30 pm ONLINE
1579.406	Wed & Thu, Jul 27 & 28 / 9 am - 1 pm ONLINE
1579.408	Tue, Aug 2 & 9 / 5:30 - 9:30 pm ONLINE
1579.410	Tue/Wed, Aug 30 & 31 / 9 am - 1 pm ONLINE

#### **REFRESHER CLASS**

1 session / \$3	5 / ONLINE or Senior Center
1579.300	Tue, Apr 5 / 1 - 5 pm
1579.301	Thu, Apr 21 / 8:30 am - 12:30 pm
1579.302	Fri, May 13 / 8:30 am - 12:30 pm
1579.304	Tue, May 24 / 1 - 5 pm
1578.420	Tue, Jun 7 / 12 - 4 pm / <b>ONLINE</b>
1578.421	Thu, Jun 16 / 5:30 - 9:30 pm
1578.422	Thu, Jun 23 / 8:30 am - 12:30 pm
1578.423	Wed, Jul 13 / 5:30 - 9:30 pm
1578.424	Thu, Jul 14 / 8:30 am - 12:30 pm
1578.425	Thu, Aug 11 / 5:30 - 9:30 pm

# Stay connected and follow us on social media!



THIS CLASS IS FREE THANKS TO THE SPONSORSHIP BY VAUGHN KAVLIE FROM LUMINATE HOME LOANS.

## **Equity Conversion: The New Reverse Mortgage**

Identify and understand the pros and cons of the equity conversion (reverse mortgage). There are myths as well as benefits in utilizing the program for those who are 62 and over. People of all ages as well as financial professionals including financial planners, realtors and tax professionals are encouraged to learn about equity conversion.

1147.312

1 session / FREE Fri, Apr 22 / 10 - 11:30 am Senior Center

## **Drafting Your Own Will**

Developing a will is an important step in providing for the ones you love and for you to "finish well". Learn various techniques of property distribution, protection of the estate and beneficiaries, explore basic will concepts and assess your need for a simple will. You will receive individualized personal attention, sample forms, and language for use in drafting your own will. Also you will identify safekeeping techniques and circumstances that may require a review or revision of your will.

1143.300 2 sessions / \$ 60 Tue, Apr 5 & 12 / 6:30 - 8:30 pm Senior Center

# **Financial Power of Attorney & the Health Care Directive**

Unexpected events happen. Plan now and learn about the use and benefit of a Financial Power of Attorney and the Health Care Directive. Understand what the agent's responsibility is and factors in selecting your agent(s). You will leave class with all the forms and information you need to aid you in preparing them.

1142.300 1 session / \$40 Wed, Apr 20 / 6:30 - 8:30 pm Senior Center

## The 4 Pillars of the New Retirement

Get insights about how retirement is changing. Learn about the four essential pillars that can impact quality of life in retirement. The Pillars are Health, Family, Purpose, and Finances.

1147.340

1 session / \$30 Thu, Apr 21 / 6 - 7:30 pm Senior Center

## **Estate Planning for 2nd Marriages**

The end of a marriage through death or divorce is a common occurrence in today's world. As life presses forward it is imperative to get educated and plan what's best for your estate. Lives change and without proper planning, your goals will not be achieved. You might have a home, cabin, business, investments, children, step-children and family heirlooms to deal with. The plan has to be tailored to your situation. Learn about how to position your assets to make everyone in your family happy. Have your questions ready!

1132.310

1 session / \$25 Tue, Apr 26 / 6:30 - 8 pm ONLINE



## **Retirement: Making Your Money Last**

Consider your trade-offs when developing a withdrawal strategy. Should you work longer? Spend less now? Delay Social Security? Develop ways to plan for expected and unexpected expenses with insurance.

1147.360

1 session / \$30 Thu, May 12 / 6 - 7:30 pm **Senior Center** 

## Why You Can't Trust Your Trust

Understand the strengths and weaknesses of different types of Trusts and when to use them. Explore your goals and wishes to see where they fall in the realm of Trusts. Get answers to questions such as "Am I using the right Trust for my needs and goals? And, "Does my Living Trust protect my assets against Medicaid and the nursing home?" and much more.

1132.301

1 session / \$25 per household Wed, May 11 / 6:30 - 8 pm ONLINE

## Let's Probate an Actual Minnesota Estate

Walk-thru an actual MN Probate Estate from the filing of the Application for Probate to the Final Accounts. Learn the process with current forms, court and filing requirements, accounting and procedural steps, the sale and distribution of estate assets and more. The class will be filled with real-life examples and solutions to the multitude of issues.

1122.450

1 session / \$20 per household Mon, Aug 15 / 6:30 - 8 pm ONLINE

## How to Pay for the Nursing Home

The biggest fear for most baby boomers is how to pay for the nursing home and still leave an inheritance for the next generation.

1132.430	1 session / \$20 per household
	Mon, Jun 13 / 6:30 - 8 pm
	ONLINE

## So Now You Are the Executor or **Trustee . . . Now What?**

Learn about and discuss the roles, responsibilities, and liabilities of an Executor, Trustee, Power of Attorney, HealthCare Agent and Guardian in Minnesota. This class is invaluable for those trying to decide whom to appoint as well as for those who have been asked to take one of these legal roles.

1132.440

1 session / \$20 per household Mon, July 18 / 6:30 - 8pm ONLINE

FREE CLASSES THANKS TO A SPONSORSHIP BY MATTHEW MERRICK OF THRIVENT FINANCIAL.

## Social Security: Timing is Everything!

Social Security is a vital income source for many retirees. But it can be a confusing topic and making the most of it can have a lot to do with timing it right. This workshop can help you get answers to your questions and learn what Social Security can mean for you.

1535.435

1 session / FREE Tue, Jun 7 / 6 - 7:30 pm ONLINE

## **5 Keys to Retiring Fearlessly**

After years of hard work, retirement may finally be in sight. Learn the five keys to unlocking a fearless retirement. Also gain insight into Social Security and how to make the most of it.

1535.450

1 session / FREE Thu, Aug 4 / 6 - 7:30 pm ONLINE

## **REGISTRATION FOR SUMMER IS OPEN!**

SIGN UP AT WHITEBEAR.CE.ELEYO.COM





## **Kayak On White Bear Lake** (Ages 6-16 w/adult)

Kick off summer in a kayak! Paddle on White Bear Lake to look for birds, turtles, and fish. Learn how to paddle, get in and out safely, and what to pack for a day on the water. Learn how relaxing and fun paddling can be. Wear shoes that can get wet and dress in layers for time on the water.

pm

#### Single Kayak

1680.412	1 session / \$40
	Wed, Jun 1 / 4 - 5:30 pm
	White Bear County Park
	5050 Lake Ave, WBL

#### **Tandem Kayak**

1680.414 1 session / \$70 per pair Wed, Jun 1 / 4 - 5:30 pm White Bear County Park 5050 Lake Ave, WBL

#### Intro to Dragon Boat Paddling

Dragon boating is one of the fastest growing sports in the world! Soaring down a race course in a long, narrow canoe-like boat, 20 paddlers moving in synchronicity toward that finish line, is a feeling like nothing else! Here's an opportunity to enjoy learning this sport, meet new people, and spend time on our beautiful White Bear Lake! The last class is the St. Paul Dragon Races at Lake Phalen on July 16, 8am-Noon.

Practice: Matoska Park, 2345 5th St, WBL

Race Day: Lake Phalen Regional Park, 1600 Phalen Dr, St. Paul

#### Women

1681.415

5 sessions / \$140 Tue June 14, 21, 28, Jul 12 / 7 - 8 pm

#### Gr 7-12 in Fall 2022

1681.420 5 sessions / \$140 Thu, June 16, 23, 30, July 14 / 6- 7 pm

## Soma Yoga

The practice of Soma Yoga helps re-educate our muscles to release tension and create freer mobility. The class emphasizes moving from within our bodies using breath practice and meditation to calm minds and spirits and gain strength, flexibility, balance, and stamina.

1600.400	5 sessions / \$40 Tue, Jun 28 - Jul 26 / 9:30 - 10:30 am <mark>ONLINE</mark>
1600.410	5 sessions / \$40 Tue, Aug 8 - 30 / 9:30 - 10:30 am ONLINE

## **Get Ready Golf**

Any adult who has some desire, however small or large, to get more involved in golf, learn more about golf and MOST importantly, learn the connection between improvement and fun. There will be a combination of range and short game area learning and using the UofM Practice Range unique 3-hole short course with regulation sized tee boxes, bunkers, fairways, rough and greens, to re-create actual playing situations. You will not only "learn to play" but will "play to learn"

1364.400	5 sessions / \$115
	Tue, May 3 - 31 / 7 - 8 pm
	<b>UofM Practice Range</b>
	2275 Larpenteur Ave W, St. Paul

5 sessions / \$115 1364.410 Tue, Jul 12 - Aug 9 / 7 - 8 pm **UofM Practice Range** 2275 Larpenteur Ave W, St. Paul

## **Pickleball**

The White Bear Area Pickleball Club Pickleball runs year-round, January to December. You can join at any time.

Club Dues: \$25 for district residents, \$30 for non district resident

Indoor Pickleball: Runs through April

Outdoor Pickleball: Begins in May. Watch our website for schedule:

communityservices.isd624.org/ adults-seniors/adult-recreation

Note: Carry in your shoes for the Armory and Lincoln Elementary. Only use the street level door for access to the Armory.

Register online at whitebear.ce.eleyo.com, search PICKLEBALL or call 651-653-3121.



### **Everything You Want To Know About Medicare**

An educational presentation for anyone who wants to know more about Medicare. Topics will include Parts A, B, C, & D of Medicare, application process, estimated costs, supplements, the advantage plan (MAPD), and when is the right time to sign up. This is an ideal course for people that are turning 65 or are over 65 and coming off their employer medical plan.

1245.400	1 session / \$20 per household Tue, May 3 / 6:30 - 8 pm <i>ONLINE</i>
1245.402	1 session / \$20 Thu, Jun 16 / 6 - 7:30 pm Senior Center
1245.405	1 session / \$20 Fri, Aug 19 / 10:30 am - 12 pm Senior Center

#### **Honoring Choices**

Is your Advanced Directive up to date? Do you know what a Health Care Directive is and do you have one in place? Receive information on creating a healthcare directive or updating your current wishes. This is how you make your wishes clear to everyone, when you are no longer able to share them.

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1 session / \$10 1243.235 Fri, Apr 15 / 10:30 - 11:45 am **Senior Center** 

#### **Soothe Those Achy Joints**

Do you have joints that ache - a knee or hip or back? Whether you have arthritis, bursitis or just creaky joints, this workshop is for you. Joint lubrication exercises are quite simple and easy to do yet produce rather remarkable results by helping to free your joints of pain. We'll also discuss which nutrients are needed to help keep your joints healthy.

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1 session / \$35 per household Thu, May 19 / 6 - 7:30 pm ONLINE

#### **Five Ways to Avoid Hospitalization**

Hospitals save lives. But you'd be hard-pressed to find many people eager to spend time there. Professionals who work with seniors often observe that older adults who are hospitalized don't always go home the same. Or, they don't go home at all. Learn how to avoid potential risks or after effects of being hospitalized.

1200.420

1 session / FREE Fri, Jun 17 / 10 - 11 am **Senior Center** 

#### THIS CLASS IS FREE THANKS TO THE SPONSORSHIP BY JOY ERICKSON FROM EDINA REALTY.

## **Repairs, Renovations & Staging vs. Selling Your Home As-Is**

Wondering what would help you sell your house for the most money? Worrying about overspending on projects that may be unnecessary? Given the current seller's real estate market, we will give you the best advice on how to get the best "bang for your buck" WITHOUT overspending. You may not need to do as much as you think and there may be a few inexpensive items that can help a lot. Bring pictures of your home on your phone for practical advice on the cost effective ways to prep your house.

1200.440

1 session / FREE Thu, Apr 21 / 6:30 - 8 pm Senior Center

## **Stress Busting Strategies for Busy People**

Is your life stressful? Stress not only causes a multitude of physical and emotional problems, but it will age you guicker and more efficiently than time itself. Learn the damaging effects of stress on your nervous system; how to keep stress from aging you; stress busting techniques; breathing techniques to calm the nervous system; ways to decrease stress hormone levels; how different types of foods, colors, surroundings, and even music can affect stress.

1642.315

1 session / \$35 per household Wed, Apr 13 / 6 - 7:30 pm ONLINE

## Aging Loved Ones: How to Have the "Heart to Heart"

Some conversations can't wait. Now's the time for an honest discussion with your loved ones about their goals, wishes and potential needs as they age. Learn practical ways to have challenging conversations. Get a list of essential legal documents. Explore the financial aspects of providing care.

1540.330

1 session / \$25 Tue, Apr 12 / 6:30 - 7:30 pm Senior Center

## **REGISTRATION FOR SUMMER IS OPEN!**

SIGN UP AT WHITEBEAR.CE.ELEYO.COM



### SHINRIN YOKU - Forest Bathing

You will be guided on an immersive, meditative, and therapeutic forest walk based on the Japanese practice of Shinrin Yoku. Slow down and intentionally connect your senses to the healing, stress-reducing beauty of a little-known corner of the metro area's green forested spaces.

1680.460

1 session / \$50 Thu, Jun 23 / 7 - 9 pm Tamarack Nature Center

. . . . . . . . . . . . . . .

#### **Identity Theft: What You Need to Know**

Being proactive in protecting your identity can pay off down the road. Get tips and tools to help you avoid identity theft and minimize the impact if you become a victim.

1540.310

1 session / \$5 Fri, May 20 / 10:30 am - 12 pm Senior Center

### **Technology Self Defense**

Join this class to learn how to protect yourself from technology threats. You will learn how to avoid scams online, defend your computer from viruses/malware, and ensure your data is backed up.

1560.460

1 session / \$40 Tue, Jun 21 / 10 am - 12 pm Senior Center



REGISTRATION FOR SUMMER IS OPEN! SIGN UP AT WHITEBEAR.CE.ELEYO.COM

## **Tally's Fishing Camps**

For all our fishing excursions, our pontoons are fully upholstered and have a half canopy. Each pontoon will be equipped with a driver/fishing guide, live bait, and life vests. Anglers will have the opportunity to bring their own tackle, life vests and fishing poles but if needed we can supply gear. Be at Tally's 15 minutes before camp begins.

Tally's Dockside: 4441 Lake Ave S, WBL

# Tally's Fishing Camp: Adult & Child Fishing

Spend time with your favorite youngster fishing on White Bear Lake. Anglers will fish in various fishing locations on the lake in a pontoon boat. If you have your own equipment feel free to bring it. Remember to dress in appropriate layers of clothing as it can be cool in the morning.

1690.495	1 session / \$60 per pair Mon, Jun 6 / 10 - 11:30 am Tally's Dockside
1690.496	1 session / \$60 per pair Mon, Aug 1 / 10 - 11:30 am Tally's Dockside
T.º 1 ·	

## Fishing with Tally's - Adult Fishing

A fishing camp just for adults 55+ - Focusing on laughter, good stories and trying to catch that Big One. Pontoon boats are walker and wheelchair accessible.

1690.490	1 session / \$35 Mon, Jun 6 / 8 - 9:30 am Tally's Dockside
1690.491	1 session / \$35 Mon, Aug 1 8 - 9:30 am Tally's Dockside

## Craft Beer Backstage Pass: Bad Weather Brewery

Do you enjoy craft beer and want to know how it goes from grain to glass? Already been on a few brewery tours, but like



seeing how different breweries tackle all aspects of making, packaging, and selling craft beer? Do you want to hang out, sample different beer styles, and get your questions about brewing and our industry answered.

1591.495

1 session / \$40 Sun, Jun 12 / 1- 3:30pm Bad Weather Brewery 414 7th St W, St. Paul

## Senior Center & Older Adults

## White Bear Area Senior Center

Normandy Park Education Center 2484 East County Road F, White Bear Lake, MN 55110 Mon - Fri / 8 am - 4:30 pm / 651-653-3121 Email: whitebearseniorprogram@isd624.org www.WhiteBearSeniorProgram.org

The White Bear Area Senior Program provides education, recreation, volunteer opportunities, resource for seniors and their families.

#### **Senior Center Membership**

Membership is required to attend ongoing group activities at the Senior Center. Members receive an access card which allows automatic entry into the building.

New memberships and renewals can be processed in our Main Office, by calling 651-653-3121 or visit our website at whitebear.ce.elevo.com and search "membership".

#### **The Voice Newsletter**

The Voice is a guarterly newsletter. If you would like to be added to our mailing list, please call 651-653-3121.

#### **Current Wave Monthly Email**

Monthly eNewsletter with supplemental information to the Voice newsletter. To receive this email call 651-653-3121.

> The WB Senior Center Advisory Council is looking for new members. If you would like more information, call 651-653-3126.

#### TAKING CARE OF YOU - APRIL 29

Mobility & Diabetic Shoe Show - 10 am - 2 pm **Blood Pressure Screening** no appts

- 10 am 2 pm **Hearing Clinic**
- Get your hearing aid checked & hearing tests
- 10 am 2:30 pm
- Call 651-653-3121 to make appt

### **Meals on Wheels**

Doug Nelson, (651) 653-3123 MealsOnWheels@isd624.org

Meal on Wheels is a community service where volunteers deliver hot or cold nutritious meals Monday-Friday during the noon hour. Special diets are available. You can also choose to have frozen meals delivered once a week.

All residents of the White Bear Lake Area School District and Mahtomedi are eligible for delivery regardless of age or income. Meals are priced on a sliding fee scale.

To donate to Meals on Wheels, please visit whitebear.ce.eleyo.com, search course #9999.501.

#### Craft Corner Gift Shop

Open 11am - 3:30 pm daily (651) 653-3130

Looking for a unique gift for a birthday or special event? Our gift shop is the perfect place for a variety of beautiful, handcrafted items. Stop in. We will be happy to assist you.

If you are 50 years of age or older, or a disabled adult, you can sell your items in our shop. A small portion of sales is donated to the Senior Program, the rest is paid to the consignee.

#### Foot Care Clinic at the **Senior Center**

2484 East County Rd F, WBL May 10, 17, 31, June 7, 14, 28, July 5, 12, 26, Aug 2, 16, 23

\$50 / 35 minute appointment. Call 651-653-3121.

Appointment with nurses from Sole Purpose Professional Foot Care, LLC

Senior Center closed: May 30 July, 4, 18, 19, 20 Meals on Wheels closed: May 30, July 4

#### **Get Up & Go Fitness** (AGES 18+)

#### \$55/punch card for 8 classes

Purchase punch cards at the White Bear Area Senior Center.

Classes held at White Bear Dance Center, 2462 County Rd F East

#### Aerobics Tue, Wed, Thu, Fri 9:30 - 10:30 am

Improve endurance, flexibility and strength, balance and coordination. Designed for people needing a slower tempo and less vigorous program.

#### Silver and Fit Program

Your health insurance plan may participate in the program. Contact your insurance provider to find out about cost. Silver and Fit applies to one facility only.

Qualifying members can participate in the Get Up & Go classes for free.

> See more fitness classes on page 10!

#### National Senior Health & Fitness Day

Wed, May 21

Celebrate the betterment of senior health! Help senior Americans stay fit and healthy.

Join us for a FREE WEEK of fitness with our Get Up & Go!

> Tue - Fri, May 24 - 27 WB Dance Center

Call 651-653-3121 to register





## Meals on Wheels is a community based program

that delivers nutritious meals.

to your home through the help of volunteers. Meals on Wheels is for anyone in our community in need of support or for those who just need a break.

#### Hot or Cold Meals - Order Monthly Menus sent to clients monthly

Pick & Choose when you want meals. Delivered between 11:50 am - 12:45 pm

Meal Price Range \$5,80 - \$8,90 depending on monthly income

## Frozen Meal Options - Delivered Weekly

Induded: vegetable, side, dessert, and beverage

## Chicken/Turkey Meals Anez Con Felle Breekfast Turkey Sandwich Chicken Tinna Chicken w/Swiss & Yushroom Hmong Style Chicken Honey Gerlid Chicken Latin Roast Chicken Roast Turkey Dinner Seared Chicken & Graw Southwest Turkey Sevi-Turkey Curry Bowl Turkey Tetrazzini Vietnamese Style Chicken.

## Beef Meals

Chili Cuban Beel Mee iloaf Pasta w/ Yest Souce Fot Shash Salisbury Steak

Pork Neals Beked Hami Gerlic Farmesan Pork Join mang Sweet Park, Italian Sausage Egg Bake. Latin Roast Pork Furk Al Pestori Sexame Noodles & Pork

## Vegetarian Meals

Breakfast Hash eniil Soup Datmeal Stuffed Pappers Vegetable Sweet and Sour-

Fish Meals Beked Mehi Mahi Ginger Sty Fish Kustard - arb Roastad Fish una Casserola

For more information, contact the White Bear Lake Meals on Wheels at 651-653-3123 or mealsonwheels@isd624.org



## **Community Bridge Consortium**

(651) 748-7252 To register call 651-748-7232. www.isd622.ce.eleyo.com

**Programming for Adults with Cognitive Disabilities** 

### **Brochure Mailing List Sign-Up** (651) 748-7232

The Community Bridge Consortium publishes a quarterly brochure that lists a variety of customized classes/activities for adults with Developmental Cognitive Disabilities (DCD).

These classes are sponsored by the consortium members and held throughout the consortium area in schools and other community facilities. Call 651-748-7232 for information or to be placed on the brochure mailing list.

## Summer catalog coming soon in mid May!

Summer months: June to September Visit isd622.org/domain/1226 for more information or to register for classes.









White Bear Lake Area Schools Community Services and Recreation Department, in cooperation with North St. Paul-Maplewood-Oakdale Community Education and Mahtomedi Community Education, offer full-service

Adult Basic Education (ABE) programming for all area residents through Harmony Adult Education.

#### **Courses:**

• English Language Classes (ESL): Join our community of adult learners and improve your English language skills. Classes are held online on Tuesdays and Thursdays. Teachers are available from 9am - 12pm or 5 - 8pm. To register, please call 651-748-6208.

- GED Prep & Testing: General Education Development (GED) Preparation is a self-paced program designed to help you study and prepare to take the GED tests. Day or evening drop-in classroom training is available at no cost to adults in our community. Our staff will work with you on the subjects in which you need improvement. Practice tests help monitor your progress and prepare you for taking the official GED tests. The time needed to complete the GED varies for each student.
- Health Care Careers: Are you interested in a career in health care? We can help you train for an entry-level position on a track toward a career as a Home Health Aide (HHA), Certified Nursing Assistant (CNA), Licensed Practical Nurse (LPN) or Registered Nurse (RN). We work with local Senior Housing and assisted living and memory care facilities to help workers find employment.
- IT Careers: Harmony Adult Education can help you prepare for a future career in the Information Technology (IT) field. Students may begin this free course at any time and certification tests are offered onsite.
- **Paraprofessional Careers:** Adults seeking employment as a paraprofessional are often required to have an associate's degree or at least 60 college semester credits. The ParaPro test is an alternative way to satisfy this requirement.

We offer no cost study classes and practice tests for the ParaPro test. Testing is also available onsite. Students are responsible for testing fees.

For more information or questions on the many free classes offered, GED Diploma, and testing, call 651-748-6208 or visit communityservices.isd624.org/adults-seniors/adult-basic-education To register for any class offerings and to schedule an assessment, call 651-748-6208 or email: harmonyabe@isd622.org. Office hours are M/T/W: 9am-8pm, Th: 9am-5pm, F: 9am-2pm.

**Somali, English/other languages:** Haddii aad u baahan tahay macluumaad this turjumay Soomali fadlan la xiriir 651-592-3950.

English/other languages: 651-407-7625.



#### Clases de la Educación Básica de Adultos (Gratis)

- Inglés como Segundo Idioma
- Clases de GED
- Clases para entrar a carreras en: IT, el sector de salud, o escuelas profesionales

Para buscar empleo con las escuelas de White Bear: www.isd624.org/employment

#### **Recursos Adicionales:**

- Ayuda Alimentaria (White Bear Food Shelf)
- La Fundación Educacional de White Bear
  - "El Closet"- Ropa gratuita para familias
  - Ayuda financiera para clases y actividades de niños y adolescentes

#### **Cursos Populares:**

- Clases de manejar
- Preparación para el ACT

Para Español por favor llame al 651-407-7625.

## Cov Chav Kawm Rau Cov Neeg Laus Basic Education (DAWB)

- Lus Askiv Yog hom lus Ob
- GED Kev npaj & Xeem
- Kev cob qhia ua haujlwm hauv: IT, Healthcare, or Paraprofessional hauv Tsev Kawm Ntawv

Ua haujlwm hauv 624: www.isd624.org/employment

#### Muaj keb pab cuam:

- White Bear Lake Food Shelf
  - White Bear Lake Educational Foundation
    - The Closet khaub ncaws Khaub ncaws ua xav tau
    - Kev Pab Nyiaj rau Cov Hluas rau Kev Txhim Kho thiab Kev Ua Si

#### Cov chav kawm nrov:

- Kev Kawm Tsav Tsheb
- ACT Xeem Kev npaj

#### Xav tau ntawv Hmoob hu rau 651-407-7623.

## Early Childhood Family Education (ECFE)

ECFE offers classes for parents and their children ages birth to five years of age (before kindergarten).

- » Programs are designed for parents and their infants, toddlers and preschool age children.
- » Classes help strengthen family relationships and provide information and resources to parents.
- » Programs strive to build a strong foundation for families by forming a partnership between home and school.

## **Early Childhood Programs**

- » Early Childhood Family Education (ECFE)
- » White Bear Lake Area Preschool
- » Early Childhood Screening
- » Outreach programs and services, Special Education programs and services, home visits and much more!

### **Program Brochures**

Program brochures are available at any of the program sites, the Community Services office or online at earlychildhood.isd624.org.

#### **ECFE Sites**

Each of the White Bear Lake Area Schools' Early Childhood program sites have unique areas that foster large muscle development and active play. Locations and codes for those school are listed below.

- Normandy Park NP 2482 E County Road F East, White Bear Lake
- Tamarack Nature Center TAM
   5287 Otter Lake Road, White Bear Township

2022-2023 ECFE registration begins on May 3 at 8 am!



Follow us on Facebook! White Bear Lake Early Childhood Programs

## **Early Childhood Screening**

#### SCREEN AT THREE

Early Childhood Screening is required by the state of Minnesota for all children prior to entering kindergarten. White Bear Lake Area School District provides this screening at no charge.

#### 3 reasons to screen at age 3:

- » Screening can ensure school success
- » If health or developmental concerns are identified, educational services are available immediately
- » It is fun for children and provides caregivers with valuable information regarding child development

To register, call 651-653-3100 or visit whitebear.ce.eleyo.com.

Early Childhood Screenings are held at:

Normandy Park Educational Center 2482 East County Road F, White Bear Lake, MN

#### Upcoming Early Childhood Screening Dates

Apr 1, 22, 29	8:30 - 10:30 am / 12:15 - 2:15 pm
May 13, 20, 21	8:30 - 10:30 am / 12:15 - 2:15 pm

Sliding Fee Scale for ECFE Classes			
Gross Annual Household Income	Fee A	Fee B	Fee C
\$100,000+	\$550	\$430	\$750
\$75,000 - 99,999	\$475	\$370	\$625
\$50,000 - 74,999	\$365	\$280	\$500
\$35,000 - 49,999	\$280	\$225	\$375
\$20,000 - 34,999	\$225	\$150	\$275
\$0-19,999	\$140	\$120	\$160

This is your class fee for the school year.

## **Community Baby Shower**

INFANTS UP TO 6 MONTHS OLD

You and your infant are invited to join us! You will meet our Early Childhood staff, receive free takeaways, take a tour of our facility, and enjoy some healthy snacks while meeting other new parents inthe community.

Register online or call 651-653-3100.

FREE / Tue, Apr 5 / 9:30 - 11 am / NP

## Infants

This class includes activities, songs, rhymes, movement, and parent discussion with a trained parent educator. You and your child will spend time together exploring toys and participating in classroom activities in a stimulating environment.

#### Ages Birth -12 months

Mon / 8:45 - 10:15 am / NP / Cost: Fee B Ages Birth - 6 months Mon / Jan 3 / 10:30 - 11:30 am / NP / FREE

## Multi-Age

#### AGES BIRTH - 5 BY SEPT 1, 2021

Join families with children birth to five (before kindergarten) and participate in age appropriate activities. There will be a separate parenting time to learn about child development, handling tantrums and anger, toilet learning and other topics. Gradual parent/child separation is flexible and can occur as the child's needs are met.

Tue / 8:45 - 10:45 am / NP / Cost: Fee A

## **Knee-High Nature**

#### AGES 2 - 3 BY SEPT 1, 2021

In this unique parent-child program, we explore, investigate, and unearth nature's secrets that lie beyond the classroom doors. Parents will have one-on-one time with their child(ren); indoors and outside. There will also be time for parents to meet with the teacher in a different room to discuss their child's learning and development while children spend time with a Naturalist learning more about themselves, each other and the natural world.

Wed / 10:45 am / TAM / Cost: Fee C

## **Spring Playground Playgroups**

#### AGES BIRTH - 5

Meet us at West Park for some playground fun! During our hour and a half time together we will sing songs, read stories and explore outside together. Each session will have different adventure activities led by a licensed ECFE teacher. This play group is geared for children age birth to five years old (before kindergarten). Dress for the weather and come ready to play, create, and learn together.

Thursdays / 8:45 - 10:15 am / \$25

Se	ssio	n H	Apr 14, 21, 28	
~		-		

Session J May 5, 12, 19, 26

## SAVE THE DATE!

- PTA Spring Event May 12
- End of the Year Early Childhood Celebration 5:30 pm, Normandy Park

## White Bear Lake Area Preschool Program

Four-Star (highest possible rating) Parent Aware rated White Bear Lake Area Preschool provides a safe and nurturing environment for a child's first school experience away from home.

Age-appropriate activities provide a variety of meaningful hands-on learning experiences in literacy and math, science and social studies, art and sensory, music and dramatic play.

White Bear Lake Area Preschool practices are aligned with kindergarten entry expectations.

We are accepting registrations for our preschool sections for school year 2023-2024. Please call our office at 651-653-3100 to inquire about current openings.

Please reference the class options, age requirements, and descriptions online at whitebear.ce.eleyo.com.

## 2022-2023 PRESCHOOL REGISTRATION IS NOW OPEN!

Please call our office at 651-653-3100 to inquire about current openings for school year 2022-2023.

The brochure is available in our office and online at earlychildhood.isd624.org/registration.

Registration accepted in-person at Normandy Park Education Center and online at whitebear.ce.eleyo.com.

Registrations MUST include the following items or your enrollment will not be accepted:

- A non-refundable \$55 registration fee
- Copy of birth certificate (new families only)
- Current immunization record faxed to: 651-653-3155 \*a new copy needed every year
- Completed Early Childhood Screening

If you have any questions, please call 651-653-3100.

#### **Tuition Assistance**

School Readiness tuition assistance forms are available at the Normandy Park Early Childhood Office. For more information call 651-653-3100.

## W.B.L. Early Childhood

## Community Baby Closet

Free Infant Toiletries For Anyone Who Needs Them Open: 8:30am-3:30 pm or by appointment Free Will Donations make this resource possible. Donations of formula, diapers, lotion, shampoo,wipes, & baby food accepted.



Location: Normandy Park Education Center



## FALL 2022-2023

**EXTENDED DAY** is a youth-focused and choice-based program for pre-K through 5th grade students. Extended Day offers students the opportunity to develop strong social skills and positive relationships with peers, increase literacy and math skills, participate in individual and group activities, and work on special projects. Program activities include health and fitness, service projects, arts and crafts, creative play, languages and literacy, cooking, science, and much more.

- >> 2 after school options: 2:15 4:30 pm and 2:15 6:00 pm at early start schools
- Pick Your Day contract available only 5 day notice required
- Drop-ins available (24 hour notice & accepted if space is available)
- » No minimum number of days required for consistent contracts (attend 1-5 days per week)
- >> Unsure of schedule? No contract change fees and partial refund for cancellations prior to the first day of the school year

#### FALL 2022-2023 REGISTRATION INFO:

- Registration will be open on April 1, 2022 for school year 2022-2023 for incoming grades PreK-5. Visit whitebear.ce.eleyo.com to register.
- Registration fee by July 15: \$30
- Registration fee after July 15: \$40
- All registrations accepted on a space available basis.

	Sample of Daily Afternoon Schedule
2:15	Check-in & Group Team Building Game
2:25	Daily Meeting: Review daily choices and schedule and Social Emotional Learning Activity
2:45	Homework, Literacy Time (Read to Self, Read Aloud, Word Games, etc.)
3:00	Snack Opens
3:15	Active Play (Gym, Outside, Classroom Yoga or Go Noodle) Camps & clubs of varying topics offered
4:00	Daily Special or Youth Led Activity such as STEAM, Social Studies, Social Emotional Learning & Life Skills, Literacy, and Service Projects
4:45	Free Choice: Active Play, Dramatic Play, Games, Art, etc.
6:00	Program Close
*^	Il activities offered are open for vanying lengths. Students

\*All activities offered are open for varying lengths. Students will be able to access a variety of choices after school to tailor to their own individual enrichment interests!

## FALL 2022-2023 CONTRACT INFORMATION

### CONSISTENT

Mix and match mornings and afternoons but requires consistent days from week to week.

#### **PICK YOUR DAYS**

Choose varying days each week, requires a minimum of 5 days advance notice.

#### SESSION & HOURS

- Before School: 6:30 7:45 am
- After School: 2:15 4:30 pm
- After School: 2:15 6:00 pm
- Matoska AM: 6:30 8:30 am
- Matoska PM : 3:00 6:00 pm

#### RATES:

RATES WILL BE AVAILABLE ON APRIL 1 ONLINE AT communityservices.isd624.org/youth/extended-day

Select Non-School day programming will be available and information around sites will be available mid-summer. Registration is open for these days up to 2 weeks prior to the scheduled Non-School Day.



Questions? We are here to help! Call 651-407-7511 or email communityservicesbilling@isd624.org

# Breakfast Club

Is your child an early riser? Do you live out of district and are looking for an option for your child before work and school? Want a safe space for your student to get ready for the day? This is the club for them!

Breakfast Club will run Monday-Thursday mornings at both middle schools for 6-8th grade students. This club will provide students with an opportunity hang out with friends, finish up any assignments, participate in fun, hands-on activities, and prepare for their day ahead.

#### 7:45 - 9 am / Jan - May, 2022

Winter/Spring 2022: 30 sessions / \$150 - No class week of 3/7 Spring 2022: 16 sessions / \$80

Session Dates	Central	Sunrise
Winter/Spring (3/1 - 4/28)	#2500.201	#2499.201
Spring (5/2 - 5/26)	#2500.300	#2499.300



FLEX is an after school program designed just for middle schoolers! Students will have opportunities to design their daily activities,

work on homework, participate in open gym, and hang out with friends in a safe, relaxed, and engaging atmosphere. Students may be picked up, bike/walk home, or take the activity bus.

Schedule is flexible and can wrap around intramural, enrichment, or other after school athletics and activities. Parents must complete a contract and select each day your child will attend. Multiple absences will result in removal from program to allow students in waitlist to enter.

#### 4 - 5:20 pm / FREE

Session dates: Mon - Thu, Sept 13, 2021 - May 26, 2022

To register visit whitebear.ce.eleyo.com, keyword FLEX.

#### LIMITED SPACE AVAILABLE!

Financial assistance and scholarships are available.

Register at whitebear.ce.eleyo.com.

## White Bear Lake Area Schools **Middle School Athletics**

#### Online Registration at: http://lobby.wordwareinc.com (smartschoolsK12)

#### SPORTS PHYSICALS

Get Form: communityservices.isd624.org > Youth Programs > Middle School Athletics

- Students must have a current gualifying Sports Physical Examination form on file in their school's Health Office.
- Sports Physicals are good for 3 years. To check on a physical date contact your school's athletic office.
  - NOTE: A Well-Child exam does not meet the Sports Physical requirements.

• Mail/Email/Fax the Sports Physical to the student's school.

#### **FINANCIAL ASSISTANCE**

Students currently receiving free/reduced meals will automatically receive a discount when registering. Exception: MS Cheerleading assistance requires a phone call to Community Services, call 651-407-7506.

#### IMPORTANT

- All athletes must be registered before he/she may participate in practice or competitions.
- Some sports may have additional team apparel fees.
- Refunds may be issued only within the first ten days of the season if the athlete has not yet competed.
- If needed, please email your school's athletic secretary for a Family Key or any registration questions.
- An Activity Bus is available after practice for students. Pick up @ 5:30 pm. View schedule: communityservices.isd624.org > Youth Programs > Aiddle School Athletics

Community Services & Recreation Matt Riebow, Coordinator 4855 Bloom Ave., White Bear Lake, MN 55110 matthew.riebow@isd624.org ninchai.nok-chiclana@isd624.org 651-407-7501 communityservices.isd624.org

REGISTRATION OPENS	SEASON STARTS	SPORT	COST
August 1	1st week	Cross Country (6-8)	\$125
	of school	Tennis-Girls (6-8)	\$125
		Volleyball (6) Oct Start	\$120
		Volleyball (7-8)	\$125
	Late Oct.	Wrestling (6-8)	\$125
February 15	Early April	Golf (6-8)	\$150
		Tennis-Boys (6-8)	\$125
		Track & Field (6-8)	\$125
April 1	Early June	Cheerleading (6-8) Register at: www.whitebear.ce.eleyo.com	\$500

Middle School Website visit for updates and general information on schedules, coaches info, meetings, and directions. communityservices.isd624.org > Youth Programs > Middle School Athletics

Ninchai Nok-Chiclana, Sunrise Athletics Fax Physicals: 651-653-2716

Christine Beckers, Central Athletics christine.beckers@isd624.org Fax Physicals: 651-407-7502



## **Driver's Education: A+ Driving School**

AGES 14+ / INSTRUCTOR: A+ DRIVING SCHOOL

Students may start classroom driving lessons at age 14, take the Knowledge Test and obtain their Instruction Permit at age 15, and take the Road Test and obtain their Provisional License at age 16. To be eligible to take the Road Test, students must have had their Instruction Permit for a minimum of six months

**Classroom Phase:** This phase includes the required 30 hours of classroom instruction that prepares the student to take the Minnesota permit test and to take on the responsibility of driving. If a lesson is missed, a make-up lesson can be arranged with the office at either the next session or at another of A+'s locations.

**Behind-the-Wheel Phase:** After students pass the permit test, they are required to complete 6 hours of driving lessons. The lessons are provided in three, two-hour lessons. The lessons are one-on-one instruction with instructors licensed through the MN Department of Public Safety.

Parent Involvement: A+ Driving School is proud to offer a 90 minute parent informational meeting that will cover the following information and make your student the safest driver possible: GDL Process and licensing, accident avoidance, A+ Driving School's classroom policies and BTW scheduling, parental guidelines and insurance rates and discounts. This is open to ANYONE at any stage of the licensing process. Attending this class will meet the requirement to REDUCE the number of hours that students need to drive with a parent from 50 to 40 hours.

Fees include classroom instruction, materials and 6 hours of behind-the-wheel training. Permit and road exam fees are not included. *Payment plans available*.

10 sessions / \$395 / North Campus or ONLINE

2000.302	Mon - Thu, Apr 4 - 19 / 3:15 - 6:15 pm North Campus		
2000.303	Mon - Thu, Apr 11 - 26 / ONLINE		
2000.304	Mon - Thu, Apr 27 - May 12 / ONLINE		
2000.305	Mon - Thu, May 9 - 24 / 3:15 - 6:15 pm North Campus		
2000.306	Mon - Fri, May 16 - 27 / <b>ONLINE</b>		

Summer Driver's Education / \$410\* / ONLINE

Class times are offered at 9:30 - 12:30 pm, 12:45 - 3:45 pm, and 4 - 7 pm

2000.400	10 sessions / Mon - Thu, Jun 13 - 28
2000.401	10 sessions / Mon - Fri, Jun 29 - 14
2000.402	10 sessions / Mon - Thu, Jul 18 - 2
2000.403	9 sessions / Mon - Thu, Aug 3 - 18
2000.404	10 sessions / Mon - Fri, Aug 22 - Sep 2

#### See more summer classes on page 29!

\*Summer price increase

## Brake for Basics LIMITED SPOTS!

#### AGES 14+

Are you excited to be getting your driver's license but nervous about taking care of your vehicle? This one-night course will give you an overview of how to make you a more informed vehicle owner. A few of the topics that will be covered during this course include vehicle maintenance, checking vehicle's fluids, checking the vehicle's tires, and how to jump-start a vehicle. After taking this course, you will have more confidence in being a new driver and having to take care of a vehicle.

Please Note: There will be opportunities for hands-on participation. Wear older clothes that you will not mind if they get dirty. Safety glasses and gloves will be provided.

No vehicle needed. Learning will take place on school-owned shop cars.

1764.300

1 session / \$10 Wed, May 4 / 5:30 - 7:30 pm South Campus High School

## **ACT Preparatory Course**

#### JUNIORS & SENIORS

Advantage Educational Programs is giving students the option of preparing for the ACT exam in a variety ways: In-School, Online, or Live Virtual.

**\$150** / In-Person Course: This course consists of four, three-hour classes that meet once a week at South Campus. It includes diagnostic testing, instruction in time management, overcoming test anxiety, science reasoning, English strategies and review, essay writing, reading comprehension, and math strategies and review. Students will also have free access to our online course.

**\$60** / **Online - At Your Own Pace:** This course is an excellent alternative for any student unable to attend in-school classes or for a student preferring to prepare for the ACT exam on their own, and study at their desired pace.

**\$150** / Live Virtual Course: This course is an excellent alternative for any student unable to attend an in-school class, but still prefers the interaction with one of the Advantage instructors. The instructors teach live via virtual classroom and are available to answer questions if needed.

#### 4 sessions / South Campus 610 or **ONLINE**

2100.301	Sat, Apr 30 - May 21 / 9 am - 12 pm South Campus 610
2100.911	Sun, May 1 - 22 / 1 - 4 pm / ONLINE
2100.912	ONLINE
2100.888	Self-paced

## Child & Babysitting Safety Class (CABS) AGES 11-15

This program from the American Safety and Health Institute gives everything you need to know for safe and successful babysitting. The YouTube "vlogger" style presentation of the video brings a youthful and high-energy spirit to the program content and the colorful magazine format of the student book makes learning fun. From getting started with your business, to working with parents and children, to key safety, caregiving, and first aid tips, CABS will help set you up for babysitting success. Students must be present for the entire class and complete achievement of the core learning objectives to receive certification valid for two years. Instructor provides baby dolls, bottles, diaper supplies for skills participation. Students attend this class independently. Parents are encouraged to review the take home information and discuss it with their child.

2300.300

1 session / \$56 Fri, Apr 15 / 9 am - 12:30 pm Central Middle School

## **Blooming Botanists**

#### **GRADES K-5**

Get your fingers dirty and look at what grows! Join us in the excitement of growing your own garden and learning about the types of plants we can grow in Minnesota. Students will leave this course with a plant of their own to bring home to continue to care for!

1732.300

4 sessions / \$40 Wed, Apr 13 - May 4 / 2:25 - 3:25 pm Oneka Elementary

## **Clay Creations**

#### GRADES K-5

In this club we will be using different clay mediums to make a variety of projects. We will use model magic, air dry, and polymer clay. We will explore the basics of using clay and clay tools and then we will dive into making many different magical creations. Learn how to make dragon eggs, fairy houses, animal creatures, and more.

1712.300

4 sessions / \$40 Thu, Apr 7 - 28 / 2:25 - 3:25 pm Lakeaires Elementary

#### **DIY Miniatures**

#### GRADES 4-5

Join the craze and create your own real mini items! Mini backpacks, school supplies, snacks.. The possibilities are endless! Join this camp to create your own handmade items for your collection!

1724.300 4 sessions / \$40 Wed, May 4 - 25 / 2:25 - 3:25 pm Otter Lake Elementary

## **DIY Spinning Toys**

#### GRADES K-5

We will learn a little bit about the science that goes into making a spinning type of toy. We have many different projects that will make your head spin with amazement. Take the projects home and dazzle your friends and family! Come join us for a camp filled with fun!

1734.300 4 sessions / \$40 Wed, Apr 20 - May 11 / 2:25 - 3:25 pm Vadnais Heights Elementary

**MN Swordplay Fencing** 

#### AGES 5-18

Whatever you are looking for in the sport of fencing there is something for everyone! Fencing is a vigorous sport that develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. Participants are encouraged to have fun no matter what their ability. Attacking, defense, timing and intense tactics are all integrated into this beginning class. Whether you're fencing for a good work out, or gaining points for the Olympics, fencing is fun for the whole family. All fencing equipment provided. Come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.

2414.301 6 sessions / \$75 Sat, Apr 16 - May 21 / 1 - 2 pm North Campus High School

## **Slime Club**

#### GRADES K-5

Ever wondered the purpose of slime or what it is made out of? How is some slime slimy and other slime is soft? What reactions happen when mixing ingredients. How many different slimes can we make? Is there edible slime? Glow in the dark slime? Join this club for some extra messy fun! Remember to dress for the mess!

1699.300

4 sessions / \$40 Thu, Apr 21 - May 12 / 2:25 - 3:25 pm Birch Lake Elementary



## The Great Escape: Lincoln Edition

#### GRADES 2-5

Escape Room Lincoln Elementary style! We will be using the Break Out Edu. kits to have fun trying to break into our box of fun. We will work in teams to create our own break out story and have a friendly competition to see who gets the fastest time! Come join in the fun!

1693.300 4 sessions / \$40 Tue, May 3 - 24 / 2:25 - 3:25 pm Lincoln Elementary

#### **Nature Club!**

#### GRADES K-1

We're going on a bear hunt! Join us as we explore outside, take sensory walks, do a scavenger hunt and learn about gardening. You'll get to plant and take home your very own sunflower to watch it grow!

1730.300 4 sessions / \$40 Thu, Apr 21 - May 12 / 2:25 - 3:25 pm Hugo Elementary

## No Bake Cooking Club

#### **GRADES K-5**

Have you ever needed to cook a meal with no appliances? Have no fear-we have your back! In this camp we are going to focus on NO BAKING NEEDED! We will experiment with food to create our best meal- salads, no bake desserts, and entrees galore- everything your taste buds will need to explore!

1731.300 4 sessions / \$40 Tue, Apr 12 - May 3 / 3:10 - 4:10 pm Matoska Int'l

## Waffle Iron Cooking!

#### GRADES 2-5

Have you ever cooked with a waffle iron before? Did you know that it is not just for waffles? During this club we will learn all kinds of fun foods you can make with a waffle iron. Kids will get to take these recipes home with them as well.

3654.301

4 sessions / \$40 Thu, May 5 - 26 / 2:25 - 3:25 pm Willow Lane Elementary

Stay connected and follow us on social media!



## Sunset Paint Date (Adult & Child Ages 8+)

Enjoy a fun paint date! Experience a fun and relaxing environment with the challenge of a class guided by a professional artist. Each individual will work on a different side of the canvas. When the two sides join at the end of class, you will have one complete artwork. A \$15 material fee due at class.

1200.400

1 session / \$55 per pair Fri, Jun 3 / 6 - 8 pm Senior Center

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## **Brazilian Jiu-Jitsu for Self Defense**

AGES 16+ / INSTRUCTOR: HIGHER GROUND BJJ Brazilian Jiu-Jitsu for Self Defense is a 6 week program designed to give you an introduction, and basic understanding of fundamental moves and positions of BJJ that can help keep you safe in a violent encounter. Brazilian Jiu-Jitsu has proven to be one of the most effective martial arts for self defense. By using technique and leverage, a smaller weaker person can defend themselves against a bigger, stronger opponent. This course is for people new to BJJ of all shapes, sizes and athletic ability.

1798.400

6 sessions / \$175 Mon, Jun 6 - Jul 18 / 5 - 6 pm Higher Ground BJJ 5960 US-61 Suite 2, WBL No Class Jul 4

## Kids Brazilian Jiu-Jitsu

AGES 8-12 / INSTRUCTOR: HIGHER GROUND BJJ Kids Brazilian Jiu-Jitsu is a 6 week program designed to give your child an introduction to this fun and engaging martial art! Kids will learn the basic positions of BJJ that can help increase body awareness, athleticism, and physical boundaries Technical practice, combined with games and BJJ specific drills will all be utilized in this fast paced, exciting class!

1799.400

6 sessions / \$175 Wed, Jun 8 - Jul 20 / 5 - 6 pm 5960 US-61 Suite 2, WBL *No Class Jul 6* 





In the White Bear Lake Area, there are a variety of sports opportunities. Questions about specific information, tryout dates and seasons should be directed to the contacts below.

#### **WBL Recreational Sports**

#### WBL School Sports

<b>»</b>	Middle School Athletic Office	
<b>»</b>	South Campus Athletic Office	

#### Vadnais Park and Recreation Sports

#### Sport Specific Organizations

»	Baseballwww.whitebearbaseball.com
»	Basketball
»	Cheerleading
»	Fast Pitch Softball
»	Football www.wbyouthfootball.org
»	FLIPS Gymnastics
»	Hockey
»	Lacrosse
»	Soccer
»	Speedskating in Roseville
»	Ultimate Frisbee
»	Volleyballwww.whitebearvolleyball.org
»	Wrestling Club leaguelineup.com/wbl-icebears
»	WB Sailing Club

#### Facilities

» Hippodrome Ice Arena Jon Anderson, Coordinator	
» White Bear Area YMCA	
» Ramsey County Arena	
» Tamarack Nature Center	(651) 407-5350
» WBLAS Facility Reservation Lin	<b>1e</b> (651) 407-7503
» WB Armory & Sports Center	

#### **Boys Baseball**

Youth Rec Baseball is for boys currently in grades 2-5. Practice will start mid May with games scheduled to start the first week in June. Your season will run from mid May to early August. Games and practices will be at local WBL fields throughout the week. Coaches will contact your about team details. All players will register for current grade level.

Games nights are Tuesday and Thursday. Team hats and jerseys are provided.

#### **REGISTRATION CLOSES: APRIL 30**

#### **Girls Softball**

White Bear Lake Community Services & Recreation is offering girls Slow Pitch Softball for grades 2-10. Leagues will combine with other surrounding communities if needed

Practice will start Mid May weather depending. The season is 5 weeks (10 games) and will have an end of season tournament. Games start the first week in June and finishing approximately in late July or early August.

Junior League games will start in May and will be played with North St. Paul on Monday nights.

**REGISTRATION CLOSES: APRIL 30** 

## REGISTRATION FOR SUMMER YOUTH RECREATION IS OPEN!

See pages 44-48 for more information

Sign up at whitebear.ce.eleyo.com

Volunteer coaches are needed! Contact Matt at 651-407-7506 or matthew.riebow@isd624.org.

## FALL REC SPORTS

Football, Volleyball and Soccer Registration opens July 1

Middle School Sports Registration opens August 1

More information to come!

Stay up to date and visit us at communityservices.isd624.org.

## SUMMER AT A GLANCE



#### SUMMER LOCATIONS - PG 24

EARLY CHILDHOOD - PG 26

EXTENDED DAY & FLEX - PG 28

DRIVER'S ED & ACT - PG 29

WEEKLY ENRICHMENT CAMPS - PG 30

**YOUTH RECREATION - PG 44** 

## SUMMER U - PG 49

# Registration is OPEN!

Sign up today at whitebear.ce.eleyo.com

Free/reduced lunch discounts available. Contact us at 651-407-7501 for more information.

#### Week of June 1

• Kayak on White Bear Lake

#### Week of June 6

- Brazilian Jiu-Jitsu for Self Defense
- Kids Brazilian Jiu-Jitsu

#### Week of June 13

- COR Robotics:
   Drone Programming
- COR Robotics: Eureka Engineering
- NASP Archery Camp
- Summer Driver's Education: A+ Driving School
- Minecraft 3D Printing Design
- Code Drones & Code
   a Video Game
- Nemo's World: Adult & Child Art Class
- Fairy Garden with Kidcreate Studio
- Bear's Track
- T-Ball
- Little Sluggers
- Girls Basketball Camp
  - Youth Tennis Beginner Beginner/Intermediate Intermediate/Advanced Adult & Child
- Lacrosse
- Volleyball Bear Cub MS 6v6 HS 6v6 Coach Led Gym





## Week of June 20

- Tally's Casting Style Fishing Camps
- Morning Mantra Masters
- Creative literacy Camp-Out
- 'Free-From' Food Camp
- Oneka Resort & Spa
- Escape Room: Space-X Galactic Mission
- Epic Robo Lab: Build Your Own Robots
- Exploring the World of Color with Paint
- Sports Sampler
- Bear Cub Youth Wrestling
- Volleyball Skills Camp
- Lil' Cubs Football Camp
- Beardown Boys Basketball Camp
- Soccer Shots

## Week of June 27

- Tally's Bobber Style Fishing Camps
- Horse Riding Day Camp
- Board Games/Game On
- Reduce, Reuse, Recycle
- Crafty Science
- Minecraft Escape Room
- Minecraft YouTube
- Video Creation
- No Bake Desserts
- Master Chef
- Camping Skills
- Summer Driver's Education: A+ Driving School
- Youth Cheerleading Clinic
- Beardown Boys Basketball Camp

## SUMMER AT A GLANCE

### Week of July 4

- Glam Lab Stunning Science
- Candy Lab
- Art Academy Camp with Kidcreate Studio

## Week of July 11

- Tally's Bobber Style Fishing Camps
- COR Robotics: Drone Photography
- COR Robotics: Intro to ESPORTS
- Horse Riding Day Camp
- Birds, Butterflies, & Blossoms!
- Arts & Crafts from Around the World
- Beginner Coder Pokémon adventures
- Drone Racing and Rocket Launching
- Exciting Engineering!
- Bon Appetit World Flavors
- Good Night Moon: Adult & Child Art Class
- Volleyball Elementary Volleyball Camp Volleyball Skills Camp MS Meet the HS Camp HS Pre-Tryout Camp
- Youth Cheerleading Clinic
- Youth Tennis Beginner Intermediate/Advanced Learn to Play Matches

## Week of July 18

- Tally's Bobber Style Fishing Camps
- NASP Archery Camp
- Horse Riding Day Camp
- Summer Driver's Education: A+ Driving School
- Puppet Party
- World Travelers
- Easy Cooking 101
- MN Swordplay Fencing
- Sports Sampler
- Break Out!
- Woodburning

## Week of July 25

- Tally's Bobber Style Fishing Camps
- Horse Riding Day Camp
- Happy Little Trees
  The History of Spectacular Science!
- Full on Flag Games
- Awesome Robotics for Kids
- X-Treme Build & Race
- Crafting Friendships
- Dream Big, Let's Read!
- Yard Games

### Week of Aug 1

- Horse Riding Day Camp
- Reduce, Reuse, Recycle
- Crafty Science
- Sports STEM
- Coding my First Game: Minecraft Adventures
- Ultimate YouTube Super Star!
- Crazy Concoctions and Insane Inventions!
- Clay Creations
- Mixed Media Art
- Outdoor Games
- Summer Driver's Education: A+ Driving School
- Bears Golf Camp
- Kids Coaching Kids Basketball Camp



## Week of Aug 8

- NASP Archery Camp
- Horse Riding Day Camp
- COR Robotics: RC Wars
- Dr. Seuss Camp
- 'Free-From' Food Camp
- Creative literacy Camp-Out
- Sports Sampler
- Easy Cooking 101
- Mythical Creatures
- Art Sampler
- Sports Sampler
- CSI: Forensic Science for Kids
- CSI Camp
- Cupcake Wars
- Football Camp

## Week of Aug 15

- NASP Archery Camp
- Horse Riding Day Camp
- MN Swordplay Fencing
- Fairy Garden with Kidcreate Studio

## Week of Aug 22

- Horse Riding Day Camp
- SELF SCREEN BEFORE CLASS

#### Have you had?

- Fever or feeling feverish?
- New cough?
- New headache?
- Sore throat?
- Muscle aches?
- Loss of taste or smell?
- Shortness of breath?

If you are sick or have any of these symptoms, do not attend class and call 651-407-7501 to cancel your enrollment.

## SUMMER LOCATIONS

## **DISTRICT LOCATIONS**

- 1. Central Middle School 4857 Bloom Ave, WBL
- 2. District Center Offices 4855 Bloom Ave, WBL
- **3.** Lincoln Elementary 1961 6th St, WBL
- 4. Matoska International IB World School 2530 Spruce Place, WBL
- 5. Normandy Park Education Center 2482 E County Rd F, WBL
- 6. Oneka Elementary 4888 Heritage Pkwy N, Hugo
- 7. Otter Lake Elementary 1401 County Road H2, WB Twp
- 8. Sunrise Middle School 2399 Cedar Ave, WBL
- 9. Tamarack Nature Center 5287 Otter Lake Rd, WBL
- **10. WBLAHS North Campus** 5045 Division Ave, WBL
- **11. WBLAHS South Campus** 3551 McKnight Rd, WBL

## **OTHER LOCATIONS**

- Hardwood Creek Farm 2306 80th St E, Hugo
- Higher Ground BJJ 5960 US-61 Suite 2, WBL
- Memorial Beach 4980 Lake Ave, WBL
- Podvin Park 1700 9th St, WBL
- Tally's Dockside 4441 Lake Ave S, WBL
- Val Jean Park 14271 Val Jean Blvd., Hugo
- West Park 2350 11th St, WBL
- White County Park 5050 Lake Ave, WBL



## SUMMER EARLY CHILDHOOD

## Early Childhood Family Education (ECFE)

ECFE offers classes for parents and their children ages birth to five years of age (before kindergarten).

- » Programs are designed for parents and their infants, toddlers and preschool age children.
- » Classes help strengthen family relationships and provide information and resources to parents.
- » Programs strive to build a strong foundation for families by forming a partnership between home and school.

2022-2023 Preschool Registration REGISTRATION OPEN NOW

The brochure is available in our office and online at earlychildhood.isd624.org > registration

Registration accepted in-person at Normandy Park Education Center and online at whitebear.ce.eleyo.com.

Registrations MUST include the following items or your enrollment will not be accepted:

- A non-refundable \$55 registration fee
- Copy of birth certificate (new families only)
- Current immunization record faxed to: 651-653-3155 \*a new copy needed every year

If you have any questions, please call 651-653-3100.

#### **Tuition Assistance**

School Readiness tuition assistance forms are available in the Normandy Park Early Childhood Office. For more information call 651-653-3100.

## Early Childhood Screening

#### SCREEN AT THREE

Early Childhood Screening is required by the state of Minnesota for children 3 years or older prior to entering kindergarten. White Bear Lake Area School District provides this screening at no charge.

Visit whitebear.ce.eleyo.com for upcoming screening dates.

To register, call 651-653-3100 or visit whitebear.ce.eleyo.com.

Early Childhood Screenings are held at: Normandy Park Educational Center 2482 East County Road F, White Bear Lake, MN 55110

## **Home Visits**

ECFE Makes House Calls. Home visits are offered to families with children birth to age five (not yet in kindergarten). A licensed Family Educator will share information about community resources and talk about how children grow and develop, and how your child learns.

Call Tami at 651-653-3159 to schedule your free home visit.

#### Playground Play Group Dates AGES 0-5

Meet us outside for some playground fun! During our time together we will sing songs, read stories and explore together. Each session will have different adventure activities led by a licensed ECFE teacher. This play group is geared for children age birth to five years old (before kindergarten), although older siblings are welcome to attend and play at the park. Dress for the weather and come ready to play, create, and learn together.

\$15 per session / Wednesdays / 10:30 am - 12 pm

Session A	June 8 - West Park June 15 - West Park June 22 - Tamarack Nature Center
Session B	July 13 - West Park July 20 - West Park July 27 - Memorial Beach
Session C	Aug 3 - West Park Aug 10 - West Park Aug 17 - Normandy Park

West Park, 2350 11th St, WBL

Tamarack Nature Center, 5287 Otter Lake Rd, WBL

Memorial Beach, 4980 Lake Ave, WBL

Normandy Park, 2482 County Rd F East, WBL

**Next Step Kindergarten!** 

FOR CHILDREN ENTERING KINDERGARTEN FALL OF 2022 Is your child graduating from preschool and moving on to Kindergarten this fall? If so, this class is a great opportunity to spend a few days preparing for September by learning the expectations in the new school environment, building relationships with new school friends, and practicing independent self help skills within a regular school day. Children will also be reviewing and working on language and literacy, thinking and math skills through guided play, group time, and social interactions. Scholarships are available to qualifying families.

\$180 / Mon - Thu, 8:30 am - 1:30 pm Scholarships available

Lincoln:	Session 1: July 18 - 28 Session 2: August 1 - 11
Oneka	Session 1: July 18 - 28 Session 2: August 1 - 11
Matoska	Session 1: July 18 - 28 Session 2: August 1 - 11

Busing may be available. Eligibility determined after registration.

## SUMMER EXTENDED DAY & FLEX



#### SUMMER 2022: JUNE 15 - AUGUST 19

Summer locations (incoming grades K-4):

- Matoska Elementary
- Lincoln Elementary
- Oneka Elementary

Daily activities include a variety of hands-on free choice options from art to science to dramatic play. Each day will include active play, literacy, team building and social emotional learning opportunities. Each week will have exciting on-site activities inspired by youth voice and opportunities to participate in camps tailored to interests and ages. This summer we will also offer special on-site events and reintroduce field trip excursions as Covid safety protocols allow.

#### **HIGHLIGHTS:**

- Full calendar of events on: communityservices.isd624.org/youth/extended-day-summer
- Health and safety protocols in place and followed since March 2020
- Daily specials and activities to keep your student engaged.



## SUMMER 2022: JUNE 15 - AUGUST 19

#### Summer location (incoming grades 5-8): • Central Middle School

Summer FLEX is all about youth choice and voice! Youth work in committees to plan everything from the daily snack to on-site opportunities and field trips. We offer a wide variety of specialized activities to promote personal growth and success. Experiences and opportunities include: athletic tournaments and competitions, outdoor and indoor recreation, making new friends, service learning, cooking and a place to hang out!

#### **HIGHLIGHTS:**

- Calendar outline available here: communityservices.isd624.org/youth/flex-summer
- Youth will work in their committees to plan their designated days and openings
- Shuttle available from Matoska and Oneka to Central Middle School
- Youth-planned summer ensure high engagement, student interest and a place where your child wants to be!

## **REGISTRATION IS OPEN!**

**Pick Your Days Contract:** To maximize the flexibility and choice for all families, all summer contracts will be Pick Your Day. Consistent days each week are not required to achieve the best daily rate. Any days added after the first day of summer will be at a \$52/day rate and accepted as available.

- Registration fee March 1- April 30: \$40/student
- Registration fee after April 30: \$50/student Accepted on space available basis

Register by **April 30** to start the first day of summer. Sites will be capped at 120 students per day to accommodate additional summer programming. Register early to get your preferred site choice!

#### DAILY RATES BASED ON # OF SCHEDULED DAYS

42-47 days = \$42/day 34-41 days = \$46/day 28-33 days = \$49/day 5-27 days = \$52/day

Contact us for information on Summer U eligible discounts for students dually enrolled.

#### **QUESTIONS?**

Contact us at communityservicesbilling@isd624.org or call 651-407-7511.

Register for all programs at whitebear.ce.eleyo.com

#### SUMMER Driver's Education: A+ Driving School

AGES 14+ / INSTRUCTOR: A+ DRIVING SCHOOL Summer distance learning (virtual) classes are subject to change to in-person at any time. Students may start classroom driving lessons at age 14, take the Knowledge Test and obtain their Instruction Permit at age 15, and take the Road Test and obtain their Provisional License at age 16. To be eligible to take the Road Test, students must have had their Instruction Permit for a minimum of six months. The Driver's Education Program is divided into two phases:

**Classroom Phase:** This phase includes the required 30 hours of classroom instruction (10 lessons) that prepares the student to take the Minnesota permit test and to take on the responsibility of driving.

**Behind-the-Wheel Phase:** After students pass the permit test, they are required to complete six hours of driving lessons. The lessons are provided in three, two-hour lessons. The lessons are one-on-one instruction with instructors licensed through the MN Dept. of Public Safety. Students can be picked up from and dropped off at home, school or work.

Parent Involvement: A+ Driving School is proud to offer a 90 minute parent informational meeting that will cover the following information and make your student the safest driver possible: GDL Process and licensing, accident avoidance, A+ Driving School's classroom policies and BTW scheduling, parental guidelines and insurance rates and discounts. This is open to ANYONE at any stage of the licensing process. Attending this class will meet the requirement to REDUCE the number of hours that students need to drive with a parent from 50 to 40 hours.

Fees include classroom instruction, materials and 6 hours of behind-the-wheel training. Permit and road exam fees are not included. *Payment plans available*.

#### \$410 / North Campus or ONLINE

2000.400	10 sessions / Mon - Thu, Jun 13 - 28* ONLINE
2000.405	10 sessions / Mon - Thu, Jun 13 - 28 9 am - 12 pm / North Campus
2000.401	10 sessions / Mon - Fri, Jun 29 - Jul 14* ONLINE
2000.402	10 sessions / Mon - Thu, Jul 18 - Aug 2*
2000.406	10 sessions / Mon - Thu, Jul 18 - Aug 2 9 am - 12 pm / North Campus
2000.403	9 sessions / Mon - Thu, Aug 3 - 18* ONLINE
2000.407	10 sessions / Mon - Thu, Aug 3 - 18 9 am - 12 pm / North Campus
2000.404	10 sessions / Mon - Fri, Aug 22 - Sep 2*

\*Choose from 9:30 - 12:30 pm, 12:45 - 3:45 pm, or 4 - 7 pm

## Brake for Basics LIMITED SPOTS!

#### AGES 14+

Are you excited to be getting your driver's license but nervous about taking care of your vehicle? This one-night course will give you an overview of how to make you a more informed vehicle owner. A few of the topics that will be covered during this course include vehicle maintenance, checking vehicle's fluids, checking the vehicle's tires, and how to jump-start a vehicle. After taking this course, you will have more confidence in being a new driver and having to take care of a vehicle.

Please Note: There will be opportunities for hands-on participation. Wear older clothes that you will not mind if they get dirty. Safety glasses and gloves will be provided.

No vehicle needed. Learning will take place on school-owned shop cars.

1764.300

1 session / \$10 Wed, May 4 / 5:30 - 7:30 pm South Campus High School

## **ACT Preparatory Course**

#### JUNIORS & SENIORS

Advantage Educational Programs is giving students the option of preparing for the ACT exam in a variety ways: Online or Live Virtual.

**\$150** / In-Person Course: This course consists of four, three-hour classes that meet once a week at South Campus. It includes diagnostic testing, instruction in time management, overcoming test anxiety, science reasoning, English strategies and review, essay writing, reading comprehension, and math strategies and review. Students will also have free access to our online course.

**\$60** / Online - At Your Own Pace: This course is an excellent alternative for any student unable to attend in-school classes or for a student preferring to prepare for the ACT exam on their own, and study at their desired pace.

**\$150** / Live Virtual Course: This course is an excellent alternative for any student unable to attend an in-school class, but still prefers the interaction with one of the Advantage instructors. The instructors teach live via virtual classroom and are available to answer questions if needed.

4 sessions / Self-paced or **ONLINE** 

2100.912	ONLINE
2100.888	Self-paced

## Intro to Dragon Boat Paddling

Gr 7-12 in Fall 2022 5 sessions / \$140 Thu, June 16, 23, 30, July 14 / 6 - 7 pm

See page 10 for more details!

## Kayak On White Bear Lake

#### AGES 6-16 W/ADULT

Kick off summer in a kayak! Paddle on White Bear Lake to look for birds, turtles, and fish. Learn how to paddle, get in and out safely, and what to pack for a day on the water. Learn how relaxing and fun paddling can be. Wear shoes that can get wet and dress in layers for time on the water.

#### Single Kayak

1680.412 1

1 session / \$40 Wed, Jun 1 / 4 - 5:30 pm White Bear County Park

#### Tandem Kayak

1680.414

1 session / \$70 per pair Wed, Jun 1 / 4 - 5:30 pm White Bear County Park

### Tally's Fishing Camp Adult & Child Fishing

\$60 per pair Mon, Jun 6 or Mon, Aug 1 10 - 11:30 am Tally's Dockside

See page 12 for more information!

## Brazilian Jiu-Jitsu for Self Defense

AGES 16+ / INSTRUCTOR: HIGHER GROUND BJJ

Brazilian Jiu-Jitsu for Self Defense is a 6 week program designed to give you an introduction, and basic understanding of fundamental moves and positions of BJJ that can help keep you safe in a violent encounter. Brazilian Jiu-Jitsu has proven to be one of the most effective martial arts for self defense. By using technique and leverage, a smaller weaker person can defend themselves against a bigger, stronger opponent. This course is for people new to BJJ of all shapes, sizes and athletic ability.

1798.400

6 sessions / \$175 Mon, Jun 6 - Jul 18 / 5 - 6 pm Higher Ground BJJ No Class Jul 4

#### **Kids Brazilian Jiu-Jitsu**

AGES 8-12 / INSTRUCTOR: HIGHER GROUND BJJ Kids Brazilian Jiu-Jitsu is a 6 week program designed to give your child an introduction to this fun and engaging martial art! Kids will learn the basic positions of BJJ that can help increase body awareness, athleticism, and physical boundaries Technical practice, combined with games and BJJ specific drills will all be utilized in this fast paced, exciting class!

1799.400

6 sessions / \$175 Wed, Jun 8 - Jul 20 / 5 - 6 pm Higher Ground BJJ No Class Jul 6



## COR Robotics: Drone Programming

GRADES 3-8 / INSTRUCTOR: COR ROBOTICS

Students will learn to program and fly at the same time! The drone can be programmed using entry level block based coding, or more advanced text based coding to perform various challenges throughout the camp. The fun and excitement of flying drones makes it easy to forget students will be learning valuable 21st century programming skills in the process.

1001.400 3 sessions / \$99 Mon- Wed, Jun 13 - 15 / 9 am - 12 pm Central Middle School

### COR Robotics: Eureka Engineering

GRADES 3-8 / INSTRUCTOR: COR ROBOTICS

Eureka Engineering introduces students to the core skills of robotics and STEM through engaging, hands-on learning opportunities. Student groups will work with Lego Mindstorm kits, which include both electrical and mechanical components. The small groups will be mentored by experienced and passionate instructors. Parents are welcome to watch their child's robotic creations come to life in exciting and competitive challenges including drag racing, fighting robots and more!

1002.400

3 sessions / \$99 Mon - Wed, Jun 13 - 15 / 1 - 4 pm Matoska Int'l

#### NASP Archery Camp

AGES 7-15 / INSTRUCTOR: WBL ARCHERY CLUB This Archery Camp will have you on target. Equipment is provided. This is a great pre-requisite to join the White Bear Lake archery club or simply have some archery fun.

3 sessions / \$85 / North Campus High School

2701.401	Mon - Wed, Jun 13 - 15 / 1 - 3 pm
2701.400	Mon - Wed, Jun 13 - 15 / 10 am - 12 pm

## **Minecraft 3D Printing Design**

#### GRADES 2-5 / TECH TAC TOE

If you are into Minecraft and you want to discover the exciting world (and potential) of 3D CAD (Computer Aided Design) and 3D printing, then this is the camp for you! Come to this innovative STEAM camp and learn how to use a CAD program with your team as you have fun designing awesome 3D shapes, many Minecraft inspired - like a diamond sword, a creeper, and more! Kids take home a trove of designs that can easily be printed by online services. The camp also includes tons of hands-on Minecraft projects!

2614.400

4 sessions / \$140 Mon - Thu, Jun 13 - 16 / 9 - 11:55 am Lincoln Elementary School

## Code Drones & Code a Video Game

GRADES 2-5 / TECH TAC TOE

Discover this groundbreaking technology as you have a blast learning to code drones AND to program an exhilarating drone inspired Video game and enjoy fun STEAM challenges. Also know as UAV (unmanned aerial vehicles), kids in small teams code a drone to obey their every command. Have a blast as you develop a flight plan so the drone goes through loops and turns to reach the objective. THEN learn to code an action packed drone inspired video game to take home. A great camp to get introduced to the amazing world of flight and coding.

2314.400

4 sessions / \$150 Mon - Thu, Jun 13 - 16 / 1 - 4 pm Lincoln Elementary School

## Nemo's World: Adult & Child Art Class

#### AGES 18 MONTHS-6 YEARS W/ADULT

Come to class and create an underwater world that your little guppy will be excited to explore! The kids might even recognize a few fish friends from Finding Nemo in the underwater world that they create. This project even glows-in-the-dark! Come and create right along with your child. Children must be accompanied by a caregiver.

2906.401

1912.401

1 session / \$21 per pair Thu, Jun 16 / 9:30 - 10:30 am Normandy Park Education

## Fairy Garden with Kidcreate Studio

#### AGES 4-9 / KIDCREATE STUDIO

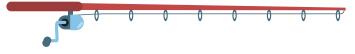
I do believe in fairies, I do! We'll use clay, paint, glitter, and more as we sculpt our very own enchanted fairy gardens. These adorable little fairy retreats will have sparkling streams, colorful flowers, a fairy swing, and more! You don't want to miss this magical class.

> 1 session / \$40 Wed, Jun 15 / 9 am - 12 pm Oneka Elementary School

## YOUTH RECREATION BEGINNING WEEK OF JUNE 20:

Wrestling, Bear's Track T-Ball, Little Sluggars Girls Basketball Youth Tennis Youth Lacrosse Clinic, Volleyball

See page 44-48 for complete class details!



## Tally's Casting Style Fishing Camps

GRADES 7-9 / TALLY'S

Focusing on the basics of casting style fishing - "catch and release" on White Bear Lake. Anglers will fish for a total of 8 hours in various fishing locations on the lake in a pontoon boat. For all our fishing excursions, our pontoons are fully upholstered and have a half canopy. Each pontoon will be equipped with a driver/fishing guide, live bait, and life vests. Anglers will have the opportunity to bring their own tackle, life vests and fishing poles but if needed we can supply gear. Anglers are encouraged to dress for changing Minnesota weather and apply sunscreen beforehand.

- 2419.400 3 sessions / \$105 Mon - Wed, Jun 20 - 22 / 8 - 10 am Tally's Dockside
- 2419.401 3 sessions / \$105 Mon - Wed, Jun 20 - 22 / 10 am - 12 pm Tally's Dockside

## Morning Mantra Masters

#### GRADES 3-4

Morning Mantra Masters - learn about yoga, mantras, and the chakras in these easy to learn morning yoga sessions!

 1707.400
 4 sessions
 \$40

 Mon - Thu, Jun 20 - 23
 10 - 11:30 am

 Lincoln Elementary School

Creative Literacy Camp-Out

#### GRADES K-2

Gather around the fire-free bonfire and get creative! We will be writing our own camp based books!

1740.400 4 sessions / \$40 Mon - Thu, Jun 20 - 23 / 1 - 2:30 pm Lincoln Elementary School

## 'Free-From' Food Camp

GRADES K-2

Free From food camp - learn to make delicious free-from foods such as dairy free ice cream, gluten free pizza, etc.

1741.400

4 sessions / \$40 Mon - Thu, Jun 20 - 23 / 1 - 2:30 pm Lincoln Elementary School

## Oneka Resort & Spa

#### GRADES K-2

Life can sure be stressful! Welcome to our DIY Day Spa at Oneka Elementary. Here at Oneka Resort & Spa, we will create our own oasis that you can use at school or at home! DIY bath bombs, stressballs, fidgets, learning how to do Calming Yoga and so many other things! Fun for all, you can use the things you create yourself OR maybe you want to gift them to someone else!

1760.400

4 sessions / \$40 Mon - Thu, Jun 20 - 23 / 10 - 11:30 am Oneka Elementary School

Escape Room: Space-X Galactic Mission GRADES 1-4 / TECH TAC TOE

If you are looking for the most thrilling, out of this world adventure this summer, then this camp is totally for you! Imagine - your mission is stuck on a newly explored planet and you now need to figure out how to return to Earth! Your path back leads you to solve fun clues and STEAM challenges. Build a rower, design an extension arm, create a light up constellation map, and ultimately, once you collected all.... clues, launch your own rocket! Explore space like never before in this action packed camp!

1781.400 4 sessions / \$150 Mon - Thu, Jun 20 - 23 / 9 - 11:55 am Matoska Int'l



## Sunset Paint Date (Adult & Child Ages 8+)

You and your child will experience a fun and relaxing environment with the challenge of a class guided by a professional artist. Each individual will work on a different side of a canvas at the same time with a partner. When the two sides join at the end of class, you will have one complete artwork. A \$15 material fee due at class.

1200.400

1 session / \$55 per pair Fri, Jun 3 / 6 - 8 pm Senior Center

#### Epic Robo Lab: Build Your Own Robots GRADES 1-4 / TECH TAC TOE

Robots are sooo much fun, and this camp is full of them! Do you like your Robot cute and fuzzy, or perhaps more hawkish and intriguing? YOU are the creator of your own robots. Using motors, batteries, and other supplies from your "inventors shack" have a blast as you engineer a different Robot each day, from fast moving, wiggly, shaky, spinning, shaking and so much more. We'll top it off with other mindboggling engaging activities.

1782.400

4 sessions / \$150 Mon - Thu, Jun 20 - 23 / 1 - 2 pm Oneka Elementary School

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## **Exploring the World of Color with Paint** GRADES K-2

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The art of painting is creating pictures using colors, tones, shapes, lines, and textures. The combination of colors and shapes and differnt medians can communicate a particular mood or produce a sensation of space, volume, movement, and light. Painting is also a popular form of entertainment and creative expression allowing your emotions to transfer onto your art.

1803.400

4 sessions \$40 Mon - Thu, Jun 20 - 23 / 1 - 2:30 pm Oneka Elementary School

## **Sports Sampler**

#### GRADES 3-4

The summer is great for getting outside and trying new sports (basketball, kickball & soccer)! Each day will be a different sport and we will focus on teaching the rules and how to respectfully play. It will be a great chance to get outside in the fresh air and possibly try a new sport.

1801.400

4 sessions / \$40 Mon - Thu, Jun 20 - 23 / 1-2:30 pm Oneka Elementary School

## YOUTH RECREATION BEGINNING WEEK OF JUNE 20:

Volleyball Skills Camp Lil' Cubs Football Camp Beardown Boys Basketball Camp Soccer Shots

See page 44-48 for complete class details!

WEEK OF JUNE 27

## Tally's Bobber Style Fishing Camps

GRADES 2-6 / TALLY'S

Focusing on the basics of bobber style fishing - "catch and release" on White Bear Lake. Anglers will fish for a total of 6 hours in various fishing locations on the lake in a pontoon boat. For all our fishing excursions, our pontoons are fully upholstered and have a half canopy. Each pontoon will be equipped with a driver/fishing guide, live bait, and life vests. Anglers will have the opportunity to bring their own tackle, life vests and fishing poles but if needed we can supply gear. Anglers are encouraged to dress for changing Minnesota weather and apply sunscreen beforehand.

2418.400

3 sessions / \$90 Mon - Wed, Jun 27 - 29 / 8 - 10 am Tally's Dockside

## REGISTRATION FOR SUMMER IS OPEN!

SIGN UP AT WHITEBEAR.CE.ELEYO.COM

## Horse Riding Day Camp

AGES 6-12 / HARDWOOD CREEK FARM

Giddy up and go! Spark Equestrian's day camps at Hardwood Creek Farm will help campers grow their confidence and love of working with horses. Campers will learn horse care, grooming, feeding and riding skills. There will be time for games, crafts, and we will make treats for the horses. Campers will take turns leading each other around on the horses while learning how to walk, steer and stop. This is one you won't want to miss!

1100.401

1 session / \$140 Mon, Jun 27 / 9 am - 2 pm Hardwood Creek Farm

## Board Games/Game On

#### GRADES 3-4

This is a camp all about board games! We will get the chance to learn some new games and play some well known games. Join us in creating our own games and challenging ourselves to learn something new!

1751.400 4 sessions / \$40 Mon - Thu, Jun 27 - 30 / 10 - 11:30 am Matoska Int'l

## Reduce, Reuse, Recycle

#### GRADES K-2

What can we do to make our Earth a better and more beautiful place to live? We can reuse some of the things that we normally just throw away! Join us to learn how to make some fun upcycled crafts and learn some ways that we all can make a difference!

1752.400

4 sessions / \$40 Mon - Thu, Jun 27 - 30 / 1 - 2:30 pm Matoska Int'l

## Crafty Science

#### **GRADES K-2**

Science and crafts meet together here in this fun camp! If you enjoy crafting and making fun things but you also know that there is a little bit of science behind things, this is the camp for you! Join us to create fun projects and learn a little along the way!

1753.400

4 sessions / \$40 Mon - Thu, Jun 27 - 30 / 1 - 2:30 pm Matoska Int'l

### Minecraft Escape Room

#### GRADES 2-5 / TECH TAC TOE

Dig deep and get exploring in puzzle-filled maps in this Minecraft camp! Using Minecraft EDU, you'll learn how to use redstone mechanisms and programmed commands in order to create the perfect Minecraft Escape Map. You'll design fun puzzles, engineering traps to trick your friends, and even -make hidden rooms to hide your treasure! By the end of this class, you will be able to show off your new adventure mapping, redstone, and command skills to your friends. No advanced Minecraft knowledge required.

1783.400

4 sessions / \$150 Mon - Thu, Jun 27 - 30 / 9 - 11:55 am Lincoln Elementary School

## Minecraft YouTube Video Creation

#### GRADES 3-7 / TECH TAC TOE

Don't just watch YouTube, create your very own videos! Have you always wanted to create your very own gaming videos and launch your YouTube channel, but don't know where to start? Look no more! Surrounded by like-minded friends we'll use Minecraft as our gaming platform to teach you how to launch your own YouTube channel. With invaluable tips, learn to record, edit, mix music and upload your sessions, as well as about fair use and copyright. Learn from other gamers, and share tips and advise with your team in the coolest summer camp!

1784.400

4 sessions / \$150 Mon - Thu, Jun 27 - 30 / 1 - 2 pm Central Middle School

## **Master Chef**

#### **GRADES 7-8**

Do you want to show off your Master Chef skills? Join this club to showcase your cooking skills with some basic ingredients and also some strange wild ones. Please let us know ahead of time if there are any allergies. We will be competing in this club to see who is the ultimate Master Chef.

1931.400 4 sessions / \$40 Mon - Thu, Jun 27 - 30 / 1 - 2:30 pm Central Middle School

## Camping Skills

#### GRADES 5-6

Have you ever been camping? Do you know how to pitch your own tent and use a compass? Then this club is for you. We will learn basic camping and outdoor skills. By the end of this club you will be a camping master and feel much safer and confident on your camping trips.

1932.400 4 session Mon - Th

4 sessions / \$40 Mon - Thu, Jun 27 - 30 / 1 - 2:30 pm Central Middle School



## WEEK OF JULY 4

## **Glam Lab - Stunning Science**

#### GRADES 1-4 / TECH TAC TOE

Back by popular demand! Join us at this glitz and glam camp and make your own Fizzy Bath Bombs, Shimmering Lip Balm, Soaps, Shower Dough, Glam Goo, Exfoliating Salt Scrub, and many more fun science experiments! In this camp where science meets glam, you and your Besties will have a blast concocting all type of beauty and bath products and more while you learn the science behind them all. Add a pinch of imagination as you create super cool packages and more to take home your very personal creations.

1711.400 4 sessions / \$150 Tue - Fri, Jul 5 - 8 / 9 - 11:55 am **Oneka Elementary School** 

### Candy Lab

#### GRADES K-4 / TECH TAC TOE

Create the sweetest memories this Summer in this exhilarating STEAM camp! It's time to have delicious fun as you discover the amazing science behind your favorite sweets as we mix up totally awesome experiments and design packing for your creations. Have a blast as we create tasty Gummy Bears, mix up yummy edible slime, and so much more! As you do, learn about the science and chemistry of food as well as super interesting STEAM concepts. We'll make it even sweeter with other exciting activities.

1787.400

4 sessions / \$150 Tue - Fri, Jul 5 - 8 / 1 - 5 pm Matoska Int'l

## Art Academy Camp with Kidcreate Studio

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#### **GRADES K-6 / KIDCREATE STUDIO**

Does your child love art? Painting, drawing, clay- it's all awesome! Then this is the camp for them! We will experiment with many techniques, materials, and styles as we make snow globes, paint on canvas, create clay characters and more. Come ready to have an artsy good time in this highly anticipated camp!

1915,400

4 sessions / \$125 Tue - Fri, Jul 5 - 8 / 1 - 2 pm Lincoln Elementary School

## **REGISTRATION FOR SUMMER IS OPEN!**

SIGN UP AT WHITEBEAR.CE.ELEYO.COM

## WEEK OF July 11

## Tally's Bobber Style Fishing Camps

GRADES 2-6 / TALLY'S

Focusing on the basics of bobber style fishing - "catch and release" on White Bear Lake. Anglers will fish for a total of 6 hours in various fishing locations on the lake in a pontoon boat. For all our fishing excursions, our pontoons are fully upholstered and have a half canopy. Each pontoon will be equipped with a driver/fishing guide, live bait, and life vests. Anglers will have the opportunity to bring their own tackle, life vests and fishing poles but if needed we can supply gear. Anglers are encouraged to dress for changing Minnesota weather and apply sunscreen beforehand.

2418.401	3 sessions / \$99		
	Mon - Wed, Jul 11 - 13	/	8 - 10 am
	Tally's Dockside		

### **COR Robotics: Drone Photography**

### **GRADES 3-8 / COR ROBOTICS**

Students will start off Drone Photography by learning how to fly an entry level photography drone. Once they've mastered the basics, they'll be taught more advanced techniques that will help them take higher quality photos and videos with their drones. Photo and video editing software tutorials will enable students to create awesome media content that they can download and keep after the camp. Students are encouraged to bring a flash drive to save and share their creations!

1000.400

3 sessions / \$99 Mon - Wed, Jul 11 - 13 / 9 am - 12 pm Lincoln Elementary School

## Birds, Butterflies, & Blossoms!

#### **GRADES K-2**

Birds, Butterflies, and Blossoms - Make birdfeeders, butterfly houses, and learn to plant some easy blossoms/flowers to add some brightness and beauty to your garden at home

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1742.400

4 sessions / \$40 Mon - Thu, Jul 11 - 14 / 1 - 2:30 pm Lincoln Elementary School 

#### Horse Riding Day Camp

#### AGES 6-12 / HARDWOOD CREEK FARM

Giddy up and go! Spark Equestrian's day camps at Hardwood Creek Farm will help campers grow their confidence and love of working with horses. Campers will learn horse care, grooming, feeding and riding skills. There will be time for games, crafts, and we will make treats for the horses. Campers will take turns leading each other around on the horses while learning how to walk, steer and stop. This is one you won't want to miss!

1100.402

1 session / \$140 Mon, Jul 11 / 9 am - 2 pm Hardwood Creek Farm



# JUMP INTO BIG ADJENUTO BIG THIS SUMMER!

This year's all-new program is designed to inspire confidence and persistence as campers bring their biggest ideas to life. Certified local educators lead campers in fun collaborative, creative problem-solving activities for the best summer ever!

SAVE \$25 WITH CODE EXPLORE25 EXPRESMARCH 31, 202 SAVE \$15 WITH CODE EXPLORE15 SAVE \$30 WITH CODE SIBLOVE30

SAVE \$40 WITH CODE SIBLOVE40 FOR 3 OR MORE SIBLINGS

# **SECURE YOUR SPOT TODAY!**

Register at INVENT.ORG/CAMP or 800-968-4332

Camp Invention<sup>®</sup> is for children entering grades K-6th.

Location: Matoska International

White Bear Lake, MN 55110

Date: July 11 - 15, 2022

Time & Cost: 9:00 AM to 3:30 PM | \$265 (before discount)

Camp Director: Rebecca Fang I rfang@mylila.org

Brought to you by White Bear Lake Area Community Services.

Flyers provided by the National Inventors Hall of Fame, Inc.

The hosting location of Camp Invention is to be determined. Once a building is selected, all registered campers will be notified.

If these locations/times don't work for you, please visit invent.org/camp for other locations near you.

Camp Invention is a nonprofit program of the National Inventors Hall of Fame





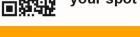


Army Educational Outreach Program Burton D. Morgan Foundation Nordson Corporation Foundation ©2021 National Inventors Hall of Fame\*,

Overdeck Family Foundation United Way of Summit & Medina



Scan to secure your spot today!



**REGISTER HERE!** 

### Arts & Crafts from Around the World

### GRADES 3-4

Have you ever wondered how an art class around the world might be different from your art class at school? Join us to find out and try new art techniques!

1744.400

4 sessions / \$40 Mon - Thu, Jul 11 - 14 / 1 - 2:30 pm Lincoln Elementary School

### Beginner Coder - Pokémon adventures

#### GRADES 1-4 / TECH TAC TOE

New to coding? Then this camp is for you! Create an amazing Pokemon adventure in a video game of your own creation! Specially designed for beginner coders, we make it extra fun for kids to pick up coding skills in a themed camp they love. Create your own universe of magical pokemon creatures to escape an adventure map, code a catch-pokemons-game, design your own pokemon team, and create a game to duel against friends.

1788.400

4 sessions / \$150 Mon - Thu, Jul 11 - 14 / 1 - 4 pm Lincoln Elementary School

### Drone Racing and Rocket Launching

### GRADES 2-5 / TECH TAC TOE

Get your adrenaline running this summer with this super exciting camp. Are you intrigued by Drones? Would you like to learn more about this amazing technology? What about learn to fly them and participate in areal races? Learn the science behind flight? Then is camp is for you! Not only will you race drones against your friends, you'll also learn about model rocketry and pick up how to shoot rockets up to 300 feet and more up into "space"! The camp also includes a "swarm" of fun STEAM projects.

> 4 sessions / \$150 Mon - Thu, Jul 11 - 14 / 1 - 4 pm Oneka Elementary School

### Exciting Engineering!

#### **GRADES 3-4**

1789,400

Do you like challenges? Have you considered yourself a master builder? Join in the STEM fun and see what creations you come up with! We will be learning about physics and what makes a solid foundation. We will be using legos, magnatiles, and so much more.

1802.400

4 sessions / \$40 Mon - Thu, Jul 11 - 14 / 10 - 11:30 am Oneka Elementary School

### COR Robotics: Intro to ESPORTS

GRADES 3-8 / TECH TAC TOE

Turn your passion for video games into valuable life skills! We will introduce the world of Esports and teach students about the many opportunities available to them by getting involved. Students will get to play some of the most popular Esports games, compete with and against each other in tournaments, and learn important lessons along the way.

1004.400

3 sessions / \$99 Mon - Wed, Jul 11 - 13 / 1 - 4 pm Central Middle School

### **Bon Appetit - World Flavors**

### GRADES 3-4

Bon appetit! Originally from French, meaning "good appetite", I hope you enjoy your food". Come and enjoy tasty and delicous food along with exploring different flavors and seasonings with a unique planned menu. Have a new experience that incorporates culinary skills and provides practical experience with many essential skills such as reading, following directions, and measuring. Getting kids involved in cooking helps them to develop fine motor skills, eye hand coordination, and even early concepts of math and science.

1804.400

4 sessions / \$40 Mon - Thu, Jul 11 - 14 / 1 - 2:30 pm Oneka Elementary School

### Good Night Moon : Adult & Child Art Class

#### AGES 1-6 W/ADULT / KIDCREATE STUDIO

Goodnight, Moon! Goodnight, Cow Jumping Over the Moon!" In this class inspired by your child's favorite bedtime story, your little artist will paint, glue, and more. This project will even glow-in-the-dark! Come and create right along with your child. Children must be accompanied by a caregiver.

2907.401 1 session / \$21 per pair Tue, Jul 12 / 9:30 - 10:30 am Normandy Park Education Center

### YOUTH RECREATION BEGINNING WEEK OF JULY 11:

Elementary Volleyball Camp Volleyball Skills Camp Volleyball MS Meet the HS Camp Volleyball HS Pre-Tryout Camp Youth Cheerleading Clinic Youth Tennis: Beginner Intermediate/Advanced Learn to Play Matches

See page 44-48 for complete class details!

### Tally's Bobber Style Fishing Camps

### GRADES 2-6 / TALLY'S

Focusing on the basics of bobber style fishing - "catch and release" on White Bear Lake. Anglers will fish for a total of 8 hours in various fishing locations on the lake in a pontoon boat. For all our fishing excursions, our pontoons are fully upholstered and have a half canopy. Each pontoon will be equipped with a driver/fishing guide, live bait, and life vests. Anglers will have the opportunity to bring their own tackle, life vests and fishing poles but if needed we can supply gear. Anglers are encouraged to dress for changing Minnesota weather and apply sunscreen beforehand.

2418.402

3 sessions / \$90 Mon - Wed, Jul 18 - 20 / 8 - 10 am Tally's Dockside

### NASP Archery Camp

### AGES 7-15 / WBL ARCHERY CLUB

This Archery Camp will have you on target. Equipment is provided. This is a great pre-requisite to join the White Bear Lake archery club or simply have some archery fun.

2701.402 3 sessions / \$85 Mon - Wed, Jul 18 - 20 / 10 am - 12 pm North Campus High School

### Horse Riding Day Camp

#### AGES 6-12 / HARDWOOD CREEK FARM

Giddy up and go! Spark Equestrian's day camps at Hardwood Creek Farm will help campers grow their confidence and love of working with horses. Campers will learn horse care, grooming, feeding and riding skills. There will be time for games, crafts, and we will make treats for the horses. Campers will take turns leading each other around on the horses while learning how to walk, steer and stop.

1100.403

1 session / \$140 Mon, Jul 18 / 9 am - 2 pm Hardwood Creek Farm

### **Puppet Party**

### GRADES K-2

There are many types of puppets out there and they are used by people around the world to tell stories, put on shows and express their feelings. Join us as we learn how to make several differnt puppets and put on a few different types of shows!

1754.400

4 sessions / \$40 Mon - Thu, Jul 18 - 21 / 10 - 11:30 am Matoska Int'l

### **World Travelers**

#### **GRADES K-2**

This will be a fun and exciting way for us to learn about some different places in the world. We will take a dive into what the weather is like, what different cultures are there and even do a little tasting of foods that are popular there. Let's explore the world together!

1755.400 4 sessions / \$40 Mon - Thu, Jul 18 - 21 / 1 - 2:30 pm Matoska Int'l

### Easy Cooking 101

#### GRADES 3-4

Have you wanted to learn some cooking basics? Want to be able to help prepare some meals and snacks at home? This is the place to learn some basic skills so that you can go home and show off your culinary expertise!

1756.400 4 sessions / \$40 Mon - Thu, Jul 18 - 21 / 1 - 2:30 pm Matoska Int'l

### MN Swordplay Fencing AGES 6-18 / MN SWORDPLAY

Whatever you are looking for in the sport of fencing there is something for everyone! Fencing is a vigorous sport that develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. More than a game fencing requires a mental attitude of self-discipline involving total manipulation of mind and body in perfect harmony. It utilizes natural body movement to create simple and effective self-protection techniques with the sword. All participants are encouraged to have fun no matter what their ability. Attacking, defense, timing and intense tactics are all integrated into this beginning class. Whether you're fencing for a good work out, or gaining points for the Olympics, fencing is fun for the whole family. We provide everything needed to fence (mask, jacket, glove, and weapon). Fencers need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.

2414.400

5 sessions / \$93 Mon - Fri, Jul 18 - 22 / 1 - 2:30 pm Central Middle School

### **Sports Sampler**

### GRADES 5-6

The summer is great for getting outside and trying new sports (basketball, kickball & soccer)! Each day will be a different sport and we will focus on teaching the rules and how to respectfully play.

1801.402

4 sessions / \$40 Mon - Thu, Jul 18 - 21 / 1 - 2:30 pm Central Middle School

### **Break Out!**

#### GRADES 7-8

Join us for endless fun with our Breakout Mystery boxes! Each week will be a different theme. Find clues, solve problems, and have fun with your friends. This club will test the limits of your brain. See if you can solve all the break out boxes.

1713.400

4 sessions / \$40 Mon - Thu, Jul 18 - 21 / 10 - 11:30 am Central Middle School

### **Woodburning**

### GRADES 7-8

Woodburning (also known as pyrography) will give participants the opportunity to learn how to use a woodburning pen, various tips to create different effects, and how to put their ideas down on the wood. After learning how the tools work, and practicing different techniques, participants will be able to craft their own project.

2367.400

4 sessions / \$40 Mon - Thu, Jul 18 - 21 / 1 - 2:30 pm Central Middle School

### WEEK OF JULY 25

### Tally's Bobber Style Fishing Camps

### GRADES 2-6 / TALLY'S

Focusing on the basics of bobber style fishing - "catch and release" on White Bear Lake. Anglers will fish for a total of 6 hours in various fishing locations on the lake in a pontoon boat. For all our fishing excursions, our pontoons are fully upholstered and have a half canopy. Each pontoon will be equipped with a driver/fishing guide, live bait, and life vests. Anglers will have the opportunity to bring their own tackle, life vests and fishing poles but if needed we can supply gear. Anglers are encouraged to dress for changing Minnesota weather and apply sunscreen beforehand.

2418.403 3 sessions / \$90 Mon - Wed, Jul 25 - 27 / 8 - 10 am Tally's Dockside

### Horse Riding Day Camp

### AGES 6-12 / HARDWOOD CREEK FARM

Giddy up and go! Spark Equestrian's day camps at Hardwood Creek Farm will help campers grow their confidence and love of working with horses. Campers will learn horse care, grooming, feeding and riding skills. There will be time for games, crafts, and we will make treats for the horses. Campers will take turns leading each other around on the horses while learning how to walk, steer and stop. This is one you won't want to miss!

1100.404

1 session / \$140 Mon, Jul 25 / 9 am - 2 pm Hardwood Creek Farm

### **Fun with Epoxy**

Ages 9-15 w/adult

1 session / \$40 Thu, Jul 28 / 6 - 9 pm White Bear Makerspace

See page 6 for more details!

### Happy Little Trees

GRADES 3-4

New to painting? Unleash your inner artist and join us for a painting session!

1746.400

4 sessions / \$40 Mon - Thu, Jul 25 - 28 / 10-11:30 am Lincoln Elementary School

### The History of Spectacular Science!

### GRADES K-2

Join us to learn about science's earliest roots in Ancient Egypt and Mesopotamia to today! Hands on fun and learning!

1747.400

4 sessions / \$40 Mon - Thu, Jul 25 - 28 / 1 - 2:30 pm Lincoln Elementary School

### Full on Flag Games

#### **GRADES 3-4**

Full on Flag games - This club is all about flag games. We will be playing, capture the flag, flag football, steal the flag, fox tails, flag tag, and more.

1749.400

4 sessions / \$40 Mon - Thu, Jul 25 - 28 / 1 - 2:30 pm Lincoln Elementary School

**Crafting Friendships** 

#### GRADES K-2

We are going to be making friendship bracelets, headbands and so much more while talking through how important friendships are, and what they mean to us.

1918.400

4 sessions / \$40 Mon - Thu, Jul 25 - 28 / 10 - 11:30 am Oneka Elementary School

# WEEK OF JULY 25

### Dream Big, Let's Read!

### GRADES K-2

Using our Imagination through children's authors, we will be creating art with the stories the books tell.

1312.400 4 sessions / \$40 Mon - Thu, Jul 25 - 28 / 1 - 2:30 pm Oneka Elementary School

### Yard Games

#### GRADES 3-4

Learning new and fun games you can play right in your back yard! Bags, ladder golf, bocce ball, and many more!

 1697.400
 4 sessions / \$40

 Mon - Thu, Jul 25 - 28 / 1 - 2:30 pm

 Oneka Elementary School

### X-Treme Build & Race

#### GRADES K-2 / TECH TAC TOE

If building with LEGO® is your thing (perhaps you are a master LEGO builder?!), this will be an unforgettable camp for you as you take your building skills to next level! 1. On your marks: Thinker and design the fastest RC car. 2.Set: Build a remote control car using LEGO®. 3.GO! Race your car against friends! Besides building amazing RC cars this camp includes other super fun activities! (No LEGO® is taken home).

1791.401 4 sessions / \$40 Mon - Thu, Jul 25 - 28 / 1 - 4 pm Oneka Elementary School

### Awesome Robotics for Kids

#### GRADES 1-4 / TECH TAC TOE

Using the latest WeDo® 2.0 system that LEGO® has to offer, ignite the STEM spark in your child with this amazing camp. We are passionate about Science, Technology, Engineering, and Math and want to instill this in your child too. Fostering their natural curiosity, kids, working in pairs, will explore logic, pattern recognition, and math concepts as they are challenged to build increasingly sophisticated designs. As they do so, they'll also develop basic programming techniques using custom-made programming blocks in PCs. They will have hands-on experience effectively using gears, axles, and connector blocks in the robotic challenges. (No LEGO® is taken home)

1790.400

4 sessions / \$150 Mon - Thu, Jul 25 - 28 / 9 - 11:55 am Matoska Int'l

### WEEK OF AUGUST 1

### Horse Riding Day Camp

AGES 6-12 / HARDWOOD CREEK FARM

Giddy up and go! Spark Equestrian's day camps at Hardwood Creek Farm will help campers grow their confidence and love of working with horses. Campers will learn horse care, grooming, feeding and riding skills. There will be time for games, crafts, and we will make treats for the horses. Campers will take turns leading each other around on the horses while learning how to walk, steer and stop. This is one you won't want to miss!

1100.405 1 session / \$140 Mon, Aug 1 / 9 am - 2 pm Hardwood Creek Farm

### Coding my First Game: Minecraft Adventures GRADES 1-4 / TECH TAC TOE

Learning to code is fun, especially when you are coding a Minecraft adventure of your own! Create amazing Minecraft creatures to then code and create your personalized Minecraft adventure game you can show and share with your friends. Create a treasure map where your character needs to find a diamond trove, survive lava, get away from dangerous creatures, and so much more.

1792.400 4 sessions / \$150 Mon - Thu, Aug 1 - 4 / 9 - 11:55 am Lincoln Elementary

### Ultimate YouTube Super Star! TECH TAC TOE

Are you ready to share your talents with the world on YouTube and spend an unforgettable summer? Then this camp is for YOU and your BFFs! Learn the ins & outs of producing your very own YouTube video, with invaluable tips on how to take your production to the next level. In small teams, create distinguishing art for your channel, learn about fair use and copyright, and of course how to masterfully record, edit and upload videos. Ready? 3-2-1... !

1793.400

4 sessions / \$150 Mon - Thu, Aug 1 - 4 / 9 - 11:55 am Central Middle School

More Youth Enrichment classes ONLINE! For more information, visit whitebear.ce.eleyo.com.

# WEEK OF AUGUST 1

### Crazy Concoctions and Insane Inventions! GRADES K-3 / TECH TAC TOE

Messy? Slimy? Sticky? If all this sounds super fun, this is a must take camp for you! Join us in this messy and super exciting camp and have a blast exploring chemical reactions in a fun, slimy way, creating all kinds of ooey gooey, sticky, bouncy, slimly mixtures. Kids will also be challenged to solve fun engineering problems and so much more. In this class all the mess stays behind, as fun memories and learning go home!

1794.400

4 sessions / \$150 Mon - Thu, Aug 1 - 4 / 1 - 4 pm Matoska Int'l

### Reduce, Reuse, Recycle

### GRADES 3-4

What can we do to make our Earth a better and more beautiful place to live? We can reuse some of the things that we normally just throw away! Join us to learn how to make some fun upcycled crafts and learn some ways that we all can make a difference!

1752.401

4 sessions / \$40 Mon - Thu, Aug 1 - 4 / 10 - 11:30 am Matoska Int'l

### **Crafty Science**

### GRADES K-2

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Science and crafts meet together here in this fun camp! If you enjoy crafting and making fun things but you also know that there is a little bit of science behind things, this is the camp for you! Join us to create fun projects and learn a little along the way!

1753.401

4 sessions / \$40 Mon - Thu, Aug 1 - 4 / 1 - 2:30 pm Matoska Int'l



### YOUTH RECREATION BEGINNING WEEK OF AUGUST 1:

BEARS GOLF CAMP KIDS COACHING KIDS BASKETBALL CAMP

See page 44-48 for complete class details!

### VOLUNTEER COACHES ARE NEEDED!

Contact Matt at matthew.riebow@isd624.org or 651-407-7506 for more info.

### **Sports STEM**

### GRADES 3-4

During this camp we will explore some science and engineering to create some table top sports games. We will engineer our way through some challenges and play our way to fun!

1757.400	4 sessions / \$40
	Mon - Thu, Aug 1 - 4 / 1 - 2:30 pm
	Matoska Int'l

### **Clay Creations**

### GRADES 5-6

In this club we will be using different clay mediums to make a variety of projects. We will use model magic, air dry, and polymer clay. We will explore the basics of using clay and clay tools and then we will dive into making many different magical creations. Learn how to make dragon eggs, fairy houses, animal creatures, and more.

 1712.400
 4 sessions
 \$40

 Mon - Thu, Aug 1 - 4
 10 - 11:30 am

 Central Middle School

### Outdoor Games

### GRADES 7-8

Its time to get outside and have a ball! Cornhole, ladder ball tournaments and so much more. Show of your skills or come learn some new ones! All are welcome to join the fun.

1934.400 4 sessions / \$40 Mon - Thu, Aug 1 - 4 / 1 - 2:30 pm Central Middle School

### NASP Archery Camp

### AGES 7-15 / WBL ARCHERY CLUB

This Archery Camp will have you on target. Equipment is provided. This is a great pre-requisite to join the White Bear Lake archery club or simply have some archery fun.

2701.403

3 sessions / \$85 Mon - Wed, Aug 8 - 10 / 10 am - 12 pm North Campus High School

### Horse Riding Day Camp

#### AGES 6-12 / HARDWOOD CREEK FARM

Giddy up and go! Spark Equestrian's day camps at Hardwood Creek Farm will help campers grow their confidence and love of working with horses. Campers will learn horse care, grooming, feeding and riding skills. There will be time for games, crafts, and we will make treats for the horses. Campers will take turns leading each other around on the horses while learning how to walk, steer and stop. This is one you won't want to miss!

1100.406 1 session / \$140 Mon, Aug 8 / 9 am - 2 pm Hardwood Creek Farm

### Dr. Seuss Camp

### GRADES K-2

One fish, two fish, red fish, blue fish. Do you enjoy rhymes? Have you always wanted to create your own rhymes? Join this club to play fun games, and make your own rhymes. We will also be creating some fun crafts too. Oh the places you'll go!

1750.400 4 sessions / \$40 Mon - Thu, Aug 8 - 11 / 10 - 11:30 am Lincoln Elementary School

### 'Free-From' Food Camp

#### **GRADES K-2**

Free From food camp - learn to make delicious free-from foods such as dairy free ice cream, gluten free pizza, etc.

1741.401 4 sessions / \$40 Mon - Thu, Aug 8 - 11 / 1-2:30 pm Lincoln Elementary School

### **Creative literacy Camp-Out**

#### **GRADES 3-4**

Gather around the fire-free bonfire and get creative! We will be writing our own camp based books!

1740.401

4 sessions / \$40 Mon - Thu, Aug 8 - 11 / 1 - 2:30 pm Lincoln Elementary School

### **Sports Sampler**

### **GRADES K-2**

We will learn some basics and rules to several different games including basketball, football, soccer and some good old fashioned backyard lawn games. Join us to explore some sports, be outside and have some fun!

1801.403 4 sessions / \$40 Mon - Thu, Aug 8 - 11 / 10 - 11:30 am Central Middle School

### Easy Cooking 101

#### GRADES K-2

Have you wanted to learn some cooking basics? Want to be able to help prepare some meals and snacks at home? This is the place to learn some basic skills so that you can go home and show off your culinary expertise!

1756.401 4 sessions / \$40 Mon - Thu, Aug 8 - 11 / 1 - 2:30 pm Matoska Int'l

### **Mythical Creatures**

#### **GRADES 3-4**

Join us to learn the legends and myths behind several different mythical creatures. We will have fun creating our own mythical creatures and writing some stories to go along with our creations. We wil also have the chance to create some fun crafts and stories using dragons, mermaids, unicorns and so much more!

1759.400 4 sessions / \$40 Mon - Thu, Aug 8 - 11 / 1 - 2:30 pm Matoska Int'l

# Sports Sampler

#### GRADES K-2

The summer is great for getting outside and trying new sports (basketball, kickball & soccer)! Each day will be a different sport and we will focus on teaching the rules and how to respectfully play. It will be a great chance to get outside in the fresh air and possibly try a new sport.

 1801.401
 4 sessions
 / \$40

 Mon - Thu, Aug 8 - 11
 1 - 2:30 pm

 Oneka Elementary School

### CSI: Forensic Science for Kids

#### **GRADES 2-4**

It is your job to discover what happened using Forensic tools. You will learn fingerprint analysis, dusting for fingerprints and much more. ..All to solve a mystery!

1909.400

4 sessions / \$40 Mon - Thu, Aug 8 - 11 / 1 - 2:30 pm Oneka Elementary School

# WEEK OF AUGUST 8 & AUGUST 22

### **COR Robotics: RC Wars**

### **GRADES 4-9 / COR ROBOTICS**

In RC Wars, teams of students will build their own Remote Control vehicles to race and battle against other teams. Students will need to design their vehicles to not only be faster and stronger than other teams' creations, but also better than purchased RC Cars and Drones! RC Wars will feature land and air races, obstacle courses and more as students learn mechanical and electrical building skills in an energetic and exciting environment.

1003.400

3 sessions / \$99 Mon - Wed, Aug 8 - 10 / 1 - 4 pm Oneka Elementary School

### **Art Sampler**

### GRADES 3-4

The art of painting is creating pictures using colors, tones, shapes, lines, and textures. The combination of colors and shapes and differnt medians can communicate a particular mood or produce a sensation of space, volume, movement, and light. Painting is also a popular form of entertainment and creative expression allowing your emotions to transfer onto your art.

1908.400

4 sessions / \$40 Mon - Thu, Aug 8 - 11 / 10 - 11:30 am Oneka Elementary School

### CSI Camp

### GRADES 7-8

Welcome new recruits! You will be learning and using new forensic tools to solve a mystery. You will learn finger print analysis, height through wingspan, dusting for prints, and so much more. You will have to solve the mystery of what happened to Jerry- and put his skeleton back together!

1935.400 4 sessions / \$40 Mon - Thu, Aug 8 - 11 / 10 - 11:30 am Central Middle School

### Cupcake Wars

### GRADES 5-6

Calling all sweet fans! Learn a variety of decorating techniques, perfect your baking skills and stand before judges in this highly competitive camp!

1936.400

4 sessions / \$40 Mon - Thu, Aug 8 - 11 / 1 - 2:30 pm Central Middle School

### Football Camp

### GRADES 7-8

In this camp we will be learning basic football drills, and also football plays. We will start with basic drills and 500 football, and then also learn 2 hand touch football.

 1937.400
 4 sessions / \$40

 Mon - Thu, Aug 8 - 11 / 1 - 2:30 pm

 Central Middle School

### NASP Archery Camp

### AGES 7-15 / WBL ARCHERY CLUB

This Archery Camp will have you on target. Equipment is provided. This is a great pre-requisite to join the White Bear Lake archery club or simply have some archery fun.

2701.404 3 sessions / \$85 Mon - Wed, Aug 15 - 17 / 5:30 - 7:30 pm North Campus High School

### MN Swordplay Fencing

#### AGES 6-18 / MN SWORDPLAY

Whatever you are looking for in the sport of fencing there is something for everyone! Fencing is a vigorous sport that develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. All participants are encouraged to have fun no matter what their ability. Attacking, defense, timing and intense tactics are all integrated into this beginning class. All fencing equipment provided. Come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.

2414.401

5 sessions / \$93 Mon - Fri, Aug 15 - 19 / 10 - 11:30 am Central Middle School

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### Fairy Garden with Kidcreate Studio

#### AGES 4-9 / KIDCREATE STUDIO

I do believe in fairies, I do! We'll use clay, paint, glitter, and more as we sculpt our very own enchanted fairy gardens. These adorable little fairy retreats will have sparkling streams, colorful flowers, a fairy swing, and more! You don't want to miss this magical class.

912.400	1 session / \$40
	Tue, Aug 16 / 9 am - 12 pm
	Matoska Int'l

### Horse Riding Day Camp

### AGES 6-12 / HARDWOOD CREEK FARM

Giddy up and go! Spark Equestrian's day camps at Hardwood Creek Farm will help campers grow their confidence and love of working with horses. Campers will learn horse care, grooming, feeding and riding skills. There will be time for games, crafts, and we will make treats for the horses. Campers will take turns leading each other around on the horses while learning how to walk, steer and stop. This is one you won't want to miss!

1100.407	1 session / \$140 Mon, Aug 15 / 9 am - 2 pm Hardwood Creek Farm
1100.408	1 session / \$140 Mon, Aug 22 / 9 am - 2 pm Hardwood Creek Farm

### WBL Summer Nordic Ski

Summertime is the right time to prepare for the upcoming Nordic ski season! This program will focus on strength, technique, speed and endurance. You can choose either Session I (Monday/Wednesday) or Session II (Tuesday/Thursday morning) or choose both sessions. Mondays and Tuesdays will focus on dryland training and on Wednesdays and Thursdays you will be on roller skis and will focus on technique and speed. All groups will be together on every other Saturday for a long endurance roller ski session. The program will focus equally on both the classic and skate techniques.

The locations will vary, but the weekday sessions will all take place within the ISD 624 boundaries and the Saturday sessions will be a little further afield, but nearby. Roller skis are required (a combo or classic ski or a set of skate and a set of classic) and helmets are mandatory. There will be some skis available for use, but the supply is limited.

Program begins June 6 and runs until July 31. All sessions for the week of June 6 will take place from 6-8 pm. There are no sessions July 2-9.

5000.009	Session I / \$150 Mon & Wed & every other Sat / 6 - 8 pm
5000.010	Session II / \$150 Tue & Thu & every other Sat / 8:30 - 10:30 am
5000.011	Sessions I & II: \$250 Mon & Wed / 6 - 8 pm Tue & Thu / 8:30 - 10:30 am & every other Sat

### Youth Lacrosse Clinic NEW

#### AGES 4-6

New this summer, the WBL LAX Club is offering a lacrosse clinic for boys and girls. Come learn the basics of lacrosse. You will practice skills, passing, dodging, shooting, etc. All participants will receive a new lacrosse stick, player shirt, and pictures are included in the registration fee.

7300.059 12 sessions / \$110 Tu & Thu, Jun 14 - 28 / 4 - 5 pm Podvin Park No Class Jul 5 and Jul 7

### Youth Cheerleading Clinic

#### GRADES 1-7

Welcome to the 2022 Youth Cheerleading Clinic! Each participant will enjoy learning cheers, stunting, and jumping techniques lead by the White Bear Lake Varsity Cheerleaders! All participants will receive a T-shirt. A snack will be served each day. Please wear athletic shorts with athletic/tennis shoes and bring your own water bottle.

2 sessions	/	\$75	/	3 -	5 pm	/	Central Middle School
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2700.401	GRADES 1-4 /	Mon & Tue, Jun 27 - 28
2700.402	GRADES 5-7 /	Mon & Tue, Jul 11 - 12

### Lil' Cubs Football Camp

#### **GRADES 1-7**

This popular camp is for students who have completed grades 1-7 and who love the game of football! We will work on the fundamentals such as 3-point stance, tackling (bags), throwing and catching while learning about sportsmanship and teamwork. We will also focus on leadership, self confidence, physical movement, and how to be a student athlete. Students should dress in athletic clothing and wear either athletic shoes or cleats. This is a non-contact football camp, no tackling will be involved and kids will be divided up by age. Students are encouraged to wear their favorite football jersey. A flag football game will be played at the end of each day. As always, we hope to have Gopher football players join us!

2600.400 4 sessions / \$100 Mon - Thu, Jun 20 - 23 / 10 - 11:45 am Central Middle School - Price Field

### **Bears Track Camp**

### AGES 5-13

This popular track camp has been running for over 30 years! Coached by Tom Paulson, varsity track coach, the camp will improve athletic ability by doing the many different coordination drills. High jump, long jump, triple jump, hurdles, and sprints will be taught. Please bring a water bottle. A camp t-shirt will be included.

2870.400

4 sessions / \$75 Mon - Thu, Jun 13 - 16 / 10 am - 12 pm South Campus High School

### Bears Golf Camp NEW

### GRADES 1-4

Join PE teacher and Middle School Golf Coach Mr. Misgen in our NEW WBL Golf Camp! Learn the basics of the game with fun games and contests. We will focus on learning the rules of the game, golf etiquette, putting, chipping, and much more! We hope to travel to other courses and locations for certain sessions. Please bring your own clubs. Range balls and prized included!

### 4 sessions / \$84

Tentative Sched	ule: Day 1 & 2- Sunrise Middle School Day 3- Gem Lake Hills or Oneka Day 4- Gem Lake Hills or Oneka
GRADES 3 & 4	
500.004	Mon - Thu, Aug 1 - 4 / 9:25 - 10:15 am
500.006	Mon - Thu, Aug 1 - 4 / 11:15 am - 12:05 pm
GRADES 1 & 2	
500.003	Mon - Thu, Aug 1 - 4 / 8:30 - 9:20 am
500.005	Mon - Thu, Aug 1 - 4 / 10:20 - 11:10 am

### Bear Cub Youth Wrestling Camp

### **CURRENT GRADES K-5**

This camp is designed to teach the basics of wrestling. Some aspects covered are stance, shot recognition and shot execution, mat readiness from feet and the mat. The sessions will be broken down to include instruction, drilling, and live competition. Campers will be separated into groups according to age, weight, to ensure the most improvement, challenge, and fun during the camp. Each camper will receive a camp t-shirt the last day of camp. Wear t-shirt and shorts.

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5 sessions / \$75 Sun - Thu, June 19 - 23 / 4:30 - 6 pm North Campus High School

### **Soccer Shots**

### AGES 2-8

Soccer Shots is an engaging children's soccer program with a focus on character development. The Premier level focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner. Jerseys will be included.

8 sessions / \$154 / Central Middle School - Price Field

MINI AGES 2-3	
500.005	Wed, Jun 22 - 10 / 5 - 5:30 pm
500.007	Wed, Jun 22 - 10 / 6:10 - 6:40 pm
500.009	Thu, Jun 23 - 11 / 5 - 5:30 pm
CLASSIC AGES 3-	.5
500.006	Wed, Jun 22 - 10 / 5:35 - 6:05 pm
500.008	Wed, Jun 22 - 10 / 6:45 - 7:15 pm
500.010	Thu, Jun 23 - 11 / 5:35 - 6:05 pm
500.011	Thu, Jun 23 - 11 / 6:10 - 6:40 pm

#### PREMIER AGES 5-8

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### Little Sluggers

### INCOMING KINDERGARTEN

This is a 6 week introductory program to the game of T-Ball. All participants will receive a t shirt. Cancellations due to weather will be decided at the fields and sessions will not be made up.

6 sessions / \$54

#### MORNING PROGRAM

4650.430 Tue, Jun 14 - 26 / 9 - 10 am Otter Lake Elementary School No Class Jul 5
EVENING PROGRAM
4650.432 Mon, Jun 13 - Jul 25 / 5:30 - 6:30 pm Lincoln Elementary School No Class Jul 4

4650.433	Tue, Jun 14 - 2 / 5:30 - 6:30 pm Lincoln Elementary School No Class Jul 5
4650.434	Wed, Jun 15 - 27 / 5:30 - 6:30 pm Lincoln Elementary School No Class Jul 6
4650.435	Thu, Jun 16 - 28 / 5:30 - 6:30 pm

Lincoln Elementary School No Class Jul 7

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### T-Ball

### GRADES 1-2

Youth T-Ball is for children that are going into grades 1 & 2 for next school year. This program is designed to teach the basics of Tball while promoting team work, FUNdamentals, and sportsmanship. All hitting is done from a tee. T-ball meets two times per week. All participants will receive a t shirt. Cancellations due to weather will be decided at the fields and sessions will not be made up. A combo of practices and games will take place during your session. Bring your own glove.

### 12 sessions / \$69

### MORNING PROGRAM

4650.401 Tue & Thu, Jun 14 - Jul 28 / 10:15 -11:30 am Otter Lake Elementary School No Class Jul 5 & Jul 7

### **EVENING PROGRAM**

4650.402	Mon & Wed, Jun 13 - Jul 27 / 6:45 - 8 pm Lincoln Elementary School No Class Jul 4 & Jul 6
4650.403	Tue & Thu, Jun 14 - Jul 28 / 6:45 - 8 pm Lincoln Elementary School No Class Jul 5 & Jul 7

### **Summer Youth Recreation**



### **Boys Baseball**

**CURRENT GRADES 2-5** 

Youth Rec Baseball is for boys currently in grades 2-5 Practices will start mid May with games scheduled to start the first week in June. Your season will run from mid May to early late July or early August. Games and practices will be at local WBL fields throughout the week. Players will register for current grade level. A coach will contact you with team information. Games nights are Tuesday and Thursday.

**Registration closes April 30** 

7100.400	Grades 2 & 3 - Coach Pitch / \$84
7100.401	Grades 4 & 5 - Kid Pitch / \$95

**Girls Softball** 

### CUURENT GRADES 2-10

White Bear Lake Community Services & Recreation is offering girls Slow Pitch Softball for grades 2-10. Leagues will combine with other surrounding communities if needed. Practice will start Mid May weather depending. The season is 5 weeks (10 games) and will have an end of season tournament. Games start the first week in June and finishing approximately in late July or early August. Junior League games will start in May and will be played within North St. Paul on Monday nights.

### **Registration closes April 30**

7200.400	Grades 2 - 4 / Coach Pitch / \$84
7200.401	Grades 5 - 7 / Kid Pitch / \$94
7200.402	Grades 8 - 10 / Junior League / \$94

## VOLUNTEER COACHES ARE NEEDED!

Contact Matt at matthew.riebow@isd624.org or 651-407-7506 for more info.

### Kids Coaching Kids Basketball Camp GRADES 2-5

Students will practice the fundamentals of basketball like ball handling, shooting and improving their basketball IQ. Players will participating in 1 on 1, 3 on 3 and 5 on 5 basketball games. They will also learn many lessons that basketball has taught them throughout their playing career.

4 sessions	/	<b>\$65</b>	/	South Campus High School	
2424 406			·		

2434.400	Mon - Thu, Aug 1- 4 / 1 - 2 pm
2434.407	Grades 4 & 5 Mon - Thu, Aug 1- 4 / 2 - 3:15 pm

### Beardown Boys Basketball Camp GRADES PREK-8

Each session will focus on ball handling, shooting, finishing at the basket and reading defenses. Participants will also be engaged in 1-on-1, 2-on-2, and 3-on-3 competitive activities. Players participating should have had experience playing either in the rec leagues or traveling programs. Each camper will receive a t-shirt!

All camps are held at South Campus High School

2703.399	GRADES PREK, 1, & 2 4 sessions / \$100 Mon - Thu, Jun 20 - 23 / 11 am - 12 pm
2703.400	GRADES 3 & 4 4 sessions / \$100 Mon - Thu, Jun 20 - 23 / 12 - 1 pm
2703.401	GRADES 5 & 6 5 sessions / \$109 Mon - Fri, Jun 27 - Jul 1 / 1:30 - 3:30 pm
2703.402	GRADES 7 & 8 5 sessions / \$109 Mon - Fri, Jun 20 - 24 / 1:30 - 3:30 pm

### Girls Basketball Camp

### GRADES 3-8

This camp will focus on shooting, ball skills and finishing moves. Great opportunity to focus on improving individual game.

10 sessions / \$100 / South Campus High School

No Class Jul 5 & Jul 7

2344.402	GRADES 3 & 4 Tue & Thu, Jun 14 - Jul 21 / 11 am - 12:30 pm
2344.403	GRADES 5 & 6 Tue & Thu, Jun 14 - Jul 21 / 12:30 - 2 pm
2344.404	GRADES 7 & 8 Tue & Thu, Jun 14 - Jul 21 / 2 - 3:30 pm

### Elementary Volleyball Camp

### **GRADES K-5**

The elementary camp is a 4-day fundamental skills training camp aimed to introduce and improve your overall skills. Be ready to work hard, challenge yourself and have some fun all while learning the basic skills of volleyball.

2875.400 4 sessions / \$85 Mon - Thu, Jul 11 - 14 / 8:30 - 10:30 am North Campus High School

### Volleyball Bear Cub Camps

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### **GRADES 2-5**

This new addition to our summer programming will give young players an opportunity to be introduced to the basics of volleyball in a fun, safe atmosphere. The players will learn basic skills that include passing, serving, setting and hitting. They will get the chance to play on the same courts as the high schoolers do!

7300.416

4 sessions / \$55 Mon - Thu, Jun 13 - 16 / 5:30 - 6:30 pm North Campus High School

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### Volleyball Skills Camp

### GRADES 6-9

Our skills training gives players the opportunity to get hundreds of reps focused on the specific volleyball skills of passing, serving, setting, and hitting. We will have the high school coaches teaching all levels the universal expectations for skills that players will use everyday on the court. These skills sessions are focused on producing technique in our players skills in a controlled environment.

4 sessions / \$40 / North Campus High School

7300.420	Mon - Thu, Jun 20 - 23 / 5 - 6:30 pm
7300.422	Mon - Thu, Jul 18 - 21 / 5 - 6:30 pm

### Volleyball - Middle School 6v6 League

This 6v6 league will give players a chance to try every position and get a ton of touches. Each week you get placed on a team of 6. You will keep your plus/minus score throughout the summer. Each week you will play with/against other players with similar scores. The points leader at the end of summer will get their name forever engraved on a trophy beside the year they won.

7300.412

10 sessions / \$80 Tue & Thu, Jun 14 - 21 / 7 - 8:30 pm North Campus High School No Class Jul 5 & Jul 7

# Middle School Grade 6-8: Meet the High School Volleyball One Day Camp

This one day camp aims to provide prospective middle school volleyball players the chance to meet the players and coaches from the high school, learn some of what to expect if you choose to play at high school including previewing some of the drills and learning the core values of the high school volleyball program.

7300.415 1 session / \$20 Fri, Jul 15 / 8 - 10 am North Campus High School

### Coach Led Open Gym

### GRADES 10-12

Coach led open gyms will give the players the opportunity to get hundreds of reps focused on enhancing specific volleyball skills as well as game play skills. We will have the high school coaches teaching all levels the universal expectations for skills that players will use everyday on the court. These skills sessions are focused on producing and enhancing technique in our players skills in a more controlled environment.

7300.425

8 sessions / \$40 Tue & Thu, Jun 14 - 21 / 10 am - 12 pm North Campus High School No Class Jul 5, Jul 7, Jul 12 & Jul 14

### Volleyball - High School 6v6 League GRADES 9-12

This 6v6 league will give players a chance to try every position and get a ton of touches. Each week you get placed on a team of 6. You will keep your plus/minus score throughout the summer. Each week you will play with/against other players with similar scores. The points leader at the end of summer will get their name forever engraved on a trophy beside the year they won.

8 sessions / \$80 Tue & Thu, Jun 14 - 21 / 8:30 - 10 am North Campus High School-Gym No Class Jul 5, Jul 7, Jul 12 & Jul 14

Volleyball - High School Pre-Tryout Camp

### GRADE 9-12

7300.410

This one day camp will give prospective high school players the opportunity to meet the high school coaches, preview drills that will be used during the season as well as at tryouts, and get a glimpse at how the gym will look and be ran at tryouts in August.

#### 7300.430 1 session / \$20 Fri, Jul 15 / 10:30 am - 12:30 pm North Campus High School

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### **Youth Tennis**

### AGES 7-ADULT

We offer a variety of tennis options for children ages 7-18 as well as adults. Our tennis lessons are designed to get beginning youth and adults playing tennis as quickly as possible. Lessons plans follow a logical progression of skill-building drills and games.

**Beginner:** For players who have little to no experience playing tennis. Students will learn each stroke from the very beginning and work on technique in a success-orientated environment. This class uses age-appropriate tennis balls.

**Intermediate:** For players who completed the Beginner class or has some playing experience. Concentration is on improving technique and learning how to control the ball. In class players focus on stroke production, learning to hit to specific targets and point playing experiences.

Advanced: Prerequisite: Beg/Inter Class or equivalent experience. Students will concentrate on court positioning, strategy and reviewing and improving their techniques. There will be "player sustained" drills which simulate match play.

### BEGINNER

4616.401	12 sessions / \$95 Mon - Thu, Jun 13 - 30 / 9 - 9:55 am Sunrise Middle School - Tennis Courts
4616.407	12 sessions / \$95 Mon-Thu, Jul 11 - 28 / 9 - 9:55 am Sunrise Middle School - Tennis Courts

### **BEGINNER/INTERMEDIATE**

- 4616.402 12 sessions / \$95 Mon - Thu, Jun 13 - 30 / 10 - 10:55 am Sunrise Middle School - Tennis Courts
- 4616.404 6 sessions / \$95 Wed, Jun 15 - 27 / 6:30 - 8 pm Val Jean Park No Class Jul 6

### INTERMEDIATE/ADVANCED

- 4616.408 12 sessions / \$95 Mon - Thu, Jul 11 - 28 / 10 - 10:55 am Sunrise Middle School - Tennis Courts
- 4616.405 6 sessions / \$95 Thu, Jun 16 - 28 / 6:30 - 8 pm Sunrise Middle School - Tennis Courts

# Stay connected and follow us on social media!





### Learn to Play Matches!

#### **INCOMING GRADES 5-8**

This class is for players who have completed at least the intermediate classes and who are interested in learning about playing matches.

4616.41012 sessions / \$95Mon - Thu, Jul 11 - 28 / 11 am - 12 pmSunrise Middle School - Tennis Courts

### Adult & Child Lessons

CHILDREN AGES 7-17 WITH ADULT 18+ Sign up as a pair and learn the lifelong sport of tennis. Cost is for the pair, child and parent.

4616.406 6 sessions / \$145 per pair Tue, Jun 14 - 26 / 6:30 - 8 pm Sunrise Middle School - Tennis Courts No Class Jul 5

# VOLUNTEER COACHES ARE NEEDED!

Contact Matt at matthew.riebow@isd624.org or 651-407-7506 for more info.

# SUMMER U & MORE

# **Summer U 2022**

a targeted services program for grades 1-8 July 18 - August 11, 2022

Incoming grades 1-4	Incoming grades 5-8
Oneka, Lincoln,	Central
Matoska*	Middle School*

\*Summer U sites subject to change based on number of students enrolled

Summer U is an invite only program designed to support student academic and social emotional achievement.

#### PRESCHOOL

- Program is for kindergarten bound students only
- Co-registered with Next Step Kindergarten (page 27)
- Two summer sessions families can register for 1 or the other
- July 18 28 or August 1-11

### **ELEMENTARY:**

- Two summer sessions register for one or both sessions based on your family's schedule
- July 18 28 and/or August 1 11
- Small class sizes taught by licensed teachers in a summer camp model
- Register your child to achieve their learning goals based on topics of interest!

### **MIDDLE SCHOOL**

- Summer U will be held July 18 August 11 (Mon-Thu) .
- Small class sizes taught by licensed teachers
- Students will have a math, literacy and specialty component of their schedules each day

#### **BOTH PROGRAMS**

- Half day program designed to allow for students to participate in other activities and have time at home with family
- Transportation provided to/from home or summer programs
- Wrap around programming available (see page 28)
- More information for invited students will be available through your child's teacher

### Questions? Contact summerU@isd624.org



White Bear Lake Area Schools is piloting a Children's Defense Fund Freedom Schools site this summer. This no-cost summer program is designed to strengthen scholars'

reading skills and prevent summer learning loss. The CDF Freedom Schools program enhances children's motivation to read and makes them feel good about learning. At the same time, the program connects families to the right resources in their communities. CDF Freedom Schools scholars engage in CDF's research-based, multicultural Integrated Reading Curriculum (IRC) that supports them and their families through five essential components:

- High quality academic enrichment
- Parent and family development
- · Civic engagement and social action
- Intergenerational servant leadership development
- Nutrition, health, and mental health

Freedom Schools is an invite only program intended for students currently in grades K-5. This is a six week program beginning on July 6th.

Location: Willow Lane Elementary School Dates: July 6th - August 12 Time: 7:30 am - 2:30 pm, Monday-Friday Transportation: Provided at no cost

### YOU'RE INVITED!

### **BEARS' NIGHT OUT: A COMMUNITY PICNIC**

Tuesday, August 2, 2022 FREE | 5:30 - 8:00 pm Podvin Park

Join the Community Services & Recreation Team on National Night Out for an evening of games, activities, food and fun. Bring your family, a friend, and a lawn chair or blanket to join us in celebrating our community! You can provide your own food and snacks or purchase from food trucks available on site.

### ISD 624 District Information

White Bear Lake Area School District ISD #624

4855 Bloom Avenue, White Bear Lake, MN 55110 (651) 407-7500 www.isd624.org

### 2022 School Board

Scott Arcand, Kathleen Daniels, Deb Beloyed, Jessica Ellison, Marge Newmaster, Chris Streiff Oji, and Angela Thompson

Dr. Wayne Kazmierczak, Superintendent White Bear Lake Area Schools

The White Bear Lake Area School District serves the communities of Birchwood, Gem Lake, Hugo, Lino Lakes, Little Canada, Maplewood, North Oaks, Vadnais Heights, White Bear Lake, and White Bear Township.

### Mission

The mission of the White Bear Lake Area School District, the community at the forefront of educational excellence, honoring our legacy and courageously building the future, is to ensure each student realizes their unique talents and abilities, and makes meaningful contributions with local and global impact through a vital system distinguished by:

- » Students who design and create their own future
- » A culture that respects diverse people and ideas
- » Safe, nurturing, and inspiring experiences
- » Exceptional staff and families committed to student success
- » Abundant and engaged community partners.

### **Core Values**

The White Bear Lake Area School District builds quality lives and strong communities through:

- » compassion
- » integrity
- » respect
- » responsibility
- » service

### School Closings

If inclement weather forces the White Bear Lake Area Schools to start late, close, or dismiss early, one of the following announcements will be made:

### » Two-Hour Late Start

Morning Community Services, Early Childhood Program, and Senior Program activities will be canceled. Afternoon and evening activities, sessions, and community facility use will meet as scheduled.

### » No School

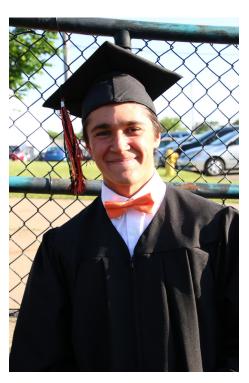
All Community Services, Early Childhood Program, Senior Program and Extended Day activities, sessions and community facility use will be canceled.

### » Early Dismissal

All Community Services, Early Childhood Program, Senior Program and Extended Day activities, sessions and community facility use will be canceled for the remainder of the day.

School closings will be announced on WCCO 830 AM, KSTP 1500 AM, WCCO 4 TV, KSTP 5 TV, KMSP 9 TV and KARE 11 TV. You may also call the Emergency School Closing Hotline at (651) 407-7540.







www.ISD624.org

### School & District Locations

#### **High School**

- 1. WBLAHS NORTH CAMPUS 5045 Division Ave White Bear Lake, MN 55110 651-653-2920 / fax: 651-653-2630
- 2. WBLAHS SOUTH CAMPUS 3551 McKnight Road White Bear Lake, MN 55110 651-773-6200 / fax: 651-773-6215
- 3. WBL AREA LEARNING CENTER 2449 Orchard Lane White Bear Lake, MN 55110 651-773-6400 / fax: 651-773-6402

### Middle Schools

#### 4. CENTRAL

4857 Bloom Avenue White Bear Lake, MN 55110 651-653-2888 / fax: 651-653-2885

#### 5. SUNRISE PARK

2399 Cedar Avenue White Bear Lake, MN 55110 651-653-2700 / fax: 651-653-2716

#### Elementary Schools

6. BIRCH LAKE 1616 Birch Lake Avenue White Bear Lake, MN 55110 651-653-2776 / fax: 651-653-2778

### 7. HUGO

14895 Francesca Avenue North Hugo, MN 55038 651-653-2798 / fax: 651-653-2800

#### 8. LAKEAIRES

3963 Van Dyke Street White Bear Lake, MN 55110 651-653-2809 / fax: 651-653-2811

#### 9. LINCOLN

1961 Sixth Street White Bear Lake, MN 55110 651-653-2820 / fax: 651-653-2822

#### **10. ONEKA**

4888 Heritage Parkway North Hugo, MN 55038 651-288-1800 / fax: 651-288-1899

#### **11. OTTER LAKE**

1401 County Road H2 White Bear Township, MN 55110 651-653-2831 / fax: 651-653-2833

#### 12. MATOSKA INTERNATIONAL

IB WORLD SCHOOL 2530 Spruce Place White Bear Lake, MN 55110 651-653-2847 / fax: 651-653-2849

#### **13. VADNAIS HEIGHTS**

3645 Centerville Road Vadnais Heights, MN 55127 651-653-2858 / fax: 651-653-2860

#### **14. WILLOW LANE**

3375 Willow Avenue White Bear Lake, MN 55110 651-773-6170 / fax: 651-773-6176

#### **Other Sites**

#### **15. NORMANDY PARK EDUCATION CENTER**

- » Early Childhood Program 2482 East County Road F White Bear Lake, MN 55110 651-653-3100 / fax: 651-653-3155
- » Senior Program 2484 East County Road F White Bear Lake, MN 55110 651-653-3121 / fax: 651-653-3127

#### **16. DISTRICT CENTER OFFICES**

4855 Bloom Avenue White Bear Lake, MN 55110 651-407-7501 / fax: 651-407-7502

#### **17. WHITE BEAR SPORTS CENTER**

1328 Highway 96 E White Bear Lake, MN 55110 651-429-8571 / fax: 651-429-8545

18. TAMARACK NATURE CENTER 5287 Otter Lake Road White Bear Township, MN 55110 651-407-5350 / fax: 651- 407-5354

### FOR MAPS TO DISTRICT BUILDINGS VISIT www.isd624.org/schools

We White Bear Lake Area Public Schools MAIN Oneka Lake LINO George Watch Lake HUGO Ľ Peltier Lake FOREST BLVD N ₩ 35E FRANC 10 17 PUTH 148TH ST N Centerville Lake MAIN FRENCHMAN RD 61 Rice Lake Egg Wards Lake CENTERVILLE Sherman Lake Reshanau Lake 137TH ST / BIRCH Amelia Lake 4 LINO LAKES ASH ST CO 120TH ST N CO RD . Lake 8 61 Wilkinson Deep Lake White 35E Bear Bald Twp Eagle NORTH DELLWOOD OAKS 111 **UNP** CO RD H-FGLE BLVD Tree Lake Pleasant Lake Black 96 Lake ₿ 11 WHITE (96) 9TH S BEAR LAKE 19 6TH ST 16 Echo Gilfillan Lake Lake BIRCH LK AVE 6 96 96) 117 Bear Sucker Lake VADNAIS HEIGHTS White Bear Twp (244) to CO RD F CO RD F BIRCHWOOD VILLAGE 15 18 McMENEMY BIRCH ST Gem Lake AVE 6 × R 49) GEM LAKE 61 VAN DYKE MCKNIGH KOEHLER SPRUC 813 Lost Lake 12 Lake Vadnais CO RD B 244 RICE 244 AVE MAHTOMEDI 2 Willow LN 3 H Lake 14 Echo Lake RCHAR 35E WHITE BEAR LAKE (120 Twin 694 DGEF Lake 694 Laki 36 694 LITTLE Silver Lake CANADA



# BEAR'S BULLETIN Spring 2022



### In this issue

- » WELCOME TO WHITE BEAR School News, Page III
- » WE ARE HIRING District News, Page V
- » SCHOOL BOARD School Board News, Page VII
- » SCREEN AT THREE Important Info, Page VIII

### Just Yesterday & Years Ago

As we steadily progress through the school year and head into the spring season, it is hard to believe that we will soon be in the home stretch of my fifth year as superintendent. Thinking back on the successes we have gained and the challenges we have faced headon since 2017, it seems as though the memories are simultaneously "just yesterday" and "years ago." I invite you to think back with me over the last five years.

When I began my tenure as superintendent, moving from my former role as Assistant Superintendent for Finance and Operations in the district, one of the first important tasks was to help people understand how to pronounce my name. (It's "Kaz-mer-check" for those who are still wondering. Our students helped us pull off a fun pronunciation video that still lives at isd624.org/about/superintendent for those who want to check it out.)

That first year, the 2017-18 school year, was filled with important work that laid the foundation for much of what we're able to accomplish today. In the fall, our community supported a local operating levy renewal. Our school community also participated in a Strategic Planning process that year, building a plan that was approved by the School Board in April, 2018.

Throughout the next school year, buildinglevel strategic planning committees worked to set the course for our individual schools and programs. Running parallel to these processes, a district-wide comprehensive facilities planning process kicked off in the fall of 2018 and continued through the 2018-19 academic year.

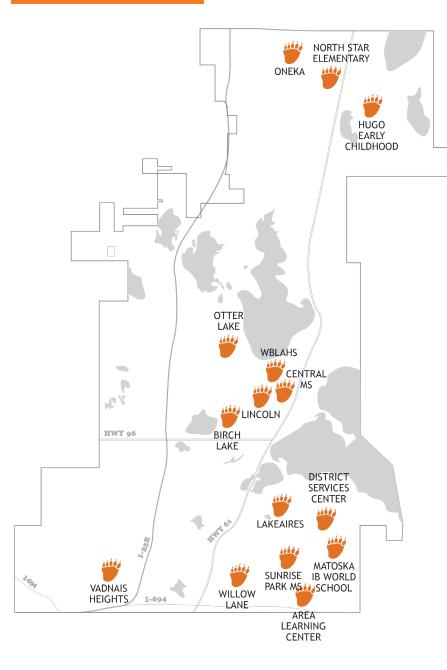
Continued on District News page IV

### Translations:

MUNITY SERVICES

Para Español por favor llame al 651-407-7625 Xav tau ntawv Hmoob hu rau 651-407-7623





II

### **Birch Lake Elementary**

1616 Birch Lake Avenue, White Bear Lake 651-653-2776

### Lakeaires Elementary

3963 Van Dyke Street, White Bear Lake 651-653-2809

### Lincoln Elementary

1961 Sixth Street, White Bear Lake 651-653-2820

### Matoska Int'l IB World School

2530 Spruce Place, White Bear Lake 651-653-2847

### North Star Elementary

15198 Forest Blvd North, Hugo 651-407-7585

### **Oneka Elementary**

4888 Heritage Parkway North, Hugo 651-288-1800

### **Otter Lake Elementary**

1401 County Road H2, White Bear Lake 651-653-2831

### Vadnais Heights Elementary

3645 Centerville Road, Vadnais Heights 651-653-2858

### Willow Lane Elementary

3375 Willow Avenue, White Bear Lake 651-773-6170

Distance Learning Academy 651-653-2749



### **Attendance Boundaries Process**

The district is facilitating an attendance boundaries process in order to accommodate student enrollment and best utilize new/expanded facilities.

A description of the process, attendance boundaries, the attendance boundary design framework, presentations and meeting materials, a Q&A and an attendance area lookup tool can be found on the district's website at www.isd624.org/AttendanceBoundariesProcess.



### Welcome to White Bear

White Bear Lake Area Schools is currently accepting enrollments for incoming students who will begin kindergarten in the Fall of 2022.

Information has been mailed to families of incoming kindergarten students. Those who have incoming kindergartners but have not received information from the district are invited to call us at 651-407-7674 so that we can provide information and get your child on the incoming kindergarten list.

In preparation for the welcome activities, our principals provided incoming kindergarten families with a video glimpse of the awesome opportunities that await our newest White Bear Lake Area Schools students. They ended the video in White Bear fashion, with a hearty "Go Bears!"

See the video at the QR code below.



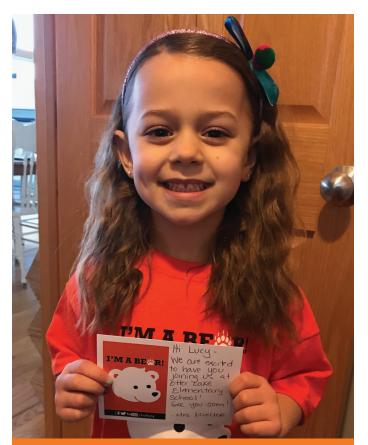


Scan the QR code to learn "Go Bears!" from our principals!

The White Bear Lake Area Schools offer a choice of K-5 programs:

- The Full-Day, Every-Day Kindergarten option is a free kindergarten program offered at all elementary schools in the District.
- Matoska International IB World School is a program offered to all students in the White Bear Lake Area School District. The program is an International Baccalaureate (IB) world school. The District provides transportation from any point in the school district for students enrolled at this school.





III

### Welcome to White Bear!

We are excited to welcome families and let them check out our buildings and programs in person. Incoming kindergarten families who are interested in touring any of our district elementaries may contact the school and we will personalize a tour at a time that works best for you.

Those families who have not already done so may register their child(ren) for kindergarten at the school tours.

### I'm a Bear!

When the enrollment process is complete, students will receive a Kindergarten Welcome Packet in the mail that will include a special "I'm a Bear" t-shirt.

### **Kindergarten Gatherings**

Students will have a chance to meet the kindergarten teachers and tour their schools at in-person events planned at the district's elementary buildings later this spring.



### Continued from front page

Armed with information from the facilities planning process and sharing in the district's vision of "Building Our Future," the community passed a \$326 million bond referendum, the largest in state history, in the fall of 2019. With a facilities plan set to be completed in 2025, the bond funding allows us to address projected enrollment throughout the district, invest in our aging facilities and infrastructure, and create a single unified grades 9-12 high school.

IV

Our story of the spring of 2020 is not unlike many others, with "unprecedented" and "abundance of caution" becoming familiar phrases as we all learned the ropes in what would become a new normal. The effects COVID-19 had on our district, community, state, nation and world were numerous, but I am proud to say that even in the midst of such challenges we were able to remain nimble and figure out ways to serve our students and families in ways we never had before.

The 2020-21 school year brought with it the continued need for flexibility as we served students in new learning models and within new standards of operation. We also continued to move forward in accomplishing large-scale initiatives, starting with the first in the list of building projects. We also hosted important conversations with our community that ultimately led to changing school start times for 2021-22 in order to more closely align with our district's strategic plan and with research on adolescent sleep.

In the midst of the current school year, we continue to prioritize keeping our students in school in-person. As we've worked through our comprehensive facilities plan list, we have celebrated the completion of some building projects, broken ground at others, and worked with planning committees at others still. The attendance boundaries process we have navigated this year, made necessary by enrollment trends and the new North Star Elementary being built in Hugo, will be implemented in two phases, with some boundary shifts happening in the 2022-23 school year and others following in 2023-24.

To say that the past five years have been bustling would be an understatement, but in all the frenzy has been a calming undercurrent of community that ties us all together. Thank you for taking this walk down memory lane with me, and thank you for your part in building these five years of memories worth celebrating.

Dr. Wayne A. Kazmierczak, Superintendent White Bear Lake Area Schools









### Send Us Your Bear Wear Pics!

We are looking for photos of little ones in their "Born to be a Bear" onesies and "I'm a Bear" shirts!

Email photos to communications@isd624.org and you may find your little one(s) featured in a District publication!

Onesies are sent to families who live in the district upon the arrival of a little one, and shirts are sent to households with toddlers when they receive Screen at 3 information. Kindergartners receive shirts when their enrollment paperwork is complete.



# WE ARE HIRING!

Find Employment info at *isd624.org*.



 Substitute Teachers
 Bus drivers  Extended Day staff
 Paras

Services staff - MORE!

- Nutrition

651-407-7500 isd624.org/employment We are currently hiring for a variety of positions. We need substitute teachers, bus drivers, Extended Day staff, paras, Nutrition Services staff and more!

These positions are great for retirees, stay-at-home parents, college students, or anybody who enjoys working with students.



The mission of the White Bear Lake Area School District, the community at the forefront of educational excellence, honoring our legacy and courageously building the future, is to ensure each student realizes their unique talents and abilities, and makes meaningful contributions with local and global impact through a vital system distinguished by:

- Students who design and create their own future
- A culture that respects diverse people and idea
- Safe, nurturing, and inspiring experiences
- Exceptional staff and families committed to student success
- Abundant and engaged community partners



### 300 Wins

White Bear Lake Area High School Coach Jeremy Post earned his 300th win in January as the head coach of the WBLAHS Girls' Basketball team.

The win took place on a road game and was followed up with a short presentation at the team's next home basketball game.





### School Board approves naming of North Star Elementary

VI

At the December 13, 2021 Regular Meeting, the White Bear Lake Area School Board approved the name North Star Elementary for the new elementary school in Hugo. The building, part of the district's comprehensive facilities plan funded by the community's support of the 2019 bond referendum, will open in Fall of 2022 and will serve students in grades kindergarten through fifth grade in the northern part of the district.

The naming process took place during the fall of 2021, with the New Elementary School Naming Task Force first meeting in September. Input was solicited from the community, with more than 80 recommendations of potential names being submitted. The committee divided the names into seven categories and whittled the names down to three possibilities, out of which North Star Elementary was chosen.

Principal Dan Schmidt, who will serve as the school's principal when it opens in the fall of 2022, outlined several reasons behind the choice of the name. "North Star is a positive name that mirrors the school's location in the district. It is an orienting star in the Northern Hemisphere that is inspiring and uplifting," he said. Schmidt also noted the historical significance of the star, providing examples of the directional guidance used by slaves and the importance of the star to some Indigenous communities.

The North Star's relation to nature was listed as another strong tie to the school's name, as natural elements have been worked into the design of the new building to take advantage of the large natural setting the school is built within. Schmidt also provided a fun astronomy fact that was considered as the option was chosen, noting that the North Star is part of the Little Dipper, which is also known as Little Bear.

At the meeting, Principal Schmidt shared that North Star Elementary was submitted through the community input process by White Bear Area High School graduate Becky Butters-Levahn, who is a parent in the district and a special education teacher at Lincoln Elementary.

Construction continues on North Star Elementary, located on Highway 61, north of the Hugo Post Office. The project is scheduled to be finished before the 2022-23 school year. The community will be invited in to tour the new building later this summer when the elementary school is completed.

Updates on the North Star building project, along with other construction projects throughout the district, can be found at the district website, directly at www.isd624.org/BuildingOurFuture.

### **Attendance Boundaries Process**

The district is facilitating an attendance boundaries process in order to accommodate student enrollment and best utilize new/expanded facilities.

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ISD624.ORG

### 2022 District 624 School Board



SCOTT ARCAND scott.arcand@isd624.org *Term expires 12/31/23* 



JESSICA ELLISON jessica.ellison@isd624.org Term expires 12/31/25



ANGELA THOMPSON angela.thompson@isd624.org *Term expires 12/31/23* 



DEB BELOYED deb.beloyed@isd624.org *Term expires* 12/31/25



MARGE NEWMASTER margaret.newmaster@isd624.org *Term expires 12/31/23* 

#### GENERAL SCHOOL BOARD EMAIL ADDRESS: schoolboard@isd624.org

#### 2021-22 STUDENT REPRESENTATIVES:

- Bemnet Tessema, Gr 12, WBLAHS-South, Representative
- Lauren Collier, Gr 11, WBLAHS-South, Alternate Representative



VII

**KATHLEEN DANIELS** kathleen.daniels@isd624.org *Term expires 12/31/25* 



CHRISTINA STREIFF OJI christina.streiffoji@isd624.org *Term expires 12/31/25* 

### School Board Meetings

Feb. 28	Work Session
March 14	Regular Mtng
March 28	Work Session
April 11	Regular Mtng
April 25	Work Session
May 9	Regular Mtng
May 23	Work Session
June 13	Regular Mtng

- » All Board meetings take place in the Community Room 112 at District Center (4855 Bloom Ave). Both Regular and Work Session meetings begin at 5:30 p.m.
- » Agendas, Board Packets, Minutes, Highlights and Video links are posted on the District's website as they become available.
- » Regular School Board meetings are re-broadcast on Cable Channel 20 in the local viewing area the week of a regular business meeting:
  - Wed. at 2 p.m., 6 p.m. & 9 p.m.
  - \_ Thurs. at 10 a.m.

### Calendars approved

The School Board recently approved the 2022-23 and 2023-24 academic year calendars.

Approved at the December 13, 2021 School Board Meeting.														
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Approved at the December 13, 2021 School Board Meeting.															
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White Bear Lake Area Schools	16	17	18	12	20	21	22		21	22	23	24	28	25	27
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September 6 First Day of School (1-5, 7-8, 12-12+)	6	7		9	10	11	12		4	5	0	7		ত	10
September 7 First Day of School (K)	13	54	15	15	17	10	19		11	12	12	- 14	0	15	17
September 11 First Day Early Childhood Programs	20	21				25	26			11	20	21		23	24
October 18	27	29	29	30	31				25	26	27	28	29		
October 19-20 No School - Education Minnesota Conf.							_								
November 6 Non Student Day* - EC-12+ Conferences	_	_	FPT		_	_	_					RCH			_
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November 10 End of First Quarter	- S -	м	T	W	Th		5		- 5	м.	T	W	Th	E.	5
November 16 BC-12+ Conferences November 22-24 No School - Thankasiving Break				6		1	2		3				7	1	2
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December 22-29 No School - Winter Break	17	18	10	20	21	22	23		17	18	10	20	Ö	22	23
January 1 No School - Writer Break	24	25	29	27	28	29	50		24	25	0	27	28	29	30
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February 19 No School - Presidents' Day	15	15	17	13	19	20	21		14	15	15	17	10	12	20
March 11-15 No School - Spring Break	22	23	24	25	26	27	29		21	22	23	24	25	25	27
March 21 6-12+ Conferences	29	30	31						28	29	30				
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June 6 Last Day of School	12	13	14	15	0	17	18		12	13	54	15	16	17	18
June 7 EC-12+ Work Day	19	20 77	21	22	23	- 24	25		19	20	21	22	23	26	25
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* Non Student Easy - Staff engage in curriculum work, prefermional learning	10		12	13	- 54	15	15		÷.	40	11	12	12	56	15
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### **FREE Senior Activity Pass**

Senior community members (age 65+) who live in the District are invited to participate in the Senior Activities Pass program and enjoy complimentary admission to school activities.

Please call 651-407-7563 to request an application be mailed to you or find the application on the district's website at isd624.org/about/support.



### School Board News

### Important Info

### VIII

### Early Childhood Screening - Screen at 3

Early Childhood Screening is required by the state of Minnesota for all children prior to entering kindergarten.

The best age at which to screen is age three. The White Bear Lake Area School District provides this screening at no charge.

### 3 REASONS TO SCREEN AT 3:

- Screening can ensure school success
- If health or developmental concerns are identified, educational services are available
- It is fun and provides parents/guardians with valuable information regarding child development



Register for Early Childhood Screening online at https://whitebear.ce.eleyo.com or 651-653-3100

Early Childhood Screening takes place at: Normandy Park Education Center, 2482 East County Road F, WBL

### Requesting an Interpreter

Families can request that a district staff member call them through the use of an interpreter who speaks the language they speak.

Information about how to make the request can be found in text and audio translations, in all languages spoken by students in the district, on the district website or at the QR code at right.



# IMPORTANT DATES

- » MARCH 7-11 SPRING BREAK School resumes March 14
- » MARCH 14 SCHOOL BOARD REGULAR MEETING 5:30 p.m. at District Center
- » MARCH 28 SCHOOL BOARD WORK SESSION 5:30 p.m. at District Center
- » APRIL 11 SCHOOL BOARD REGULAR MEETING 5:30 p.m. at District Center
- » APRIL 25 SCHOOL BOARD WORK SESSION 5:30 p.m. at District Center
- » MAY 9 SCHOOL BOARD REGULAR MEETING 5:30 p.m. at District Center
- » MAY 10 COFFEE WITH DR. K 4-5 p.m.
- » MAY 30 MEMORIAL DAY District Offices Closed
- » JUNE 10 LAST DAY OF SCHOOL
- » JUNE 13 SCHOOL BOARD REGULAR MEETING 5:30 p.m. at District Center



### **Digital Backpack**

The White Bear Lake Area Schools Community Services Department distributes electronic flyers on the first and third Thursday of each month. Flyers include announcements from the school district, as well as local organizations that offer opportunities for youth.

Those who wish to request distribution of a flyer should email the files to the Community Services and Recreation Department at michelle.hubbard@isd624.org. The Digital Backpack can be found on the Community Services website at https://communityservices.isd624.org/about/digital-backpack.





# White Bear Lake Area Schools

Leading minds to learning, hearts to compassion, and lives to community service.

Serving the communities of Birchwood, Gem Lake, Hugo, Lino Lakes, Little Canada, Maplewood, North Oaks, Vadnais Heights, White Bear Lake, and White Bear Township.

# Join us!

Choose from 2 options: - Traditional in-person school - Distance Learning Academy

### **Translations:**

Enrollment

information at

isd624.org/enroll

Para Español por favor llame al 651-407-7625 Xav tau ntawy Hmoob hu rau 651-407-7623

# Why Be a Bear?

### Our students benefit from:

- Safe, nurturing and challenging environments.
- Differentiated instruction.
- Hands-on learning.
- World language experiences.
- Focus on academic, social and personal development of each student.
- Career Pathways opportunities and College-level courses.

### Stav Connected

• E-NEWSLETTER

The Community e-Newsletter is sent out each week, with alternating text and video editions. The text editions cover student and staff successes, school and Community Education offerings, and School Board proceedings. Those who wish to be added to the Community e-Newsletter list may contact us at communications@isd624.org.

• STAY SOCIAL

Join White Bear Lake Area Schools' social media circles - Facebook, Twitter and YouTube.





