

WIC

WEST ISLAND COLLEGE

2022/23
Senior High School
Course Selection Guide

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Introduction

The purpose of this handbook is to help you plan and select your courses for the 2022/23 school year at West Island College. This document outlines information regarding the Alberta High School Diploma, credits, course prerequisites, as well as brief descriptions of the courses offered at the College.

If you or your parents have any questions regarding our programs or courses, do not hesitate to contact the school at 403-255-5300, and ask to speak to our guidance counsellor or post-secondary advisor.

The academic year consists of two semesters: the first semester runs from September to the end of January; the second semester runs from February to the end of June.

The Student Success Centre at West Island College

It is the mission of West Island College's Student Services to teach students to learn how they learn best. The Student Success Centre (SSC) is intended to provide a holistic and synergistic approach to ensure that students thrive at WIC. The work of the SSC encompasses not only academic and social-emotional needs but also that of student personal well-being and growth. The SSC provides support and resources for students as early as the acceptance process all the way until they transition into the post-secondary stages. It also functions as a periodic resource for other students if a response to intervention (RTI) is needed to assist students with navigating a particular set of hurdles.

We offer a wide variety of support structures to aid the diverse population we serve. We believe firmly in individualized programming, diversified teaching, and in the value of relationships in fostering student success. By planning with students, we ensure that they are fully on board with their learning plan and are self-motivated and, ultimately, independent learners.

From the admissions process through to graduation, the SSC is here to support all students. The programs and services listed below showcase our commitment to the development of the whole student throughout their time at WIC.

- Help students and parents understand post-secondary entrance requirements,
- In-house informal diagnostic testing
- Individualized Program Plan (IPP) development and management
- Academic subject support
- Academic counselling
- Socio-emotional counselling
- Post-secondary advising

Post-Secondary Advising

The Post-secondary Advisor is available to provide support and help ease the anxiety students may feel when planning for their future education. The Post-secondary Advisor is available to:

- Help students and parents understand post-secondary entrance requirements,
- Assist grade 11 and grade 12 students with course selection,
- Administer aptitude testing such as the Myers-Briggs type indicator (MBTI) testing and Strong Interest Inventory,
- Review student plans and write reference letters,
- Answer questions about application and scholarship processes, and
- Host post-secondary representatives.

General Course Information

What are credits?

Credits are awarded for the successful completion of a course (final mark minimum 50%). A 5-credit course represents 125 hours of instruction. A course which is pursued for a full semester is normally worth 5 credits; a course using half this time is awarded 3 credits. Career and Technology Studies (CTS) courses are made up of multiple 25 hour 1-credit modules. Credits can be earned only once in any one class or modules.

What are prerequisites?

A prerequisite course is one that must be successfully completed prior to proceeding to the next level of that subject. For example, you must pass English Language Arts 10-1 before taking English Language Arts 20-1.

How are High School courses numbered?

Generally, High School courses are numbered so that:

- Grade 10 classes are designated as “10”, e.g., Social Studies 10-1, Science 10 and Physical Education 10.
- Grade 11 classes are designated as “20”, e.g., English Language Arts 20-1, Chemistry 20 and Art 20.
- Grade 12 classes are designated as “30”, e.g., English Language Arts 30-1, Chemistry 30 and Math 31.
-

Note: Courses are not always taken in the Grade indicated by the course number; e.g., Biology 20 can be taken in Grade 10.

Registration and Course Selection

Students are advised to plan their High School program by taking into consideration past achievements, prerequisites, requirements for a High School diploma, and post-secondary preparation.

Students should plan a program with the assistance and approval of their parents and from the College’s counsellors. The school timetable allows a maximum of four courses each semester, in addition to band. All Senior High students are encouraged to register in a full-time program to take advantage of the scope of core and complementary courses offered at the College.

Grade 10

All grade 10 students will complete the following 5 requirements towards their high school diploma:

- English Language Arts 10-1
- Social Studies 10-1 (in English or French)
- Mathematics 10C
- Science 10
- Physical Education 10
- Career and Life Management 20

Additionally, French Immersion students will complete French Language Arts 10-1. Students will choose 2-3 electives to complete in grade 10. Many WIC students choose to take a grade 11 science course (Biology 20 or Chemistry 20) in their grade 10 year. Grade 10 students are required to maintain a full course load of four courses per semester.

Grade 11

With a greater range of course choices, grade 11 allows students to focus their studies in more specific disciplines. Academic planning becomes important in order to ensure that students complete all of the necessary requirements for graduation, the institute program they are pursuing, and post-secondary entrance. Grade 11 is also the first year that WIC students are permitted to register for AP classes.

All grade 11 students will complete the following requirements towards their high school diploma:

- English Language Arts 20-1
- Social Studies 20-1 (in English or French)
- Mathematics 20-1 or 20-2
- Biology 20, Chemistry 20 or Physics 20 (if not completed in grade 10)

Additionally, French Immersion students will complete French Language Arts 20-1. Grade 11 students typically take Mathematics 30-1 or 30-2 in the second semester.

Grade 11 students are required to register in a minimum of 7 courses. Exceptions are subject to administrative approval.

Grade 12

Grade 12 students are able to further focus their studies, having fewer required courses to complete and a greater range of elective and AP courses available.

All grade 12 students will complete the following requirements towards their high school diploma:

- English Language Arts 30-1
- Social Studies 30-1 (in English or French)

Additionally, French Immersion students will complete French Language Arts 30-1. Grade 12 students will be expected to register in a minimum of 6 courses. Exceptions are subject to Administrative approval. Course adjustments will be considered based on available space. Careful course selection is extremely important. Students should meet with the Post-secondary advisor or Guidance Counsellor to determine the best courses to take in their grade 12 year.

Alberta High School Diploma Requirements

Note: These are minimum requirements

COURSES	CREDITS
English 10-1, 20-1, 30-1	15
Social Studies 10-1, 20-1, 30-1	15
Mathematics (Grade 10 & 11 level)	10
Science (Grade 10 & 11 level)	10
Physical Education 10	3
CALM 20	3
Two full courses from: CTS, Fine Arts, Second Languages, PE 20 or 30	10
Two "30" level courses (in addition to English & Social Studies)	10
Additional Credits	24
TOTAL MINIMUM CREDITS	100

Bilingual Diploma Requirements

In addition to the Standard Diploma, WIC also offers a Bilingual Diploma (BD). The key requirement is that students study in two languages (French & English). The Bilingual Diploma is awarded to those Grade 12 students who have successfully completed 35 credits of study in which the language of instruction was French, one DELF Diploma (B1 or B2) and the AP French Language & Culture exam.

COURSES	CREDITS
FLA 10-1, 20-1, 30-1	15
Études Sociales 10-1, 20-1, 30-1	15
Mathématiques 10-C	5
French 30-3Y (Challenge)	5

AP French Language and Culture exam (Grade 11)

Diplôme d'Étude en Langue Française - DELF B1 (Grade 9) & B2 (Grade 12)

Advanced Placement Program

The Advanced Placement Program (AP), is a program which enables students to pursue college-level studies while still in High School. Based on their performance on rigorous AP examinations, students can earn credit, advanced placement, or both for college/ university. The AP program allows High School students to take courses that are challenging, rigorous, and in-depth—exactly the kinds of courses they will face once in university.

Each AP course has one or more prerequisite courses. Careful planning of course sequencing is essential to ensure that AP course prerequisites are met before the last semester of grade 12.

AP courses are offered only in the second semester of every school year. WIC offers the following AP courses yearly:

AP Calculus AB	AP Psychology	AP English Literature & Composition
AP Biology	AP Macroeconomics	AP French Language & Culture
AP Chemistry	AP Microeconomics	AP Physics 1
AP Physics 2	AP European History	

Students registered in these courses are automatically registered for the associated AP exam in May.

Many WIC students choose to prepare independently for AP exams in their grade 12 year. We support students in challenging these exams and provide them with the resources to help them prepare. We have supported WIC students in challenging the following AP exams:

AP Art History	AP Human Geography
AP Chinese Language & Culture	AP Comparative Government & Politics
AP Spanish Language & Culture	AP Statistics
AP World History: Modern	AP Music Theory
AP English Language & Composition	AP United States History
AP Environmental Science	

In order to register for an AP course challenge, please fill out and return the registration form ([Appendix A](#)) at the end of this document.

AP Program Contacts: Mr. Dave Horn DaveHorn@mywic.ca

Institute Program

Academic Requirements

Each WIC Institute has several Module A course requirements. Students who receive a WIC Institute Certificate must have completed these requirements in addition to participation in specific leadership opportunities, clubs and activities. Institutes are offered in both the English program and the French Immersion program.

Business Institute

To receive a Business Institute Certificate, a student must complete:

- Three of:
 - Financial Literacy 8
 - Business & Technology 9
 - Micro/ Macro Economics 30
 - Entrepreneurship 10
 - Computer Studies 10
 - Computer Studies 20
 - Computer Studies 30
- One of:
 - AP Macro Economics 35
 - AP Micro Economics 35

Health Science Institute

To receive a Health Science Institute Certificate, a student must complete:

- Three of:
 - Biology 30
 - Chemistry 30
 - Physics 30
 - Psychology 20/30
 - Sport Medicine 15
 - Sport Medicine 25
 - Sport Performance 15
 - Sport Performance 25
 - Mathematics 30-1
- One of:
 - AP Biology 35
 - AP Chemistry 35
 - AP Physics 35
 - AP Psychology 35

Engineering Institute

To receive an Engineering Institute Certificate, a student must complete:

- Five of:
 - Coding 8
 - Engineering Simple Models 9
 - Computer Science 10
 - Computer Science 20
 - Computer Science 30
 - Biology 30
 - Chemistry 30
 - Physics 30
 - Mathematics 30-1
 - Mathematics 31
- One of:
 - AP Biology 35
 - AP Chemistry 35
 - AP Physics 35
 - AP Calculus 35

Liberal Arts Institute

To receive a Liberal Arts Institute Certificate, a student must complete:

- Two of:
 - Religious Meanings 20/World Religions 30
 - Psychology 20/30
 - International Politics 30/Western World History 30
 - English Language Arts 30-1
 - Independent Law Courses (2 credits in Public Law, Private Law, Relationship Law, Employment Law or Business Law)
- One of:
 - AP Psychology 35
 - AP European History 35
 - AP English 35

Fine Arts Institute

To receive a Fine Arts Institute Certificate, a student must complete:

- Six of: (*3 must be in Sequential 10.20.30 same discipline*)
 - Drama 10, Drama 20, Drama 30
 - Advanced Acting 15, Advanced Acting 25, Advanced Acting 35
 - Technical Theatre 15, Technical Theatre 25, Technical Theatre 35
 - Art 10, Art 20, Art 30, Art 31
 - Band 8, Band 9
 - Instrumental Music 10, Instrumental Music 20, Instrumental Music 30
 - Film & Media Art 15/25, Film & Media Art 35

International Languages and Culture Institute

To receive an International Language and Culture Certificate, a student in French Immersion stream must complete:

- Three of:
 - French Language Arts 30-1
 - a DELF B1/B2
 - an AP French Language and Culture

To receive an International Language and Culture Certificate, a student in a student in FSL / Spanish stream must complete:

- Two of:
 - French (FSL) 30 or Spanish 30
 - a DELF/DELE A1/A2

Core Academic Course Sequences and Descriptions

In order to sequence courses appropriately, it is essential to take into consideration prerequisite courses at the onset of planning. Generally, a student must take all prerequisites before registering in each course. For a prerequisite to be waived a student must show proof that they possess “the knowledge, skills and attitudes identified in the waived course or program of studies” (p. 130, Alberta Education Guide to Education).

The information in this section provides an overview of the content of each course offered in the Senior School at WIC, the number of credits allocated as well as the prerequisites. A prerequisite is a course that a student must complete before taking the subsequent course. Recommended marks in prerequisites are provided to guide students in choosing and sequencing their courses. If a student does not meet the recommended mark in a prerequisite, they should meet with a guidance counsellor or administration to ensure that supports are planned in order help the student succeed in this course.

English Language Arts



The English Language Arts 10-1, 20-1, 30-1 sequence is for students who intend to go to university or other post-secondary institutions.

Expectations

Students at all levels will be expected to demonstrate a measured skill level in critical and creative thinking, reading, writing, listening, viewing and representing a wide variety of texts. It is recommended that students read regularly to support their success in English Language Arts. Students are expected to maintain a regular routine of study and to complete all assignments.

English Language Arts 10-1

5 Credits

Prerequisite: ELA 9 (50%+), Recommended ELA 9 (70%+)

Reading, writing, speaking, listening, viewing and representing are integral strands in this course. Outcomes include responding personally, critically, and creatively to literature as well as oral, print, visual and multimedia texts. Analytical and extrapolative skills are emphasized in this course. Students will study the following texts: a novel or book-length non-fiction, at least one feature film, a Shakespearean play, a variety of poems and short stories, a variety of visual texts and several essays.

English Language Arts 20-1

5 Credits

Prerequisite: ELA 10-1 (50%+), Recommended ELA 10-1 (70%+)

This course requires analytical and extrapolative skills as students respond critically, personally and creatively. Textual materials include oral, print, visual and multimedia. Students will study the following texts: a novel, a book-length non-fiction or feature film, a Shakespearean play, a variety of poems, short stories, visual texts and essays.

English Language Arts 30-1

5 Credits

Prerequisite: ELA 20-1 (50%+), Recommended ELA 20-1 (70%+)

Students use a variety of texts and respond personally, critically and creatively. Analytical and extrapolative skills development enables students to handle the rigours of the diploma examination and subsequent university courses and other post-secondary work. Students will study the following texts: a novel or book-length non-fiction, at least one feature film or modern play, a Shakespearean play, a variety of poems and short stories, essays and visual texts. A study of popular non-fiction including news stories, feature articles, reviews, interviews and other forms of informative and persuasive text is also required.

English 35 AP

3 Credits

Recommended Prerequisite: English 30-1 (Final mark of 80% or Administrative approval)

English 35 AP engages the students in the careful reading and critical analysis of literature. As they read, students consider a work's structure, style, and themes as well as elements such as the use of figurative language, imagery, symbolism and tone.

Writing is an integral part of the course. Writing assignments focus on the critical analysis of literature and include expository, analytical, and argumentative essays.

French Language Arts (French Immersion only)

The French Immersion Program at West Island College is designed for continuing French Immersion students entering the Senior High School from a Junior High French Immersion program. To obtain a French Immersion Bilingual Diploma, students must earn 35 credits in courses taught in the French language over three years, 15 of which must be earned in French Language Arts.

French Language Arts 10-1

5 Credits

Prerequisite: French Language Arts 9 (50%+), Recommended French Language Arts 9 (70%+)

The focus of this course is reading comprehension, writing, listening and speaking, at an advanced level. The language of instruction in the classroom is French. Students may study up to two novels, one documentary, one play and numerous other texts for reading comprehension. Oral and written assignments are assigned throughout the term.

French Language Arts 20-1

5 Credits

Prerequisite: French Language Arts 10-1 (50%+), Recommended French Language Arts 10-1 (70%+)

The focus of this course is on reading comprehension, writing, listening and speaking, although at a more advanced level. The language of instruction in the classroom is French. Students may study up to three novels, one film, one play and numerous other texts for reading comprehension. Oral and written assignments are assigned throughout the term.

French Language Arts 30-1

5 Credits

Prerequisite: French Language Arts 20-1 (50%+), Recommended French Language Arts 20-1 (70%+)

In the FLA 30-1, students focus on reading comprehension, writing, listening and speaking, all at an advanced level. Students will analyze various types of literary texts as well as perfecting their writing skills. Students may study up to two novels, numerous of short stories, one film, one play and numerous other texts for reading comprehension. Oral and written productions are assigned throughout the term.

AP French

Prerequisites: There are no prerequisites; however, at WIC, students are typically in Grade 11 – level French language study. In the case of native or heritage speakers, there may be a different pathway of study leading to this course.

The AP French Language and Culture course emphasizes communication (understanding and being understood by others) by applying interpersonal, interpretive, and presentational skills in real-life situations. This includes vocabulary usage, language control, communication strategies, and cultural awareness. The AP French Language and Culture course strives not to overemphasize grammatical accuracy at the expense of communication. To best facilitate the study of language and culture, the course is taught almost exclusively in French.

Social Studies / Études Sociales



The social studies 10-1, 20-1, 30-1 sequence is for students who intend to go to university or other post-secondary institutions. This program is offered in both the French and English languages.

Expectations

Students at all levels are expected to develop the key values, attitudes, knowledge, understanding, skills and competencies necessary to become active and responsible citizens who are engaged in the democratic process and aware of their capacity to effect change in their communities, society and the world.

Social Studies/ Études Sociales 10-1

5 Credits

Prerequisite: SS/ES 9 (50%+), Recommended SS/ÉS 9 (70%+)

Students explore multiple perspectives on the origins of globalization and the local, national and international impacts of globalization on identity, lands, cultures, economies, human rights and quality of life.

Social Studies/ Études Sociales 20-1

5 Credits

Prerequisite: SS/ES 10-1 (50%+), Recommended SS/ÉS 10-1 (70%+)

Students explore the complexities of nationalism in Canadian and international contexts. They will study the origins of nationalism and the influence of nationalism on regional, international and global relations. The infusion of multiple perspectives will allow students to develop understandings of nationalism and how nationalism contributes to the citizenship and identities of peoples in Canada.

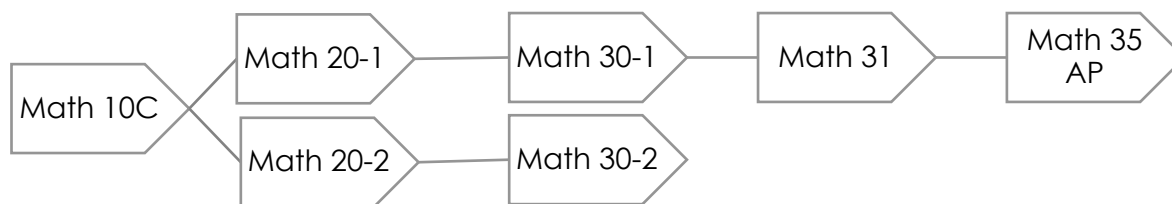
Social Studies/ Études Sociales 30-1

5 Credits

Prerequisite: S/ES 10-1 (50%+), Recommended SS/ÉS 20-1 (70%+)

Students investigate the history and principles of various ideologies, with the overriding theme of liberalism and the perspective it provides on all other ideologies. Students must develop skills involving source interpretation and the development of arguments which are assessed on the Diploma Exam.

Mathematics



The mathematics -1 course sequence is designed to provide students with the mathematical understandings and critical-thinking skills identified for entry into post-secondary programs that require the study of calculus.

Mathematics

5 Credits

Prerequisite: Math 9 (50%+)

This is a common Grade 10 mathematics course for students who have successfully completed Grade 9 Math. Topics include measurement, trigonometry, polynomial operations and factoring, linear relations, functions and systems of equations.

Mathematics 20-1

5 Credits

Prerequisite: Ma Math 10C (70%+), Recommended Math 10C (70%+)

Topics include sequences and series, quadratic functions and equations, absolute value and radical expressions and equations, factoring polynomials, radical and rational expressions and equations, trigonometry (angles, primary trigonometric ratios, cosine law and sine law), reciprocal functions, linear and quadratic inequalities in one and two variables.

Mathematics 30-1

5 Credits

Prerequisite: Math 20-1 (Recommended 70%+) or Math 30-2 (Recommended 80%+)

Topics include exponential and logarithmic functions and equations, trigonometric and circular functions and equations, trigonometric identities, operations on, and compositions of functions, inverses of relations, permutations, combinations and binomial theorem.

Mathematics 20-2

5 Credits

Prerequisite: Math 10C (50% +)

Topics include logical reasoning, properties of angles, trigonometry, rational expressions and equations, quadratic functions and equations, statistics and proportional reasoning.

Mathematics 30-2

5 Credits

Prerequisite: Math 20-1 or 20-2 (50%+)

Topics include set theory, permutations and combinations, probability, rational expressions and equations, polynomial functions, exponential and logarithmic functions and equations and sinusoidal functions.

Mathematics 31

5 Credits

Prerequisite or co-requisite: Math 30-1 (Recommended 70%+)

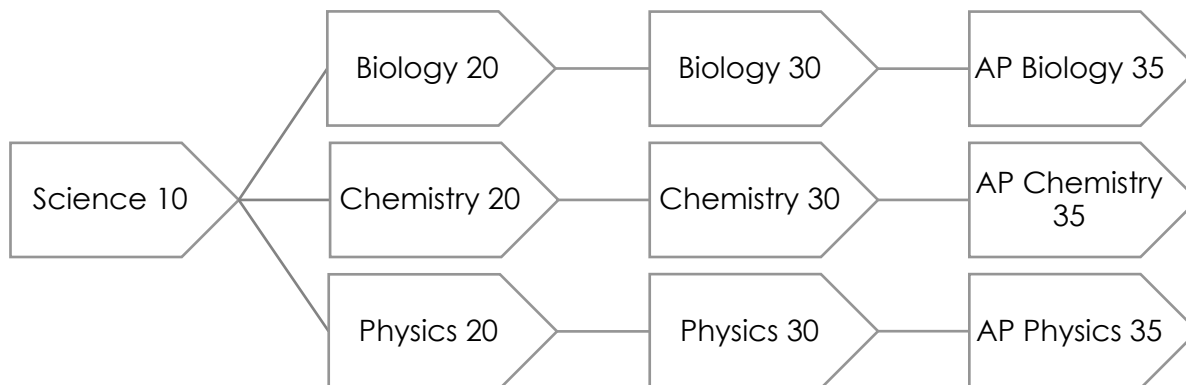
This course is for students who want an introduction to Calculus. It is intended for students who will pursue more education in mathematics or science at university. Students must possess a high degree of motivation towards mathematics, have excellent work habits and have a strong math background. Content includes pre-calculus, limits, derivatives, integration and applications.

Mathematics 35 AP

3 Credits

Must be taken in same school year as Math 31. Prerequisite: Math 31 (Recommended 80%+ or administrative approval)

Mathematics 35 AP provides students with exceptional ability or interest the opportunity to pursue more advanced levels of study in Calculus. This course has a broad scope and is a highly demanding intellectual course.

Science**Science 10**

5 Credits

Prerequisite: Science 9 (50%+), Recommendation: Math 9 (60%+)

Science 10 is an integrated academic course that is necessary for the understanding and application of the fundamental concepts and skills common to Biology, Chemistry and Physics. It is the prerequisite course leading to Biology 20, Chemistry 20 and Physics 20. Units of study include: matter and energy in chemical change, energy flow in technological systems, cycling of matter in living systems, and energy flow in global systems. Students will develop the skills required for scientific and technological inquiry, solving problems, communicating scientific ideas and results, working collaboratively, and making informed decisions.

Biology 20

5 Credits

Prerequisite: Science 10 (50%+), Recommended: Science 10 (70%+)

Biology 20 examines the interactions associated with living systems, and emphasizes the flow of energy and matter within the environment. The roles of key body systems and the mechanisms required for maintaining human health are explored. Additionally, human activities and technological advances are evaluated for their effect on environmental energy balances. Students are encouraged to formulate questions about observed relationships and plan scientific investigations.

Biology 30

5 Credits

Prerequisite: Biology 20 (50%+), Recommended: Biology 20 (70%+)

Biology 30 students continue to investigate the processes between humans and their environment to maintain equilibrium, specifically in context to the nervous and endocrine systems. They explore the regulation of human reproduction and development via chemical control systems. Additionally, students analyze the role of DNA, the process of protein synthesis, and the inheritance of individuals and populations. Peers work collaboratively to address problems and communicate scientific findings.

Biology 35 AP

3 Credits

Prerequisite: Biology 30 (Final mark of 80% or administrative approval)

Biology 35 AP seeks to meet the course objectives of general biology courses at the university level. The course is structured around four Big Ideas: Evolution, Energy, Information Exchange, and System Interactions. Students are given opportunities to develop skills utilized by biologists as they employ science practices and conduct scientific investigations. The process of inquiry and the development of critical thinking skills are important components of this offering.

Chemistry 20

5 Credits

Prerequisite: Science 10 (50%+) Recommended: Science 10 (70%+) and Math 10C (75%+)

Chemistry 20 students learn about the diversity of matter through modelling, mathematical analyses, laboratory investigations, and collaborative work. They explore properties and behaviours of ionic compounds, molecular substances, gases, and solutions. Students focus on chemical changes and the relationships between their associated reactants and products. Emphasis is placed on both quantitative and qualitative understandings.

Chemistry 30

5 Credits

Prerequisite: Chemistry 20 (50%+) Recommended Chemistry 20 (70%+) and Math 20-1 (70%+)

Chemistry 30 students continue to explore concepts associated with chemical changes and system equilibrium. They interpret and predict energy changes in thermochemical and electrochemical reactions. Students are introduced to common organic compounds and describe their properties and reactions. Lastly, they investigate chemical equilibrium focused on acid-base systems.

Chemistry 35 AP

3 Credits

Prerequisites: Chemistry 20 and Chemistry 30 (80%+ or Administrative Approval)

Chemistry 35 AP expands on the scientific and related technological knowledge and skills provided by Chemistry 30 that will enable students to further understand and interpret their world. It also provides an important introduction to a range of fundamental topics such as: atomic theory and atomic structure, chemical bonding, nuclear chemistry, gases, liquids and solids, solutions, reaction types, stoichiometry, equilibrium, kinetics and thermodynamics.

Physics 20

5 Credits

Prerequisite: Science 10 (50%+) Recommended Science 10 (70%+) and Math 10C (75%+)

Physics 20 students investigate motion in a study of kinematics. They investigate causes for change in position and velocity of objects and systems, and explore force fields. Students examine objects demonstrating uniform circular motion, and extend their understanding of kinematics and dynamics to mechanical energy, work, and power. Lastly, students consider oscillatory motion and mechanical waves. Peers collaborate in formulating questions about observed relationships and plan scientific investigations.

Physics 30

5 Credits

Prerequisites: Physics 20 (50%+) and Math 20-1 (60%+) Recommended: Physics 20 (70%+) and Math 20-1 (80%+)

Physics 30 builds on the concepts of kinematics and dynamics explored in Physics 20. Students investigate the constructs of momentum, impulse, and the conservation of momentum in isolated systems. They examine electric and magnetic forces and fields and their applications in technological devices. Students study the nature and characteristics of electromagnetic radiation. Lastly, the ongoing development of atomic models and the applications of nuclear fission and fusion are explored.

Physics 35 AP

5 Credits

Prerequisites: Physics 20 and Physics 30 (80%+ or Administrative Approval)

Physics 35 AP expands on the scientific and related technological knowledge and skills presented in Physics 30. It also provides an important introduction to a range of fundamental concepts not included in the Physics 30 course, such as thermodynamics, electrical circuit theory, and fluid dynamics.

International Languages

Placement from French 9 into French 20-3Y or French 30-3Y will be granted by teacher recommendation prior language assessment.

French 10 – 3 year program

5 Credits

Prerequisite: French 10 (50%+) or French 9 at WIC (50%+)

This course is for students who have little or no previous French language study. Students will learn basic vocabulary to greet others, share personal information and ask questions. Students will learn to conjugate verbs and structure basic sentences while participating in conversations.

French 20 – 3 year program

5 Credits

Prerequisite: French 10 (50%+)

French 20 is designed for students who have previously studied French. It is the second level of a three-year program for senior high students. This course will continue its focus on basic French grammar, writing, oral comprehension and conversation skills. Students will continue to develop their use of present tense and will have an introduction to preterit and imperfect past tenses.

French 30 – 3 year program

5 Credits

Prerequisite: French 20 (50%), French 9 at WIC (85%+) or placement exam

This is an accelerated program where students will continue their study of French to improve and develop their speaking, listening, reading and writing skills. Themes to be covered include arts, entertainment and literature, music, relationships (friends/ clubs/ activities/sports/hobbies), celebrations (cultural), consumerism, wellness, and the environment. Grammatical topics covered include: preterit, imperfect, future, recent past, conditional tenses and subjunctive mood. Commands, direct and indirect object pronouns, relative pronouns, comparatives and superlatives will also be covered.

Note: Students who studied French at WIC in Junior High School will have the option to register in French 30 – 3Y or write a challenge exam. They will receive credits but no mark for French 10 and 20. This will show as a pass or fail on their final transcript.



Placement from Spanish 9 into Spanish 20-3Y or Spanish 30-3Y will be granted by teacher recommendation or prior language assessment.

Spanish 10 – 3 year program

5 Credits

Prerequisite: None

This course is for students who have little or no previous Spanish language study. Students will learn basic vocabulary to greet others, share personal information and ask questions. Students will learn to conjugate verbs and structure basic sentences while participating in conversations.

Spanish 20 – 3 year program

5 Credits

Prerequisite: Spanish 10 (50%+) or Spanish 9 at WIC (50%+)

Spanish 20 is designed for students who have previously studied Spanish. It is the second level of a three-year program for senior high students. This course will continue its focus on basic Spanish grammar, writing, oral comprehension and conversation skills. Students will continue to develop their use of present tense and will have an introduction to preterit and imperfect past tenses.

Spanish 30 – 3 year program

5 Credits

Prerequisite: Spanish 20 (50%) Spanish 9 at WIC (85%+) or placement exam

This is an accelerated program where students will continue their study of Spanish to improve and develop their speaking, listening, reading and writing skills. Themes to be covered include arts, entertainment and literature, music, relationships (friends/ clubs/ activities/sports/hobbies), celebrations (cultural), driving, folk tales, legends and fables, children's games/ childhood activities, technology, the world of work, and the environment. Grammatical topics covered include: preterit, imperfect, future, conditional tenses and subjunctive mood. Commands, indirect object pronouns, comparatives and superlatives will also be covered.

Note: Students who studied Spanish at WIC in Junior High School will have the option to register in Spanish 30 – 3Y or write a challenge exam. They will receive credits but no mark for Spanish 10 and 20. This will show as a pass or fail on their final transcript.

Physical Education



It has become increasingly evident that personal health and fitness are key components in today's society. A well-balanced physical education program contributes to the development of the physical, intellectual, social and emotional aspects of the individual student. WIC's PE program is co-educational.

Physical Education 10

3 Credits

Prerequisite: Physical Education 9

PE 10 is a compulsory course for Grade 10 students as it is a required course for the Alberta High School Diploma.

There are fees associated with this program which cover guest presenters and off-campus activities. Students can expect to engage in several activities which may include, but are not limited to:

Badminton	Basketball	Bowling	Dance	Fitness
Floor Hockey	Flag Football	Inline Skating	Lacrosse	Racquetball
Rugby	Soccer	Softball	Squash	Swimming
Table Tennis	Tennis	Ultimate Frisbee	Volleyball	Yoga

Physical Education 20

5 Credits

Prerequisite: Physical Education 10 (50%+)

Physical Education 30

5 Credits

Prerequisite: Physical Education 20 (50%+)

The focus of the Physical Education 20/30 program is centered on a series of lifelong activities. This focus is comprised of activities that take place mostly off campus. The program is designed to provide students with exposure to a wide variety of potential lifelong activities. These offsite activities may include:

Bowling	Canoeing	Golf	Hiking
Kayaking	Racquetball	Softball	Squash
Swimming	Tennis	Frisbee Golf	Wall Climbing
Water Polo	Weight Training		

CALM 20

3 Credits

No Prerequisite

Career and Life Management is a compulsory course required for the Alberta High School Diploma. At West Island College, CALM is offered in Grade 10 in conjunction with PE 10.

The CALM curriculum is organized into three major units:

- Independent Living & Resource Choices
- Career and Life Choices
- Human Sexuality & Personal Choices

Parents will receive information about the human sexuality unit and the option of an alternative to the classroom instruction should they so choose.

Elective Course Sequences and Descriptions

Physical Education



Sports Medicine 15

5 Credits

No Prerequisite

Sports Medicine is a hands-on course offering practical application and science-based knowledge. Sports Medicine 10 is comprised of five one-credit CTS modules for a total of 5 credits for the course. Sports Medicine is a logical beginning for those students who are interested in such career pathways as Athletic Therapy, Physiotherapy, Occupational Therapy, Nursing, Chiropractic, Medicine, Kinesiology, Physical Education, Fire Fighting, Pro Athlete/Coach, Paramedic, Fitness Instructor, Massage Therapy, Nutrition, or any other of the many Medical and Sport Sciences.

Sports Medicine 25

5 Credits

Prerequisite: Sport Performance 15

Sports Medicine 25 comprises a series of 1-credit CTS modules (HCS1080: Cardiovascular system, REC2020: Injury Management 2, REC2030: Anatomy of Joints, REC3010: Human Movement and REC3020: Injury Management 3). It builds on the knowledge and hands-on skills that students acquired in Sports Medicine 15. Sports Medicine 25 offers students the opportunity to better understand how to prevent or manage sport injuries by further developing their skills and scientific knowledge related to anatomy, injury assessment and injury prevention.



Sports Performance 15

5 Credits

No Prerequisite

Sports Performance is a series of one credit CTS courses bundled together which can assist students to reach their athletic potential in their chosen sport(s). Students should be athletes at a competitive level who are serious about improving their speed, power, agility, flexibility, endurance and core stability. Athletes will participate in a variety of fitness programs designed to emphasize the attributes needed for their sport. They will also explore other avenues related to sport performance including nutrition, training techniques and understanding of the current trends in the fitness and sport development industry.

Sports Performance 25

5 Credits

Sport Performance 15

Sports Performance is a series of one credit CTS courses bundled together which can assist students to reach their athletic potential in their chosen sport(s). Students should be athletes at a competitive level who are serious about improving their speed, power, agility, flexibility, endurance and core stability. Athletes will participate in a variety of fitness programs designed to emphasize the attributes needed for their sport. They will also explore other avenues related to sport performance including nutrition, training techniques and understanding of the current trends in the fitness and sport development industry.

Liberal Arts and Social Science Electives

These courses are offered as challenging options to students who have an interest in the Social Sciences. They are not intended as alternatives to the regular Social Studies classes, nor can they be used to fulfill Social Studies credit requirements for Alberta Education.

Film & Media Art 15/25

6 Credits

Prerequisite: None

Film & Media Art 15 is the exploration of film and media art as an artistic form of expression. Students in this course will expand their understanding and appreciation of the art of cinema through a study of the historical, technical, literary, and sociological aspects of filmmaking. Students study the history of movies, cinematography, composition, editing, sound, special effects, film genre, screenwriting, acting, and directing. All concepts are illustrated through film clips, comprising scenes from many different movies. Throughout the process, students will view, analyze, and discuss several complete films.

Film & Media Art 35

6 Credits

Prerequisite: Film and Media Art 25

Film & Media Art 35 allows students to engage further with the film industry and media arts discipline through collaboration with creative teams that allow them to learn the roles, language, techniques, and culture unique to this industry. They are required to collaborate on research, planning and creation of films and media arts projects in small creative teams and engage in filmmaking roles that lead up to a production.



International Politics 30/ Western World History 30

6 Credits

Prerequisite: Social Studies 10-1

The objective of International Politics 30 is to give the student an understanding of the development and importance of international relations. Examining such concepts as the nature and balance of power, territorial rivalry, ideological rivalry, international conflict and international economic relations brings about this understanding.

European History 35 AP

5 Credits

Prerequisite: Western World History 30 (Recommended 80% or Administrative approval)

European History 35 AP covers Western history from the Renaissance until the present – with a focus on social, intellectual and art history and the development of source interpretation skills. In addition to covering all topics at a university level, the AP course emphasizes university level skills of essay writing, debate and seminar discussion.



General Psychology 20/ Experimental Psychology 30

6 Credits

Prerequisite: None

Psychology 20 is designed to help one understand more fully the reasons that underlie human behaviour. This general psychology course traces the historical schools of psychological thought and examines principles of learning, thinking, frustration and conflict, and explains behaviour disorders and their treatment.

Experimental Psychology 30 builds on the knowledge gained in Psychology 20. Students will examine the history of experimental psychology, conditioning, personality, mental illness and the application of psychology in our world.

AP Psychology 35

3 Credits

Prerequisite: General Psychology 20 / Experimental Psychology 30

Recommendation for Success: Psychology 30 (80%+ or Administrative Approval)

Psychology 35 AP is designed to continue and extend the emphasis of the systematic and scientific study of the behaviour and mental processes of human beings. Students assess some of the varied approaches adopted by psychologists, including the biological, behavioural, cognitive, humanistic, psychodynamic, and sociocultural perspectives. The course stresses critical thinking, reading and writing within the context of scientific methodology, and questioning.

Religious Meanings 20/World Religions 30

6 Credits

No Prerequisite

Religious Meanings 20 explores the ways humankind searches for religious meaning through text, practice, experience and ritual. By the end of the course, students will identify the origins and tenets of various religions, relate the practices and rituals of religions to the lives of individuals and explain the difference between sacred writings and oral teachings. This course allows students to develop skills in researching and investigating religious related topics. World Religions 30 will introduce students to an exploration of religions around the world: Buddhism, Christianity, Hinduism, Islam, Judaism and Sikhism

Business Electives

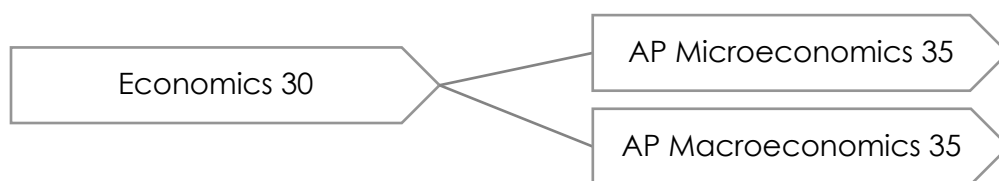


Entrepreneurship 10

6 Credits

Prerequisite: None

This course is designed to help students develop the skills, knowledge and attitudes required to help increase their entrepreneurial and leadership skills in the business world; students will be introduced to a variety of business programs. This course is designed to help students develop the skills, knowledge and attitudes required to increase their entrepreneurial and leadership skills. There are main topics covered by this course are: accounting, marketing, organizational behaviour, business ethics, management and design thinking.



Economics 30

6 Credits

Prerequisite: Registration as a grade 11 or 12 student

Not everyone has to be an economist, but everyone should have some knowledge about the economy. This course is designed to create this reality, by providing each student with an overview of the main concepts of Micro and Macro Economics. Students will also explore some personal financial management topics through readings, videos and guest presenters. This course is generally taken by grade 11 & 12 students only.

Micro Economics 35 AP

3 Credits

Recommended Prerequisite: Economics 30 (Final mark of 80% or Administrative approval)

The purpose of Micro Economics AP is to give students a thorough understanding of the principles of economics that apply to the functions of individual decision makers, both consumers and producers, within the economic system. It places primary emphasis on the nature and functions of product markets, and includes the study of factor markets and of the role of government in promoting greater efficiency and equity in the economy.

Macro Economics 35 AP

3 Credits

Recommended Prerequisite: Economics 30 (Final mark of 80% or Administrative approval)

The purpose of Macro Economics AP is to give students a thorough understanding of the principles of economics which apply to an economic system as a whole. Such a course places particular emphasis on the study of national income and price determination and also develops students' familiarity with economic performance measures, economic growth, and international economics.

Computer Science Electives



Computer Science 10

6 Credits

Prerequisite: None

In Computer Science, students will develop skills in organization, problem-solving and the use of hardware/software to help them understand the importance of a logical and organized approach to this discipline. They will then go on to study different approaches to software development in industry before turning their hand, and creative talents, towards coding and building their own computers based around microprocessors. All students taking computer science will take these foundational courses, which give them some exposure to different programming languages and applications.

Students then have the option to pursue their passion in coding or physical computing by following the programming or robotics streams within the Computer Science program. Robotics students design, build and test their own robots with a view to entering these in local, regional and national competitions as they move through the grades. Students opting for the programming pathway learn the rudiments of HTML, CSS and JavaScript in order to develop their own websites and applications.

The course ends with a final project where students work on a topic of their own interest, which they present using digital technologies.

Computer Science 20

6 Credits

Prerequisite: Computer Science 10

In Computer Science 20, students will refine skills in organization, problem-solving and the use of hardware/software to help them understand the importance of a logical and organized approach to this discipline. They study intermediate skills such as procedural programming and object-oriented programming.

In the programming stream, students have the opportunity to learn a second programming language and are given a further opportunity to hone their structured and modular programming skills. They add to their understanding of Internet scripting by employing procedural programming techniques and fundamental data structures to create both static and dynamic client-side sites.

In the robotics stream, students add to their understanding of robotics programming by employing procedural programming techniques and fundamental data structures to create programs that display greater agency and autonomy. In addition, they demonstrate the fundamental concepts of sensor devices and control systems by building an electronic circuit to control a direct wire or mobile robot.

The course ends with a final project where students work on a topic of their own interest, which they present using digital technologies.

Computer Science 30

5 Credits

Prerequisite: Computer Science 20

In Computer Science 30, extend their understanding of software development by moving from procedural programming approaches to an object-oriented approach. Students add to their understanding of programming paradigms by moving from a procedural programming approach, in which modularity is handled through subprograms, to an object-oriented approach, in which it is handled through objects. Finally, they develop expertise in object-oriented design by using some of the techniques associated with the UML design approach and to their programming expertise by writing programs that explore association between classes.

In the robotics stream, students compare central processing unit (CPU) architecture of programmable robotics engineered systems and interface with analog sensors. They also examine artificial intelligence in a robotics system and continue their work in robotics programming by adding object-oriented programming (OOP) approaches to their skill set.

The course ends with two final projects where students work on a topic of their own interest, which they present using digital technologies.

Fine and Performing Arts**Art 10**

5 Credits

No Prerequisite

This course is designed to be enjoyable and challenging for students with an interest in visual art. Emphasis is placed on skill development, media exploration, and conceptual understanding. Students will build on their own abilities and will be introduced to how to think and behave as an artist while recognizing the existence and value of art within society.

Art 20

5 Credits

Prerequisite: Art 10 (50%+)

Art 20 will allow students to explore and expand their creativity through an advanced understanding of various mediums, skills, and techniques. Emphasis is placed on inquiry and developing critical thinking skills in order to evaluate student's own art and art in the world around them. Art history is incorporated into project assignments and field trips to support curriculum focus are included where possible.

Art 30

5 Credits

Prerequisite: Art 20 (50%+)

Art 30 builds on the two previous levels of media use and skill building. Students who are serious about creativity and critical thinking are encouraged to participate. Emphasis will be on a more personal, cultural, historical and political context when creating work. Art History, research, written work, and critiques are included. Students enrolled in Art 30 will be studying more art history than students enrolled in Art 20 and field trips to support curriculum focus are included where possible.

Art 31

5 Credits

Prerequisite: Art 30 (50%+)

This course examines the impact of international influences and technology on modern art and, in turn, modern art's impact on society. It emphasizes the contemporary point of view of society and explores contemporary practicing artists. When possible, students are encouraged to attend gallery shows as well as to participate in field trips to galleries and cultural events.

**Drama 10**

No Prerequisite

5 Credits

In this introductory course, students explore various forms of physical and contemporary theatre styles as a form of self-expression and self-reflection. High energy theatre games, character development and collaboration with Drama 20 / 30 students will help students hone their performance skills. Students may also attend workshops with professional theatre artists, and attend plays as a class.

Drama 20

Prerequisite: Drama 10 (50%+)

5 Credits

Students in Drama 20 will immerse themselves in the world of theatre through scene study, playwriting, and other units designed to improve acting technique, writing skills, and directing skills. Students will participate in workshops with professional theatre artists, attend plays together and work with professionals creating the set for the annual theatre production. Drama 20 students also perform in Drama 30 directing projects giving them more opportunities to hone their craft as performers.

Drama 30

Prerequisite Drama 20 (50%+)

5 Credits

This challenging course takes drama students to a pre-professional level. Students work as mentors for Drama 10 and 20 students as well as learning about the world of directing and taking charge of their own production. Drama 30 students will have the opportunity to present the projects to the community at the end of the semester. Students take part in workshops in stage combat, attend plays as a class and are also encouraged to see theatre on their own and take part in theatre outside of school and the classroom.



*Timetabled 7:00 - 8:00 a.m. full-year

Instrumental Music 10/20/30

Prerequisite: Previous instrumental experience (school band/private study)

5 Credits

This is an advanced course in High School instrumental music which builds directly on the skills developed throughout the Junior High School band program. Technical, theoretical, historical and ensemble aspects of instrumental musicianship will be covered. Students enrolled in the Senior Band program will be timetabled outside of the regular timetable in the AM block.

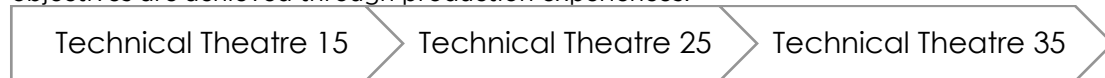
**Advanced Acting 15/25/35**

No Prerequisite

5 Credits each

Advanced Acting provides a continuum of theatre experiences that moves beyond the introductory or exploratory activities outlined in Drama 10, 20, 30. In Advanced acting 15/25/35, students advance and refine the specific skills related to acting, movement and voice. As students progress through the 15-25-35 course sequence, they take on leadership roles in stage direction and/or choreography. All learning

objectives are achieved through production experiences.



*Advanced Acting and Technical Theatre are timetabled after school

Technical Theatre 15/25/35

5 Credits each

No Prerequisite

This course teaches students about the backstage work in theatre: lighting, sound design, set design and construction, hair and make-up design, publicity, and stage management. Students work directly on the December production and the other productions throughout the year in this hands-on learning environment. This is the perfect course for those who love to be involved in theatrical productions but are not necessarily interested in being performers. This course is only offered outside of the regular timetable.

Guide to Program Planning and Course Selection Requirements

1. Add your requirements to the planning worksheet

- a. All WIC Students In order to obtain their Alberta High School Diploma, WIC students must complete the following courses:
 - English Language Arts 10-1, 20-1, 30-1
 - Social Studies 10-1, 20-1, 30-1
 - Mathematics 10C
 - Mathematics 20-1 or 20-2
 - Science 10
 - Biology 20, Chemistry 20 or Physics 20
 - Physical Education 10
 - Career and Life Management 20
- b. French Immersion Students Students in the French Immersion program must add French Language Arts 10-1, 20-1 and 30-1 to their requirements table.

2. Institute Requirements

Students pursuing an institute certificate should select the courses they will need to complete in order to meet the academic requirements (see page 3 of this guide). Add the selected courses to the requirements table.

3. Post-Secondary Entry Requirements

Students should check the general academic requirements for the specific faculties in which they may be interested. Add these courses to the requirements table.

Note: Enter each course only once in the requirements table.

4. Determine Prerequisites for Course Sequencing

For each course 20 or 30 level course, refer to the course sequence graphics on pages 4 and 5 of this guide. Add the prerequisite courses to the requirements and course sequencing table

5. Develop your 3-Year Plan

Assign the required courses to grade 10, 11 or 12, ensuring that you put a maximum of 2 courses from the same sequence in one year (1 course per semester). English Language Arts and Social Studies course cannot be accelerated.

- Try to leave 1-2 blocks blank per year if possible.
- In the remaining blocks, choose courses that you believe you will enjoy. This time in your schedule should allow you to explore new subjects, be active or pursue creative arts.
- Add Instrumental Music 10-20-30 as a 9th course if desired.

Example 3-year plan

Example Interdisciplinary Studies

Grade 10	Grade 11	Grade 12
ELA 10-1	ELA 20-1	ELA 30-1
Social st 10-1	Social st 20-1	Social st 20-1
Math 10C	Math 20-1	Math 31
Science 10	Math 30-1	Physics 30
PE 10/ CALM 20	Biology 30	Psychology
Biology 20	Physics 20	20/30
Art 10	Art 20	AP Psychology
Sport perf 15	Sport perf 25	AP Biology
		Art 30

Example Business Institute certificate (FI/SL)

Grade 10	Grade 11	Grade 12
ELA 10-1	ELA 20-1	ELA 30-1
FLA 10-1	FLA 20-1	FLA 30-1
Social st 10-1	Social st 20-1	Social st 20-1
Math 10C	Math 20-1	Math 31
Science 10	Math 30-1	Economics 30
PE 10/ CALM 20	Biology 30	AP Econ 35
Biology 20	Chemistry 20	Drama 20
Business 10	Drama 10	Drama 30

Example Health Science or Engineering Institute certificate

Grade 10	Grade 11	Grade 12
ELA 10-1	ELA 20-1	ELA 30-1
Social st 10-1	Social st 20-1	Social st 20-1
Math 10C	Math 20-1	Math 31
Science 10	Math 30-1	Chemistry 30
PE 10/ CALM 20	Biology 30	Physics 20
Biology 20	Chemistry 20	Physics 30
Sport med 15	Sport med 25	AP Chemistry 35
Comp sci 10	PE 20	PE 30

Example Liberal or Fine Arts certificate (FI/SL)

Grade 10	Grade 11	Grade 12
ELA 10-1	ELA 20-1	ELA 30-1
FLA 10-1	FLA 20-1	FLA 30-1
Social st 10-1	Social st 20-1	Social st 20-1
Math 10C	Math 20-1	Math 30-1
Science 10	Math 30-2	Biology 30
PE 10/ CALM 20	Biology 20	Psychology
Rel m 20/ WR 30	Interpol 30	20/30
Art 10	AP Euro Hist	AP Psychology
Drama 10	Drama 20	Economics 30
		Drama 30

+ Inst Music 10. Inst Music 20 Inst Music 30

Program Planning Worksheet

Requirements and course sequencing table

10-level courses	20-level courses	30-level courses	AP courses
English Language Arts 10-1	English Language Arts 20-1	English Language Arts 30-1	
Social Studies 10-1	Social Studies 20-1	Social Studies 30-1	
Mathematics 10C	20-level math:		
Science 10	20-level sci:		
Physical Education 10/ CALM 20			

Ensure you have included

- 10 credits at the 30-level in addition to English Language Arts 30-1 and Social Studies 30-1
- 10 credits of CTS, Second Language, Arts (Music, Drama, Art) or Physical education 20/30 credits,
- More than 100 credits total

Requirements for 3-Year Plan

Grade 10	Grade 11	Grade 12
English Language Arts 10-1	English Language Arts 20-1	English Language Arts 30-1
Social Studies 10-1	Social Studies/ Études sociales 20-1	Social Studies/ Études sociales 30-1
Mathematics 10C	Mathematics 20-1 or 20-2	
Science 10	20 or 30-level science	
Physical Education 10/ CALM 20		
20-level science or elective		

Advanced Placement Course Challenge Registration Form

Registration form for AP courses not offered at West Island College

The Advanced Placement Program® (AP) enables willing and academically prepared students to pursue college-level studies while still in high school.

The program consists of college-level courses developed by the AP Program that high schools can choose to offer, and corresponding exams that are administered once a year.

West Island College regularly offers AP exams in French, European History, Psychology, English, Mathematics, Chemistry, Biology and Physics. Students registered in these AP classes and French Language Arts 20-1 are automatically registered for these exams.

In order to request to write an AP exam that is not associated with an AP course, please fill out the form below and return it to the administration office before **Friday, October 14, 2022**.

Part 1: Name:	Exam requested:	Grade:		
<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; border-bottom: 1px solid black;">Last</td> <td style="width: 50%; border-bottom: 1px solid black;">First</td> </tr> </table>	Last	First		
Last	First			
My plans to prepare for this AP exam:				
Signature:		Date:		

Part 2: Parent Approval	
I support my son/daughter's request to register for the above named AP exam.	
Signature:	Date:

Part 3: Faculty facilitator approval	
I have reviewed the programming needs of this student and support her/his request.	
Signature:	Date:

Part 4: Principal of Senior High School Approval	
I have reviewed the programming needs of this student and support her/his request.	
Signature:	Date: