

Monday
Tuesday
Wednesday
Thursday
Friday

1
 Nachos with Diced Chicken
 Brown Rice
 Fiesta Black Beans
 Salsa & Lettuce
 Strawberry Cups & 100% Juice

2
 Chicken or Eggplant Parm
 Sandwich
 Oven Fries
 Green Beans
 Blueberry Cups & 100% Juice

3
 Popcorn Chicken
 Homemade Mashed Potatoes
 Mixed Vegetables
 Gravy
 Dinner Roll
 Fruit Salad & 100% Juice

4
 Homemade Pizza
 Veggie Dippers
 Crisp Romaine Salad
 Bananas
 100% Juice

7
 Mozzarella Sticks
 Marinara Sauce
 Garlic Knot
 Seasoned Broccoli
 Pineapple & 100% Juice

8
 WG Tortilla Chips
 Taco Beef or Fajita Chicken
 Brown Rice
 Refried Beans
 Salsa & Lettuce
 Oranges & 100% Juice

9
 Rodeo Burger or
 Black Bean Patty
 w/Crema Sauce
 Ranch Potato Wedges
 Sweet & Smoky Baked Beans
 Strawberry & 100% Juice

10
 Buffalo or BBQ Chicken
 Grilled Cheese
 Tater Tots
 Celery & Carrot Sticks
 Fresh Apple & 100% Juice

11
 Homemade Pizza
 Veggie Dippers
 Crisp Romaine Salad
 Mixed Berry Crisp
 100% Juice

14
 Pancakes
 Roasted Red Potatoes
 Honey Carrots
 Chicken Bacon
 Egg Patty
 Strawberry Cups & 100% Juice

15
 Quesadilla
 Brown Rice
 Fiesta Black Beans
 Taco Soup
 Orange Wedges & 100% Juice

16
 Italian Combo
 Garlic Texas Toast
 Seasoned Broccoli
 Mixed Green Salad
 Blueberry Cups & 100% Juice

17
 General Tso's Chicken
 Vegetable Fried Rice
 Oriental Blend Vegetables
 Corn & Edamame Blend
 Apples & 100% Juice

18
 Homemade Pizza
 Veggie Dippers
 Crisp Romaine Salad
 Bananas
 100% Juice

21
 Twisted Mozzarella Breadsticks
 Homemade Chicken Noodle
 Soup
 Mixed Green Salad
 Seasoned Broccoli
 Fruit Salad & 100% Juice

22
 WG Nacho Chips
 Taco Beef or Fajita Chicken
 Brown Rice
 Fiesta Black Beans
 Salsa & Lettuce
 Orange Wedges & 100% Juice

23
 Chicken Tenders
 Garlic Mashed Potatoes
 Mixed Vegetables
 Garlic Knot
 Applesauce & 100% Juice

24
 Italian Chicken with
 Oregano & Lemon
 Brown Rice
 Seasoned Broccoli
 Roasted Butternut Squash
 Fresh Pear & 100% Juice

25
 Homemade Pizza
 Veggie Dippers
 Crisp Romaine Salad
 Mixed Berry Crisp & 100% Juice

28
 French Toast Sticks
 Roasted Red Potatoes
 Honey Carrots
 Chicken Bacon
 Egg Patty
 Strawberry Cups & 100% Juice

29
 Nachos with Diced Chicken
 Brown Rice
 Fiesta Black Beans
 Salsa & Lettuce
 Strawberry Cups & 100% Juice

30
 Chicken or Eggplant Parm
 Sandwich
 Oven Fries
 Green Beans
 Blueberry Cups & 100% Juice

31
 Popcorn Chicken
 Homemade Mashed Potatoes
 Mixed Vegetables
 Gravy
 Dinner Roll
 Fruit Salad & 100% Juice



- All meals include protein, whole grains, fruit, vegetable, and fat-free flavored milk or 1% unflavored milk
- Visit www.stoningtonschools.org/departments/food-services for more information
- Menu subject to change as needed without notice.
- WG=Whole Grain, WW=Whole Wheat