

BREAKFAST

This institution is an equal opportunity provider

MARCH 2022
Stonington Middle

ALL student meals are available at
no cost through June 30, 2022!
Adults-\$2.50

Monday

Tuesday

Wednesday

Thursday

Friday

**National School
Breakfast Week
March 7-11**

Daily Choice **1**
Hot Breakfast Sandwich
Muffin Flats
Yogurt Parfait
Chef's Choice

Daily Choice **2**
Hot Breakfast Sandwich
Scrambled Eggs w/Toast
Strawberry Cream Cheese
Bagelfuls
Chef's Choice

Daily Choice **3**
Hot Breakfast Sandwich
Homemade Muffin
Yogurt Parfait
Chef's Choice

Daily Choice **4**
Green Monster Smoothie
Hot Breakfast Sandwich
WG Donuts
Chef's Choice

Daily Choice **7**
*Sausage & Cheese Muffin with
Toast*
Hot Breakfast Sandwich
Cinnamon Roll
Chef's Choice

Daily Choice **8**
*Croissant Breakfast
Sandwiches*
Muffin Flats
Yogurt Parfait
Chef's Choice

Daily Choice **9**
*Cheesy Potato Egg Bake with
Toast*
Strawberry Cream Cheese
Bagelfuls
Chef's Choice

Daily Choice **10**
Hot Chocolate Muffin
Hot Breakfast Sandwich
Yogurt Parfait
Chef's Choice

Daily Choice **11**
*Loaded Hash Brown
Breakfast Tacos*
WG Donuts
Chef's Choice

Daily Choice **14**
Hot Breakfast Sandwich
Cinnamon Roll
Pancakes
Chef's Choice

Daily Choice **15**
Hot Breakfast Sandwich
Muffin Flats
Yogurt Parfait
Chef's Choice

Daily Choice **16**
Hot Breakfast Sandwich
Scrambled Eggs w/Toast
Strawberry Cream Cheese
Bagelfuls
Chef's Choice

Daily Choice **17**
Hot Breakfast Sandwich
Homemade Muffin
Yogurt Parfait
Chef's Choice

Daily Choice **18**
Green Monster Smoothie
Hot Breakfast Sandwich
WG Donuts
Chef's Choice

Daily Choice **21**
Hot Breakfast Sandwich
Cinnamon Roll
Pancakes
Chef's Choice

Daily Choice **22**
Hot Breakfast Sandwich
Muffin Flats
Yogurt Parfait
Chef's Choice

Daily Choice **23**
Hot Breakfast Sandwich
Scrambled Eggs w/Toast
Strawberry Cream Cheese
Bagelfuls
Chef's Choice

Daily Choice **24**
Hot Breakfast Sandwich
Homemade Muffin
Yogurt Parfait
Chef's Choice

Daily Choice **25**
Green Monster Smoothie
Hot Breakfast Sandwich
WG Donuts
Chef's Choice

Daily Choice **28**
Hot Breakfast Sandwich
Cinnamon Roll
Pancakes
Chef's Choice

Daily Choice **29**
Hot Breakfast Sandwich
Muffin Flats
Yogurt Parfait
Chef's Choice

Daily Choice **30**
Hot Breakfast Sandwich
Scrambled Eggs w/Toast
Strawberry Cream Cheese
Bagelfuls
Chef's Choice

Daily Choice **31**
Hot Breakfast Sandwich
Homemade Muffin
Yogurt Parfait
Chef's Choice



- All breakfast meals include: 2 oz whole grains, ½ cup fruit & ½ cup 100% juice, and 8 fl oz low fat or fat-free milk
- Menu subject to change as needed without notice.
- WG=Whole Grain, WW=Whole Wheat, RS=Reduced Sugar