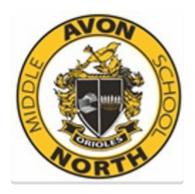
Avon Middle School North Newsletter

March 2022



Connect with us!

@avonnorth1

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avon-schools.org/msnorth

AMSN Office Staff

Susan Green, Principal Ginger Davis, Assistant Principal Ed Faughnan, Dean/Athletic Coordinator Andrea Davasher, 7th grade Counselor Allison West, 8th grade Counselor

Upcoming Events:

March 21 - April 1 Spring Break - NO School



Principal's Message - March 2022

Hello!

Wanting to help students gain skills and close gaps in understanding, at the start of the second semester, we expanded our WINN (What I Need Now) program to four days a week, Tuesday-Thursday. You probably remember the explanation that this is a 35 minute time period between class periods one and two when teachers give assistance in math (now on Tuesdays and Thursdays) and in language arts (now on Wednesdays and Fridays) to students who benefit from extra instruction and practice time. During this second semester, students who are not working with math or language arts teachers at this time are with their period one teachers engaged in language arts work two days a week and math work two days a week via the computer program IXL. This program allows students to strengthen their skills in areas where they may need extra practice and extends students into new learning for which they are ready.

Students have set individual goals as they work in IXL and teachers have set class goals. Our plan is to set language arts and math goals to work toward during spring break with those accomplishing them, receiving fun prizes. More information will be shared as we near spring break which occurs March 21 through April 1.

Upon the return from spring break, school life gets busy with spring sports, spring music concerts, the spring play production, and state testing added to our daily learning activities. ILEARN testing will begin April 20 with most of it ending on April 29. For biology students, ILEARN biology is scheduled for May 3-5. NWEA testing in language arts and math is scheduled for May 9-18. It is especially important for students to not miss school at these times if possible.

The staff at Middle School North appreciates the support you give your children as they learn and grow in their academic skills. Our partnership with you helps them to succeed.

Sincerely, Susan Green

Student Clubs at North

Below is a listing of clubs that meet either before or after school. There is a "late" bus that transfers students to their homes on Tuesdays and Thursdays. This bus leaves North at 5:00 PM and accommodates students who participate in clubs that meet after school on Tuesdays and Thursdays.

Parents and students may send a Schoology message to the sponsors listed below for information about the clubs.

Student Social Committee—Mrs. Tolen and Mrs. Clark
Futsal Soccer Club ---Mrs. Gustin
Chess Club—Mr. Hartley
Girl Talk Club—Ms Brown
Photography Club—Mrs. Livingston
Diversity Club—Mr. Kinnaird
Card and Board Game Club---Ms McDonald



Building Access

In Avon Schools, safety of our students and staff is our highest priority. A building access intercom system was installed at AMSNorth. Visitors will press the doorbell and be asked to identify yourself and provide a reason for your visit. Thank you for your patience in adapting to this updated, more secure system.

Yearbook!

Parents. Students. Have you purchased your yearbook yet? Preorder your 2021-2022 Yearbook today to save \$5.00 off the cover price. For your convenience, we have given parents the ability to pay online. Order before Spring Break to get the best price available!

Website to order: ybpay.com Yearbook ID code: 14453022



Athletic Department News

Our spring sports are starting up! Please check Avon North Athletic page if you are interested in Track, boys' golf, or girls' tennis.

Athletic Calendar

Athletic Calendar







Hendricks County Health Partnership

Youth Empowerment Programs

Have you signed up yet?

This is a four year full-ride scholarship for incomeeligible students in Indiana. You must apply while your student is in middle school.

Avon Optimist Oratorical Application

We would like to encourage students to enter the 2022 Oratorical Contest sponsored by the Avon Optimist Club!

Music Department News

Band

On Thursday, March 17th the 7th grade band students will have a Festival Experience here at AMS North. All band students will be performing two tunes for two judges. This experience will happen during



each student's band period. ALL 7th grade band students will need to wear their entire band uniform to school that day. We will not have time to change into or out-of our uniforms. We will need a few items to help make this a special day for the judges, information will come home about donations for this event in the next week-or-so.

On Friday, March 11th or Saturday, March 12th, the 8th grade band students will participate in the ISSMA Concert Band Festival. **Unofficially**, we are scheduled to play on Saturday, March 12th. UNTIL WE HAVE OFFICIAL NOTICE, please keep BOTH DATES OPEN. Mr. Ziolkowski is running this event as AMS North is the host school. There will be 70-80 groups here Friday and Saturday so he is going to need a lot of parent and student help. Information was sent through ParentSquare and was posted on Schoology for parents and students to sign-up to volunteer. Please sign-up to volunteer. You can contact Keith Ziolkowski if you have additional questions at: kmziolkowski@avon-schools.org

As weather continues to be an unknown issue, please remind your child to bring their instrument, music, binder, stick bags and all necessary items home to practice. They will need all of these items if there are more snow days. (snow days become e-learning)

Parents, help your child stay on-top of their grades in band. E-learning assignments count as 25% of the students grade this semester.

Congratulations to all Solo and Ensemble Participants. We had all Gold and Silver performances. We had three perfect scores, and two 8th grade students advanced to State Solo and Ensemble with their Group I Gold performances at District Solo and Ensemble. Congratulations!

We would love to see all students that are currently in band continue on with their musical experience next year. You are only beginning your journey, there are so many more great musical things to learn and experience. Band is a great thing to experience, and even better to experience with your friends. New things and new opportunities will be offered. Stay on the journey that will take you places. Champions continue to be molded and grown here.

Orchestra

Parents of 8th grade and chamber orchestra members are reminded of the ISSMA Contest performance on March 11th or March 12th. More details on this performance will be available as soon as the schedule comes from ISSMA. Students will wear their concert black for the performance (black dress pants, black performing arts polo, black socks, and black shoes).

All orchestra parents are reminded that we are in need of several student and adult volunteers for March 11th and March 12th. Links were posted in Schoology and ParentSquare. These volunteer opportunities are for any 7th to 12th grader (preferably in the music department), and parents. I thank you in advance for your donation of time and food.

Thanks! Mr. Ziolkowski



Congratulations to the February Reading Challenge Winners!

Ishneet Ghotra
D.J. Johnson
Kimi Perry
Kirsten Heim
Emiline Flatt

Counselor's Corner

MANAGING ANXIETY

Anxiety is the feeling of worry, apprehension or dread that something bad is going to happen or that you can't cope with a situation. It's also the physical reactions that go with the feeling, like 'butterflies in the stomach', tension, shakiness, nausea and sweatiness. And it's behavior like avoiding what's causing the anxiety or wanting a lot of reassurance.

Anxiety can happen in response to a specific situation or event, but it continues after the situation has passed. It can happen without a specific situation or event too.

Anxiety is a common and natural part of life. Everyone feels anxious sometimes.

Helping Teenagers Manage Anxious Feelings

Learning to manage anxiety is an important life skill, which you can help your child learn. Here are some ideas:

*Encourage your child to talk about anxieties: Just talking about the things that make them anxious can reduce the amount of anxiety your child feels. Talking and listening also helps you understand what's going on for your child. And when you understand, you're better able to help your child manage anxieties or find solutions to problems.

*Acknowledge your child's feelings: Your child's anxiety is real, even if the thing they feel anxious about is unlikely to happen. This means it's important to acknowledge your child's anxiety and tell them you're confident they can handle it. This is better than telling them not to worry. For example, if your child is anxious about whether they'll pass an exam, let them know you understand how they feel but you're sure they'll do their best.

When you acknowledge your child's feelings with warmth and compassion, it helps your child to use self-compassion in challenging situations too.

*Encourage brave behavior: This involves gently encouraging your child to set small goals for things they feel anxious about. Just avoid pushing your child to face situations they don't feel ready to face. For example, your child might be anxious about performing in front of others. As a first step, you could suggest your child practices their lines in front of the family.

You can help your child behave bravely by encouraging them to use:

- * positive self-talk for example, 'I can handle this. I've been in situations like this before'
- * self-compassion for example, 'It's OK if I do this differently from other people. This way works for me'
- * assertiveness for example, 'I need some help with this project'.

*It's also good to praise your child for doing something they feel anxious about, not matter how small it is.



Family and Consumer Science Class Taking Donations

The FACS classes are always open to donations of thread, buttons, or felt! If you have any to spare, we will gladly take it off your hands!

Thank you!

Beth Hicks Family and Consumer Sciences 544-5500 x5555

Office Procedures

Attendance:

If a student is absent from school, a parent or guardian must call the school at 317-544-5500 by 10:00 am to report the absence or send an email to MNattendance@avon-schools.org

Early Dismissal:

When students have to leave school early for special appointments, a note from a parent or guardian must be brought from home to secure an "Early Dismissal" slip from the office. The note must be brought to the front office before school starts.

Tardy to School:

If a student arrives after 9:20 am, he/she must sign in at the office before going to class. If a student reaches 5 tardy slips to school, he/she will receive an after school detention for each tardy after the fifth one (per semester).

AM/PM Car Rider Procedures:

Cars must merge into one lane before reaching Door 1. In the morning, students are not to leave the cars before 9:00! The doors are not unlocked until 9:05 am. Students are to stand socially distanced in the main hall until the 9:10 am bell rings.

In the afternoon, students wait for their cars as they stand along the car-loading section of the sidewalk. Drivers are to pull their cars along the sidewalk ALL THE WAY DOWN TO THE YELLOW SIGN THAT READS: STUDENT DROPOFF. When it rains, students will be dismissed from the cafeteria by radio when driver arrives at the student drop-off section of the curb. Student's name is to be posted on the passenger window.

Homework Request:

Parents and students may obtain homework assignments through Schoology and monitor grades through Power Parent.

Lunch:

Please note that we do not accept food for students delivered from restaurants or outside delivery services.

Student Pick-up from Extra-Curricular Activities:

Any student who is picked up on the north side will need to be picked up in the football parking lot. The students may be athletes or ones involved in extra-curricular clubs/activities. We will block the north drive coming off of Dan Jones Road from the Northwest corner all the way to the tennis courts. We will also block the entrance/exit into the football parking lot from this street. If you enter off of Dan Jones Road, please know that you will need to proceed all the way around the building using the front drive to get to the football parking lot. The best way to enter is off of 10th street.

We are asking for all parents to wait for their children in the football parking lot spaces for safety concerns. Due to the number of athletes and students involved in other extra-curricular events walking to and from the building, it is important that we keep curbs clear of cars. This allows for drivers to see children better. This also allows for our student athletes to see traffic. All of our students' safety is of utmost concern, so we are asking for your help in making our campus as safe as possible. Thank you from the entire Avon North Administrative staff.

Follow the link to access PowerSchool, Schoology, and ParentSquare







Cafeteria News



Cafeteria News

Based on the exceptional circumstances of the COVID 19 public health emergency, the USDA will continue to provide free breakfast and lunch for all students for the 2021/2022 school year.

Click on the link below to view the lunch menu.

https://avon-schools.nutrislice.com/menu/avon-middle-school-north/lunch/2021-08-20







Food Pantry Flyer

Reminder!

Food Pantry Flyer - Spanish

