



Lodi School District Isolation & Quarantine Protocols

Updated February 25, 2022

I HAVE SYMPTOMS. Now What?

STAY HOME IF YOU HAVE SYMPTOMS

A negative PCR-based test is required to return to school if you are considered symptomatic for COVID based on the symptoms listed to the right. Report your child's specific symptoms to your child's school and expect follow up and direction based on those reported symptoms.

When should my student stay home?

Your student should stay home if they are symptomatic or have been tested for COVID-19 while waiting for results. Your student is considered symptomatic if they have one of the symptoms marked with (*) or two of the other symptoms above baseline for them:

- cough*
- Shortness of breath or difficulty breathing*
- New loss of taste or smell*
- Congestion or runny nose
- Fever or Chills
- Fatigue
- Headache
- Muscle or Body Aches
- Sore throat
- Nausea or Vomiting
- Diarrhea

Negative antigen and home COVID tests have a high rate of error (at least 7-25%) and are not accepted if a student has symptoms.

GET TESTED
PCR- based, or NAAT test

POSITIVE TEST RESULT
See the **RED FLOWCHART** below



NEGATIVE TEST RESULT
Return to school when symptoms have improved and 24 hours fever-free without the use of fever reducing medications.

I HAVE COVID-19. Now What?

Stay home for 5 days from the onset of symptoms or positive test (whichever comes first).

How to count days: The day your symptoms started is day 0. If you have a positive test and no symptoms the day of the test is day 1 unless symptoms develop, then the day of symptom onset will be day 0.

On Day 5,
Have your symptoms improved and no fever for at least 24 hours without using fever-reducing medication?



No, my symptoms are not improved.
Monitor symptoms until they are mostly gone, and you are fever free without fever reducing medication. **STAY HOME.**

Yes- I am fever free and symptoms improved.
Return to school on Day 6. You must always wear a well-fitting mask for day 6-10. Distance 6 ft. while eating/no mask.

I'M A CLOSE CONTACT. Now What? Diligent symptom monitoring is important

for all close contacts.

<p>Fully Vaccinated</p> <p><u>OR</u></p> <p>You had COVID in past 90 days (No test is Recommended)</p> <p><u>OR</u></p> <p>Wearing their mask properly at the time of the exposure</p>	<p>You may attend school.</p> <p>Should monitor for symptoms. Mask wearing is recommended. COVID test on day 5 is recommended except for those who have had COVID in the past 90 days.</p>	<p>If you develop symptoms, see the Blue Section above and stay home.</p>
<p>Not Fully Vaccinated and not wearing a mask properly at the time of the exposure</p>	<p>Option 1: Student/staff member can quarantine at home for five days and return on day 6 with a negative COVID-19 test (PCR) with masks being recommended but not required.</p> <p>Option 2: Students/staff members can attend school but are asked to wear a face covering for 10 days from contact and continue to monitor for symptoms. COVID test on day 5 is recommended.</p>	<p>If your test on day 5 is positive, see the red section above.</p> <p>Let the school know your plan.</p>
<p>Household Close Contacts</p> <p>Have two options if they remain symptom free</p>	<p>Option 1: Student/staff members can attend school but are asked to wear a face covering for 10 days and continue to monitor their symptoms. Getting a COVID test (PCR) on day 5 is recommended, but not required.</p> <p>Option 2: Those who wish to not wear a mask continue to have the options to complete their full quarantine at home.</p>	<p>If you develop symptoms, see the Blue Section above and stay home.</p> <p>If your test on day 5 is positive, see the red section above.</p>