



## Supporting Patriots with Specific Dietary Needs

### Objectives:

- ❖ Eating safely at Stevenson
- ❖ Identify specific ways that school staff are creating and maintaining a healthy and safe school environment for students with food allergies.

### Cafeteria signs will contain information about potential allergens-

- ❖ Signs will be provided if the cafeteria food contains ingredients within these food groups:
  - Milk
  - Eggs
  - Fish
  - Shellfish
  - Wheat
  - Soy
  - Peanuts
  - Tree nuts
- ❖ Although the main food groups that cause allergic reactions will be identified, please watch for signs/symptoms of an allergic reaction:
  - Swollen lips, tongue, or eyes.
  - Itchiness, rash, or hives.
  - Nausea, vomiting, or diarrhea.
  - Congestion, hoarse voice, or trouble swallowing.
  - Wheezing or difficulty breathing.
  - Dizziness, fainting, or loss of consciousness.
  - Mood change or confusion



### **Cafeteria allergens signs-**

- ❖ Screens above food stations will contain information about potential allergens in the meal being served.
- ❖ If your student has a dietary restriction/allergy, please have them request a specially prepared meal to avoid any possible cross contamination.
  - Please contact :
    - West side: Tom Rubeo (chef)
    - East side: Nitza Rivera (kitchen manager)
- ❖ For additional information regarding eating safely at Stevenson, please contact Habib Osman (Director of Facilities and Food Services) ext. 4488 or [hosman@d125.org](mailto:hosman@d125.org)

### **Food allergy management and prevention plan priorities-**

- ❖ Epipens are stocked in all AED locations (indoor & outdoor) as well as both nurse's offices and with the athletic trainers.
- ❖ All Steveson faculty and staff members complete annual training regarding anaphylaxis and allergy response

### **How we let teachers know about your student's allergy-**

- ❖ Medical flag with allergy information is visible to teachers in Infinite Campus
- ❖ Anaphylaxis plans are uploaded in the document tab of Infinite Campus so all nurses can access plans at anytime
- ❖ Condition is listed with details for nurses to see in IC
- ❖ Emergency Action Plans are printed and kept in the Emergency Action Plan Binder in each nurse's office

### **Initiatives for students with severe allergies**

- ❖ Every student should provide an Anaphylaxis Emergency Action Plan annually to the Health Services Department so we can provide individualized medical care to your student.
- ❖ The nurses carry 2 way radios and communicate with each other during emergency situations to relay medical information.



### **Initiatives for students with severe allergies/specific dietary needs**

- ❖ No HOMEMADE GOODS will be sold at the PPA Bake Sales
- ❖ All items sold at the PPA Bake Sale and during Give-a-thon fundraisers will be store bought with clear ingredient labels/ no nut containing products will be sold.
- ❖ PPA Treat Day will provide clear allergen labels and signs.

### **Student Advocacy**

- ❖ We encourage students with allergies to reach out to their teachers each semester to discuss and make them aware of their allergy
- ❖ If students have concerns, we encourage them to reach out to their teacher, student support team or nursing staff
- ❖ If your student has not used an Epi-Pen before or does not feel comfortable, the nursing staff can provide Epi-Pen training for your student.

### **Emergency Preparedness**

- ❖ Please inform the nursing staff of any updates with your student's medical condition or any new allergies, so that we can be prepared in case of an emergency
- ❖ We encourage students to notify the closest staff or faculty member at the first signs or symptoms of a reaction.
- ❖ All Security personnel carry a 2-way radio that can be used to communicate with nurses and administrators.
- ❖ Emergency call buttons are located in every classroom
  - When the button is pressed, the teacher is able to notify the main office of an emergency in the classroom, and nurses will respond as soon as possible.

**If you have any specific questions/concerns about your student's severe allergy, please contact: Patty Fiore - Health Services Coordinator [PFiore@D125.org](mailto:PFiore@D125.org) or Call 847-415-4039.**