

# Helpful Community Services List

## Food

### **Poland Food Pantry**

Poland United Methodist Church  
1940 Boardman Poland Road  
Poland, Ohio 44514  
(330)-757-1553

### **New Life Assembly of God**

2250 E Western Reserve Rd, Poland, OH 44514  
330-757-0727

- *3rd Saturday of the month or Sundays at 10 am - Call to find out for sure*

### **Poland Interfaith Pantry**

2 Poland Manor, Youngstown, OH 44514  
330-757-1553

*Poland Interfaith Pantry, a totally non-profit organization run by a board of people from five local churches; Poland Presbyterian, Poland United Methodist, Holy Family Catholic, Kingdom Community Church, and Prince of Peace Lutheran. The Pantry provides bags of groceries and sundry items for needy families in the 44514 zip code area. Each of the five churches offers monetary support and volunteers, as well as donated grocery items.*

- *Last Tuesday of the month from 6-7*
- *Last Wednesday of the month from 9-10:30*

## Poland Dry Food Pantry (toiletries)

Poland Presbyterian Church  
2 Poland Manor  
Youngstown, Ohio 44514  
(330)-757-1547

## Clothing

### **Fish Samaritan House**

17 Kenmore Ave. Youngstown, OH 44507  
330-746-4190

*The Fish Samaritan House Thrift Store is an affordable resource many use to find low cost clothing, furniture, and many other necessary household items.*

## **Utility and Other**

Salvation Army

1501 Glenwood Ave, Youngstown, OH 44511

330-746-8403

### **Current List of Programs and Services**

Alcoholic Anonymous	Men's Ministries
After-School Program	Music & Arts Programs
Back-to-School Distribution	Nursing Home Visitation Services
Boys' & Girls' Club	Outreach Ministries
Casework Services	Produce Giveaways
Character Building Programs	Thanksgiving Meal
Christmas Assistance	Utility Assistance, water, electric, gas, rent (Availability of funding. Call for appointment)
Christmas Food Baskets	Winter Coat Distribution Senior's Program
Christmas Toy Assistance	Soup Kitchen
Clothing Assistance	Women's Ministries
Community Recreation Gym programs	Worship Services - Children's / Teen
Dental-Mobile Truck in partnership with St.Elizabeth	Worship Services - Church
Emergency Disaster Services	Worship Services - Sunday School
Exercise & Weight Room	Worship Services - Young Adult
Food pantry	Worship Services - Youth Ministries
Food & Nutrition Programs	Summer Camp

## **MYCAP**

1325 5th Ave, Youngstown, OH 44504

866-223-1125 - Appointment Line

330-747-7921

### **Current List of Services**

- Energy Assistance
- Energy Partnership Program
- Home Energy Assistance Program (HEAP)
- Work Development
- Home Weatherization Assistance Program (HWAP)
- Percentage of Income Payment Plan Plus (PIPP)
- Summer Crisis Program
- Winter Crisis Program
- Basic Computer Classes
- EPA - Assists with rent and water

## **Job and Family Services**

345 Oak Hill Ave, Youngstown, OH 44502

330-740-2600

*Prevention, Retention, and Contingency Programs (Welfare, food stamps, utilities, jobs)*

## **Rescue Mission of the Mahoning Valley**

962 Martin Luther King Jr. Blvd. Youngstown, OH 44510

330-744-5486

*The Rescue Mission of Mahoning Valley relies on the community for contributions for their programs since it does not receive government or United Way funding. Not only does the Rescue Mission offer meals, clothing and shelter to those in need, it provides training and education for those who are accepted in the Mission programs and want to return to becoming self-sufficient. The Mission Committee has three teams of PPC volunteers that take turns serving lunch at the Rescue Mission on the third Monday of each month and new volunteers are always welcome.*

## **Mahoning and Columbiana Training Association**

7989 Dickey Dr. Ste 4 Lisbon, OH 44432

\*other locations in Boardman and Youngstown

330-424-7722

give financial assistance for college and training

Career Counseling

## **Mahoning County One Stop WorkForce (Resources for Job Seekers)**

149 Boardman-Canfield Rd.

Boardman, OH 44512

330-965-1787

## **Emergency Mental Health and Family Help:**

**Information 24/7 Help Hotline Network of Northeast Ohio:** 330-747-2696 or 211

<http://www.helpnetworkneo.org/>

**Text the Crisis Hotline- 741741**

**National Suicide Prevention Hotline**

1-800-273-8255

**Domestic Violence Hotline**

1-800-799-7233 or visit <https://www.thehotline.org/help/>

**The Trevor Project**

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer, & questioning (LGBTQ) young people under 25. Our trained counselors are here to support you 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, call the TrevorLifeline now at 1-866-488-7386 or visit

<https://www.thetrevorproject.org/get-help-now/>

## Poland Community and Counseling Referral List

<p><b>Pathways of Ohio Counseling Services, LLC</b>  Mental Health Service  58 S Main St #4  (330) 921-8308</p>	<p><b>Alta Behavioral Healthcare</b>  711 Belmont Ave.  Youngstown, OH 44502  (330) 793-2487</p>
<p><b>Comprehensive Psychiatric Group</b>   Address: 955 Windham Ct, Youngstown, OH 44512   Phone: (330) 726-9570  <a href="http://cpgboardman.com/default.php">http://cpgboardman.com/default.php</a></p>	<p><b>Belmont Pines</b> (free assessment)  615 Churchill-Hubbard Rd  (330) 759-2700  Dr. Joe Farris, M.D.- Child Psychiatrist (outpatient)  Dr.Mather, M.D.- Inpatient  Dr. Maiden, M.D.- Medical Director  Dr. Kassawat, M.D.- Partial Program  Sherry-Secretary</p>
<p><b>Preferred Care Counseling</b>  Family Counselor  3300 Stones Throw Ave. c  (330)-757-3975</p>	<p><b>Meridian HealthCare</b>  527 North Meridian Rd.  Youngstown, Ohio 44509  (330) 797-0070</p>
<p><b>Turning Point Counseling Services</b>  Psychologist  420 Youngstown-Poland Rd  (330) 755-2147</p>	<p><b>Cadence Care Network (Formerly Homes for Kids)</b>  4822 Market Street Suite 100  Youngstown, Ohio 44512  330-544-8005</p>
<p><b>Copley Counseling Center</b>  Mental Health Counseling   Address: 908 Sahara Trail # 2, Youngstown, OH 44514   Phone: (330) 726-2965</p>	<p><b>Creekside Counseling</b>  132 S Broad St. #101  Canfield, OH 44406  330-533-5450  Tom Kupic</p>
<p>Address: 3649 Canfield Road, Canfield, Ohio 44406  Phone: (330) 270-3040  <a href="http://churchillcounseling.com/">http://churchillcounseling.com/</a></p>	<p><b>COMPASS Family &amp; Community Services</b>  535 Marmion Avenue  Youngstown, Ohio 44502  330-782-5664</p>
<p>5204 Mahoning Ave, Youngstown, OH 44515  330-797-0036  Joe Marzano</p>	<p>330-747-2696 or 211  <a href="http://www.helpnetworkneo.org/">http://www.helpnetworkneo.org/</a></p>
<p><b>Poland Food Pantry</b>  Poland United Methodist Church  1940 Boardman Poland Road  Poland, Ohio 44514  (330)-757-1553</p>	<p><b>Poland Dry Pantry (toiletries)</b>  Poland Presbyterian Church  2 Poland Manor  Youngstown, Ohio 44514  (330)-757-1547</p>

## **Article with Questions to ask when looking for a counselor**

<https://www.understood.org/en/friends-feelings/managing-feelings/stress-anxiety/checklist-questions-to-ask-potential-therapists>

“This list is of known providers of a particular service. The providers on the list are from a variety of sources. The list is being provided as a courtesy, for information only, and the user should understand that no assurances or guarantees regarding the providers on the list are being made by providing this list. Poland Local School District neither endorses, approves, nor recommends any specific provider listed below. This list is not inclusive of all community agencies, services or organizations that provide the particular service, and the omission of an agency, service or organization from this list does not imply disapproval. It is the responsibility of the user of this list to determine whether any of the content is of value to them and whether or not the agency, service or organization meets their specific needs.”