

**PCA POM  
SQUAD**

**TRYOUTS  
2022-2023**

**Please direct any questions to the Pom Director:**

**Jennifer Amburn**

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**Description**

PCA Pom is a dance team for the students of Prestonwood Christian Academy Plano entering 9<sup>th</sup>-12<sup>th</sup> grade in the Upper School. Members will participate in camps, halftime performances for football games, pep rallies, school wide events, contests, and additional performance opportunities. Members will perform dances from genres of pom, lyrical, contemporary, jazz, and hip-hop. PCA Pom is an extension of spirit within the school. The director is Coach Jennifer Amburn and assistant director is Coach Ashlyn Lynch.

**Important Dates:**

Attendance is **mandatory** for ALL Audition Week dates listed below, unless discussed previously with Pom directors.

**Friday March 11 – Audition Choreography shared via email**

Choreography shared to emails through Vimeo by 5:00 PM

**Monday March 14 & Tuesday March 15 – Audition Clinic held at the Field House from 3:30-5:30 PM**

Current Pom seniors and directors will run a workshop to help all team hopefuls work on the material and answer any questions they have.

**Thursday, March 17 - Mock Audition held at the Field House from 3:30-5:30 PM**

**Friday, March 18 – Auditions held at the Field House from 3:00-5:00pm.**

Team veterans interested in officer positions will perform the dance portion of their audition at the end of the team auditions. **\*\*Must be going into junior year to audition.**

\*\*Tentative calendar for the 2022-2023 academic year will be sent out by week of tryouts. Dates listed on the calendar are currently on hold and may change. We will provide an updated, interactive calendar in myPCA as these events are finalized.

## **PCA POM Team Audition Week**

**All forms due by Friday, March 11 at 5:00 PM**

**Step 1:** Complete the dance team application below ASAP:

<https://forms.gle/sJ2NQj29SkbcMD9Y7>

**Step 2:** Receive and review the audition material that will be sent to your email EOD Friday March 11. The material will be taught over video, which will allow your dancer to learn at the pace that best suits them.

\*\* Please note - There will be additional auditions throughout the year as needed for competitions, football games, pep rallies, and more. Buying a uniform and being in practice does not guarantee that you will perform. It will be a combination of the team member's work ethic, dance training, and academic/disciplinary good standing that will get them there.

**Managers:** Girls interested in manager need to email [jamburn@prestonwoodchristian.org](mailto:jamburn@prestonwoodchristian.org) to receive the manager virtual tryout requirements. They should be responsible, timely, organized, be able to seek out information online, and have the ability to create documents, spreadsheets, etc. Managers are responsible for music, costume sizing, videoing routines and more. They attend all events and fundraisers, help make everyone better behind the scenes, and are 100% a part of the team.

### **Audition Attire:**

Team hopefuls should wear a black tank top (no midriff exposed) and black full-length leggings. Jazz shoes recommended, but tennis shoes will also work. Hair should be worn in a ponytail. No jewelry. Makeup is not required, but plan to look and feel your very best at auditions.

### **Thursday Mock Audition Attire:**

Full-length leggings of any color (keep in mind PCA appropriateness) and a t-shirt. Jazz shoes recommended, but tennis shoes will also work.

## **Yearly Practice Schedule**

PCA Pom will practice during 1<sup>st</sup> period, which meets on A Days. Unless otherwise notified by the director, practice begins at 8:30 AM on M, T, and F. Practice begins at 7:45 AM on W & Th. Practice will run both fall and spring. There will be a few additional evening/weekend practices for members to learn outside choreography and rehearse for competition and other performances. The team will have the opportunity to work with highly regarded choreographers as they prepare for competitions.

## **Camp**

All members will be required to attend a two week summer camp leading up to the first week of school. Tentative dates are August 1-4<sup>th</sup> and August 8<sup>th</sup>-11<sup>th</sup> from 9am-12pm. The team will learn all of their contest, football and pep rally routines, attend technique and other classes, as well as work on leadership and teamwork skills. The biggest part of camp is the bonding!

## **Fundraising & Service**

- Fall - We will host a mini dance clinic on campus for LS students during football season – likely on a Saturday in September. The entire team will work a 3-hour clinic on a Saturday morning and the mini-pom students will then perform their routine at the lower school night football game halftime.
- Spring - We will host “Go College” on campus. This collegiate masterclass and solo workshop allows us to connect with schools in our area, showcase our talent, and fundraise.
- There will be an opportunity for the team to provide service to the community in the Spring/Fall.

## **Competition**

PCA Pom will compete in multiple contests that take place between January and April. Most of these contests take place on the weekends and will involve the entire Saturday, if not some of Sunday. The team will be taking 3 team routines and 2 elite routines. Individuals are also permitted to take solos, duets, etc. upon receiving consent from the directors.

## Financial Responsibility

\*Tentative Budget

<b>PCA POM</b>		
<u>ITEM</u>	<u>NEW</u>	<u>RETURNING</u>
Gameday Uniform (New)	\$130	\$130
Pep Rally Uniform (New)	\$130	\$130
Poms (New)	\$55	\$55
Warm-ups	\$110	-
Practice Clothes/Bag	\$155	\$100
Nike Gameday Shoes	\$75	\$75
<b>Camp **Officers only</b>	-	<b>\$500</b>
Spirit Day T-Shirt	\$20	\$20
Competition T-Shirt	\$20	\$20
<b>Total</b>	<b>\$695</b>	<b>\$530 (\$1,030 Officers)</b>

<b>MANAGERS</b>	
<u>ITEM</u>	<u>COST</u>
Warm-ups	\$110
Practice Clothes/Bag	\$155
Nike Gameday Shoes w/Bling	\$75
Spirit Day T-Shirt	\$20
Competition T-Shirt	\$20
<b>Total:</b>	<b>\$380</b>