

OEC and OALC High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Curly Fries	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Chips
	International Cuisine	International Cuisine	International Cuisine	International Cuisine
	Beef Taco in a Bag	Penne Grilled Chicken Alfredo Breadstick	Brunch For Lunch Pancakes Chicken Sausage Patties Hashbrown Patties Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Orange Chicken with White Rice Chicken Potsticker Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables
	Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie
7	8	9	10	11
Cheeseburger Curly Fries	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Curly Fries	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Chips
International Cuisine	International Cuisine	International Cuisine	International Cuisine	International Cuisine
Sweet and Sour Chicken Fried Rice Chicken Potsticker Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables Protein Pack	Hot Beef and Cheddar Hoagie Sidewinder Fries Oven Roasted Curry Cauliflower Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Chicken Tenders (Regular or Spicy) Mashed Potatoes and Chicken Gravy Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie	Pizza (Turkey Pepperoni or Cheese) Caesar Salad Parmesan Spinach Alfredo Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Shredded Chicken Burrito Bowl with Flour Tortilla Cilantro Lime Rice Southwest Beans Chipotle Cinnamon Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie
14	15	16	17	18
Cheeseburger Curly Fries	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Curly Fries	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Chips
International Cuisine	International Cuisine	International Cuisine	International Cuisine	International Cuisine
Thai Sweet Chili Chicken White Rice Chicken Potsticker Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables Strawberry Cream Frozen Dessert	Cheese Stromboli with Marinara Sauce Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Breaded Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll Buttered Corn Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie	Cheesy Beef Totchos Southwestern Rice Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Burrito Day Shredded Beef Chili Colorado OR Chicken Pollo Verde OR Bean and Cheese Chili Relleno Burrito Southwestern Rice Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie
Protein Pack	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie
21	22	23	24	25
		Breaded Chicken Sandwich Sidewinder Fries	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Chips
		International Cuisine	International Cuisine	International Cuisine
	Move to elearning	Hot Philly Beef Sandwich Sidewinder Fries Chipotle Cinnamon Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Hearty Beef Lasagna Breadstick Caesar Salad Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Spicy Szechuan Chicken Lo Mein Noodles Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie
28				
Cheeseburger Curly Fries				
International Cuisine				
General Tso Chicken Lo Mein Noodles				
Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables				
Protein Pack				

IN SCHOOL OFFERED DAILY:

Manager Choice of: Peanut Butter or Sun Butter and Jelly sandwich

This institution is an equal opportunity provider.