



Sacred Heart Equestrian Center Rules:

For the protection and safety of horses and riders, all persons on Sacred Heart property are subject to the following rules:

- Visitors are always welcome at the barn, but must check in with Sacred Heart Equestrian Center staff before touring the barn and riding areas.
- Visitors must sign a liability waiver form and be accompanied by a knowledgeable student, instructor, or staff member if they wish to touch, handle, ride, or feed any horses stabled on SHEC property.
- Children 12 years of age and under may not enter the barn, wash racks, or riding arenas unless they have special permission by an SHEC staff member and are under the supervision of an adult at all times. Children must be supervised at all times.
- Visitors and/or siblings may not sit on or ride any horse on SHEC property, including personally owned boarded horses, unless written permission has been granted and a release form has been signed by parents or legal guardians.
- **NO ONE MAY JUMP HORSES ON SACRED HEART PROPERTY UNLESS A JUMPING INSTRUCTOR IS PRESENT OR HAS GIVEN SPECIFIC PERMISSION. PERMISSION MUST BE GIVEN EACH TIME AND DOES NOT CARRY OVER TO SUCCESSIVE RIDES.**
- Visiting dogs must be kept on a leash and under control at all times. The Equestrian Center staff reserves the right to ask the dog to be removed from the property.
- All students, boarders, and guests under the age of 18 who will be riding on Sacred Heart Equestrian Center property must wear an *ASTM/SEI certified safety helmet*. Persons over the age of 18 are highly encouraged to do so and must sign a helmet waiver indicating that they are aware of the dangers of not wearing protective headgear while mounted.
- All students, boarders, and guests are required to wear safe and appropriate riding attire. This includes ***boots with a heel***, measuring at least ½ inch but no more than 2 inches. Blue jeans, breeches, and stretch pants are all acceptable, as are paddock boots, western boots, and dress or field boots (preferably not rubber).
- Students/boarders may not use another person's property without prior permission. If equipment or supplies are used by persons other than the owner, common courtesy dictates that they are returned cleaned and in good repair. Supplies (fly spray, Betadine, Furazone, etc.) should be replaced or the owner should be reimbursed for their use.
- Boarders may use the riding arenas at any time unless a lesson is being conducted, in which case, arenas may be used at the instructor's discretion or with her/his permission. Arenas may be closed due to dangerous footing conditions or extenuating circumstances at the discretion of the barn staff.

- Persons who board their horses at SSH may ride during normal visiting hours, but must have another person nearby in case of emergency. If barn staff/instructors are present, then riders need to have another person present while riding. ***If no staff is present and the rider is a minor, the accompanying person must be a parent or guardian.***
- All students, boarders, and guests should conduct themselves appropriately while at the barn. Loud noises, sudden movements, or sustained commotion may cause horses and farm animals to spook and are therefore unacceptable behavior at the barn.
- The Sacred Heart Equestrian Center program caters primarily to children. Profane, abusive, or inappropriate language will not be tolerated. Persons indulging in such behavior may be asked to leave.
- Gates should remain closed at all times. Persons using the gates should double check the latches before they leave.
- Smoking is not allowed on the Sacred Heart Equestrian Center property, except in designated areas, due to the excess of flammable materials.
- Any person who violates Sacred Heart Equestrian Center Rules will be required to leave and may forfeit participation in the SSH Equestrian program.