

**2022 Eastlake Spring Sports
Week 1 Practice/Tryout Information**

Spring Sports Parent Meeting March 8th 7:00PM – Main Gym

Sport	Practice Times	Location	Additional Comments	Coach contact
Badminton	2:45-4:15PM	Main Gym	Wear athletic clothing, bring a racquet if you have one	Erik Hanson ehanson@lwsd.org
Baseball	See additional comments for try-out information	Baseball Center	M,Tu,Wed February 28 th thru March 2 nd 3:30-6:00PM. Bring: water bottle, baseball glove, bat & cleats. Dress warm	Frank Smith fsmith@lwsd.org
Fastpitch	See additional comments	Softball field	Pre-Season Tryout Meeting: Thursday, February 24 th @ 3:00 pm on the softball field Tryouts: Monday – Wednesday: Monday and Tuesday 4:00 – 6:00 pm Wednesday 4:30 – 6:00 pm Meet at the softball field – Wear athletic clothing, bring a glove, bat, and helmet if you have them, cleats, and a water bottle	Christian McKone cmckone@lwsd.org
Golf (Girls)	See additional comments	Sahalee CC	Monday February 28 th 3:30PM meet at Sahalee Country Club. Wear golf attire per Sahalee rules bring your clubs	Pat Bangasser pbangasser@lwsd.org
Soccer (Boys)	See additional comments for try-out information	Eastlake stadium	Preseason meeting Wednesday February 23 rd @ 12:25pm EHS main gym Try-outs: M,T,Wed February 28 th thru March 2 nd 9 th & 10 th graders 5:00-6:30PM 11 th & 12 th graders 6:30-8:00PM bring: cleats ,running shoes shin guards, water bottle, dress in appropriate athletic clothing	Mike Hufstader mhufstader@lwsd.org

Tennis (Girls)	3:00-5:00PM	EHS tennis courts	Bring: tennis racquet, water bottle, appropriate tennis shoes (no running shoes) Dress for the weather Must attend practice by March 1 st . No new players allowed March 2nd	Bud Peterson erpeter@lwsd.org
Track & Field	2:45-5:00PM	EHS Track	Monday February 28 th – meet in the Cascade Gym (lower gym) @ Eastlake for team meeting. Then we will move out to the track for the rest of practice. Tuesday thru Friday 2:45-5:00PM meet at the EHS track. Check with your event coach if specific events are starting at a different time. Wear: Athletic clothing, proper running/training shoes. Dress for weather!	Troy Anderson tanderson@lwsd.org