## **CYBERBULLYING**

Provided by Utah NetSmartz and The Boys and Girls Clubs of Utah



## 3. WHAT YOU CAN DO

What's in My Control Mentality - Take your power back by focusing on what's in your control. How you respond, report and address the issue.

Know the signs of cyberbullying. If your child is behaving inexplicably, isolating, attached to device, they might be victims of cyberbullying.

Use your Resources - Most sites and apps have a safety feature wherein you can report any inappropriate behavior, including bullying. Utah has an app called SafeUT, dedicated to reporting concerns students may have.

## 1. DOWNLOAD APP SAFEUT, EXPLORE IT'S VALUE WITH YOUR KIDS

2. START A DISCUSSION

HAVE YOU EVER BEEN CYBERBULLIED?

WHAT CAN YOU DO IF YOU OR SOMEONE YOU KNOW IS BEING CYBERBULLIED?

**WATCH THE VIDEO** 

