

Garland High School 2021-2022

Advisory/Study Skills Curriculum Material

SEL

At Garland High School, and throughout the district, we have a Social Emotional Learning (SEL) curriculum that creates a weekly lesson during 3rd period every Monday. These lessons coach students on conflict resolution, time management, effective communication, trauma and resilience, handling change, and other pertinent topics. The data collected through these lessons drives campus decisions.

AVID

To support the students in the rigorous ECHS environment, all students are enrolled in AVID, a program that teaches the students meaningful skills such as how to study, ask meaningful questions, manage time, organize assignments, collaborate with peers, create effective study groups, etc. Their AVID class also teaches them how to use tools to make them more successful like a planner, binder, or digital forms of organization. All ECHS teachers will incorporate AVID strategies and tools to promote these habits of mind and student success.

In addition to learning skills and utilizing tools, ECHS students in AVID are educated on how to read the requirements of their college degree plan (from the web page) and explore opportunities at 4-year colleges to continue in the pathway or explore options for the traditional bachelor's degree. Opportunities for post-secondary studies are built into the curriculum including at least 2 college visits where they meet with advisors from the 4-year institution. Plans are in place for a college fair that targets ECHS students beginning in the 2022-23 school year.

Shmoop

Shmoop is an online platform that coaches students on effective test taking strategies and skills development for the TSI test and a variety of AP courses. It can be self-paced, or it can be used to teach from in tutorials or the classroom. Teachers can track student progress and how much time each one is working in Shmoop. This is a great tool for preparing for tests.

TexQuest

As many of ECHS students used Shmoop all last year, some have transitioned to using TexQuest provided by the district through ReadyHub in order to train for the TSI test as well as PSAT, SAT, and more.