



The Official Newsletter of the Glendale Middle School Counseling Team

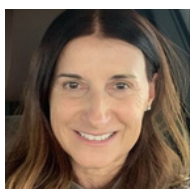
## THE MIGHTY LYNX HAPPENINGS



Counseling Highlights

These next two months are very exciting for the Counseling Team! Our **themes will help students see the importance of responsibility and teamwork** on an individual and global perspective. Our first week in **February is registration** for all our students, we want to thank all our teachers for your hard work in helping students choose classes with a purpose. **This week is National School Counseling Week**, our team is excited to share some statistics on this year's counseling program. We are **preparing to apply for RAMP Status** (Recognized ASCA Model Program) so that our program represents the gold standard of school counseling.

**Thank you for all your support!**



VERONIQUE



CASSIE



JERLY

*Upcoming Dates:*

**February's Theme is:**

**Responsibility**

**March's Theme is:**

**Teamwork**

### Counseling Team Statistics

- **61% of our time** is spent on dropout prevention.
- Our counseling team **meets federal recommendation of >250 students** per counselor.
- Our team, on average **spends over 90% of our time in direct services** to our students.
- 105 students, about **13% of our students have participated** in a small group.
- This year, our counseling goal is to meet individual with all our students, **we are about 75% there!**
- Over **100 families** were supported during our holiday season.
- **41 SEL/College Readiness Lessons** taught
- **Over 40 students referred** for outside mental health supports

"Self-care is different for everyone. You don't have to be a vegan eating yoga doing, meditation practicing, Buddhist. Self-care is simply making time for yourself to do the things that make your soul shine. Whatever those things are."  
-Dominee

