

## ATHLETICS PRACTICES

### Students in grades Nursery & PK

Program	Genders	Tuesday	Wednesday	Thursday	Friday
<b>SKILLS &amp; DEVELOPMENT</b>	Girls & Boys	17:00 - 18:15		17:00 - 18:15	

### Students in grades Kinder, 1st & 2nd

Program	Genders	Tuesday	Wednesday	Thursday	Friday
<b>SOCCER</b>	Girls & Boys		15:00 - 16:15		15:00 - 16:15
<b>BASKETBALL</b>	Girls & Boys	15:00 - 16:15		15:00 - 16:15	

### Students in grades 3rd, 4th & 5th

Program	Genders	Tuesday	Wednesday	Thursday	Friday
<b>VOLLEYBALL</b>	Girls		15:00 - 16:15		15:00 - 16:15
<b>SOCCER</b>	Girls & Boys	15:00 - 16:15		15:00 - 16:15	
<b>BASKETBALL</b>	Girls & Boys		15:00 - 16:15		15:00 - 16:15
<b>TRACK &amp; FIELD</b>	Girls & Boys	2 days per week to be determined between the coach and participant. 15:00 - 16:15			

### Students in grades 6th, 7th, 8th & 9th

<b>SOCCER, BASKETBALL, VOLLEYBALL AND TRACK &amp; FIELD</b>	Girls & Boys	15:00 - 16:30	15:00 - 16:30	15:00 - 16:30	14:45 - 16:30
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### Students in grades 10th, 11th & 12th

Program	Genders	Tuesday	Wednesday	Thursday	Friday
<b>SOCCER, BASKETBALL, VOLLEYBALL AND TRACK &amp; FIELD</b>	Girls & Boys	17:00 - 18:45	17:00 - 18:45	17:00 - 18:45	14:45 - 16:30