

ISOLATION

FLOWCHART FOR
STUDENTS/FAMILIES

Eastern Carver County Schools

Exceptional, personalized learning

WHAT TO DO IF YOU HAVE COVID-19

REGARDLESS OF SYMPTOMS OR VACCINATION STATUS



NOTIFY
your school



STAY HOME
for the next five days,
regardless of
symptoms or
vaccination status

5 DAYS



**STAY AWAY FROM
OTHER PEOPLE**
as much as possible
(including people in your
own household)



If you can't
STAY AWAY
from other people,
**WEAR A
WELL-FITTING
MASK**

5 DAYS



**KEEP UNVACCINATED
SIBLINGS HOME**
for five days
and watch for
symptoms

AFTER 5 DAYS

**DO YOU STILL HAVE A FEVER OR OTHER SYMPTOMS
THAT HAVEN'T STARTED TO GET BETTER?**

! If you have
symptoms of
COVID-19 and are
waiting for your test
results, **STAY HOME**
until results are received.

NO



Return to school/activities



Wear a well-fitting mask everywhere you go



Social distance to the extent possible for the
next five days

YES



Stay home until your fever is gone for 24 hours without medication and
other symptoms have improved



Wear a well-fitting mask around others to minimize
exposure for the next five days



Day Zero: Symptoms Begin or Test Positive for COVID-19

DAY SYMPTOMS BEGIN or
TEST POSITIVE



RETURN TO SCHOOL &
WEAR MASK 5 DAYS



If you have questions
about when to return
to school, please
[contact your school nurse.](#)





WHAT TO DO IF SOMEONE IN YOUR HOUSEHOLD HAS COVID-19 AND YOU ARE FULLY VACCINATED

**FULLY VACCINATED,
and have
NO SYMPTOMS**

OR

**If you had
COVID-19 within the
LAST 90 DAYS and have
NO SYMPTOMS**

YES

-  You can keep going to school and participating in activities
-  Wear a well-fitting mask around others for 10 days after your last exposure*
-  Get tested on day 5
-  Try to limit exposure to the positive person or where a mask is unable

DAY OF EXPOSURE TO POSITIVE PERSON IN HOUSEHOLD

-  Get tested day 5
-  If negative, continue to wear well-fitting mask

*If you are unable to wear a mask, contact your school nurse for quarantine options.

! If you test positive or develop symptoms, regardless of previous infection or vaccination status, follow the timeline on [page 1](#). **STAY HOME FOR 5 DAYS**, and return to school if you have had no fever for 24 hours and symptoms have improved.

DAY SYMPTOMS BEGIN or
TEST POSITIVE



IF NEGATIVE AND
NO SYMPTOMS,
CONTINUE TO WEAR MASK



? If you have questions about when to return to school, please [contact your school nurse.](#)

WHAT TO DO IF SOMEONE IN YOUR HOUSEHOLD HAS COVID-19 AND YOU ARE NOT FULLY VACCINATED

If you are
UNVACCINATED

OR

ONLY received
**ONE DOSE OF PFIZER or
MODERNA VACCINES**

YES



Stay home for five days after your last exposure



Wear a well-fitting mask around others for the next five days*



Get a COVID-19 test on day five after your exposure



Try to limit exposure to the positive person or where a mask if unable

LAST DAY OF EXPOSURE TO POSITIVE PERSON IN HOUSEHOLD



Get tested day 5



If negative, return to school and wear well-fitting mask for 5 days

*If you are unable to wear a mask, contact your school nurse for quarantine options.

! If you test positive or develop symptoms, follow the timeline on [page 1](#). If you test positive or develop symptoms, regardless of previous infection, follow the timeline on [page 1](#). **STAY HOME FOR 5 DAYS**, and return to school if you have had no fever for 24 hours and symptoms have improved.

DAY OF EXPOSURE TO POSITIVE PERSON

GET TESTED

IF NEGATIVE AND NO SYMPTOMS, RETURN TO SCHOOL AND WEAR MASK 5 DAYS



If you have questions about when to return to school, please [contact your school nurse](#).