

GARDEN SPOT HIGH SCHOOL ATHLETIC DEPARTMENT

Participating in interscholastic athletics is a privilege. Like most privileges there are rules that govern this Privilege. As an athlete at Garden Spot High School, you are asked to adhere to the policies and rules set forth by the Pennsylvania Interscholastic Athletic Association, Eastern Lancaster County School District, the Garden Spot Athletic Department, and the coach of your respective sport. The following are the policies of the Athletic Department at Garden Spot High/Middle School. Both the parent/guardian and student athlete are required to sign the attached form indicating they have read, understand and agree to abide by the PIAA, ELANCO, Garden Spot Athletic Department Policies, and individual team rules.

ATHLETIC DEPARTMENT POLICIES

Academic Eligibility

In order to compete in any PIAA sanctioned interscholastic athletic competition student athletes may be failing no more than one course at any time. Upon notification to the athletic office of a second failure the student athlete will be ineligible to participate in any level of competition for the period of one week. This period of ineligibility will begin Sunday at 12:01am and continue until 11:59p the following Saturday. Student athletes who have failed two or more courses for any marking period will be ineligible for 15 school days starting on the date the Athletic Office has been informed of their grades. Eligibility for fall sports will be determined by the student athlete's final year or semester grades from the previous year. Student athletes ineligible to compete may still practice with the team for the period of ineligibility. Monitoring will start the second week of the first quarter.

Attendance:

All students athletes must adhere to the Eastern Lancaster County School District attendance policy **AND** the Garden Spot Athletic Department attendance policy as stated below.

1. No student may participate in a school sponsored contest if they do not attend the required practice(s).
2. Student athletes must be in school by 8:00 am in order to be eligible to compete in a contest or practice that day. The only exceptions to this rule are:
 - a. The student athlete brings in a written doctor or dentist excuse (must still be in attendance for at least one-half of the day)
 - b. Has a pre-approved travel form for a college visitation, educational leave, or drivers test
 - c. Death in the family
3. Unless legally excused, a student must be in school attendance the entire day of a contest or practice in order to participate in that contest or practice.
4. Students who have a nurse's or doctor's excuse from physical education activities may not participate in practices or contests for the duration of the excuse.

Building Supervision

Student athletes are not permitted in the gym, hallways, cafeteria, or any other areas of the building, before, during or after school, when participating in an ELANCO sponsored sport or activity unless there is a coach or staff member present for supervision. Outside groups, or out of season teams must complete a facility usage form in the athletic office, and have it approved in order to use the building.

Changing Teams

Student athletes are permitted to change teams at any time before the sixth (6th) scheduled practice of the team they originally joined. After that time, a participant may change teams only with the mutual consent of the head coaches of both sports involved and with the approval of the Athletic Director.

Detention & In-School / Out-of-School Suspension

Student athletes may not compete in a contest or practice the day they are assigned to serve a detention. Any student athlete who has been assigned in-school or out-of-school suspension is not eligible to compete in a contest or practice for every day they are assigned to serve this suspension. Students are not permitted on campus after school hours on days in which they serve a suspension.

Drugs, Alcohol, and Tobacco

Student athletes are prohibited from using, selling, or being in contact with drugs, alcohol, and tobacco on and off school property. Student athletes will abide by the drug, alcohol, and tobacco policy adopted by the ELANCO School Board of Directors as found in the student code of the Eastern Lancaster County School District. Every student athlete and parent must sign the drug, alcohol, and tobacco policy form before the student athlete may participate in any practices or contests.

Equipment and Uniforms

Student athletes are not permitted to use interscholastic issued athletic equipment, supplies, practice clothing, or game uniforms except for team games and matches. Use of these items for physical education classes, home or street wear, or any purpose other than the reason it was issued to the participant, is strictly prohibited.

Student athletes are responsible for the cleaning and upkeep of the equipment and uniforms issued to them. Clean uniforms must be turned in on the prescribed collection date for each sport. Student athletes are responsible for turning in the uniform and equipment they were assigned at the beginning of the season. Failure to turn in the proper clean uniform on the prescribed collection date, damaged uniforms and/or equipment, and unaccounted for uniforms and equipment either lost or stolen will be the monetary responsibility of each student athlete.

A student athlete may not participate in a sport following the season where the student athlete has outstanding responsibilities, until these are met. In addition, if these outstanding responsibilities are not met, the student athlete will not be able to take final exams or graduate until these are met.

Hazing

The Garden Spot Athletic Department has in effect a zero tolerance hazing policy. Hazing is defined as any activity expected of someone joining a team that humiliates, degrades, abuses, or endangers regardless of the person's willingness to participate. Any student athlete engaged in hazing of any type is eligible for immediate expulsion from their team and may be further prosecuted.

Ninth Grade Participation (Superfrosch Rule)

Student athletes who qualify may be eligible to participate in varsity or junior varsity contests and practices with written approval of the head coach of that sport, the student's parent/guardian, and the school Principal. The proper paperwork must be submitted before any freshman participates in a senior high contest. Once approval is given, and the student athlete participates in a senior high contest, they may no longer move to the junior high team for that season.

Participation in Two Sports During the Same Season

A student athlete is permitted to participate in two sports during the same season only with permission of the student athlete's parent/guardian, the head coaches of both sports involved, and the Athletic Director. Student athletes must select one of the two sports as their major sport. In cases where a conflict occurs with a practice or contest between the two sports, the major sport takes precedence.

Student Athlete Medical Insurance

ELANCO School District does not carry athletic injury insurance for any of our interscholastic sports at the Middle School or High School. It is the responsibility of the parent or guardian of the student athlete to be responsible for any and all medical costs associated with any injury or illness the athlete sustains while participating in athletics.

Physical Examination Requirement

PIAA Article V-Section I.

You are eligible only if you have participated in a pre-participation physical evaluation performed by a licensed physician of medicine or osteopathic medicine, a certified registered nurse practitioner, a school nurse practitioner, or a certified physician assistant before your first sports season's first practice day of that school year, on the form marked SECTION 7: PIAA COMPREHENSIVE INITIAL PRE-PARTICIPATION PHYSICAL EVALUATION AND CERTIFICATION OF AUTHORIZED MEDICAL EXAMINER. This physical must take place after June 1st and is valid through the next May 31st.

Re-certification Forms – Before each subsequent sports season's first practice day of that same school year, you must submit a re-certification form signed by a parent/guardian certifying the athlete has not had a serious illness or injury since the original physical.

Release from Classes

No student athlete may be released from classes for the purpose of participating in a practice or practice related activity. Students will only be dismissed from classes early for participation in athletic events with the permission of the athletic administration.

Reporting of Injuries

Any student participating in athletics has a chance of being injured. When injured, all student athletes must immediately report the injury, no matter how insignificant, to their coach. Every injured athlete is then required to report the injury to the certified athletic trainer. In addition, all further issues or updates on the injury should be reported to the certified athletic trainer.

Return to Play after Injury

Student athletes requiring a visit to a physician or the emergency room for any injury or illness during their sports season, must submit written clearance from their physician, to the athletic trainer, before they may return to participation.

Stealing or Damaging the Property of Others

Incidents of theft or any destruction of property on or off the Garden Spot campus, regardless of how small, will not be tolerated. Student athletes will abide by and receive punishment consistent with the Elanco Student Code.

Suspension from Team

Student athletes are subject to suspension from the team permanently, or for an appropriate length of time, for violation of training rules, un-sportsmanlike conduct, disciplinary reasons, failure to maintain sufficient academic average, violation of the Elanco drug and alcohol policy, violation of the Athletic Department policies, and violation of the team rules. The athletic director will be informed immediately of all such suspensions.

Transportation

Bus and/or van transportation will be arranged by the Athletic Director for all athletic events, with the exception of golf and bowling practices & home golf and bowling matches. Athletes are required to travel to and from all athletic events by transportation provided by the school, with the exception of golf and bowling practices & home golf and bowling matches. Use of any other form of transportation is prohibited unless special permission is granted by the coach and written permission is received from the student athlete's parent or guardian. All student athletes will abide by the ELANCO school district rules for conduct on buses and vans.

Both student athlete and parent/guardian must sign on the consent sheet in the place marked for Athletic Department Policies and return it to the athletic office before they may begin practicing.

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