



郑州郑东新区西亚斯外籍人员子女学校
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU

Newsletter

家校通讯录

January 29, 2022

2022年1月29日



COVID Safety and DingTalk Healthy Checks

新冠疫情防控及钉钉每日健康打卡

Parents- We all have a responsibility to report our students' health on DingTalk every day. The Education Bureau tracks every school in the city and reports a daily list of schools that do not have 100% completion from its schools. Sias IS has not reached 100% for many days and have been criticized by the Education Bureau. Even on weekends and the New Year holiday, we are required to report daily. Please do not make your children's teachers have to take time away from their families to track you down and call you to complete this simple obligation. It is important that we maintain a strong relationship with the Education Bureau and comply with its requirements. If you consistently are not reporting on DingTalk first thing in the morning, I have asked my staff to provide your phone number and I will personally call you to remind you. Thank you for your support.

各位家长，我们每个人都需要在钉钉上为孩子们进行每日健康打卡。教育局每天都会检查郑州市所有学校钉钉健康打卡情况，每日都会对未完成百分百打卡目标的学校进行通报批评。由于我校很多时候都没有达到要求，被教育局通报批评。即使是周末甚至是春节假期期间，我们都需要每日按时完成健康打卡任务。请不要让各班老师不得不从他们与家人相处的时间里抽出时间来联系或打电话给您来提醒您按时完成这项打卡任务。我们必须配合教育局的工作，并遵守规定。如果您早上没有按时完成钉钉健康打卡任务，学校员工已向我同步各位家长的联系方式，我会亲自打电话提醒您。感谢您的支持与理解。



New Package Pickup for Continued Remote Learning

线上教学包领取

Assuming there are no significant changes in Zhengzhou with COVID cases, we are hearing that we may be able to return to in-person instruction around February 16th. Our teachers are starting new Units of Inquiry with the IB and need to provide new learning materials to students. On Monday, February 7th from 3:00-5:00, we will distribute new packages for students at school. We will send reminders late next week and on Monday morning.

据说假设郑州的新冠肺炎疫情没有明显恶化，我们可能能够在2月16日左右回到线下教学。我们的老师正在启动新的IB探究单元，需要为学生准备新的学习资料。2月7日星期一下午3点至5点，我们将在学校为学生分发新的学习包。我们将在下周晚些时候及该日上午发送提醒。



January 28, 2022

2022 年 1 月 28 日

Newsletter
家校通讯录



New Year Celebration

新年快乐

Our Student Council did a great job leading a New Year Celebration with students. We wish you all great prosperity and health in the year of the Tiger!

我们的学生会在带领学生举行新年庆祝活动方面取得了不错的反响。我们祝愿大家在虎年事业兴旺，身体健康！



New ASA Schedules

ASA 课程安排

We are very excited to introduce our new ASA schedule for when we return from remote learning. We have partnered with some amazing organizations to provide world class opportunities in addition to some new and old favorites from our Sias IS teachers. In the ASA packets, you will find an activity schedule for three different age groups: Early Years, Kindergarten-Grade 2, and Grade 3 and above. Find the section that is right for your child and check out what is coming in the near future. We plan to hold registration from February 8-10. Be ready when we start, because as always our activities are first come first serve.

很开心可以向大家介绍我们的新 ASA 课程，当孩子们回归线下授课时。除了外籍学校的新、老员工，学校已经与一些高质量的机构合作，给孩子们提供很不错的机会。在 ASA 学习包里，你会发现三个不同的年龄组的活动时间表：学前教育班，幼儿园至二年级，三年级及以上。请找到您的孩子所处的年龄组，提前了解接下来的课程种类。我们计划在 2 月 8-10 日进行报名。报名开始前要做好准备，班额有限，先到先得。

If you have ASA specific questions, please reach out to our ASA coordinator,
Ms. Kalu. kalu@siasinternationalschool.org

若有任何 ASA 课程方面的问题，请联系卡璐女士（ASA 协调员）
kalu@siasinternationalschool.org





郑州郑东新区西亚斯外籍人员子女学校
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU



ASA SCHEDULE

课后活动课程时间表

Early Years 幼龄阶段
(Q3)



ASA Schedule Early Years (Q3)
西亚斯外籍学校幼龄阶段课后活动课程时间表 Q3

Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四
Haber Swim Club 哈珀游泳俱乐部 (16) 3000元	Coding 编程 Ms. Suzanna (10)	Haber Swim Club 哈珀游泳俱乐部(16) *choose 2 选两个项目 3000 元	Haber Swim Club 哈珀游泳俱乐部 (16) 3000元
Soccer 幼儿足球 Coach Michael (20) 1500元	Animal Exploration 动物探索 (12) Mr. Kirsch with Ms. Jane	YMM Art 杨梅红艺术教育 (12) (Choose 2) 选两个项目 3000元	Northwind Kungfu 北风功夫 (12) *meets twice a week Mon/Wed 一周二次 周三和周四 3000元
Northwind Kungfu 北风功夫 (12) *meets twice a week Mon/Wed 一周二次 周一和周三 3000元	Arts & Crafts 手工艺术 Ms. Emma (12)	Balance Bike 滑步车 Riding Will (12) *choose 2 选两个项目 1500 元	Arts & Crafts 手工艺术 Ms. Remi (12)
Balance Bike 滑步车 Riding Will (12) Pk4&KG 四岁以上 1500元	Not a Box! 创意纸箱! Ms. Frankee (12)	Northwind KungFu 北风功夫(12*2) (*choose 2 两个项目) *meets twice a week Mon/Wed or Wed/Thur 一周两次 周一三或周三四 3000元	Shape4Health 轻松做运动 (12) Coach Cat
Game of Go 围棋启蒙(10) Ms. Rio PK4&KG 四岁以上 1500元	Soccer 幼儿足球 Coach Michael (20) 1500 元	Grit Theater 格里特高瞻 (12) 4800元	It's Magical 奇妙的科学 Mr. Ken (12)
	Haber Swim Club 哈珀游泳俱乐部 (16) *Pk4&KG 四岁以上 3000元	Toots Science 托特科学 (12) 5400元	

- Green blocks are paid After School Activities. Fee is the total for 15 weeks.
绿色框代表收费课外活动、价钱是15周总费用。
- Yellow blocks are offered for free by Sias IS teachers.
黄色框代表可免费选项。
- Red blocks are extended double lessons.
红色框代表上两节课

Sias IS Free Activity Descriptions

西亚斯外籍学校免费课外活动简介

Tuesday	Not a Box! 创意纸箱! Ms. Frankee	<p>The cardboard box is one of the most incredible invitations to play. Find out by joining, students will explore their world, enter their imagination.</p> <p>创意纸箱，最令人难以置信的游戏邀约。加入我们，一起探索纸箱世界，让纸箱充满孩子的想象。</p>
	Coding 编程 Ms. Suzanna	<p>Challenge yourself and learn the 21st century's most demanded skill: coding.</p> <p>挑战自我，学习21世纪最需要的技能：编码。</p>
	Animal Exploration 动物探索 Mr. Kirsch	<p>Learn about animals and their habitats through storytelling, art, and imaginative play. Join us to see and do things from an animal perspective.</p> <p>通过故事、艺术和想象让学生了解学习动物及其栖息地。加入我们，从动物的角度来看待和做事情。</p>
	Arts & Crafts 手工艺术 Ms. Emma	<p>Use your creativity to explore the wonderful world of arts and crafts. We will use color, shapes, and textures to create our own masterpieces.</p> <p>运用创造力探索艺术和手工艺品的奇妙世界。我们将使用颜色、不同的形状和花纹来创造我们自己的杰作。</p>
Thursday	Arts & Crafts 手工艺术 Ms. Remi	<p>Use your creativity to explore the wonderful world of arts and crafts. We will use color, shapes, and textures to create our own masterpieces.</p> <p>运用创造力探索艺术和手工艺品的奇妙世界。我们将使用颜色、不同的形状和花纹来创造我们自己的杰作。</p>
	Shape 4 Health 轻松做运动 Coach Cat	<p>Move it, shake it, get your body moving! Let's have fun while we stay in shape.</p> <p>跟着节奏，让身体动起来！ 保持健康体态的同时，也要玩得开心。</p>
	It's Magical 奇妙的科学 Mr. Ken	<p>Magic tricks aren't fooling the laws of nature, they're only fooling our brains. Let's discover how we can use STEAM knowledge to create magic.</p> <p>魔术不是在愚弄自然法则，它们只是在迷惑我们的大脑。让我们来探索如何利用STEAM知识创造魔法。</p>

Sias IS Swim Program



西亚斯外籍学校游泳项目

Swim activity will be held **Monday-Thursday from 3:15-4:15**
One lesson each week.

Price: 3000yuan/15 weeks

Open to Early Years Students

游泳活动时间: **每周一到周四 3:15—4:15**

课次: **每周1次**

价格: **3000元/15周**

招生年龄: **3-6岁**



Course introduction

Sias IS has established a strong alliance with Haber Swim Club. Haber is a professional children's established in 2014. Habor emphasizes research-based, safe, and happy approaches to learning. Haber will bring their advanced teaching strategies and coaching team to provide Sias IS with the best program for children to learn swimming skills, water safety, water education, and much more.

西亚斯外籍学校游泳项目, 是与哈珀游泳俱乐部强强联合, 引进哈珀先进教学理念与教练团队, 全面教授孩子游泳技能、水中安全、水中教育等多方面的内容。哈珀是专业儿童游泳学校, 始于2014年, 专注于为0-12岁孩子提供科学、安全、快乐的游泳教学课程。

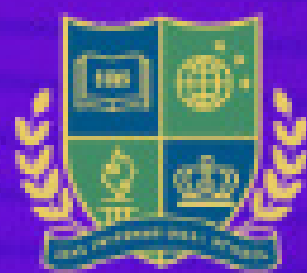


Special features

1. Swim students will complete a self-rescue course to develop the skills needed to keep themselves safe and avoid accidents.
2. Students will join in the "Haber Cup" with other Haber Swim Club members and experience an authentic swim competition environment.

- 1、专属自救课程, 教授孩子学习水中自救能力, 避免意外发生。
- 2、与哈珀会员一起, 参与“哈珀杯”游泳赛事, 感受专业的比赛氛围。





郑州知东新区西亚斯外籍人员子女学校
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Early Years Sias IS Soccer

Soccer practice will be held on Monday & Tuesday from 3:15-4:15.

Price: 1500yuan/15 soccer.

Open to students from Pk3 & Pk4

足球训练时间：每周一或每周二下午3:15-4:15

价格:1500/15周

招生对象：幼儿园阶段



Coach Michael

Coach Michael, a certified soccer coach, has received professional soccer training ever since he was kid. He has been playing and training youth for many years. He is passionate about training youth and he has coached multiple public school championship teams at city tournaments. We will start training with the basic skills of dribbling, passing, and shooting. We will include fun games and activities that promote gross motor skill development and teamwork.

迈克尔教练是一名足球教练，从小接受专业的足球训练。他踢球和训练很多年。他对年轻人的训练充满热情，曾执教多个公立学校在城市联赛中的冠军队。我们将从运球、传球、射门等基本功开始训练。我们将有趣的游戏和训练活动结合，以促进运动技能的发展和团队合作。



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KUNG FU ACTIVITIES 功夫课外活动

Class time 课程时间

KungFu activities will be held twice a week.

功夫课外活动一周两次。

(Choose between Monday & Wednesday or Wednesday & Thursday.)

(您可以选择周一和周三或周三和周四。)

Price 收费标准

3000yuan/15 weeks /30 lessons

3000元/15周/30课时

Coach introduction 教练介绍



北风老师（刘金垚）是一名国际功夫教练，从小热爱并学习功夫，毕业之后一直从事功夫教学，期间参加过河南电视台“你最有才”节目；大学期间参加河南省大学生武术比赛获得专科男子甲组初级刀术第一名。

强身健体和塑造性格将是西亚斯功夫课程的目的。除了每周的训练和个人表演展示，我们还进行功夫测试。学生的功夫动作更加标准，身体素质也会更加强健，更重要的是通过表演和学习功夫精神会让学生们自信阳光开朗。



BALANCE BIKE CLASS

滑步车活动课



招募名额：12个

上课时间：每周一或周三

收费标准：1500元/15课时（需要家长自行配齐安全护具）

课程介绍

This activity will promote early childhood gross motor skills through the excitement of learning about racing, athletics, competition, sensory training, discipline, and healthy competition. Coaches will use proven children's psychology methods to foster confidence, determination, emotional control, relaxation.

课程包含竞速、竞技骑行技巧以及比赛强化训练等技能课程；完美的融入感统训练、正面管教、少儿心理学等素质课程。

本次课程旨在提升孩子的身体素质；培养还嘴的自信心、竞赛意识、抗挫能力、抗压能力等体育竞技精神。



西亚斯外籍子女学校VS 格里特·高瞻儿童音乐剧

《THE BEE》 演员招募

Musical practice will be held every Wednesday afternoon.

Time: from 2:20PM~4:20 PM

Price: 4788 yuan /15 weeks

Open to Early Years students only

时间：每周三下午14:20~16:20

价格：4788元/15周

招生对象：幼儿园阶段

关于我们：

西亚斯外籍人员子女学校音乐剧项目：是与格里特·高瞻合作，引进经英国伦敦大学（LCME）认证，伦敦西区音乐剧教学体系的课程。含舞蹈，歌唱，和表演等专业指导，我们相信，每一个孩子都可以成为舞台上最闪耀的星星。格里特·高瞻始于2007年，其致力于儿童音乐全素质教育培养。

SIAS International School-Grit Gaozhan Musical Theatre Programme is recognised by the London College of Music Examinations (LCME). This programme will lead to qualifications issued by LCME, accredited by the University of West London, and recognised by Ofqual UK. This programme follows the skills required by West-end theatres of London, covering dance, singing, drama, with all aspects instructed by specialised professionals. It is our belief that every child will shine on stage, fulfilling his/her most dazzling potential. Grit Gaozhan is a household name for music education in Zhengzhou, Henan. Established in 2007, it has consistently excelled in bringing the best in music education to children of all ages.



格里特高瞻音乐剧



课程详情



客服顾问

Early Years STEM Class



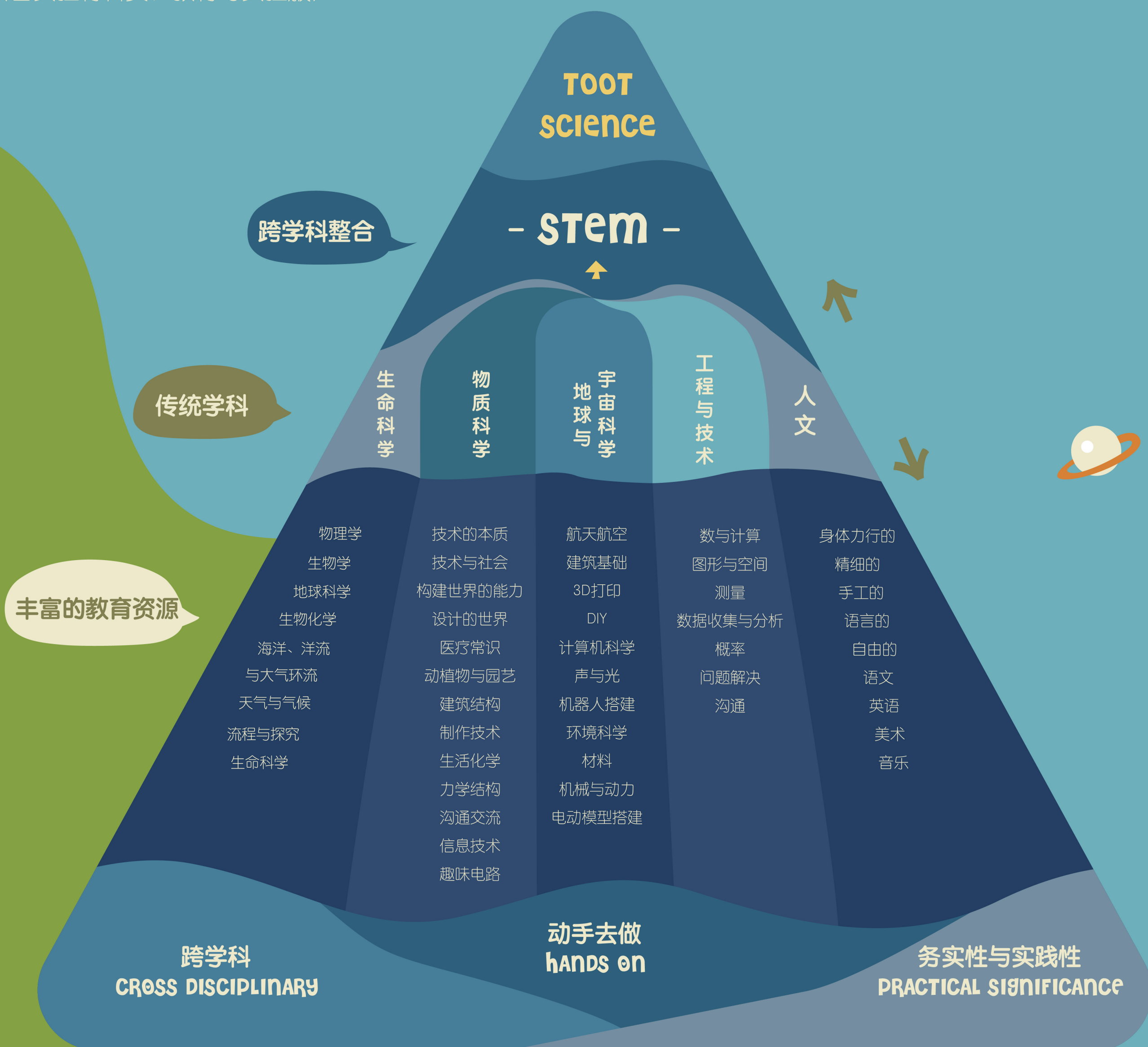
幼儿园STEM课程

• Date&Time 2:20pm-4:15pm Wednesday

日期&时间 周三 2:20pm-4:15pm

• 30课时 15周 价格5400元

(含实验材料费, 教材与实验服)



品牌介绍

于2014年创立TOOT SCIENCE托特科学, 旨在打造国内最好的STEM教育品牌

为中国的STEM学习者,提供与世界同步的教育理念和教育资源

以“跨学科、动手做、实践性”的核心教育理念

全球STEM领域的专家、专业团队合作, 为学习者提供优质的STEM课程

课程简介

Course introduction



 用艺术启迪智慧

——通过系统的美学与创意训练，让孩子获得有品位而智慧的人生。

用广泛的材料和多种艺术表现手法，让孩子尽程度的去尝试和体验，激发创意潜能，让孩子创作出属于自己的艺术世界，并在尝试了解各个画种风格特点的基础上逐渐找到自己的兴趣点。准确判断孩子的天性与特长并令其充分表现，建立孩子的自信心！

 课程主题

1. 有趣的嘴唇花
2. 开裂的瓷器
3. 依山傍水的吊脚楼
4. 戴"皇冠"的鹤
5. 泡泡金鱼大作战
6. 马塞族的项圈
7. 听到的开心的转移法
8. 开启摩洛哥的百变之门



 班级场景



上课时间：每周三下午

适合年龄：3-4周岁

课程费用：3000元



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GAME OF GO BEGINNER CLASS

围棋启蒙班

Course objectives 课程目标

In this beginner Game of Go class, we will use stories, nursery rhymes, and cartoons to understand the history and etiquette behind this traditional game. During this 15-week term, we will learn the basic rules and skills to make playing the Game of Go fun and strategic.

本期围棋启蒙班课程会通过故事、儿歌、卡通形象等方式，学习围棋的基础知识从围棋的起源、下棋的基本礼仪、吃子的基本方式共15节课程内容。使孩子们掌握下棋的基本技巧。

Course object 课程对象

4.5-6 year olds

4.5-6岁幼儿

Class time 课程时间

Mondays 3:15-4:15 PM

每周一下午3:15-4:15

Price 收费标准

1500yuan/15 weeks

1500元/15课时

(Includes a Game of Go set, rulebook, and uniform)

(包含围棋一套，教材，和国服)





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ASA SCHEDULE

课后活动课程时间表

Lower Elementary 低年级阶段
(Q3)

Sias IS Lower Elementary ASA Schedule Q3

西亚斯外籍学校低年级课后活动课程时间表 Q3

Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四
Balance Bike 滑步车 Riding Will (12) Pk4&KG 四岁以上 1500元	Haber Swim Club 哈珀游泳俱乐部 (16) *KG only 幼儿园班 3000元	Music Appreciation 音乐欣赏 KG-G1 Ms. Monica	Full S.T.E.A.M Ahead 探索S.T.E.A.M世界 (12) Ms. Shakenya
Game of Go 围棋 (10) Ms. Rio PK4&KG 四岁以上 1500元	Nike Soccer 耐克足球俱乐部 Coach David 3600元		Imagine It 你想象吧 Ms. Liz (12)
Improv Drama Lab 戏剧盲盒实验室 (8-12) 3000元	Ping Pong 辉煌乒乓球 (12) 1500元	Music Appreciation 音乐欣赏 G2-G3 Ms. Lulu	Wiffle Ball 洞洞球 (20) Ms. Nicole
Golf 鸿运高尔夫球 (10-20) 3980元	Archery 射箭 (12) Mr. Tyrone		Jumping Rope 趣味跳绳 Ms. Sally (12)
Toots Science 托特科学 (6-12) 3000元	Team Building -Make it Happen 智囊团 Mr. Jonathan (12)		

- Green blocks are paid After School Activities. Fee is the total for 15 weeks.
绿色框代表收费课外活动、价钱是15周总费用。
- Yellow blocks are offered for free by Sias IS teachers.
黄色框代表可免费选项。

Sias IS Free Activity Descriptions

西亚斯外籍学校免费课外活动简介

Tuesday	Archery 射箭 Mr. Tyrone	Practice your skills of precision and hand-eye coordination through a fun and competitive olympic activity. Can you get a bullseye? 通过有趣且有竞争力的奥运会项目，练习你的瞄准和手眼协调能力。你能正中靶心吗？
	Team Building-Make it Happen 智囊团 Mr. Jonathan	Working as a team helps us meet new challenges. We will work together to learn about experiments, games, and problem-solving. Let's make learning fun. 团队合作帮助我们迎接新的挑战。我们一起学习实验和游戏，学习解决问题，让我们的学习变得有趣。
Wednesday	Music Appreciation 音乐欣赏 Ms. Monica	Students will be working with a Chinese music teacher to learn about Chinese music instruments, games, folk songs, dance, and more! 学生将与中方音乐老师一起学习中国乐器、游戏、民歌、舞蹈等！
	Music Appreciation 音乐欣赏 Ms. Lulu	Students will be working with a Chinese music teacher to learn about Chinese music instruments, games, folk songs, dance, and more! 学生将与中方音乐老师一起学习中国乐器、游戏、民歌、舞蹈等！
Thursday	Full S.T.E.A.M Ahead 探索S.T.E.A.M世界 Ms. Shakenya	Be creative and complete hands on activities with a weekly STEAM challenge. 发挥创造力和主观能动性完成本周的STEAM挑战吧！
	Imagine It 你想象吧 Ms. Liz	Use your creativity to explore the wonderful world of arts and crafts. We will use color, shapes, and textures to create our own masterpieces. 运用创造力探索艺术和手工艺品的奇妙世界。我们将使用颜色、形状和纹理来创造我们自己的杰作。
	Wiffle Ball 洞洞球 Ms. Nicole	Learn the basics of America's favorite pastime: baseball! Wiffle ball is a kid-friendly version of baseball where students will learn how to hit, catch, and run the bases. Batter up! 美国最受欢迎的运动：棒球！洞洞球是一款儿童友好型棒球，学生将学习如何击球、接球和跑垒。振作起来！
	Jumping Rope 趣味跳绳 Ms. Sally	We will be learning diffent ways to jump rope and even some different jump rope games, songs, and activities. Let's hop, skip, and jump our way to fun! 我们将学习不同的跳绳技巧，学习不同的跳绳游戏、歌曲和活动。让我们蹦蹦跳跳，一路跳跃着玩吧！

Sias IS Swim Program



西亚斯外籍学校游泳项目

Swim activity will be held **Monday-Thursday from 3:15-4:15**
One lesson each week.

Price: 3000yuan/15 weeks

Open to Early Years Students

游泳活动时间: **每周一到周四 3:15—4:15**

课次: **每周1次**

价格: **3000元/15周**

招生年龄: **3-6岁**



Course introduction

Sias IS has established a strong alliance with Haber Swim Club. Haber is a professional children's established in 2014. Habor emphasizes research-based, safe, and happy approaches to learning. Haber will bring their advanced teaching strategies and coaching team to provide Sias IS with the best program for children to learn swimming skills, water safety, water education, and much more.

西亚斯外籍学校游泳项目, 是与哈珀游泳俱乐部强强联合, 引进哈珀先进教学理念与教练团队, 全面教授孩子游泳技能、水中安全、水中教育等多方面的内容。哈珀是专业儿童游泳学校, 始于2014年, 专注于为0-12岁孩子提供科学、安全、快乐的游泳教学课程。



Special features

1. Swim students will complete a self-rescue course to develop the skills needed to keep themselves safe and avoid accidents.
2. Students will join in the "Haber Cup" with other Haber Swim Club members and experience an authentic swim competition environment.

- 1、专属自救课程, 教授孩子学习水中自救能力, 避免意外发生。
- 2、与哈珀会员一起, 参与“哈珀杯”游泳赛事, 感受专业的比赛氛围。





郑州郑东新区西亚斯外籍人员子女学校
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU

BALANCE BIKE CLASS

滑步车活动课



招募名额：12个

上课时间：每周一或周三

收费标准：1500元/15课时（需要家长自行配齐安全护具）

课程介绍

This activity will promote early childhood gross motor skills through the excitement of learning about racing, athletics, competition, sensory training, discipline, and healthy competition. Coaches will use proven children's psychology methods to foster confidence, determination, emotional control, relaxation.

课程包含竞速、竞技骑行技巧以及比赛强化训练等技能课程；完美的融入感统训练、正面管教、少儿心理学等素质课程。

本次课程旨在提升孩子的身体素质；培养还嘴的自信心、竞赛意识、抗挫能力、抗压能力等体育竞技精神。



郑州郑东新区西亚斯外籍人员子女学校
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU

SIAS IS FOOTBALL PROGRAM

西亚斯外籍学校足球项目

2022

运动天性 与生俱来
Born to Play



Every student player will be provided with a T-shirt and a football.

所有学生球员都会提供一件训练T恤衫和一个足球

Football training will be held on Monday & Tuesday from 3:15-4:15pm.

Monday: Grade 3 and above

Tuesday: Kindergarten, Grade 1 and Grade 2

Price: 3600 yuan /15 weeks

训练时间：每周一和周二下午3:15-4:15

周一：三年级及以上学生

周二：幼儿园大班，一年级和二年级学生

价格：3600元/15周



David Webber

大卫教练

Nike Sports Camps football program is designed to develop players technical football skills but also teach them physical, social and psychological skills needed in football. BORN TO PLAY is our philosophy.

Coach David, originally from England has 13 years' experience coaching football from beginners through to advanced teams. Through fun training activities and match play each player will be given the chance to develop their skills and develop a love for football!

耐克运动营足球项目致力于提高球员的足球综合技战术能力，同时发展球员的身体素质、社交能力，促进球员心智成长。“运动天性，与生俱来”是我们的理念。

大卫教练来自英国，13年的足球执教生涯，无论是对初学者还是对专业球队都有着丰富的经验。通过愉快且有针对性的环节和充分的比赛让球员逐渐掌握各项足球技术，同时培养对足球的热爱！



郑州郑东新区西亚斯外籍人员子女学校
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU

Ping Pong Activities

乒乓球课外活动



Course Introduction 课程介绍

In this activity, students will learn from the best coaches in Henan about the technique, form, and strategy needed to play ping pong. Coaches will use proven strategies to improve each player's skills and understanding of the game. Over the next term, students will also increase agility, reflexes, and stamina. Sign up today and learn what it takes to be the best player on the "table."

在这项活动中，河南最好的教练教授学生乒乓球规则、策略以及一流的乒乓球技能。教练会采用行之有效的教学方法来提高学生的球技并让学生理解比赛。下学期，学生会在这项运动中提高自我灵活性、反应力和耐力。今天开始报名让孩子学习如何成为“球桌上最好的乒乓球员”！

Course Time 课程时间

Ping Pong activities will be held once a week.
乒乓球课外活动 一周一次

G3 and above
on Monday's from 3:15-4:15.
三年级及以上
周一 3:15-4:15

KG-G2
on Tuesday's from 3:15-4:15.
幼儿园、一年级、二年级
周二 3:15-4:15

Price 收费标准

2250yuan/15 weeks/15lessons
2250元/15周/15课时



Improv Drama Lab.

戏剧盲盒

实验室

玩耍

故事

角色扮演

合作

社会交往

爱护动物

招募对象：K~G2

每班限额8~12人

时间：周一

费用：3000/15个课时

招募啦

你是喵星人
吗？每只猫都只有一个名字，你见过
有12个名字的神秘
猫吗？

Kitten With Twelve Names

In a busy metropolis where people are always busy for work and study, even neighbors with whom we meet regularly may hardly know one another's names. As for children it is only a limited period of time that they can engage with nature. And yet, the presence of a cat awakens people's curiosity and passion for the world. Through its companionship, disappearance, searching, and recovery, we shall shatter unfamiliarity and indifference by slowing down, paying attention to and sharing beauty in our lives with others. If a cat is able to avail us of such love, is there anything we could do in return? What happened in the end, come in the Lab, create your own story with the Kitten ...



郑州郑东新区西亚国际外国语学校
ZHAO INTERNATIONAL SCHOOL OF ZHENGZHONG NEW DISTRICT, ZHENGZHOU



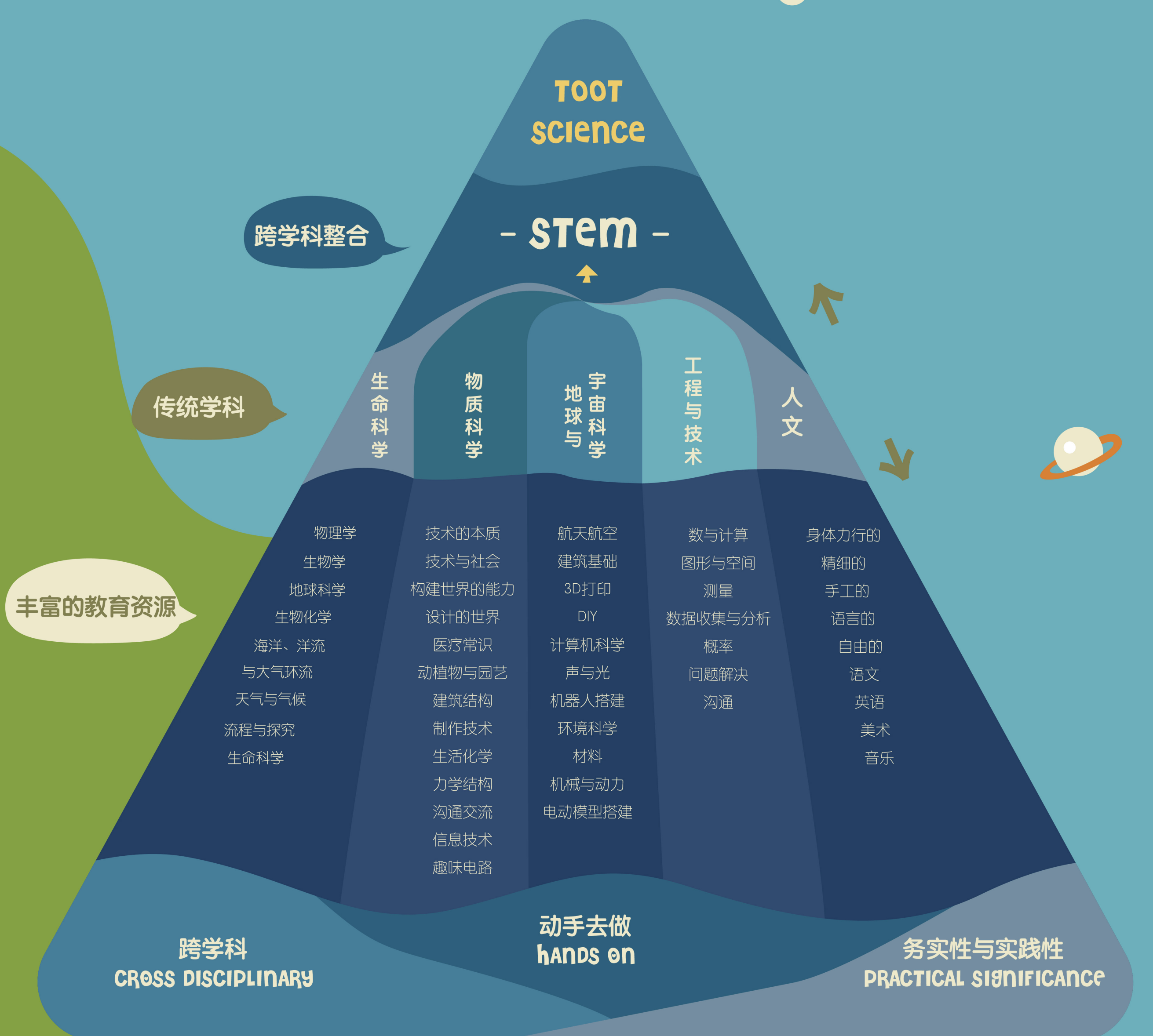
绘生活戏剧中心
HSH Drama Center
以戏剧的方式做教育

Primary School STEM Class



小学STEM课程

- Date&Time 3:15pm-4:15pm Monday
日期&时间 周一 3:15pm-4:15pm
- 15课时 15周 价格3000元
(含实验材料费，教材与实验服)



品牌介绍

于2014年创立TOOT SCIENCE托特科学，旨在打造国内最好的STEM教育品牌
为中国的STEM学习者,提供与世界同步的教育理念和教育资源
以“跨学科、动手做、实践性”的核心教育理念
全球STEM领域的专家、专业团队合作，为学习者提供优质的STEM课程



郑州郑东新区西阳国外籍人员子女学校
ZHAOZHONGDONGXINQU XIYANGGUO FOREIGN NATIONALITY CHILDREN'S SCHOOL



鸿运高尔夫俱乐部
HONGYUN GOLF CLUB

高尔夫特长班 开课啦

高尔夫特长班开始招生啦

·招生班级·

KG-G2和G3以上
每个班10-20位学生

·上课时间·

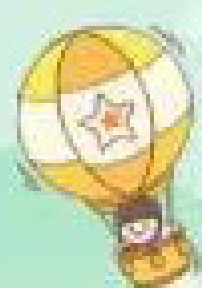
KG-G2周一3:15-4:15
G3以上周二3:15-4:15

·收费标准·

3980元/学期（15课）



VIPLINE 0371+ 5528 8886/7



鸿运·龙湖一号高尔夫运动中心（室内）
河南实验·鸿运高尔夫运动中心（室内）
鸿运·名门高尔夫练习场（室外）

地址：郑东新区龙湖中环路九如东路
地址：郑东新区农业东路天瑞街
地址：九州路与锦荣路名门紫园内



郑州郑东新区西亚斯外籍人员子女学校
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU

GAME OF GO BEGINNER CLASS 围棋启蒙班

Course objectives 课程目标

In this beginner Game of Go class, we will use stories, nursery rhymes, and cartoons to understand the history and etiquette behind this traditional game. During this 15-week term, we will learn the basic rules and skills to make playing the Game of Go fun and strategic.

本期围棋启蒙班课程会通过故事、儿歌、卡通形象等方式，学习围棋的基础知识从围棋的起源、下棋的基本礼仪、吃子的基本方式共15节课程内容。使孩子们掌握下棋的基本技巧。

Course object 课程对象

4.5-6 year olds

4.5-6岁幼儿

Class time 课程时间

Mondays 3:15-4:15 PM

每周一下午3:15-4:15

Price 收费标准

1500yuan/15 weeks

1500元/15课时

(Includes a Game of Go set, rulebook, and uniform)

(包含围棋一套，教材，和国服)





郑州郑东新区西亚斯外籍人员子女学校
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU



ASA SCHEDULE

课后活动课程时间表

Upper Elementary 高年级阶段
(Q3)

Sias IS Upper Elementary ASA Schedule Q3

西亚斯外籍学校高年级课后活动课程时间表 Q3

Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四
Nike Soccer 耐克足球俱乐部 (12) Coach David 3600元	Sias Basketball 西亚斯篮球队 Coach Kalu (16) *this ASA meets Tues & Thurs 一周两次 周二和周四 3000元	Music Appreciation 音乐欣赏 *Grade 3 三年级	Sias Basketball 西亚斯篮球队 Coach Kalu (16) *this ASA meets Tues & Thurs 一周两次 周二和周四 3000元
Ping Pong 辉煌乒乓球 (12) 2250元	Golf 鸿运高尔夫球 (10-20) 3980元		Improv Drama Lab 戏剧盲盒实验室 (12) 3000元
Badminton 侨飞羽训 (12) 2070元	Chinese Geography 中国地理 Ms. Echo (16)	Orchestra 乐器训练 *Grade 4 and above 四年级以上	Isn't it puzzling? 奇思妙想 Ms. TJ (12)
Cardboard Creations 纸板创作 Mr. Kerrigan (12)	Songwriting 作曲 Ms. Callan (12)		Quiet Time 自习室 Ms. Knobel (16)

Green blocks are paid After School Activities. Fee is the total for 15 weeks.
绿色框代表收费课外活动、价钱是15周总费用。

Yellow blocks are offered for free by Sias IS teachers.
黄色框代表可免费选项。

Sias IS Free Activity Descriptions

西亚斯外籍学校免费课外活动简介

Monday	Cardboard Creations 纸板创作 Mr. Kerrigan	If you can imagine it, you can create it with cardboard! 只要你敢想，就没有用纸板做不出来的东西
Tuesday	Chinese Geography 中国地理 Ms. Echo	Come along with us on a journey through the mountains, along the rivers, and exploring the cities of China. We will discover the unique and beautiful features of Chinese geography. 跟我们一起开启山川之旅，探索中国的城市吧。发现中国独特而美丽的地理特征。
	Songwriting 歌曲创作 Ms. Callan	Have you ever wanted to write your own song? Don't know where to start? Come join Songwriting and learn the secrets to writing a hit! 你是否想过创作自己的歌？但是不知道从哪里开始？快来加入歌曲创作，学习创作热门歌曲的秘诀吧！
Wednesday	Music Appreciation 音乐欣赏 (G3)	Students will be working with a Chinese music teacher to learn about Chinese music instruments, games, folk songs, dance, and more! 学生将与中方音乐老师一起学习中国乐器、游戏、民歌、舞蹈等！
	Orchestra 乐器训练 G4以上	Students will choose an instrument to play in beginning band or orchestra. 学生可以选择一种乐器在初创乐队或管弦乐队中演奏。
Thursday	Isn't it puzzling? 奇思妙想 Ms. TJ	Different puzzle types to have fun with! Are you ready for the challenge? 不同类型的益智游戏！你准备好迎接挑战了吗？
	Quiet Space 自习室 Ms. Knobel	Need a space to relax or get things done? Take a break from your busy, noisy day. Come to quiet space to read, draw, or do homework. 需要一个放松或学习的空间吗？在忙碌、嘈杂的一天中休息一下。到安静的地方来读书、画画或做作业。



郑州知东新区西亚斯外籍人员子女学校
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU

SIAS IS FOOTBALL PROGRAM

西亚斯外籍学校足球项目

2022

运动天性 与生俱来
Born to Play



Every student player will be provided with a T-shirt and a football.

所有学生球员都会提供一件训练T恤衫和一个足球

Football training will be held on Monday & Tuesday from 3:15-4:15pm.

Monday: Grade 3 and above

Tuesday: Kindergarten, Grade 1 and Grade 2

Price: 3600 yuan /15 weeks

训练时间：每周一和周二下午3:15-4:15

周一：三年级及以上学生

周二：幼儿园大班，一年级和二年级学生

价格：3600元/15周



David Webber

大卫教练

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郑州郑东新区西亚斯外籍人员子女学校

SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU



Sias is Badminton Program



西亚斯外籍学校羽毛球项目

Badminton activities will be held on Monday from 3:15–4:15.

Price: 2070 yuan/15 weeks.

Open to students third grade and above.

训练时间：每周一下午3:15–4:15

价格：2070元/15周

学员要求：三年级以上

In this activity, we will learn the basic movements, rules, steps for badminton. We will also develop physical fitness, skills training, and games. Students will cultivate good habits, a positive attitude, and the “never give up” spirit of sports.

通过羽毛球基本动作、基本规则、基本步伐学习以及体适能训练和模拟比赛。让孩子们增强体质、培养良好的习惯，塑造积极向上永不放弃的体育精神。



郑州郑东新区西亚斯外籍人员子女学校
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU

Sias IS Basketball Program



西亚斯外籍学校篮球项目

Every student athlete will be provided with a school uniform.
所有学生队员都会提供队服

Basketball practice will be held on Tuesday & Thursday from 3:15-4:15.

Price: 3000 yuan/15 weeks

Open to students from Grade 3 and above

篮球训练时间：每周二和周四下午3:15-4:15

价格：3000元/15周

招生对象：三年级以上学生



Coach Kalu
卡路教练

Coach Kalu, a certified basketball coach, has been playing and coaching basketball for as long as she can remember. She has coached multiple championship teams at city tournaments, public schools, and international schools. Her experience developing individual and team skills will be fundamental in providing Sias IS with an excellent basketball program. In addition to weekly practices and intramural tournaments, we will be inviting other basketball teams to compete with us. Student athletes will be expected to grow in their individual skills of dribbling, shooting, and passing as well as their team skills of strategy, offense, defense, and collaboration.

卡路教练是一名优秀的篮球教练，从记事起就一直在打篮球和指导篮球运动。她曾执教多个城市篮球锦标赛、公立学校和国际学校的冠军球队。她发展个人和团队技能的经验将为西亚斯外籍学校打造一个优秀的篮球项目提供有利基础。除了每周的训练和校内联赛，我们还将邀请其他篮球队与我们比赛。学生运动员的运球、投篮和传球的个人技术将得到提高，同时他们的战术打法、进攻、防守和团队协作能力也将得到锻炼和增长。



郑州郑东新区西阳国外籍人员子女学校
ZHAOZHONGDONGXINZHENG DISTRICT XIYANGGUO FOREIGN NATIONALITY SCHOOL



鸿运高尔夫俱乐部
HONGYUN GOLF CLUB

高尔夫特长班 开课啦

高尔夫特长班开始招生啦

·招生班级·

KG-G2和G3以上
每个班10-20位学生

·上课时间·

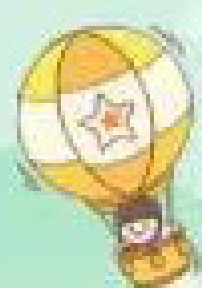
KG-G2周一3:15-4:15
G3以上周二3:15-4:15

·收费标准·

3980元/学期（15课）



VIPLINE 0371+ 5528 8886/7



鸿运·龙湖一号高尔夫运动中心（室内）
河南实验·鸿运高尔夫运动中心（室内）
鸿运·名门高尔夫练习场（室外）

地址：郑东新区龙湖中环路九如东路
地址：郑东新区农业东路天瑞街
地址：九州路与锦荣路名门紫园内

Improv Drama Lab.

戏剧盲盒 实验室

行动

友谊

合作

社会交往

冲动

兴奋

招募啦

你是戏精本精吗？
你知道戏剧盲盒里藏着
怎样的魔法世界吗？拥
有好奇心就打开这扇门。

招募对象：G3~G6

每班限额8~12人

时间：周四

费用：3000/15个课时



In Sias IS you are instructed to be leader-material, but it is absolutely fine to be followers sometimes. Here you may choose to become Me or We as your heart leads. Welcome to the Improv Drama Lab., we look forward to listening and performing your story.



郑州郑东新区西亚斯外籍人员子女学校
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU



绘生活戏剧中心
HSH Drama Center

以戏剧的方式做教育



郑州郑东新区西亚斯外籍人员子女学校
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU

Ping Pong Activities

乒乓球课外活动



Course Introduction 课程介绍

In this activity, students will learn from the best coaches in Henan about the technique, form, and strategy needed to play ping pong. Coaches will use proven strategies to improve each player's skills and understanding of the game. Over the next term, students will also increase agility, reflexes, and stamina. Sign up today and learn what it takes to be the best player on the "table."

在这项活动中，河南最好的教练教授学生乒乓球规则、策略以及一流的乒乓球技能。教练会采用行之有效的教学方法来提高学生的球技并让学生理解比赛。下学期，学生会在这项运动中提高自我灵活性、反应力和耐力。今天开始报名让孩子学习如何成为“球桌上最好的乒乓球员”！

Course Time 课程时间

Ping Pong activities will be held once a week.
乒乓球课外活动 一周一次

G3 and above
on Monday' s from 3:15-4:15.
三年级及以上
周一 3:15-4:15

KG-G2
on Tuesday' s from 3:15-4:15.
幼儿园、一年级、二年级
周二 3:15-4:15

Price 收费标准

2250yuan/15 weeks/15lessons
2250元/15周/15课时

