

WAYNE  
**RESA**  
Leading... Learning for All

SERVICE  
LEADERSHIP  
COLLABORATION  
EXCELLENCE

A photograph of a man and a young child laughing together. The man is wearing a black jacket and the child is wearing a maroon jacket and blue jeans. The background is a blurred outdoor setting.

**T.E.Ch.**  
Ready for a  
New Beginning!  
Teaching Early Childhood



*These materials were developed under a grant awarded by the Michigan Department of Education.*



SERVICE  
LEADERSHIP  
COLLABORATION  
EXCELLENCE



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**November 2021**



# How to Use This Guide

This interactive guide has information and tools for young children ages 3-5, their families, and their educators.



Links in blue are intended for children.



Links in orange are intended for families.



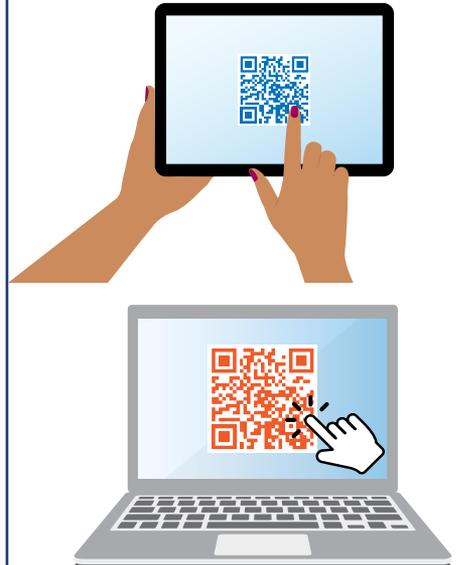
Links in green are intended for educators.

Now with  
clickable  
links!

If you're reading a paper copy, **scan** the QR codes with your smart phone or tablet:



If you're reading a digital copy, **tap or click** on the QR codes:



# Transition



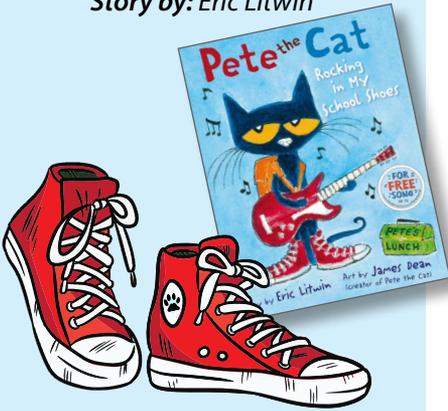
## For Children

### *Pete the Cat: Rocking in My School Shoes*

#### Read Aloud

Created and Illustrated by:  
James Dean

Story by: Eric Litwin



## For Families



**A Guide for Parents:  
Five Tips  
to Prepare  
Your Child for  
Preschool**



**Positive  
Parenting Tips  
for Healthy  
Child  
Development**

Parents can encourage developmental milestones with positive parenting tips.



## For Educators



### Preschool Readiness Activities for Teachers and Parents



Share activities on social interaction, language, literacy with parents on home visits and in conferences

# Literacy

## Helping children engage with language



### For Children

#### Sandbox Search Alphabet Game for Children

Help Abby learn letters and sound in her Magical Sandbox!



### For Educators

#### Teaching Strategies

8+ Ways to Support Literacy Skills Development



#### Reading Picture Books (Video)



### For Families

#### Reading Tips for Parents of Preschoolers

The early years are critical to developing a lifelong love of reading. Learn tips that offer some fun ways you can help your child become a happy and confident reader. Try a new tip each week.

#### Tips for Reading English



#### Tips for Reading Spanish



#### Tips for Reading Arabic



# Math

## Helping children engage with numbers



### For Children

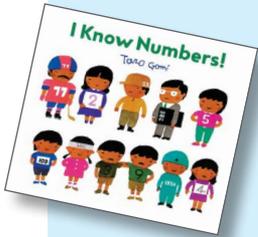
#### *I Know Numbers!*

#### Read Aloud

*Written and Illustrated by:*

*Taro Gomi*

In this book, children will learn the significance of numerals in their everyday lives.



### For Families



#### How Kids Make Sense of Numbers

Having “number sense” means knowing what numbers are and how they are used. Here are five important “number sense” skills kids need to develop.



#### Math at Your Fingertips: Songs and Fingerplays for Preschoolers

Sharing these songs in and fingerplays in the free download is a great way to bring math concepts of numbers sense and counting to life!



### For Educators



#### Subitizing Small: Group Lesson

A quick matching cards game with dot

cards is a fun way for preschoolers to practice recognizing small sets without counting—a key skill for building visual number sense.



#### Quantity Cards for Subitizing

These quantity cards use dots, five-frames,

lines, and fingers for the quantities one to five. Using these for games and activities emphasizes subitizing, the ability to tell the number of objects in a set quickly, without counting.

# Science

Helping children engage with the world around them



## For Children

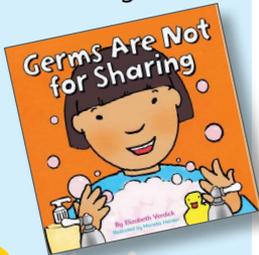
### *Germ*s Are Not for Sharing

#### Read Aloud

Written By: Elizabeth Verdick

Illustrated by: Marieka Heinlen

Achoo! Cough! What to do?  
In preschool and everywhere,  
children need to learn that germs  
are not for sharing!



## For Families



### COVID-19 Germ Experiment for Kids

Check out this amazing germ  
experiment that you can do with  
simple household items like:  
pepper, water and dish soap!



## For Educators



### Preschool STEAM: Investigating Leaves

Teachers: Enjoy implementing this  
textured leaf rubbing activity that  
incorporates science, math and art!



# Outdoor Fun

## Helping children engage with nature



### For Children

#### Goodbye Summer, Hello Autumn

#### Read Aloud

*Written and Illustrated by:*

*Kenard Pak*

Join a brother and a sister as they explore nature and take a stroll through their twinkling town, greeting all the signs of the coming season of autumn.



#### Leaf Rubbing Activity



Grab some leaves, crayons and paper to create an autumn leaf rubbing collage!



### For Families

#### Nature Bingo



Time to get out your binoculars and magnifying glasses! It's time

to go on a nature walk and don't forget to take your nature bingo card!



### For Educators



#### Outdoor Play and Learning: Loose Parts



Get ready to bring out blocks, sticks, scarves and other loose parts to

foster children's outdoor play and imagination!

# Movement

Helping children connect with their bodies



For Children

**Pete the Cat:**  
**I Love My White Shoes**

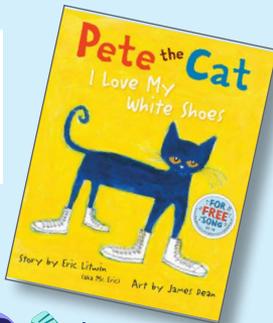
**Read Aloud**

*Created and Illustrated by:*  
*James Dean*

*Story by:* Eric Litwin

Pete the Cat goes walking down the street wearing his brand-new white shoes. Pete keeps movin' and groovin' and singing his song... because it's all good.

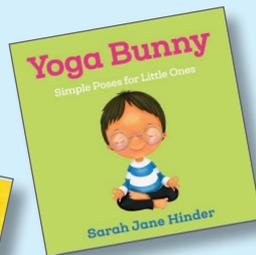
Kids will love to dance and interact with this story.



**Yoga Bunny**

*Written and Illustrated by:*  
Sarah Jane Hinder

In this Yoga for Kids video, Yoga Bunny invites you and your little one on a woodland yoga adventure with ten adorable forest critters. Bunny, raccoon, owl, and deer—the gang's all here!



**Tree Pose: The Cosmic Kids  
Yoga Pose Universe!**

This pose is a real favorite!



# Movement

Helping children connect with their bodies



## For Families

**Have a Blast with This Family Fun Cardio Workout!**

This workout is the perfect way for the family to get active together.



## For Educators



### Yoga for Teachers— Yoga with Adriene

Thank you for all you do, teachers! This practice is about taking care of you, recharging your batteries, nourishing yourself so you have energy to guide, serve, teach and inspire!



# Mindfulness

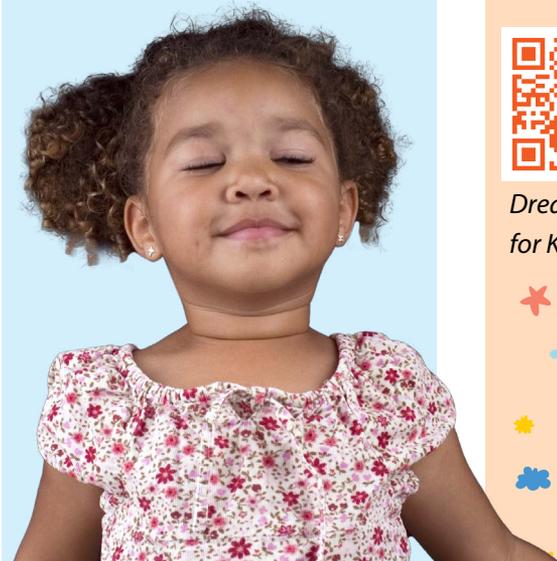
## Slowing down and being present



### For Children

#### Count, Breathe, Relax

The Count teaches Cookie Monster a calming breathing exercise.



### For Families

#### Calm



Calm is all about mindfulness, the practice of paying attention to our thoughts, emotions and experiences without judgement. When we're able to maintain moment-to-moment awareness, we can make the choices that best serve us in life.



#### Sweet Dreams: Blowing Bubbles



Get ready to send your little one off to a good night's sleep with *Sweet Dreams: Bedtime Visualizations for Kids*.



# Mindfulness

## Slowing down and being present

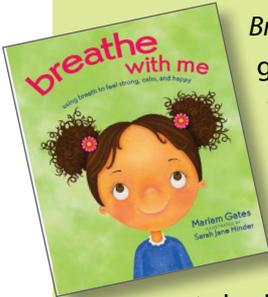


For Educators

### *Breathe with Me* Read Aloud

*Written by: Mariam Gates*

*Illustrated by: Sarah Jane Hinder*



*Breathe with Me* guides children through six guided breathing meditation exercises to

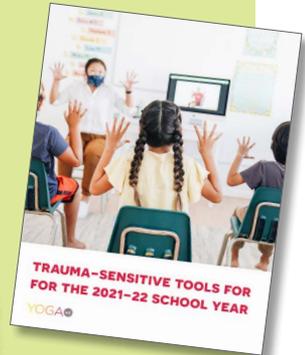
promote body awareness, calm anger, feel stronger in new situations, energize in the morning, and relax at bedtime.



### Trauma-sensitive Tools for the 2021-22 School Year



This is a helpful tool to use at home or in the classroom. Using a chair is not required.



# Social Emotional Development and Learning

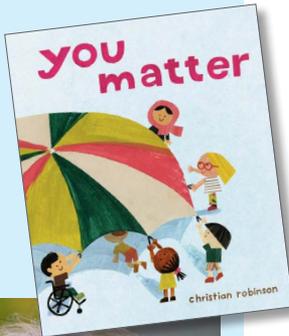


## For Children

### You Matter Read Aloud

*Written and Illustrated by:*  
*Christian Robinson*

Young readers will be drawn into the luminous illustrations inviting them to engage with the world in a new way and see how everyone is connected, and that everyone matters.



## For Families

### Family At-Home Problem Solving Information and Solution Cards



This tool is called the Solution Kit that helps teach children to

recognize a situation as a problem and then try different solutions. These visuals can be used as reminders with relevant situations that may occur at home.

### Solution Kit Visual Cards



English



Spanish



# Social Emotional Development and Learning



For Educators

## Problem Solving Story, Emotion Playdoh Cards and Classroom Solution Cards

Educators can use this story, classroom solution cards and feeling faces playdoh mats to teach students how they can solve problems in the classroom.



English



Spanish

## Classroom Solution Kit Visual Cards



## Feeling Faces Playdoh Activity Mats



# Additional Resources

## Great Start Wayne Collaborative

Great Start Wayne provides resources and information to Wayne County families about child development and early childhood.



## Great Start Readiness Program (GSRP)

GSRP is a Michigan state-funded preschool program for four-year-old children.



## Talking Is Teaching

Learning begins at birth! When you talk, read, and sing with your child—even before they can use words—you're building their brain and helping to prepare them.



## Great Start Readiness Program—Wayne RESA



# Additional Resources

**Wayne RESA GSRP  
Facebook**



@WayneRESAGreatStartReadinessProgram



**Wayne RESA GSRP  
Instagram**



@wayneresagsrp



**FREE  
PRESCHOOL!**

**Call  
1-833-FourYearOld  
(1-833-368-7932)**

