

# Viewmont 2022 Season Track Schedule

**Outdoor Practices will begin Monday, February 28<sup>th</sup> at 2:45 PM on the track**

- February 10<sup>th</sup>                      Parent meeting in VHS Library                      5:00 pm
  - February 28<sup>th</sup>                      First day of practice- VHS track                      2:45 pm
    - *March 11<sup>th</sup>*                      *Track Club (optional meet) Snow Canyon Invitational*                      2:00 pm
  - March 16<sup>th</sup>                      Northridge, Viewmont @ Box Elder HS                      3:00 pm (bus TBD)
  - **March 23<sup>rd</sup> & 24<sup>th</sup>**                      **Davis District Championships @ Syracuse HS**                      **3:00 pm (bus TBD)**
    - *March 26<sup>th</sup> (Saturday)*                      *Junior High Fundraiser Track Meet*                      *9am-12pm*
- Spring Break April 4<sup>th</sup> through April 8<sup>th</sup> Practices to be Announced*-----
- *April 13<sup>th</sup> Junior High Meet (Bountiful, Centennial, South Davis, Centerville) 3:15 (early out to set up)*
  - **April 14<sup>th</sup>**                      **Region Relays @ Woods Cross HS**                      **3:00 pm**  
 (4x1, 4x2, 4x4, 4x8) (Medley, 110h, 4x2 B, 4x4 B, 4x8 B, 1600), 4 contestants for field events
  - **April 16<sup>th</sup>**                      **Grizzly Invite @ Logan HS**                      **8:00 am (bus TBD)**
    - *April 20<sup>th</sup> Junior High Meet. (Bountiful, Centennial, Millcreek, Shoreline, South Davis) 3:15 (early out to set up)*
  - April 21<sup>st</sup>                      Bonneville, Bountiful @ VHS                      3:00 pm
  - **April 22<sup>nd</sup>**                      **Wildcat Invitational @ Woods Cross HS**                      **3:00 pm**
  - April 28<sup>th</sup>                      JV @ Box Elder HS                      3:00 pm (bus TBD)
  - **April 30<sup>th</sup>**                      **Davis Invitational @ Davis HS**                      **3:00 pm**
  - May 5<sup>th</sup>                      Bonneville, Box Elder @ VHS                      3:00 pm
  - **May 6<sup>th</sup>**                      **Sentinel Twilight @ Mtn Ridge HS**                      **2:30 pm (bus TBD)**
  - **May 11<sup>th</sup> & 12<sup>th</sup>**                      **Region Championships @ Woods Cross HS**                      **3:00 pm**
  - May 17<sup>th</sup>                      JV Region- All Schools @ Bonneville HS                      3:00 pm
  - **May 19<sup>th</sup> & 21<sup>st</sup>**                      **State Championships @ BYU**                      **All Day Both Days**

BOLD ARE STATE QUALIFYING MEET. These dates are subject to change Coaches will notify prior to changes.  
 We will be hosting several Junior High meets all athletes must help

## TRACK AND FIELD SUGGESTED TIME SCHEDULE FOR REGION MEETS

3:00	Girls Discus	Boys to follow
	Girls High Jump	Boys to follow
	Girls Javelin	Boys to follow
	Boys Shot Put	Girls to follow
	Boys Long Jump	Girls to follow

3:20  
Girls 4x800 Relay  
Boys 4x800 Relay

Girls 100 M Hurdles  
Boys 110 M Hurdles

Girls 100 M Dash  
Boys 100 M Dash

Boys 1600 M Run  
Girls 1600 M Run

Girls 400 M Relay  
Boys 400 M Relay

Girls 400 M Dash  
Boys 400 M Dash

Girls 300 M Hurdles  
Boys 300 M Hurdles

Girls 800 M Run  
Boys 800 M Run

Girls 4x200 Relay  
Boys 4x200 Relay

Girls 200 M Dash  
Boys 200 M Dash

Boys and Girls 3200 M Run (Combined)

Girls 4x400 M Relay  
Boys 4x400 M Relay

Events will be moved ahead of time schedule if possible. Athletes should report to the starting line or their respective field events areas by second call or they will be scratched from the event.

\*Boys and Girls 3200m Run may be separated if there are enough participate

## **MEET ADDRESS LIST**

- Box Elder High School 380 S 600 W, Brigham City
- Bonneville High School 251 E 4800 S, Washington Terrace
- Brigham Young University 1700 N Canyon Rd, Provo
- Davis High School 325 S. Main Street, Kaysville
- Logan High School 162 W 100 S, Logan
- Mountain Ridge High School 14100 Sentinel Ridge Blvd, Herriman
- Snow Canyon High School 1385 N 2400 W, St. George
- Syracuse High School 665 So 2000 West, Syracuse
- Woods Cross High School 600 W. 2200 So., Woods Cross