



The School District *of* Haverford Township

MENTAL HEALTH RESOURCE GUIDE

**This booklet contains a list of various local mental resources and is intended to be used only as a guide. Please refer to the sections of the guide entitled, "Find Help and Treatment" from the Commonwealth of PA, for additional information about how to locate and connect with mental health services in the area.*

Disclaimer: This information is provided as a resource to the community only. The School District of Haverford Township does not endorse nor recommend any specific agency, service, or support. The School District is not financially responsible if a community member should elect to engage any agency, services or supports.

MENTAL HEALTH RESOURCE GUIDE

FIND HELP AND TREATMENT-

COMMONWEALTH OF PENNSYLVANIA (<https://www.pa.gov/guides/mental-health/#FindHelpandTreatment>)

Looking for mental health help? There are several ways to start your search.

Get Connected to Support-

- **Pennsylvania's Support & Referral Helpline** connects Pennsylvanians with mental and emotional support and to local resources. Call [855-284-2494](tel:855-284-2494) (TTY: [724-631-5600](tel:724-631-5600)).
- **Call 2-1-1** to reach the United Way and get connected to help in your area. Search crisis services, hotlines, and warmlines near you on the [United Way of Pennsylvania website](#).

Find a Facility/Specialist-

- Find the help that works for you. Use [Psychology Today's search engine](#) or [SAMHSA's search tool](#) to find therapists, treatment facilities, health care centers, support groups, and more.

For Medicaid Patients-

- If you have Medicaid coverage in Pennsylvania, you can [find an in-network provider](#) by clicking on the Behavioral Health Managed Care Organization (BH-MCO) listed for your county.

You're Entitled to Treatment-

- [The Pennsylvania Department of Insurance is here to help you](#) if you are having trouble with the mental health benefits covered by your insurance. Call them at [877-881-6388](tel:877-881-6388) for assistance.

FIND HELP AND TREATMENT-

COMMONWEALTH OF PENNSYLVANIA (<https://www.pa.gov/guides/mental-health/#FindHelpandTreatment>)

Don't Have Health Insurance?

You might qualify for Medical Assistance, also known as Medicaid. Unlike many other health insurance options, you can enroll any time. If you do not know if you are eligible, you can still apply.

There are four ways to apply:

1. **Online:** Using the COMPASS website, apply for Medicaid (and other services that can help you make ends meet).
 2. **By telephone:** Call 1-866-550-4355.
 3. **In-Person:** You can contact your local county assistance office (CAO).
 4. **On Paper:** You can download an application below, fill it out, and send it or drop it off to your local county assistance office. Find your county assistance office.
- Application for cash assistance, SNAP and Medical Assistance benefits (PDF)
 - Solicitud para recibir beneficios (PDF)

For Kids and Teens:

CHIP covers all kids and teens with quality health care coverage. Like Medicaid, enrollment is always open. Learn more on the CHIP website.

Know Your Options

Learn about health care options and enrollment availability on the Department of Insurance website.

Crisis Mental Health Services

Bryn Mawr Hospital-ER

Social workers/clinicians on staff to complete level of care assessments

130 South Bryn Mawr Avenue

Bryn Mawr, PA 19010

(484) 337-3000

Crozer Chester Medical Center

1 Medical Center Boulevard

Chester, PA 19013

(610) 447-7600

Foundations Behavioral Health

833 East Butler Avenue

Doylestown, PA 18901

(215) 345-7151

Mercy Fitzgerald Hospital

1500 Lansdowne Avenue

Darby, PA 19023

(610) 237-4210

Delaware County Crisis Connections Team-24/7MOBILE CRISIS UNIT

(855) 889-7827

Drug and Alcohol Services

Caron Treatment Centers

Wyomissing Location (outpatient)

845 North Park Road

Wyomissing, PA

Wernersville Location (inpatient)

www.caron.org

(844) 260-1324

Center for Families (Mental Health Services, IOP, PHP, and Teen D&A treatment)

**treat individuals ages 13-18 years old*

101 Phoenixville Pike

Malvern, PA 19355

(888) 383-0412

www.centerforfamilies.com

Ethos Treatment LLC. (Adolescent Intensive Outpatient Care)

**treat individuals ages 13-18 years old*

**Accepts most insurance plans.*

West Chester, Plymouth Meeting & Philadelphia locations

(267) 669-0300

<https://www.ethostreatment.com/adolescent>

Holcomb Behavioral Health Systems-Chimes

225 S. 69th Street

Upper Darby, PA 19082

(610) 352-8943

<https://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/>

Lower Merion Counseling-RHD

850 West Lancaster Avenue, 2nd floor

Bryn Mawr, PA 19010

(610) 520-1510

<https://www.rhd.org/program/lower-merion-counseling-and-mobile-services/>

Main Line Addiction Specialist (Adolescent Advocates)

1062 E. Lancaster Ave. #15

Bryn Mawr, PA 19010

(610) 520-7775

www.mainlineaddiction.com

Merakey (formerly NHS)

800 Chester Pike,

Sharon Hill, PA 19079

(610) 534-3636

<https://www.merakey.org/>

Mirmont Outpatient Center-Main Line Health

**Treat individuals 14 years and older*

600 Abbott Drive

Broomall, PA 19008

(484) 476-1800

<https://www.mainlinehealth.org/locations/mirmont-outpatient-center-broomall>

Roger's Behavioral Health (IOP, Partial hospitalization, Mental health & Addiction Treatment)

1 Winding Drive

Philadelphia, PA 19131

800-767-4411

www.rogersbh.org

Sanare Today (OP and IOP program to tweens (ages 8-13) in their Exton location)

728 Springdale Drive

Exton, PA 19341

(610) 344-9600

<https://sanaretoday.com>

<https://sanaretoday.com/child-tween-iop>

Serenity Behavioral Health (Mental Health & Substance use therapy for teens and young adults, ages 14-30)

145 N. Eagle Rd.

Havertown, PA 19083

(610) 446-1861

<https://www.youthserenity.com/>

Eating Disorder Services

Sarah Gibbs, MS, PhD

Looking Glass Counseling

19 Elliott Avenue

Bryn Mawr, PA 19010

(610) 357-2811

*Sees individuals 13 and older

Center for Hope & Health

63 West Lancaster Avenue, Suite 05

Ardmore, PA 19003

(610) 645-5311

<https://www.centerforhopeandhealth.com/>

Center for Psychological Services

125 Coulter venue, Suite 200

Ardmore, PA 19003

(610) 642-4886

<http://www.centerpsych.com/>

Evolve Counseling Services (Individual and Group Counseling Services)

24 Paoli Pike

Paoli, PA 19301

(484) 329-7638

-Jen Donovan

*does not take insurance, sliding fee scale available

<http://evolvecounselingpa.com>

LifeStance Health (formerly Delaware County Professional Services)

2010 West Chester Pike, Suite 314

Havertown, PA 19083

(610) 892-3800

<https://lifestance.com/>

The Renfrew Center

320 King of Prussia Rd., 2nd Floor

Radnor, PA 19087

1-800-RENFREW

<https://renfrewcenter.com/>

Seeds of Hope

1440 Russell Road

Paoli, PA 19301

(610) 580-0268

<https://seedsofhope.pyramidhealthcarepa.com/>

Grief and Loss Services

The Center for Loss and Bereavement

3847 Skippack Pike
P.O. Box 1299
Skippack, PA 19474
(610) 222-4110
<http://bereavementcenter.org/>

Linda Falasco, LCSW

17 Bishop Hollow Road
Suite D
Newtown Square, PA 19073
Call Linda Falasco
(484) 550-7979

Peter's Place

A Center for Grieving Children and Families

336 King of Prussia Road
Radnor, PA 19087
(610) 687-5150
<https://petersplaceonline.org/>

Thriveworks (In-person counseling, online counseling services and telepsychiatry)

600 North Jackson Street
Media, PA
(610) 808-9923
<https://thriveworks.com/media-counseling/>

Uplift Center for Grieving Children (formerly The Center for Grieving Children)

3300 Henry Ave. Suite 102
Philadelphia, PA 19129
(267) 437-3123
<https://upliftphilly.org/>

Individual Counseling Services

Anxiety and Agoraphobia

Treatment Center

112 Bala Ave.
Bala Cynwyd, PA 19004
(610) 667-6490
<https://aatcphila.com/>

Meg Ardizzi, LSW

107 Rutgers Ave.
Swarthmore, PA 19081
(610) 440-4695

Dr. Elizabeth Briganti

410 Lancaster Ave., Suite 4
Haverford, PA 19041
(267) 403-4235

**Specializes in Play Therapy, ADHD, OCD, Adoption, Trauma, Depression, Eating Disorders, Learning Disabilities, PTSD*

Bryn Mawr Psychological Associates

14 S. Bryn Mawr Ave., Suite 205
Bryn Mawr, PA 19010
(610) 525-4828

<https://www.brynmawrpsych.com/>

Building Bridges

36 East Front Street
Media, PA 19063
(610) 556-4011

<https://www.buildingbridgesmedia.com/>

Calm Mind Therapy (Individual and group counseling services)

27 W. Athens Avenue
Ardmore, PA 19003
(484) 416-5745

<https://www.calmmindtherapy.org/>

*Adolescent Individual therapy ages 12+

*Teen Identity Group for ages 12-18

Center for Families (Mental Health Services, IOP, PHP, and Teen D&A treatment)

**treat individuals ages 13-18 years old*

101 Phoenixville Pike
Malvern, PA 19355
888-383-0412

www.centerforfamilies.com

The Center for Pastoral Counseling

Donna Liu and Michael D'Angelo

212 W. Springfield Rd.
Springfield, PA 19064
(610) 544-1400 x. 308

<http://www.centerforpastoralcounseling.com/>

** An interfaith private practice/sliding scale*

Center for Psychological Services

125 Coulter venue, Suite 200
Ardmore, PA 19003
(610) 642-4886

<http://www.centerpsych.com/>

Child and Family Art Therapy Center

1600 Haverford Rd., Suite G-101

Havertown, PA 19041

(610) 649- 1080 ext. 1

<https://www.childandfamilyarttherapycenter.com/>

Child and Family Focus

450 Park Way Drive

Broomall, PA 19008

(610) 325-3137

<https://www.childandfamilyfocus.org/>

Cummings and Tannenbaum Psychological Services

915 Montgomery Ave., Suite 300

Narberth, PA

(610) 667-9830

<https://www.psychct.com/>

Katherine Dipaulo, LCSW

525 West Chester Pike, Suite 311B

Havertown, PA 19083

(215) 300-5933

The Horsham Clinic-(Child and Adolescent PHP-Treats ages 5 and older)

800 Parkway Drive, Suite A

Broomall, PA 19008

1-800-237-4447

<https://horshamclinic.com/programs-services/>

LifeStance Health (formerly Delaware County Professional Services)

2010 West Chester Pike, Suite 314

Havertown, PA 19083

(610) 892-3800

<https://lifestance.com/>

**Dr. Kyle Holsinger-May be available to complete same day evaluations upon request*

Lower Merion Counseling-RHD

850 West Lancaster Avenue, 2nd floor

Bryn Mawr, PA 19010

(610) 520-1510

<https://www.rhd.org/program/lower-merion-counseling-and-mobile-services/>

Main Line Counseling and Wellness Center

600 Haverford Rd., Suite 201

Haverford, PA 19041

(610) 664-2524

<https://www.mlcwellness.com/index.html>

Main Line Counseling Partners (family counseling)

1084 Lancaster Ave., Suite 204

Bryn Mawr, PA 19010

(610) 642-3359

<https://mainlinecounselingpartners.com/family-therapy/>

Main Line Therapy Solutions

Anna Lipshutz

600 Haverford Road, Suite G104

Haverford, PA 19041

(610) 649-6344

<http://mainlinetherapysolutions.com/>

MG Therapeutic Services LLC

100 West 6th Street

Suite 305

Media, PA 19063

(484) 445-4147

*accepts most insurance plans

<http://www.mg-ts.com>

Multicultural Community Family Services

7016 Terminal Square, Suite 3A

Upper Darby, PA 19082

(484) 461-8660

<http://multiculturalcommunityfamilyservices.org>

Onward Behavioral Health (formerly Life Counseling Services)

525 West Chester Pike, Suite 205

Havertown, PA 19083

(610) 644-6464

<https://obhcares.com/>

* IOP (ages 14-18) at The Light Program at Havertown location

* IOP (ages 14-18) at The Light Program for LGBTQIA+ youth at Havertown location

*PHP (ages 12-18) at The Light Program at Phoenixville location

*IOP/PHP (ages 14-18) at The Light Program at Paoli Location

Rice, DiGorio, Ripkin Counseling Associates

326 West Lancaster Avenue, Suite 211

Ardmore, PA 19003

(610) 649-2267

<https://ripkininteractivetherapy.com/>

Roger's Behavioral Health (IOP, Partial hospitalization, Mental health & Addiction Treatment)

1 Winding Drive

Philadelphia, PA 19131

800-767-4411

www.rogersbh.org

Sanare Today (OP and IOP program to tweens (ages 8-13) in their Exton location)

728 Springdale Drive

Exton, PA 19341

(610) 344-9600

<https://sanaretoday.com>

<https://sanaretoday.com/child-tween-iop>

Serenity Behavioral Health (Mental Health & Substance use therapy for teens and young adults, ages 14-30)

145 N. Eagle Rd.

Havertown, PA 19083

(610) 446-1861

<https://www.youthserenity.com/>

Springfield Psychological

920 West Chester Pike

Havertown, PA 19083

(610) 544-2110 x. 156

<https://springpsych.com/>

Dr. Richard Stern

950 E. Haverford Rd., Suite 301

Bryn Mawr, PA 19010

(215) 888-7785

<https://richardsternphd.blogspot.com/>

The Bridge

31-33 North Narberth Avenue

Narberth, PA 19072

(610) 668-1479

<http://www.thebridgenarberth.com/>

Thriveworks (In-person counseling, online counseling services and telepsychiatry)

600 North Jackson Street

Media, PA

(610) 808-9923

<https://thriveworks.com/media-counseling/>

LGBTQ+ Youth Mental Health Services

Attic Youth Center

255 South 16th Street

Philadelphia, PA 19102

(215) 545-4331

www.atticyouthcenter.org

**CHOP-Specialty Care
Gender and Sexuality Development Program**

3550 Market Street

Philadelphia, PA 19104

(267) 426-5980

<https://www.chop.edu/centers-programs/gender-and-sexuality-development-program>

Mazzoni Center (health and wellness services in LGBTQ focused environment)

1348 Nainbridge Street

Philadelphia, PA 19147

(215) 563-0652

<https://www.mazzonicenter.org/>

Papillon-Gender Wellness Center

Dr. Maureen Osborne (works with LGBTQ+ clients)

Paoli Psych. Services

412 E. King Street

Malvern, PA

(610) 647-8730

<https://www.drchristinemcginns.com/services/counseling/osborne.php>

Walnut Psychotherapy Center

1429 Walnut Street, Suite 1300

Philadelphia, PA 19103

(215) 563-7863

www.walnutpsychotherapycenter.com

Debra Weigl, LSW (works with LGBTQ+ clients)

205 North Monroe Street

Media, PA 19063

(610) 608-4376

Medical Assistance Providers

Child Guidance Resource Center

2000 Old West Chester Pike

Havertown, PA 19083

(484) 454-8700 ext. 1120 Intake (Walk-in appointments available on Mon-Fri from 9am-2pm)

<https://www.cgrc.org/>

*Extended Assessment Services

*Wraparound and Community Based Services

Child and Family Focus

450 Parkway Ave. Suite 208

Broomall, PA 19008

(610) 325-3131

www.childandfamilyfocus.org

Cynthia Conan

*accepts Medicaid

205 N Monroe St. Media, PA 19063

(610) 891-1273

Devereux Advanced Behavioral Health

444 Devereux Drive

Villanova, PA 19085

(800) 345-1292

https://www.devereux.org/site/SPageServer/?pagename=penn_devereux_community_services_admissions

Elwyn

111 Elwyn Road

Elwyn, PA 19063

(610) 891-2000

<https://www.elwyn.org/>

*Wrap Around Services

Family & Community Service of Delaware County (*accepts Medicaid)

600 North Olive Street

Media, PA 19063

(610) 566-7540

<https://www.fcsdc.org/>

Gemma Services (formerly The Village)

452 S. Roberts Rd.

Rosemont, PA 19010

(610) 525-5400

<https://gemmaservices.org/>

Holcomb Behavioral Health Systems-Chimes

225 S. 69th Street

Upper Darby, PA 19082

(610) 352-8943

<https://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/>

Lower Merion Counseling Services-RHD

**can provide counseling services to uninsured*

850 Lancaster Avenue, 2nd floor

Bryn Mawr, PA 19010

(610) 520-1510

<https://www.rhd.org/LMCMS/>

Merakey (formerly NHS)

800 Chester Pike,

Sharon Hill, PA 19079

(610) 534-3636

<https://www.merakey.org/>

*Community Based Services

Office of Behavioral Health

20 S. 69th Street, 3rd Floor

Upper Darby, PA 19082

(610) 713-2365

www.delcohsa.org

**Refer to the OBH directory for a complete list of behavioral healthcare programs and services provided to children and adolescents of Delaware County.*

http://www.delcohsa.org/mh_children/childrens_directory.pdf

Parent Support Groups

Because I Love You: B.I.L.Y

Upper Darby PA

1-888-443-4481

www.becauseiloveyou.org

Child and Family Art Therapy Center

1600 Haverford Rd., Suite G-101

Havertown, PA 19041

(610) 649- 1080 ext. 1

<https://www.childandfamilyarttherapycenter.com/>

Delaware County Family Center-Mercy Fitzgerald Campus

St. Bernard Hall, 2nd Floor

1515 Lansdowne Ave.

Darby, PA 19023

(610) 532-2811

<https://www.dciu.org/page/763>

Holcomb Behavioral Health Systems-Chimes

225 S. 69th Street

Upper Darby, PA 19082

(610) 352-8943

<https://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/>

Psychiatrists/Psychiatric Nurse Practitioner

Child Guidance Resource Center

2000 Old West Chester Pike

Havertown, PA 19083

(484) 454-8700 ext. 1120 Intake

<https://www.cgrc.org/>

Dr. Lisa Goldstein, Child Psychiatrist

Bryn Mawr, PA

(610) 527-8444

<https://lisagoldsteinmd.com/>

**Works with private insurance companies for reimbursement*

Dr. James Hetznecker

Adolescent and Pediatric Psychiatry

950 E. Haverford Road, Suite 302

Bryn Mawr, PA 19010

(610) 527-4642

<http://www.gruenbergandsommers.com/hetznecker>

Thomas Koste, CRNP-Psychiatric Nurse Practitioner (prescribes medication)

Springfield Psychological

1121 Welsh Road Suite 120 (only telehealth at this time)

North Wales, PA 19454

(610) 544-2110

<https://springpsych.com>

Dr. Amy Macintyre

Adolescent Psychiatry & Pediatric Psychiatry

925 W. Lancaster Avenue, Suite 210

Bryn Mawr, PA 19010

(610) 667-1781

The Main Line Center for the Family

Dr. John Williams

901 Glenbrook Avenue

Bryn Mawr, PA 19010

(610) 880-0110

<http://www.mainlinefamily.com/>

Dr. Meghan Starnier, Child, Adolescent, and Adult Psychiatrist

551 W. Lancaster Ave

Haverford, PA

(484) 401-6421

<https://www.starniermd.com/>

**Works with private insurance companies for reimbursement*

Dr. Thomas Wind

1040 N. Providence Rd

Media, PA 19063

(610) 891-7705

<https://www.drthomaswind.com/>

Prevention, Treatment, & Training Resources for Victims of Sexual Abuse

Delaware County Victim Assistance Center

<http://www.delcovicthmassistance.org/>

Family Support Line

Children's Advocacy Center

100 West 6th Street Media, PA 19063

(610) 891-5275

www.familysupportline.org

Delaware County Women Against Rape

204 South Ave.

Media, PA 19063

(610) 566-4342

<https://www.opencounseling.com/united-states/media/counseling-agency/delaware-county-women-against-rape>

Social Skills Services

Bryn Mawr Psychological Associates

14 S. Bryn Mawr Ave., Suite 205

Bryn Mawr, PA 19010

(610) 525-4828

<https://www.brynmawrpsych.com/>

Child and Family Art Therapy Center

1600 Haverford Rd., Suite G-101

Havertown, PA 19041

(610) 649- 1080 ext. 1

<https://www.childandfamilyarttherapycenter.com/>

Elwyn

111 Elwyn Road

Elwyn, PA 19063

(610) 891-2000

<https://www.elwyn.org/>

The Anxiety and Agoraphobia Treatment Center

112 Bala Avenue

Bala Cynwyd, PA 19004

(610) 667-6490

<https://aatcphila.com/>

Theraplay

600 Reed Road, Suite 101

Broomall, PA 19008

(610) 356-1991

<http://www.theraplayinc.com>

Wanna Play

8701-A West Chester Pike

Upper Darby, PA 19802

(610) 853-2898

<http://www.wannaplayprogram.com>

Trauma Based Therapy Services

The Center for Pastoral Counseling

Donna Liu and Michael D'Angelo

212 W. Springfield Rd.

Springfield, PA 19064

(610) 544-1400 x. 308

<http://www.centerforpastoralcounseling.com/>

** An interfaith private practice/sliding scale*

**Donna Liu is trained in EMDR*

Main Line Counseling and Wellness Center

600 Haverford Rd., Suite 201

Haverford, PA 19041

(610) 664-2524

<https://www.mlcwellness.com/index.html>

Phoenix Center for Experiential Trauma Therapy

**Specialized treatment for trauma, loss and Addiction*

524 N. Providence Road

Media, PA 19063

(484) 440-9416

<https://www.phoenixtraumacenter.com/>