BOULDER UNIVERSAL STUDENT GROUPS

Below is a list of Boulder Universal student opportunities.

SAFE ZONE
Safe and supportive group for LGBTQ+ students and allies. We have two Safe Zone groups, one for grades 6&7 and one for grades 8-12. Each meets every other week.

MINDFULNESS/STRETCHING GROUP
Weekly meeting to learn mindfulness and movement techniques to reduce stress and anxiety, and ongoing work to improve relationships and build community.

MENTOR CHECK-IN
Casual weekly check-in with BU mentors. This is a time to connect with mentors and fellow students, and a time to ask questions about how things work at BU.

BU TALENT SHOW
This is a virtual event where students will have the opportunity to showcase their talents.

VIRTUAL CLUBS
Virtual groups. These are student run and take place virtually on Schoology. Anyone is welcome to join. Contact your mentor to join.

Art club
Cooking club
Writing club
BU volunteers
Film club

CYBER SENIORS (will meet again post-pandemic)
BU students travel to West Boulder Senior Center, 909 Arapahoe, Boulder to help older people in the community learn how to use their technology. Students provide their own transportation. Permission slip required.

TEAM CHOP (will meet again post-pandemic)
BU students work with There With Care to prepare meals for families in medical crisis. Mountain View United Methodist Church, 355 Ponca Place, Boulder. Students provide their own transportation. Permission slip required.

**BU JAM BAND and MOVIE NIGHT** (will meet again post-pandemic)
Get together with other BU students to make music. Bring your instrument and / or your voice or just come. It’s fun. Followed by a casual movie night at the BU lab with BU mentors and students along with hot chocolate and popcorn.

**BOARD GAME NIGHT and JAM BAND** (will meet again post-pandemic)
Join us in the lab for jam band and board game night. Bring your favorite game. We will have jigsaw puzzles.

**BU FILM CLUB** (will meet again post-pandemic)
This is a student-run club. Students work on storyboarding, screenplay writing, and filming.

**BU BOOK CLUB** (will meet again post-pandemic)
We eat tasty food. We drink yummy drinks. We talk about books. What could be better? Come join our group of BU book lovers as we discuss our books.