



Healthy Youth Survey



# Healthy Youth Survey 2016

## Report of Results

### Statewide Results

#### Grade 8

**March 1, 2017**

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More information about the Healthy Youth Survey is available at [www.AskHYS.net](http://www.AskHYS.net)

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For a detailed list of all of the survey questions by topic - please use the Questions by Topic section in the back of this report.

# Statewide Results

## Grade 8

### Introduction and Overview

This report presents results from the fall 2016 Healthy Youth Survey in Washington State. This survey was sponsored by the Department of Health, the Office of Superintendent of Public Instruction, the Department of Social and Health Services and the Liquor and Cannabis Board in cooperation with schools throughout the state of Washington.

Survey questions covering the same topics are grouped together when possible but be sure to consult the index for related questions when you are searching for information on a specific topic. The numbering in this report is not the same as the question order on the survey itself.

The bulleted points and graphs included at the beginning of this report highlight selected findings. Additional information may be found in the *Interpretive Guide* posted to the Healthy Youth Survey web site: <http://www.askhys.net/Reports/Additional>.

### Survey Participation in this Report

Number of students surveyed:	8,951
Number of valid responses:	8,662
Number of enrolled students*:	10,876
Your survey participation rate**:	80%

\* The estimate of enrolled students is based on figures from the 2016-2017 school year, provided by OSPI.

\*\* The survey participation rate is the number of valid responses divided by the number of enrolled students.

### Caution about Participation Rates and Bias

Please use the following guidance when reviewing your results:

- 70% or greater participation—Results are probably representative of students in this grade.
- 40–69% participation—Results may be representative of students in this grade.
- Less than 40% participation—Results are likely not representative of students in this grade but do reflect students who completed the survey.

There may be limitations to your results even if you have a high participation rate. For instance, a particular group of students (say, the school orchestra) may have been away from school the day of the survey, and that could bias the results. It is important to acknowledge the potential limitations when using the results in this report. For reports summarizing results at the county or School District level, you should also consider whether the schools that participated represent all students in that area.

### Small Numbers: Caution about Number of Students Participating

Results based on small numbers of students answering a question are unstable---that is, they could easily change with the absence from school of only a couple of students. This is especially the case when only a few students choose a particular answer option. Also, in this situation, the reported 95% confidence interval might be too narrow. Thus, use caution if fewer than 30 students answered a question and fewer than 5 students selected a given response option.

*For example, if 20 students answered a question and of those 20 only 3 students answered “Yes”, the estimate is unreliable.*

See the Understanding Your Report section later in this report for a discussion of “confidence intervals” to help guide your interpretation of the results.

### Key to the Notes

Three versions of the survey were used in the administration of the 2016 HYS. Forms A and B were given to secondary students (grades 8, 9, 10, 11 and 12 in some small school districts). Six questions on sexual orientation, behavior and abuse were optional at the discretion of the school; schools that did not administer the optional items tore off the last page of the survey booklet. Form C was given to elementary students (grade 6 and 7 in some small school districts).

A list of the topics asked and their location in the report are provided in the Questions by Topic section at the end of this report. “Core” questions are asked on both Forms A and B, a list of Core Questions is also found at the end of this report.

The following notes are used throughout this report to document the differences between the questions on different versions and indicate the optional questions:

A = wording on Form A; B = wording on Form B; C = wording on Form C

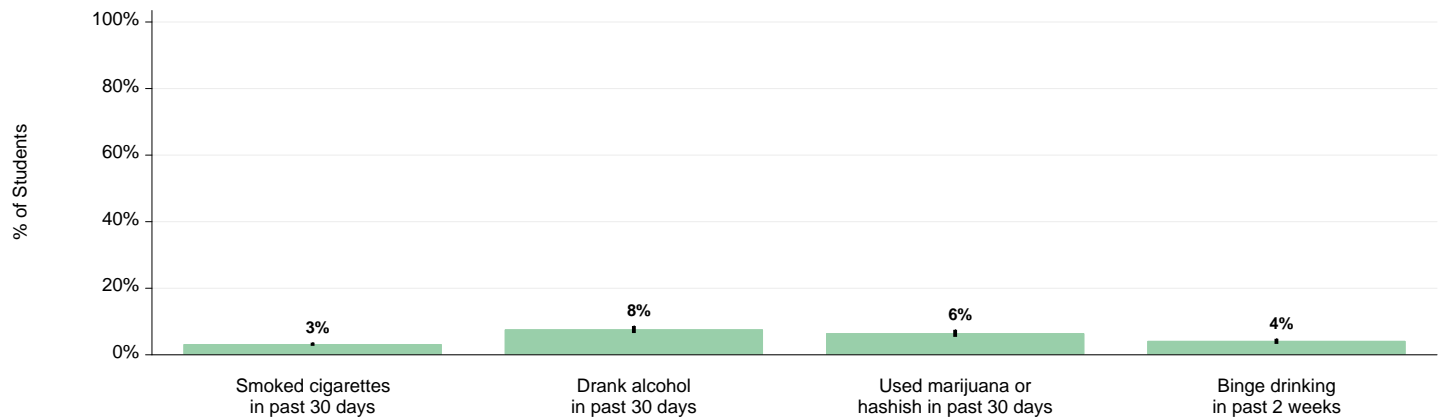
† = optional questions

## Highlights of the Local Results

Your students and students statewide reported the following behaviors and attitudes:

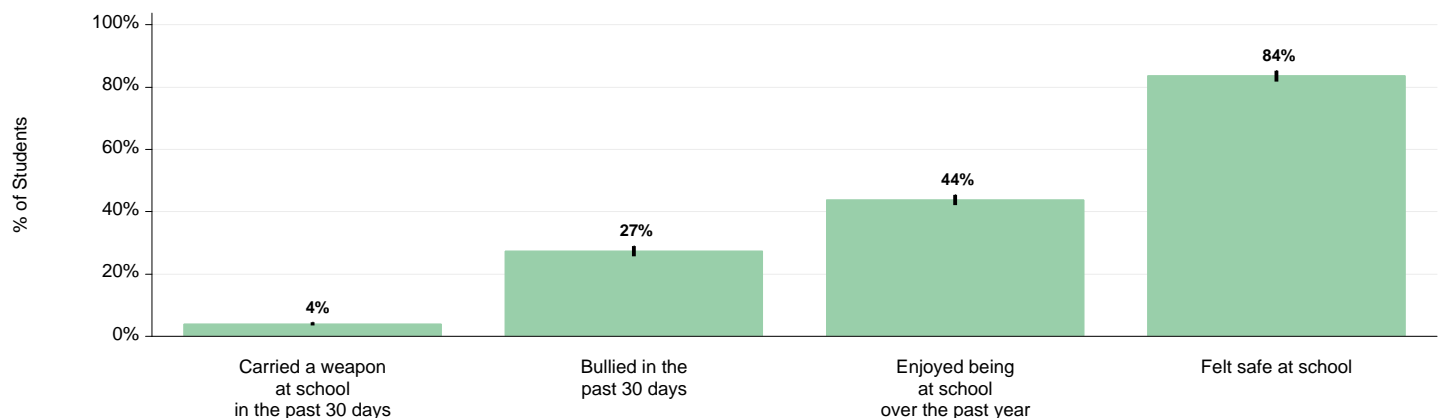
### Substance Use

	Statewide % (±CI)
Smoked cigarettes in past 30 days	3.1% (±0.5)
Drank alcohol in past 30 days	7.6% (±1.1)
Used marijuana or hashish in past 30 days	6.4% (±1.1)
Binge drinking in past 2 weeks	4.0% (±0.7)



### Bullying and School Climate

	Statewide % (±CI)
Carried a weapon at school in the past 30 days	4.0% (±0.5)
Bullied in the past 30 days	27.4% (±1.6)
Enjoyed being at school over the past year	43.7% (±1.6)
Felt safe at school	83.6% (±1.8)



For more information on specific HYS topics, see the Fact Sheets at [www.AskHYS.net](http://www.AskHYS.net), under HYS Results – Fact Sheets

## Selected Results by Gender

Selected survey questions are presented by gender to highlight any differences between females and males.

The p-values reported after each question, calculated from a chi-square test, can be used to examine whether differences between females and males are statistically significant.

A p-value of less than 0.05 means there is a significant difference between females and males (that is, if there really is no difference between females and males, the probability of observing a difference at least this large is less than 5%).

To ensure student anonymity, we do not report results by gender for any question unless a minimum of students answer each response option. These results are “suppressed”.

For your student results by gender, a minimum of 10 students need to answer each response option:

*For example, to report smoking cigarettes in the past 30 days for your students by gender – surveys are needed for at least 10 females who smoke, 10 females who don't smoke, 10 males who smoke, and 10 males who don't smoke.*

For state results by gender, a minimum of 5 students need to answer each response option.

Results that are suppressed are marked with asterisks “\*”. Many small counties, districts and schools may not have enough students to report results by gender for all or some questions.

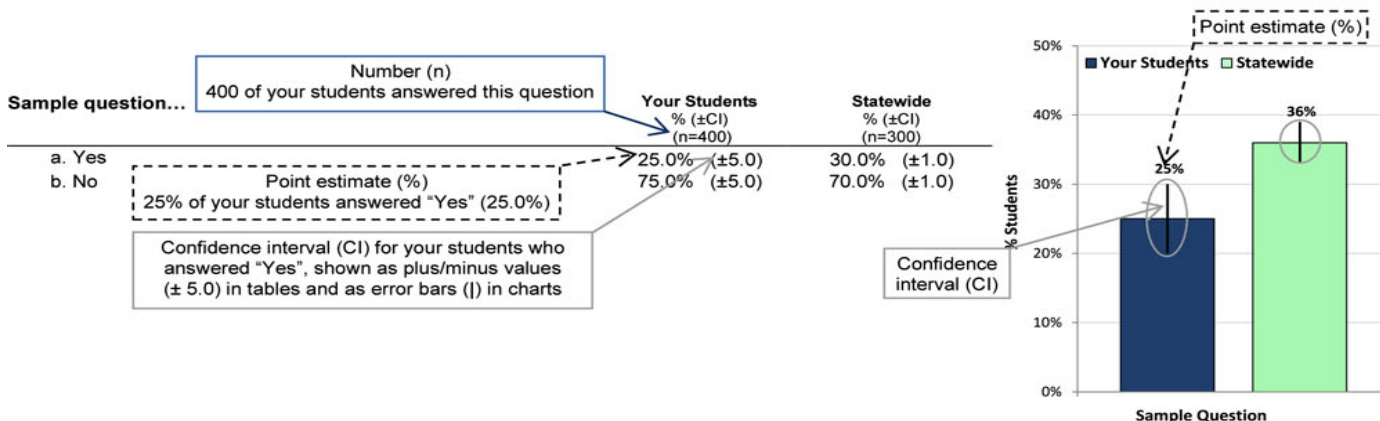
				Statewide		
				Female %	Male %	p-value
Smoked cigarettes in past 30 days				(n=8,234)		
				3.0%	3.2%	0.4632
Drank alcohol in past 30 days				(n=8,203)		
				7.9%	7.1%	0.1578
Used marijuana or hashish in past 30 days				(n=8,163)		
				6.6%	6.2%	0.5191
Binge drinking in past 2 weeks				(n=8,093)		
				4.1%	3.9%	0.6426
Carried a weapon at school in the past 30 days				(n=8,039)		
				2.9%	5.1%	<.0001
Bullied in the past 30 days				(n=8,477)		
				31.1%	23.3%	<.0001
Enjoyed being at school over the past year				(n=8,116)		
				44.8%	43.0%	0.1049
Felt safe at school				(n=8,426)		
				84.0%	83.4%	0.5071

## Understanding Your Report

### N's

In this report "n" is shorthand for "number"---the number of students who took this survey or who answered a survey question. N's are important! We also report the point estimates (%), and the 95% confidence intervals (CI).

Here is an example of how results are displayed in the report tables and charts.



### How many students took this survey?

Look on page 2, under Survey Participation. The "number of students surveyed" is the number of surveys that we received. We have careful procedures for "cleaning" to remove surveys with many inconsistent or false answers – the "clean" surveys are the "number of valid surveys". Only valid surveys are presented in this report.

### How many students answered each survey question?

The n's for each question vary. Why? There are several reasons:

- There are two versions of the grades 8, 10, and 12 survey – Form A and B. Core questions are on all versions, so the n's for those questions are about the same as the number of valid surveys. For non-Core questions the n's will be about half, or less.
- Some schools chose to take the questions about sexual orientation, behavior and abuse. Schools that chose to not ask those additional questions will have no responses for those questions. [District and county reports may include some schools that DID ask those questions and some that DID NOT.]
- Not all students finish the survey, so questions near the end have smaller n's. [NOTE: the order of the questions in the report is not the same as on the survey itself.] Also, some students may decide to skip certain questions.

Here are examples from a district with 400 valid surveys --- notice how the n's change with each question type.

#### 19. Have you ever, even once in your life: Used marijuana?

	(n=398)	(n=4,000)
a. Yes	49.0% (±3.0)	46.0% (±1.0)
b. No	51.0% (±3.0)	54.0% (±1.0)

N for a core question  
(almost all students)

#### 20. Have you ever, even once in your life: Used inhalants (things you sniff to get high)?

	(n=200)	(n=2,000)
a. Yes	11.0% (±4.0)	12.0% (±2.0)
b. No	89.0% (±4.0)	88.0% (±2.0)

N for a question on only one  
version (about half the  
students)

#### 104. How old were you when you had sexual intercourse for the first time?†

	(n=100)	(n=1,500)
a. I have never had sexual intercourse.	70.0% (±8.0)	75.0% (±4.0)
b. 11 years old or younger	2.0% (±2.0)	2.0% (±1.0)
c. 12 years old	2.0% (±2.0)	1.0% (±1.0)
d. 13 years old	5.0% (±2.0)	4.0% (±1.0)
e. 14 years old	8.0% (±6.0)	7.0% (±2.0)
f. 15 years old	9.0% (±5.0)	8.0% (±2.0)
g. 16 years old	3.0% (±3.0)	2.0% (±1.0)
h. 17 years old or older	1.0% (±1.0)	1.0% (±1.0)

N for an optional sexual  
behavior question (about  
half, or less if some schools  
chose not to ask those  
questions)

#### 155. Does your school have a counselor

	(n=375)	(n=3,750)
a. Yes	90.0% (±3.0)	95.0% (±1.0)
b. No	5.0% (±2.0)	2.0% (±1.0)
c. Not sure	5.0% (±2.0)	3.0% (±1.0)

N for a core question near  
the end of the survey  
(almost all, except students  
who don't finish the survey)

### How many students are we talking about?

N's are only provided for the total number of students who answered a question, not the individual answer options. Some people find it useful to translate their point estimates (%) into the number of students.

*For example, in a district if 10% of students reported that "Yes" they used inhalants in their lifetime and 200 students answered the questions, then 20 students in the district used inhalants ( $200 \times 0.10$ ).*

### Confidence Intervals

It is unlikely that the point estimate (%) reported for each question is *exactly* the same as the "true" value for all your students. This report includes 95% confidence intervals (CI) to describe this uncertainty. If there is no bias in the data, then there is a 95% chance that the CI will include the true value. So for example, if the point estimate and CI are 51.5% ( $\pm 1.5\%$ ), then there is a 95% chance that the true percentage is between 50.0% and 53.0%.

The size of your CIs depend in part on the n for each question – as more students answer a question, your point estimate is likely to be closer to the "true" value. If you are a small school, district or county your CIs will be large. The confidence interval does not take into account the participation rate – in other words, a low participation rate can create bias which will not be reflected in the CI.

### How can you "use" confidence intervals?

CIs help you to decide if the differences between your students and the state are statistically significant.

*For an example, let's say your students report 25%  $\pm 5\%$ . That means that the CI is between 20% and 30%. Here is the math:  $25\% - 5\% = 20\%$ , and  $25\% + 5\% = 30\%$*

Using CIs, you can decide if the difference between your students and the state results are statistically significant:

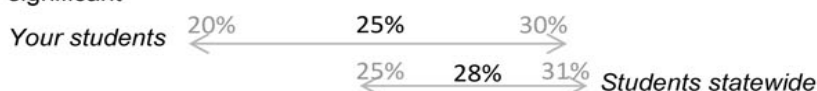
1. A significant difference:

- Your students report 25%  $\pm 5\%$ , so the point estimate is 25% and the CI is 20% to 30%
- Students statewide report 36%  $\pm 3\%$ , so the point estimate is 36% and the CI is 33% to 39%
- The CIs don't overlap, so the difference is significant



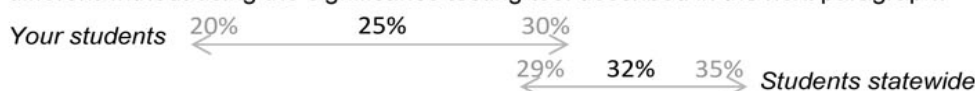
2. Not a significant difference:

- Your students report 25%  $\pm 5\%$ , so the point estimate is 25% and the CI is 20% to 30%
- Statewide students report 28%  $\pm 3\%$ , so the point estimate is 28% and the CI is 25% to 31%
- The CI for your students overlaps the point estimate for students statewide, so the difference is not significant



3. Not sure if there is a difference:

- Your students report 25%  $\pm 5\%$ , so the point estimate is 25% and the CI is 20% to 30%
- Statewide students report 32%  $\pm 3\%$ , so the point estimate is 32% and the CI is 29% to 35%
- The CIs overlap, but don't include the other point estimates, so you don't know for sure if they are really different without using the significance testing tool described in the next paragraph.



More information about interpreting CIs is available on the HYS Training web page at [www.AskHYS.net/Training](http://www.AskHYS.net/Training). The Training web page includes past HYS training materials and a "Tool for Determining HYS Statistical Significance". Use the "tool" to find out if your results are significantly different.

### More Information

Much of the information on the Healthy Youth Survey is available online at [www.AskHYS.net](http://www.AskHYS.net).

- Under HYS Results, you can find these "Frequency Reports". Also included is the 2012 Interpretive Guide with a detailed overview of the reports, information on statistical issues and how to use your data. There are also topical fact sheets and a data query system where you can run your own simple analysis.
- Under Training, there are copies of past HYS training workshop materials and the tool for testing significant differences.

Technical information is also at [www.doh.wa.gov/DataandStatisticalReports/HealthBehaviors/HealthyYouthSurvey](http://www.doh.wa.gov/DataandStatisticalReports/HealthBehaviors/HealthyYouthSurvey).

## Frequency Results

### Demographics and General Information

	Statewide % (±CI) (n=8,656)	
<b>1. How old are you?</b>		
a. 12 or younger	1.4%	(±0.3)
b. 13	75.8%	(±1.3)
c. 14	22.3%	(±1.3)
d. 15	0.5%	(±0.2)
e. 16	0.0%	(±0.0)
f. 17	0.0%	(±0.0)
g. 18	0.0%	(±0.0)
h. 19 or older	0.0%	(±0.0)

[Question 2 appears only on the elementary version of the survey.]

<b>3. Are you:</b>	(n=8,611)	
a. Female	51.2%	(±1.1)
b. Male	48.8%	(±1.1)

<b>4. How do you describe yourself? (Select one or more responses.)</b>	(n=8,517)	
a. American Indian or Alaskan Native	3.5%	(±0.6)
b. Asian or Asian American	8.1%	(±2.1)
c. Black or African-American	5.4%	(±1.5)
d. Hispanic or Latino/Latina	18.1%	(±5.2)
e. Native Hawaiian or other Pacific Islander	2.1%	(±0.7)
f. White or Caucasian	44.9%	(±6.7)
g. Other	9.0%	(±0.8)
More than one race/ethnicity marked	9.0%	(±0.9)

<b>5. If you are of Asian or Pacific Islander background, which groups best describe you? Mark all that apply.</b>	(n=3,384)	
a. Not Asian or Pacific Islander	76.8%	(±4.2)
b. Asian Indian	2.4%	(±0.7)
c. Cambodian/Khmer	0.9%	(±0.4)
d. Chinese	1.9%	(±0.7)
e. Filipino	3.4%	(±0.8)
f. Japanese	1.9%	(±0.5)
g. Korean	1.5%	(±0.5)
h. Vietnamese	2.1%	(±1.1)
i. Other Asian	2.7%	(±0.8)
j. Native Hawaiian or other Pacific Islander	3.7%	(±1.1)
Mutliracial Asian, more than one response indicated	1.9%	(±0.7)
Mutliracial Asian and Pacific Islander, more than one response indicated	0.9%	(±0.4)

<b>6. What language is usually spoken at home?</b>	<b>Statewide % (±CI) (n=8,365)</b>	
a. English	78.3%	(±5.3)
b. Spanish	13.0%	(±4.0)
c. Russian	1.0%	(±0.3)
d. Ukrainian	0.5%	(±0.3)
e. Vietnamese	1.0%	(±0.5)
f. Chinese	0.5%	(±0.2)
g. Korean	0.3%	(±0.2)
h. Japanese	0.2%	(±0.1)
i. Other	5.2%	(±2.0)

[Question 7 appears only on the elementary version of the survey.]

<b>8. How far did your mother get in school?</b>	<b>(n=7,992)</b>	
a. Did not finish high school	11.3%	(±2.4)
b. Graduated from high school or GED	16.4%	(±1.6)
c. Had some college or technical training after high school	16.3%	(±1.3)
d. Graduated from a 4-year college	20.0%	(±3.2)
e. Earned an advanced graduate degree	11.4%	(±2.2)
f. Don't know	22.5%	(±1.4)
g. Does not apply	2.0%	(±0.4)

<b>9. Which of the following best describes you? †</b>	<b>(n=3,912)</b>	
a. Heterosexual (straight)	82.3%	(±1.3)
b. Gay or lesbian	2.5%	(±0.5)
c. Bisexual	6.6%	(±1.0)
d. Not sure	8.6%	(±1.0)

<b>10. Who did you live with most of the time in the last 30 days?</b>	<b>(n=8,341)</b>	
a. Parent(s) and/or step-parent(s)	93.9%	(±0.8)
b. Relatives - like a grandparent, an aunt, an older brother - but NOT your parents	3.7%	(±0.6)
c. Foster care parent(s)	0.5%	(±0.1)
d. An adult friend(s) of your family	0.4%	(±0.1)
e. Friends of yours with no adults present	0.2%	(±0.1)
f. On your own	0.2%	(±0.1)
g. Other	1.1%	(±0.3)

	Statewide % (±CI) (n=8,313)	
<b>11. Where did you live most of the time in the last 30 days?</b>		
a. In my own house or apartment that my family rents or owns	95.9%	(±0.5)
b. In someone else's house or apartment with another family	1.4%	(±0.2)
c. In a group home	0.3%	(±0.1)
d. In a shelter	0.2%	(±0.1)
e. In a car, park, or campground	0.3%	(±0.1)
f. On the street	0.2%	(±0.1)
g. Moved from place to place	0.6%	(±0.2)
h. Other	1.1%	(±0.3)
<b>12. Are your current living arrangements the result of losing your home because your family cannot afford housing?</b>		
	(n=8,248)	
a. No	85.2%	(±1.4)
b. Yes	5.2%	(±0.6)
c. Not sure	9.6%	(±1.2)
<b>13. Do you receive free or reduced price lunches at school?</b>		
	(n=3,915)	
a. Yes	55.8%	(±6.6)
b. No	33.7%	(±5.8)
c. Not sure	10.5%	(±1.5)
<b>14. Has your parent or guardian served in the military (Army, Navy, Air Force, Marines, Coast Guard, National Guard, and Reserves)?</b>		
	(n=3,900)	
a. No	69.0%	(±3.4)
b. Yes	24.6%	(±3.5)
c. Not sure	6.4%	(±1.2)
<b>15. How honest were you in filling out this survey?</b>		
	(n=6,305)	
a. I was very honest.	81.2%	(±1.6)
b. I was honest pretty much of the time.	16.4%	(±1.4)
c. I was honest some of the time	2.4%	(±0.5)
d. I was honest once in a while.		surveys pulled
e. I was not honest at all.		surveys pulled

## Alcohol, Tobacco and Other Drug Use

Alcohol, tobacco, and other drug (ATOD) use has been a major concern in this country for many years. The consequences of ATOD use are well known. In the short term, ATOD use interferes with positive physical, emotional, and social development. In the long term, ATOD use is associated with delinquency and criminal activity, unintended injuries, and a variety of health complications including shorter life expectancy. Tobacco use is the world's leading cause of preventable death, disease, and disability. This section provides information about lifetime ATOD use (which in part reflects experimental use), use in the past 30 days (i.e., current use), and other tobacco-, alcohol-, and drug-related issues.

### Lifetime Use

*Have you ever, even once in your life:*

<b>16. Smoked a cigarette, even just a puff? (Computed from question 227)</b>		
	(n=3,917)	
a. No	88.6%	( $\pm$ 1.6)
b. Yes	11.4%	( $\pm$ 1.6)

	Statewide % (±CI) (n=4,227)	
<b>17. Smoked a whole cigarette? (Computed from question 47)</b>		
a. No	94.4%	(±1.1)
b. Yes	5.6%	(±1.1)
<b>18. Drank more than a sip or two of beer, wine, or hard liquor (for example: vodka, whiskey, or gin)? (Computed from question 18 or 228)</b>	(n=8,109)	
a. No	72.1%	(±2.3)
b. Yes	27.9%	(±2.3)
<b>19. Used marijuana? (Computed from question 19 or 226)</b>	(n=8,094)	
a. No	90.0%	(±1.6)
b. Yes	10.0%	(±1.6)
<b>20. Used inhalants (things you sniff to get high)?</b>	(n=3,871)	
a. No	95.2%	(±0.6)
b. Yes	4.8%	(±0.6)
<b>21. Used heroin?</b>	(n=3,875)	
a. No	97.1%	(±0.6)
b. Yes	2.9%	(±0.6)
<b>22. Used methamphetamines (meth, crystal meth, ice, crank)? Do not include other types of amphetamines.</b>	(n=3,872)	
a. No	97.1%	(±0.6)
b. Yes	2.9%	(±0.6)
<b>23. Used cocaine?</b>	(n=3,873)	
a. No	97.0%	(±0.6)
b. Yes	3.0%	(±0.6)
<b>24. Used steroids (muscle builders) without a doctor's prescription?</b>	(n=3,863)	
a. No	96.9%	(±0.6)
b. Yes	3.1%	(±0.6)

[Question 25 appears only on the elementary version of the survey.]

### 30-Day Use (Use in the Past 30 Days)

*During the past 30 days, on how many days did you:*

<b>26. Smoke cigarettes?</b>	(n=8,283)	
a. None	96.9%	(±0.5)
b. 1-2 days	1.5%	(±0.3)
c. 3-5 days	0.7%	(±0.2)
d. 6-9 days	0.4%	(±0.1)
e. 10-29 days	0.3%	(±0.1)
f. All 30 days	0.4%	(±0.1)
<i>Any use in past 30 days</i>	3.1%	(±0.5)

	Statewide % ( $\pm$ CI) (n=4,232)	
<b>27. Use chewing tobacco, snuff, or dip?</b>		
a. None	98.4%	( $\pm$ 0.4)
b. 1-2 days	1.0%	( $\pm$ 0.3)
c. 3-5 days	0.3%	( $\pm$ 0.2)
d. 6-9 days	0.1%	( $\pm$ 0.1)
e. 10-29 days	0.1%	( $\pm$ 0.1)
f. All 30 days	0.1%	( $\pm$ 0.1)
<i>Any use in past 30 days</i>	1.6%	( $\pm$ 0.4)

	(n=4,224)	
<b>28. Smoke cigars, cigarillos, or little cigars?</b>		
a. None	98.8%	( $\pm$ 0.4)
b. 1-2 days	0.7%	( $\pm$ 0.3)
c. 3-9 days	0.3%	( $\pm$ 0.2)
d. 10-29 days	0.1%	( $\pm$ 0.1)
e. All 30 days	0.1%	( $\pm$ 0.1)
<i>Any use in past 30 days</i>	1.2%	( $\pm$ 0.4)

	(n=4,218)	
<b>29. Use an electronic cigarette, also called e-cigs, or vape pens?</b>		
a. None	93.8%	( $\pm$ 1.4)
b. 1-2 days	3.4%	( $\pm$ 0.8)
c. 3-5 days	1.1%	( $\pm$ 0.4)
d. 6-9 days	0.9%	( $\pm$ 0.3)
e. 10-19 days	0.3%	( $\pm$ 0.1)
f. 20-29 days	0.1%	( $\pm$ 0.1)
g. All 30 days	0.4%	( $\pm$ 0.2)
<i>Any use in past 30 days</i>	6.2%	( $\pm$ 1.4)

	(n=4,209)	
<b>30. Smoke tobacco or flavored tobacco in a hookah, even just a puff?</b>		
a. None	97.6%	( $\pm$ 1.0)
b. 1-2 days	1.4%	( $\pm$ 0.7)
c. 3-9 days	0.5%	( $\pm$ 0.3)
d. 10-29 days	0.2%	( $\pm$ 0.2)
e. All 30 days	0.2%	( $\pm$ 0.1)
<i>Any use in past 30 days</i>	2.4%	( $\pm$ 1.0)

**During the past 30 days, on how many days did you:**

	(n=8,250)	
<b>31. Drink a glass, can or bottle of alcohol (beer, wine, wine coolers, hard liquor)?</b>		
a. None	92.4%	( $\pm$ 1.1)
b. 1-2 days	5.1%	( $\pm$ 0.7)
c. 3-5 days	1.1%	( $\pm$ 0.3)
d. 6-9 days	0.6%	( $\pm$ 0.2)
e. 10 or more days	0.8%	( $\pm$ 0.2)
<i>Any use in past 30 days</i>	7.6%	( $\pm$ 1.1)

	Statewide % ( $\pm$ CI) (n=8,211)	
<b>32. Use marijuana or hashish (weed, hash, pot)?</b>		
a. None	93.6%	( $\pm$ 1.1)
b. 1-2 days	2.7%	( $\pm$ 0.6)
c. 3-5 days	1.1%	( $\pm$ 0.3)
d. 6-9 days	0.7%	( $\pm$ 0.2)
e. 10-19 days	0.7%	( $\pm$ 0.2)
f. 20-29 days	0.4%	( $\pm$ 0.2)
g. All 30 days	0.8%	( $\pm$ 0.2)
<i>Any use in past 30 days</i>	6.4%	( $\pm$ 1.1)
<b>33. Not counting alcohol, tobacco, or marijuana, use another illegal drug?</b>	(n=3,984)	
a. None	97.3%	( $\pm$ 0.6)
b. 1-2 days	1.3%	( $\pm$ 0.4)
c. 3-5 days	0.5%	( $\pm$ 0.2)
d. 6-9 days	0.5%	( $\pm$ 0.3)
e. 10 or more days	0.5%	( $\pm$ 0.2)
<i>Any use in past 30 days</i>	2.7%	( $\pm$ 0.6)
<b>34. Use any illegal drug, including marijuana? (Computed from questions 32 and 33)</b>	(n=3,977)	
None	92.2%	( $\pm$ 1.4)
<i>Any use in past 30 days</i>	7.8%	( $\pm$ 1.4)
<b>35. Use a pain killer TO GET HIGH, like Vicodin, OxyContin (sometimes called Oxy or OC) or Percocet (sometimes called Percs)?</b>	(n=8,190)	
a. None	97.9%	( $\pm$ 0.3)
b. 1-2 days	1.3%	( $\pm$ 0.2)
c. 3-5 days	0.3%	( $\pm$ 0.1)
d. 6-9 days	0.2%	( $\pm$ 0.1)
e. 10 or more days	0.3%	( $\pm$ 0.1)
<i>Any use in past 30 days</i>	2.1%	( $\pm$ 0.3)
<b>36. Use prescription drugs not prescribed to you?</b>	(n=3,974)	
a. None	94.8%	( $\pm$ 0.9)
b. 1-2 days	3.3%	( $\pm$ 0.6)
c. 3-5 days	1.0%	( $\pm$ 0.4)
d. 6-9 days	0.2%	( $\pm$ 0.1)
e. 10 or more days	0.7%	( $\pm$ 0.3)
<i>Any use in past 30 days</i>	5.2%	( $\pm$ 0.9)

### Other Tobacco-Related Questions

<b>37. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?</b>	<b>Statewide % (±CI) (n=3,676)</b>	
a. 0 days	79.5%	(±2.1)
b. 1-2 days	12.1%	(±1.4)
c. 3-4 days	3.7%	(±0.6)
d. 5-6 days	1.6%	(±0.4)
e. 7 days	3.2%	(±0.7)

[Question 38 appears only on the elementary version of the survey.]

<b>39. Which of these best describes the rules about smoking inside the house where you live? Smoking is...</b>	<b>(n=3,637)</b>	
a. Never allowed inside my house	88.1%	(±1.6)
b. Allowed only at some times or in some places	8.6%	(±1.1)
c. Always allowed inside my house	3.3%	(±0.8)

<b>40. If one of your best friends offered you a cigarette, would you smoke it?</b>	<b>(n=3,647)</b>	
a. Definitely no	82.3%	(±2.3)
b. Probably no	11.8%	(±1.7)
c. Probably yes	4.2%	(±0.7)
d. Definitely yes	1.6%	(±0.5)

<b>41. Do you think that you will smoke a cigarette anytime in the next year?</b>	<b>(n=3,627)</b>	
a. Definitely no	81.3%	(±2.2)
b. Probably no	13.4%	(±1.6)
c. Probably yes	3.8%	(±0.6)
d. Definitely yes	1.5%	(±0.5)

<b>42. Have made a firm commitment to not smoke cigarettes; i.e., not susceptible to smoking.</b>	<b>(n=3,633)</b>	
a. Yes, not susceptible	77.3%	(±2.5)
b. No, susceptible	22.7%	(±2.5)

<b>43. During the past 12 months, have you ever tried to quit using tobacco (cigarettes, cigars, chew/dip)?</b>	<b>(n=3,600)</b>	
a. I did not use tobacco during the past 12 months	92.6%	(±1.0)
b. Yes	2.1%	(±0.5)
c. No	5.3%	(±0.8)

44. During the past 30 days, how did you usually get your own tobacco? (Choose only one answer.)	Statewide % (±CI) (n=3,581)	
a. I did not use tobacco during the past 30 days	95.9%	(±0.8)
b. I bought it in a store such as a convenience store, supermarket, discount store or gas station	0.5%	(±0.3)
c. I bought it from a vending machine	0.5%	(±0.2)
d. I gave someone else money to buy them for me	0.6%	(±0.2)
e. I borrowed (or bummed) them from someone else	0.7%	(±0.3)
f. A person 18 years old or older gave them to me	0.3%	(±0.2)
g. I took them from a store or a family member	0.5%	(±0.3)
h. I got them some other way	1.0%	(±0.4)
45. How wrong do your friends feel it would be for you to: Use tobacco?	(n=3,201)	
a. Very wrong	75.2%	(±2.4)
b. Wrong	16.2%	(±1.4)
c. A little bit wrong	5.9%	(±1.1)
d. Not at all wrong	2.7%	(±0.9)
46. During the past 30 days, on how many days did you use tobacco (cigarettes, cigars, or chew/dip) on school property?	(n=3,587)	
a. 0 days	97.7%	(±0.6)
b. 1-2 days	0.8%	(±0.4)
c. 3-9 days	0.7%	(±0.3)
d. 10-29 days	0.4%	(±0.2)
e. All 30 days	0.4%	(±0.3)
47. How old were you the first time you smoked a whole cigarette?	(n=4,227)	
a. Never have	94.4%	(±1.1)
b. 10 or younger	2.1%	(±0.5)
c. 11	1.0%	(±0.3)
d. 12	1.1%	(±0.4)
e. 13	1.2%	(±0.4)
f. 14	0.2%	(±0.1)
g. 15	0.0%	(±0.0)
h. 16	0.0%	(±0.0)
i. 17 or older	0.0%	(±0.0)

### Other Electronic Cigarette- and Vaping-Related Questions

48. During the past 30 days, on how many days did you: Use an electronic cigarette, also called e-cigs, or vape pens on school property?	(n=3,570)	
a. 0 days	96.4%	(±0.8)
b. 1 - 2 days	1.8%	(±0.5)
c. 3 - 9 days	0.8%	(±0.3)
d. 10 - 29 days	0.6%	(±0.3)
e. All 30 days	0.4%	(±0.2)

49. During the past 30 days, what type of substances did you use in an electronic cigarette, also called e-cigs, or vape pens?	Statewide % (±CI) (n=3,534)	
a. I did not use an electronic cigarette.	93.0%	(±1.2)
b. Liquid with nicotine in it	1.8%	(±0.6)
c. Liquid with THC (marijuana) in it	1.3%	(±0.4)
d. Liquid with flavor only (no nicotine or THC)	2.5%	(±0.7)
e. Don't know	1.0%	(±0.3)
More than one response indicated.	0.3%	(±0.2)
50. During the past 30 days, how did you usually get your own electronic vapor products? (Choose only one answer.)	(n=3,496)	
a. I did not use electronic vapor products during the past 30 days.	94.4%	(±1.1)
b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station.	0.8%	(±0.3)
c. I got them on the Internet.	0.3%	(±0.2)
d. I gave someone else money to buy them for me.	0.9%	(±0.3)
e. I borrowed (or bummed) them from someone else.	1.3%	(±0.4)
f. A person 18 years old or older gave them to me.	0.6%	(±0.3)
g. I took them from a store or family member.	0.3%	(±0.2)
h. I got them some other way.	1.4%	(±0.5)
51. How much do you think people risk harming themselves if they use electronic cigarettes, also called e-cigs or vape pens regularly (almost daily)?	(n=3,484)	
a. No risk	11.6%	(±1.4)
b. Slight risk	11.9%	(±1.4)
c. Moderate risk	24.8%	(±1.6)
d. Great risk	37.0%	(±3.3)
e. Not sure	14.6%	(±2.0)

### Other Alcohol-Related Questions

52. Think back over the last 2 weeks. How many times have you had five or more drinks in a row? (A drink is a glass of wine, a bottle of beer, a shot glass of liquor, or a mixed drink.)	(n=8,139)	
a. None	96.0%	(±0.7)
b. Once	1.8%	(±0.3)
c. Twice	0.9%	(±0.3)
d. 3-5 times	0.7%	(±0.3)
e. 6-9 times	0.3%	(±0.1)
f. 10 or more times	0.4%	(±0.1)
53. Drinking Categories Variable (computed from questions 31 and 52)	(n=8,124)	
No drinking past 30 days and no binge past 2 weeks	91.3%	(±1.2)
1-2 days drinking past 30 days and no binge past 2 weeks	3.6%	(±0.5)
3-5 days drinking past 30 days and/or 1 binge past 2 weeks	2.2%	(±0.3)
6+ days drinking past 30 days and/or 2+ binge past 2 weeks	2.9%	(±0.6)

	Statewide % (±CI) (n=3,376)	
<b>54. During the past 30 days, what type of alcohol did you usually drink?</b>		
a. I did not drink alcohol during the past 30 days.	91.8%	(±1.2)
b. I do not have a usual type.	1.2%	(±0.5)
c. Beer	1.6%	(±0.4)
d. Flavored malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade	1.2%	(±0.4)
e. Wine coolers, such as Bartles & Jaymes or Seagrams	0.5%	(±0.2)
f. Wine	0.9%	(±0.3)
g. Liquor, such as vodka, rum, scotch, bourbon or whiskey	2.1%	(±0.6)
h. Some other type	0.7%	(±0.3)
<b>55. During the past 30 days, how did you get alcohol (beer, wine or hard liquor)? Choose all that apply.</b>		
	(n=3,434)	
a. I did not get alcohol in the past 30 days.	91.6%	(±1.2)
b. I bought it from a store.	1.3%	(±0.6)
c. I stole it from a store.	0.7%	(±0.2)
d. I got it from friends.	2.0%	(±0.5)
e. I got it at a party.	1.3%	(±0.5)
f. I got it from an older brother or sister.	0.8%	(±0.4)
g. I gave money to someone to get it for me.	0.6%	(±0.3)
h. I took it from home without my parents' permission.	2.1%	(±0.5)
i. I got it at home with my parents' permission.	1.5%	(±0.4)
j. I got it some other way.	1.2%	(±0.4)
<b>56. NOT including talks on drinking and driving, in the past year have your parents or guardians talked to you about why you should not drink alcohol?</b>		
	(n=4,186)	
a. Yes, a number of times	45.8%	(±1.5)
b. Yes, once	21.1%	(±1.2)
c. No	20.3%	(±1.3)
d. I don't remember.	12.7%	(±1.2)
<b>57. How wrong do your parents feel it would be for you to: Have one or two drinks of an alcoholic beverage nearly every day?</b>		
	(n=4,355)	
a. Very wrong	88.1%	(±1.5)
b. Wrong	9.0%	(±1.2)
c. A little bit wrong	1.7%	(±0.4)
d. Not wrong at all	1.2%	(±0.4)
<b>58. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?</b>		
	(n=3,471)	
a. 0 days	96.5%	(±0.8)
b. 1-2 days	1.5%	(±0.5)
c. 3-9 days	1.0%	(±0.3)
d. 10-29 days	0.6%	(±0.2)
e. All 30 days	0.5%	(±0.2)

		Statewide % (±CI) (n=3,198)
<b>59. How wrong do your friends feel it would be for you to: Have one or two drinks of an alcoholic beverage nearly every day?</b>		
a. Very wrong		69.7% (±2.7)
b. Wrong		19.0% (±1.6)
c. A little bit wrong		7.6% (±1.1)
d. Not at all wrong		3.8% (±1.1)
<b>60. Think about the students in your school. If you had to guess, how wrong do most students in your grade think it is to drink alcohol regularly?</b>		
		(n=3,681)
a. Very wrong		29.0% (±2.9)
b. Wrong		40.7% (±2.6)
c. A little bit wrong		24.4% (±2.5)
d. Not wrong at all		5.9% (±1.3)
<b>61. How much do you think people risk harming themselves if they: Have 5 or more drinks of an alcoholic beverage once or twice a week?</b>		
		(n=4,122)
a. No risk		4.3% (±0.9)
b. Slight risk		9.2% (±1.2)
c. Moderate risk		25.9% (±1.4)
d. Great risk		52.9% (±2.3)
e. Not sure		7.6% (±0.9)
<b>62. How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?</b>		
		(n=3,745)
a. Neither approve nor disapprove		17.6% (±1.7)
b. Somewhat disapprove		12.3% (±1.0)
c. Strongly disapprove		59.3% (±3.1)
d. Don't know or can't say		10.8% (±1.7)

### Other Marijuana-Related Questions

<b>63. During the past 30 days, how did you get marijuana? Choose all that apply.</b>		(n=3,355)
a. I did not get marijuana in the past 30 days.		93.2% (±1.4)
b. I bought it from a store.		0.7% (±0.4)
c. I stole it from a store.		0.5% (±0.3)
d. I got it from friends.		2.9% (±0.7)
e. I got it at a party.		0.9% (±0.4)
f. I got it from an older brother or sister.		1.0% (±0.4)
g. I gave money to someone to get it for me.		1.0% (±0.4)
h. I took it from home without my parents' permission.		0.6% (±0.2)
i. I got it at home with my parents' permission.		0.5% (±0.2)
j. I got it some other way.		1.2% (±0.5)

64. During the past 30 days, if you used marijuana, how did you usually use it?	Statewide % (±CI) (n=3,384)	
a. I did not use marijuana during the past 30 days.	93.4%	(±1.4)
b. Smoked it (in a joint, bong, pipe, blunt)	4.4%	(±1.1)
c. Ate it (in brownies, cakes, cookies, candy)	1.0%	(±0.3)
d. Drank it (tea, cola, alcohol)	0.4%	(±0.3)
e. Vaporized it	0.3%	(±0.2)
f. Used it some other way	0.4%	(±0.2)
65. If you use marijuana or hashish (weed, hash, pot) how long do you usually stay high?	(n=3,382)	
a. I don't use marijuana	90.5%	(±1.8)
b. I usually don't get high.	2.6%	(±0.6)
c. 1 to 2 hours	3.2%	(±0.8)
d. 3 to 4 hours	2.3%	(±0.7)
e. 5 to 6 hours	0.8%	(±0.3)
f. 7 to 8 hours	0.3%	(±0.2)
g. 9 or more hours	0.4%	(±0.2)
66. In the past year, have your parents or guardians talked to you about why you should not use marijuana?	(n=4,185)	
a. Yes, a number of times	44.8%	(±2.0)
b. Yes, once	20.8%	(±1.5)
c. No	24.7%	(±1.7)
d. I don't remember.	9.6%	(±1.0)
67. Does anyone who lives with you now use marijuana?	(n=3,361)	
a. No	83.2%	(±2.0)
b. Yes	16.8%	(±2.0)
68. During the past 30 days, on how many days did you use marijuana on school property?	(n=3,459)	
a. 0 days	96.2%	(±1.0)
b. 1-2 days	1.6%	(±0.6)
c. 3-9 days	0.9%	(±0.4)
d. 10-29 days	0.5%	(±0.2)
e. All 30 days	0.7%	(±0.3)
69. How wrong do your friends feel it would be for you to: Use marijuana?	(n=3,189)	
a. Very wrong	71.4%	(±2.7)
b. Wrong	14.7%	(±1.3)
c. A little bit wrong	7.2%	(±1.1)
d. Not at all wrong	6.7%	(±1.3)

## Other Alcohol- and Drug-Related Questions

<b>70. How many times in the past year (12 months) have you been drunk or high at school?</b>	<b>Statewide % (±CI) (n=3,922)</b>	
a. Never	93.8%	(±1.3)
b. 1-2 times	3.4%	(±0.9)
c. 3-5 times	1.5%	(±0.4)
d. 6-9 times	0.4%	(±0.2)
e. 10 or more times	1.0%	(±0.3)

[Question 71 appears only on the elementary version of the survey.]

<b>72. How wrong do your parents feel it would be for you to: Use prescription drugs not prescribed to you?</b>	<b>(n=4,348)</b>	
a. Very wrong	85.1%	(±1.5)
b. Wrong	10.5%	(±1.1)
c. A little bit wrong	2.9%	(±0.6)
d. Not at all wrong	1.5%	(±0.4)

<b>73. How wrong do your friends feel it would be for you to: Use prescription drugs not prescribed to you?</b>	<b>(n=3,179)</b>	
a. Very wrong	77.4%	(±2.0)
b. Wrong	15.9%	(±1.5)
c. A little bit wrong	4.5%	(±0.8)
d. Not at all wrong	2.2%	(±0.6)

<b>74. How much do you think people risk harming themselves if they: Use prescription drugs that are not prescribed to them?</b>	<b>(n=4,115)</b>	
a. No risk	3.7%	(±0.9)
b. Slight risk	5.8%	(±1.0)
c. Moderate risk	16.9%	(±1.1)
d. Great risk	65.5%	(±2.4)
e. Not sure	8.0%	(±1.0)

<b>75. In the past year, which of the following happened because you drank alcohol or used drugs? Choose all that apply.</b>	<b>(n=3,338)</b>	
a. I did not use alcohol or drugs in the past year.	87.7%	(±1.6)
b. I did not have any problems from drinking alcohol or using drugs in the past year.	8.6%	(±1.0)
c. I missed classes or school.	0.9%	(±0.4)
d. I failed classes or dropped out of school.	0.8%	(±0.8)
e. I got sick (vomited) or had a hangover.	1.6%	(±0.5)
f. I felt depressed, anxious, scared, or had other emotional problems.	1.2%	(±0.4)
g. I got hurt or injured.	0.7%	(±0.3)
h. I hurt or injured someone else.	0.3%	(±0.2)
i. I got in trouble with my parents or family.	1.2%	(±0.4)
j. I did things I didn't want to do or regretted afterward.	1.5%	(±0.4)

## Other Health Concerns

### Nutrition and Fitness

This section provides results regarding other health concerns including nutrition and fitness, health conditions and health care, safety, behaviors related to intentional injury, depression, and gambling behavior. Proper nutrition and exercise are critical components of a healthy life, as is access to preventive health care. Safety-related behaviors, such as wearing a seat belt when in a moving vehicle, can profoundly influence the outcome of an accident. Injury is the leading cause of death for adolescents aged 10 to 19, and violence contributes to injury-related deaths. People who are depressed experience a range of symptoms, and depression is associated with suicidal behavior.

Obese: "Obese" includes students who are in the top 5% for body mass index by age and gender based on growth charts developed by the Centers for Disease Control and Prevention (2000). "Overweight" includes students who are in the top 15% but not the top 5%.

<b>76. Obese or overweight? (Computed from numeric responses to "How tall are you without your shoes on?" and "How much do you weigh without your shoes on?")</b>	<b>Statewide % (±CI) (n=3,581)</b>	
Obese	11.1%	(±1.5)
Overweight	15.5%	(±1.9)
Normal weight	69.8%	(±2.6)
Underweight	3.7%	(±0.7)
<b>77. Which of the following are you trying to do about your weight?</b>	<b>(n=4,172)</b>	
a. I am not trying to do anything about my weight.	33.5%	(±2.3)
b. Lose weight	39.3%	(±2.5)
c. Gain weight	10.3%	(±1.0)
d. Stay the same weight	17.0%	(±1.2)
<b>78. How often do you eat dinner with your family?</b>	<b>(n=4,153)</b>	
a. Never	5.0%	(±0.7)
b. Rarely	12.3%	(±1.1)
c. Sometimes	17.4%	(±1.7)
d. Most of the time	31.3%	(±1.7)
e. Always	34.1%	(±2.2)
<b>79. How often in the past 12 months did you or your family have to cut meal size or skip meals because there wasn't enough money for food?</b>	<b>(n=7,832)</b>	
a. Almost every month	2.7%	(±0.5)
b. Some months but not every month	3.9%	(±0.6)
c. Only 1-2 months	3.7%	(±0.6)
d. Did not have to skip or cut the size of meals.	89.7%	(±1.3)
<b>80. Number of servings of fruits and vegetables eaten per day (Computed from FV1 – FV6)</b>	<b>(n=4,117)</b>	
a. Less than 1	12.1%	(±1.3)
b. 1 to less than 3	43.4%	(±2.4)
c. 3 to less than 5	21.5%	(±1.5)
d. 5 or more	23.0%	(±1.6)
<b>81. Did you eat breakfast today?</b>	<b>(n=4,141)</b>	
a. Yes	66.2%	(±2.5)
b. No	33.8%	(±2.5)

<b>82. During the past 7 days, how many times did you drink regular soda, sports drinks (such as Gatorade) and other flavored sweetened drinks (such as Snapple or SoBe)? Do not include diet drinks.</b>	<b>Statewide % (±CI) (n=4,162)</b>	
a. 0 times	22.2%	(±1.8)
b. 1-3 times	47.6%	(±1.6)
c. 4-6 times	14.8%	(±1.2)
d. 1 time per day	7.8%	(±0.9)
e. 2 times per day	4.2%	(±0.7)
f. 3 times per day	1.3%	(±0.3)
g. 4 or more times per day	2.0%	(±0.5)
<b>83. During the past 7 days, how many times did you drink regular soda, sports drinks (such as Gatorade) and other flavored sweetened drinks (such as Snapple or SoBe) at school (including any after-school and weekend activities)? Do not include diet drinks.</b>	<b>(n=4,155)</b>	
a. 0 times	61.1%	(±2.2)
b. 1-3 times	29.4%	(±1.6)
c. 4-6 times	6.2%	(±0.8)
d. 7-9 times	1.7%	(±0.4)
e. 10 times or more	1.6%	(±0.4)
<b>84. During the past 7 days, where did you usually get the soda or other sweetened drinks that you drank at school? (Choose only one answer.)</b>	<b>(n=4,148)</b>	
a. I did not drink sodas, sports drinks, or other flavored drinks at school.	59.9%	(±2.4)
b. I brought them from home.	22.2%	(±1.8)
c. I got them from friends.	4.4%	(±0.9)
d. I bought them at school.	6.2%	(±1.5)
e. Other	7.3%	(±1.3)

[Questions 85-86 appear only on the elementary version of the survey.]

<b>87. During the past 7 days, how many times did you eat any potato chips or similar snack foods such as corn chips or cheese puffs at school (including any after-school and weekend activities)? Do not include reduced fat or fat-free items.</b>	<b>(n=4,138)</b>	
a. 0 times	37.9%	(±1.9)
b. 1-3 times	43.5%	(±2.1)
c. 4-6 times	13.1%	(±1.1)
d. 7-9 times	2.9%	(±0.6)
e. 10 times or more	2.6%	(±0.5)

**88. In the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate or makes you breathe hard some of the time.)**

**Statewide  
% (±CI)  
(n=4,120)**

a. 0 days	9.2%	(±1.6)
b. 1 day	5.9%	(±1.0)
c. 2 days	7.4%	(±1.0)
d. 3 days	8.9%	(±1.2)
e. 4 days	10.3%	(±1.5)
f. 5 days	18.6%	(±1.4)
g. 6 days	9.6%	(±1.3)
h. 7 days	30.1%	(±2.3)

**89. On how many of the past 7 days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?**

**(n=4,113)**

a. 0 days	19.9%	(±1.7)
b. 1 day	10.2%	(±1.2)
c. 2 days	12.1%	(±1.5)
d. 3 days	12.8%	(±1.5)
e. 4 days	8.9%	(±1.1)
f. 5 days	16.6%	(±2.6)
g. 6 days	4.4%	(±0.8)
h. 7 days	15.0%	(±1.6)

**90. On average how many days a week do you walk to or from school?**

**(n=4,079)**

a. Never	62.4%	(±5.8)
b. 1-2	12.6%	(±2.3)
c. 3-4	6.4%	(±1.3)
d. I walk every day.	18.6%	(±3.4)

**91. On average how many days a week do you ride a bicycle to or from school?**

**(n=4,077)**

a. Never	94.1%	(±1.5)
b. 1-2	3.3%	(±0.9)
c. 3-4	1.2%	(±0.4)
d. I bike every day.	1.4%	(±0.6)

**92. On an average school day, how many hours do you watch TV?**

**(n=4,119)**

a. I do not watch TV on an average school day.	21.1%	(±1.4)
b. Less than 1 hour per day	25.0%	(±1.9)
c. 1 hour per day	17.0%	(±1.2)
d. 2 hours per day	17.2%	(±1.3)
e. 3 hours per day	10.3%	(±1.3)
f. 4 hours per day	3.8%	(±0.7)
g. 5 or more hours per day	5.6%	(±0.9)

**93. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on such things as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other social networking tools, and the Internet.)**

Statewide  
% (±CI)  
(n=4,103)

a. I do not play video games or use a computer for fun on an average school day.	15.9%	(±1.2)
b. Less than 1 hour per day	16.2%	(±1.4)
c. 1 hour per day	13.4%	(±1.3)
d. 2 hours per day	16.3%	(±1.2)
e. 3 hours per day	13.4%	(±1.2)
f. 4 hours per day	8.4%	(±0.8)
g. 5 or more hours per day	16.5%	(±1.9)

**94. In an average week when you are in school, on how many days do you go to physical education (PE) classes?**

(n=4,067)

a. 0 days	28.6%	(±7.0)
b. 1 day	1.3%	(±0.4)
c. 2 days	5.4%	(±2.5)
d. 3 days	12.8%	(±10.4)
e. 4 days	2.4%	(±2.1)
f. 5 days	49.4%	(±9.7)

**95. During an average PE class, how many minutes do you spend actually exercising or playing sports?**

(n=4,064)

a. I do not take PE	25.6%	(±6.5)
b. Less than 10 minutes	1.7%	(±0.6)
c. 10-20 minutes	4.8%	(±1.0)
d. 21-30 minutes	9.9%	(±1.6)
e. 31-40 minutes	16.1%	(±2.3)
f. 41-50 minutes	19.1%	(±2.3)
g. 51-60 minutes	13.7%	(±2.5)
h. More than 60 minutes	9.1%	(±5.7)

**96. During the average week, on how many days do you participate in supervised after-school activities either at school or away from school? Include activities such as sports, art, music, dance, drama, or community service, religious, or club activities.**

(n=8,129)

a. 0 days	37.2%	(±2.5)
b. 1-2 days	19.8%	(±1.9)
c. 3 or more days	43.0%	(±2.6)

## Health Conditions and Health Care

**97. Has a doctor or nurse ever told you that you have asthma?**

(n=4,071)

a. Yes	17.4%	(±1.2)
b. No	74.0%	(±1.6)
c. Not sure	8.6%	(±1.0)

	Statewide % (±CI) (n=4,058)	
<b>98. Do you still have asthma?</b>		
a. I have never had asthma.	65.3%	(±1.7)
b. Yes	9.9%	(±0.8)
c. No	14.3%	(±1.3)
d. Not sure	10.5%	(±1.1)
<b>99. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?</b>	(n=4,057)	
a. During the past 12 months	76.3%	(±2.8)
b. Between 12 and 24 months ago	7.2%	(±1.0)
c. More than 24 months ago	3.1%	(±0.6)
d. Never	1.3%	(±0.4)
e. Not sure	12.0%	(±2.0)
<b>100. During the past 12 months, how many days did you miss some school because of toothache? (Do not include toothache due to braces or injury.)</b>	(n=4,043)	
a. None	93.4%	(±1.2)
b. 1-4 days	3.4%	(±0.8)
c. 5 days or more	0.9%	(±0.2)
d. Not sure	2.3%	(±0.6)

[Question 101 appears only on the elementary version of the survey.]

<b>102. On an average school night how many hours do you sleep?</b>	(n=3,799)	
a. 5 hours or less	10.2%	(±1.0)
b. About 6 hours	15.6%	(±1.4)
c. About 7 hours	24.2%	(±1.3)
d. About 8 hours	34.7%	(±1.5)
e. 9 hours or more	15.2%	(±1.6)

## Sexual Behavior

<b>103. Have you ever had sexual intercourse? †</b>	(n=1,992)	
a. Yes	8.0%	(±2.1)
b. No	92.0%	(±2.1)
<b>104. How old were you when you had sexual intercourse for the first time? †</b>	(n=1,992)	
a. I have never had sexual intercourse.	92.0%	(±2.1)
b. 11 years old or younger	2.7%	(±0.8)
c. 12 years old	1.6%	(±0.6)
d. 13 years old	2.5%	(±1.2)
e. 14 years old	0.9%	(±0.4)
f. 15 years old	0.0%	(±0.0)
g. 16 years old	0.0%	(±0.0)
h. 17 years old or older	0.4%	(±0.2)

	Statewide % (±CI) (n=1,986)	
<b>105. With how many people have you ever had sexual intercourse? †</b>		
a. I have never had sexual intercourse.	92.0%	(±2.3)
b. 1 person	4.1%	(±1.3)
c. 2 people	1.4%	(±0.7)
d. 3 people	0.7%	(±0.4)
e. 4 people	0.4%	(±0.3)
f. 5 people	0.3%	(±0.2)
g. 6 or more people	1.2%	(±0.5)

	(n=1,977)	
<b>106. The last time you had sexual intercourse, did you or your partner use a condom? †</b>		
a. I have never had sexual intercourse.	92.5%	(±2.2)
b. Yes	4.1%	(±1.6)
c. No	3.3%	(±1.0)

### Behaviors Related to Unintentional Injury

	(n=4,242)	
<b>107. How often do you wear a life vest when you're in a small boat like a canoe, raft, or small motorboat?</b>		
a. Never go boating	24.9%	(±3.3)
b. Never	8.1%	(±1.2)
c. Less than half the time	7.2%	(±0.9)
d. About half the time	10.3%	(±1.3)
e. More than half the time	17.2%	(±1.8)
f. Always	32.2%	(±2.1)

	(n=4,257)	
<b>108. Have you ever taken formal swimming lessons?</b>		
a. Yes	56.0%	(±5.4)
b. No	36.3%	(±4.9)
c. Not sure	7.7%	(±0.9)

	(n=4,260)	
<b>109. How good a swimmer do you think you are?</b>		
a. Good	55.6%	(±3.5)
b. So-so	32.6%	(±1.8)
c. Not good	6.4%	(±1.4)
d. Can't swim	5.4%	(±1.2)

	(n=4,215)	
<b>110. During the past 30 days, how many days did you ride in a car or other vehicle driven by someone who was texting or emailing?</b>		
a. 0 days	51.9%	(±2.0)
b. 1 or 2 days	19.6%	(±1.2)
c. 3 to 5 days	8.9%	(±0.8)
d. 6 to 9 days	5.9%	(±0.9)
e. 10 to 19 days	5.4%	(±0.8)
f. 20 to 29 days	3.0%	(±0.6)
g. All 30 days	5.3%	(±0.8)

[Question 111 appears only on the elementary version of the survey.]

<b>112. During the past 30 days, how many days did you text or email while driving a car or other vehicle?</b>	<b>Statewide % (±CI) (n=7,878)</b>	
a. I did not drive a car or other vehicle during the past 30 days.	82.8%	(±1.7)
b. 0 days	12.3%	(±1.3)
c. 1 or 2 days	1.5%	(±0.2)
d. 3 to 5 days	0.8%	(±0.2)
e. 6 to 9 days	0.6%	(±0.1)
f. 10 to 19 days	0.5%	(±0.1)
g. 20 to 29 days	0.4%	(±0.1)
h. All 30 days	1.0%	(±0.3)

<b>113. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?</b>	<b>(n=3,737)</b>	
a. 0 times	85.0%	(±1.5)
b. 1 time	7.5%	(±0.9)
c. 2-3 times	4.3%	(±0.8)
d. 4-5 times	1.1%	(±0.4)
e. 6 or more times	2.2%	(±0.5)

[Question 114 appears only on the elementary version of the survey.]

<b>115. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?</b>	<b>(n=3,734)</b>	
a. 0 times	96.6%	(±0.8)
b. 1 time	1.2%	(±0.4)
c. 2-3 times	1.0%	(±0.3)
d. 4-5 times	0.5%	(±0.2)
e. 6 or more times	0.7%	(±0.3)

<b>116. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been using marijuana?</b>	<b>(n=3,710)</b>	
a. 0 times	89.2%	(±1.7)
b. 1 time	3.6%	(±0.7)
c. 2-3 times	3.0%	(±0.8)
d. 4-5 times	1.0%	(±0.3)
e. 6 or more times	3.1%	(±0.8)

<b>117. During the past 30 days, how many times did you drive a car or other vehicle within three hours after using marijuana?</b>	<b>(n=3,702)</b>	
a. 0 times	94.4%	(±1.0)
b. 1 time	2.2%	(±0.6)
c. 2-3 times	1.6%	(±0.5)
d. 4-5 times	0.5%	(±0.3)
e. 6 or more times	1.4%	(±0.4)

## Behaviors Related to Intentional Injury

118. During the past 30 days, on how many days did you: Carry a weapon such as a gun, knife, or club on school property?		Statewide % (±CI) (n=8,087)	
a. 0 days		96.0%	(±0.5)
b. 1-5 days		2.5%	(±0.3)
c. 6 or more days		1.5%	(±0.3)

[Question 119 appears only on the elementary version of the survey.]

120. During the past 30 days, on how many days did you carry a gun? (Do not include carrying a gun while hunting.)		(n=4,223)	
a. 0 times		96.2%	(±0.8)
b. 1 time		2.0%	(±0.5)
c. 2-3 times		0.9%	(±0.3)
d. 4-5 times		0.2%	(±0.1)
e. 6 or more times		0.7%	(±0.3)

121. During the past 12 months, how many times were you in a physical fight?		(n=8,384)	
a. 0 times		72.9%	(±1.5)
b. 1 time		14.1%	(±0.9)
c. 2-3 times		8.3%	(±0.8)
d. 4-5 times		1.9%	(±0.3)
e. 6 or more times		2.7%	(±0.4)

122. A gang is a group of people with a leader who act together often for violent or illegal activities. During the past 12 months, have you been a member of a gang?		(n=8,118)	
a. No		95.1%	(±0.6)
b. Yes		4.9%	(±0.6)

123. Are there gangs at your school?		(n=8,125)	
a. No		31.6%	(±3.7)
b. Yes		10.9%	(±2.1)
c. Don't know		57.6%	(±3.0)

124. Not counting TV, movies, video games, and sporting events, have you seen an adult hit, slap, punch, shove, kick, or otherwise physically hurt another adult more than one time?		(n=3,437)	
a. No		78.0%	(±1.8)
b. Yes		22.0%	(±1.8)

## Physical, Emotional and Sexual Abuse

125. Has an adult ever physically hurt you on purpose (like pushed, slapped, hit, kicked or punched you), leaving a mark, bruise or injury?		(n=3,403)	
a. No		80.7%	(±1.7)
b. Yes		19.3%	(±1.7)

126. How often does a parent or adult in your home swear at you, insult you, put you down or humiliate you?	Statewide % (±CI) (n=3,410)	
a. Never or almost never	66.3%	(±2.0)
b. Sometimes	21.7%	(±1.4)
c. Often	7.0%	(±0.8)
d. Very often	5.0%	(±1.0)
127. During the past 12 months, did someone you were dating or going out with ever limit your activities, threaten you, or make you feel unsafe in any other way?	(n=3,472)	
a. I did not date or go out with anyone during the past 12 months.	58.8%	(±2.2)
b. No	36.8%	(±2.0)
c. Yes	4.3%	(±0.7)
128. In the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)	(n=3,455)	
a. I did not date or go out with anyone during the past 12 months.	61.9%	(±2.2)
b. 0 times	35.5%	(±2.1)
c. 1 time	1.5%	(±0.4)
d. 2 or 3 times	0.5%	(±0.4)
e. 4 or 5 times	0.1%	(±0.1)
f. 6 or more times	0.4%	(±0.2)
129. Have you ever been in a situation where someone made you engage in kissing, sexual touch or intercourse when you did not want to? †	(n=1,979)	
a. No	87.2%	(±1.6)
b. Yes	12.8%	(±1.6)

## Mental Health

130. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	(n=8,326)	
a. Yes	27.7%	(±1.6)
b. No	72.3%	(±1.6)
131. During the past 12 months, did you ever seriously consider attempting suicide?	(n=8,274)	
a. Yes	16.7%	(±1.0)
b. No	83.3%	(±1.0)
132. During the past 12 months, did you make a plan about how you would attempt suicide?	(n=4,214)	
a. Yes	13.4%	(±1.2)
b. No	86.6%	(±1.2)

<b>133. During the past 12 months, how many times did you actually attempt suicide?</b>	<b>Statewide % (±CI) (n=4,223)</b>	
a. 0 times	91.7%	(±1.1)
b. 1 time	4.5%	(±0.7)
c. 2-3 times	2.5%	(±0.5)
d. 4-5 times	0.8%	(±0.2)
e. 6 or more times	0.5%	(±0.2)

[Questions 134-135 appear only on the elementary version of the survey.]

<b>136. How often over the last 2 weeks, were you bothered by: Feeling nervous, anxious or on edge?</b>	<b>(n=7,280)</b>	
a. Not at all	47.1%	(±1.8)
b. Several days	33.3%	(±1.4)
c. More than half the days	8.2%	(±0.7)
d. Nearly every day	11.4%	(±0.9)

<b>137. How often over the last 2 weeks, were you bothered by: Not being able to stop or control worrying?</b>	<b>(n=7,228)</b>	
a. Not at all	60.1%	(±1.3)
b. Several days	23.3%	(±0.9)
c. More than half the days	7.3%	(±0.6)
d. Nearly every day	9.3%	(±1.0)

<b>138. When you feel sad or hopeless, are there adults that you can turn to for help?</b>	<b>(n=4,229)</b>	
a. I never feel sad or hopeless.	27.1%	(±1.8)
b. Yes	47.2%	(±3.0)
c. No	11.8%	(±1.1)
d. Not sure	13.9%	(±1.5)

<b>139. If you feel sad or hopeless almost every day for two weeks or more in a row, to whom would you most likely turn for help? (Check all that apply)</b>	<b>(n=6,387)</b>	
a. Sibling or cousin	18.3%	(±1.2)
b. Teacher, school counselor, or other adult in my school	10.9%	(±1.2)
c. Friend or peer	30.0%	(±2.0)
d. Parent/Guardian	36.3%	(±2.4)
e. Adult friend or adult relative that is not my parent/guardian	8.2%	(±0.9)
f. Religious/faith leader	5.3%	(±1.0)
g. I don't have anyone I would talk to.	8.5%	(±1.0)
h. I have not felt sad or hopeless for two weeks or more in a row.	28.0%	(±2.7)

<b>140. Last year, did you hear or see information at your school about the warning signs of suicide and how to get help for yourself or a friend?</b>	<b>(n=3,383)</b>	
a. Yes	37.5%	(±5.4)
b. No	37.6%	(±3.8)
c. Not sure	24.9%	(±2.5)

## Social and Emotional Learning

	Statewide % (±CI) (n=3,271)	
<b>141. I know how to disagree without starting a fight or argument.</b>		
a. Strongly agree	46.3%	(±2.1)
b. Agree	43.0%	(±1.5)
c. Disagree	8.3%	(±1.0)
d. Strongly disagree	2.4%	(±0.6)
<b>142. When I have problems at school, I am good at finding ways to solve them.</b>	(n=3,252)	
a. Strongly agree	35.9%	(±2.4)
b. Agree	50.4%	(±2.0)
c. Disagree	10.9%	(±1.4)
d. Strongly disagree	2.8%	(±0.6)
<b>143. When I make a decision, I think about what might happen afterward.</b>	(n=3,244)	
a. Strongly agree	37.1%	(±2.0)
b. Agree	46.5%	(±2.2)
c. Disagree	12.6%	(±1.5)
d. Strongly disagree	3.9%	(±0.7)
<b>144. I try to understand how other people feel and think.</b>	(n=3,227)	
a. Strongly agree	45.8%	(±2.3)
b. Agree	44.9%	(±2.2)
c. Disagree	7.1%	(±1.2)
d. Strongly disagree	2.2%	(±0.6)

## Gambling

<b>145. In the past 12 months, how often have you gambled (bet) for money or possessions?</b>	(n=3,665)	
a. Never in the past year	78.5%	(±1.6)
b. Once or twice in the past year	12.6%	(±1.0)
c. A few times in the past year	5.8%	(±0.9)
d. Once or twice a month	1.8%	(±0.3)
e. At least once a week	1.3%	(±0.4)

## School Climate

In the past few years Washington State has given increased attention to supportive learning environments. Students need a safe, nurturing, healthy, and civil learning environment if they are to be successful in school. This section provides information about student perceptions of school climate.

<b>146. A student is being bullied when another student, or group of students, say or do nasty or unpleasant things to him or her. It is also bullying when a student is teased repeatedly in a way he or she doesn't like. It is NOT bullying when two students of about the same strength argue or fight. In the last 30 days, how often have you been bullied?</b>		<b>Statewide % (±CI) (n=8,526)</b>
a. I have not been bullied.	72.6%	(±1.6)
b. Once	11.9%	(±0.9)
c. 2-3 times	8.1%	(±0.7)
d. About once a week	3.4%	(±0.5)
e. Several times a week	4.0%	(±0.6)
<b>147. When a student is being bullied at school, how often do teachers or other adults at school try to put a stop to it?</b>		<b>(n=3,931)</b>
a. Almost always	36.1%	(±2.9)
b. Often	22.8%	(±1.6)
c. Sometimes	17.9%	(±1.6)
d. Once in a while	11.8%	(±1.1)
e. Almost never	11.3%	(±1.5)
<b>148. If you see bullying or have been bullied at school do you know how to report it?</b>		<b>(n=3,974)</b>
a. Yes	78.8%	(±1.9)
b. No	9.2%	(±1.1)
c. Not sure	12.0%	(±1.4)
<b>149. In the past 30 days, how often were you bullied, harassed, or intimidated at school or on your way to or from school because of your race, ethnicity, or national origin or what someone thought it was?</b>		<b>(n=4,026)</b>
a. 0 times	86.9%	(±1.6)
b. 1 time	6.6%	(±0.9)
c. 2-3 times	3.4%	(±0.6)
d. About once a week	1.3%	(±0.4)
e. Several times a week or more	1.8%	(±0.4)
<b>150. In the past 30 days, how often were you bullied, harassed, or intimidated at school or on your way to or from school: Because someone thought you were gay, lesbian, or bisexual (whether you are or are not)?</b>		<b>(n=4,005)</b>
a. 0 times	88.7%	(±1.1)
b. 1 time	5.3%	(±0.7)
c. 2-3 times	2.6%	(±0.6)
d. About once a week	1.4%	(±0.4)
e. Several times a week or more	2.0%	(±0.5)

<b>151. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to and from school?</b>	<b>Statewide % (±CI) (n=3,831)</b>
a. 0 days	89.7% (±2.4)
b. 1 day	5.6% (±2.1)
c. 2 or 3 days	2.8% (±0.6)
d. 4 or 5 days	0.8% (±0.3)
e. 6 or more days	1.1% (±0.3)
<b>152. In the past 30 days, has someone used the computer or a cell phone to bully, harass or intimidate you?</b>	<b>(n=4,008)</b>
a. Yes	11.6% (±1.1)
b. No	82.3% (±1.4)
c. Not sure	6.2% (±0.8)
<b>153. During the past 30 days, have you received a text or an e-mail with a revealing or sexual photo of someone?</b>	<b>(n=3,984)</b>
a. Yes	10.9% (±1.9)
b. No	89.1% (±1.9)
<b>154. Does your school provide a counselor, intervention specialist, or other school staff member for students to discuss problems with alcohol, tobacco, or other drugs?</b>	<b>(n=3,972)</b>
a. No	8.0% (±1.2)
b. Yes	56.2% (±3.4)
c. Not sure	35.8% (±3.4)
<b>155. Does your school have a counselor?</b>	<b>(n=3,396)</b>
a. Yes	91.6% (±1.8)
b. No	2.4% (±0.6)
c. Not sure	6.0% (±1.5)
<b>156. In the last year, did you have any contact with the counselor?</b>	<b>(n=3,362)</b>
a. Yes	42.3% (±3.2)
b. No	57.7% (±3.2)
<b>157. There are people in this school who will help me if I need it?</b>	<b>(n=3,344)</b>
a. Yes	79.7% (±1.7)
b. No	6.0% (±0.9)
c. Not sure	14.3% (±1.5)
<b>158. Last year in school, were you taught about AIDS or HIV infection?</b>	<b>(n=3,872)</b>
a. Yes	74.0% (±5.9)
b. No	18.1% (±4.8)
c. Not sure	8.0% (±1.7)
<b>159. Last year in school, were you taught about abstinence (not having sex) to prevent sexually transmitted diseases (STDs) and pregnancy?</b>	<b>(n=3,317)</b>
a. Yes	68.0% (±5.7)
b. No	20.0% (±4.7)
c. Not sure	11.9% (±1.5)

160. Last year in school, were you taught about ways other than abstinence to prevent sexually transmitted diseases (STDs) and pregnancy?	Statewide % ( $\pm$ CI) (n=3,288)	
a. Yes	64.1%	( $\pm$ 5.9)
b. No	20.5%	( $\pm$ 4.9)
c. Not sure	15.4%	( $\pm$ 1.9)

161. How many hours per week are you currently working for pay, NOT counting chores around your home, yard work, or babysitting?	(n=3,796)	
a. None, not currently working	88.8%	( $\pm$ 1.4)
b. 10 hours or less a week	8.5%	( $\pm$ 1.0)
c. 11-20 hours a week	1.4%	( $\pm$ 0.5)
d. 21-30 hours a week	0.6%	( $\pm$ 0.2)
e. 31-40 hours a week	0.2%	( $\pm$ 0.1)
f. More than 40 hours a week	0.5%	( $\pm$ 0.2)

## Quality of Life

Health-related quality of life is an individual's or group's perceived physical and mental health over time. At the individual level it involves a person's health and health-related conditions; at the community level it involves conditions that influence people's health. This section contains the results of the survey questions related to individual quality of life.

162. Youth Quality of Life (Computed from questions 163-167)	(n=3,723)	
a. Low	23.0%	( $\pm$ 1.5)
b. Medium low	22.1%	( $\pm$ 1.6)
c. Medium high	20.0%	( $\pm$ 1.4)
d. High	34.9%	( $\pm$ 2.1)

163. I feel I am getting along with my parents or guardians.	(n=3,785)	
a. 0 not at all true	3.4%	( $\pm$ 0.6)
b. 1	1.6%	( $\pm$ 0.4)
c. 2	1.7%	( $\pm$ 0.4)
d. 3	2.4%	( $\pm$ 0.4)
e. 4	3.5%	( $\pm$ 0.6)
f. 5	4.8%	( $\pm$ 0.8)
g. 6	3.8%	( $\pm$ 0.7)
h. 7	8.5%	( $\pm$ 0.9)
i. 8	12.8%	( $\pm$ 1.1)
j. 9	17.0%	( $\pm$ 1.6)
k. 10 completely true	40.7%	( $\pm$ 2.3)

	Statewide	
	% (±CI)	
	(n=3,777)	
164. I look forward to the future.		
a. 0 not at all true	3.7%	(±0.5)
b. 1	1.2%	(±0.4)
c. 2	1.4%	(±0.4)
d. 3	1.7%	(±0.5)
e. 4	2.1%	(±0.4)
f. 5	5.9%	(±0.8)
g. 6	4.3%	(±0.7)
h. 7	7.7%	(±1.0)
i. 8	11.4%	(±1.3)
j. 9	12.9%	(±1.2)
k. 10 completely true	47.6%	(±2.5)
165. I feel good about myself.		
	(n=3,765)	
a. 0 not at all true	5.6%	(±0.9)
b. 1	2.0%	(±0.5)
c. 2	3.7%	(±0.7)
d. 3	3.6%	(±0.6)
e. 4	4.4%	(±0.6)
f. 5	7.0%	(±0.9)
g. 6	6.0%	(±0.9)
h. 7	9.6%	(±0.9)
i. 8	11.9%	(±1.2)
j. 9	13.4%	(±1.1)
k. 10 completely true	32.8%	(±2.2)
166. I am satisfied with the way my life is now.		
	(n=3,715)	
a. 0 not at all true	6.3%	(±0.9)
b. 1	1.7%	(±0.5)
c. 2	2.3%	(±0.5)
d. 3	2.9%	(±0.5)
e. 4	3.7%	(±0.6)
f. 5	6.1%	(±0.8)
g. 6	6.0%	(±0.8)
h. 7	8.8%	(±0.9)
i. 8	12.2%	(±0.9)
j. 9	15.1%	(±1.2)
k. 10 completely true	34.9%	(±2.1)

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167. I feel alone in my life.	Statewide	
	% (±CI)	(n=3,712)
a. 0 not at all true	50.1%	(±1.8)
b. 1	9.7%	(±1.0)
c. 2	6.3%	(±0.7)
d. 3	4.4%	(±0.7)
e. 4	3.2%	(±0.5)
f. 5	5.4%	(±0.8)
g. 6	3.3%	(±0.6)
h. 7	4.7%	(±0.6)
i. 8	4.8%	(±0.6)
j. 9	3.2%	(±0.5)
k. 10 completely true	4.8%	(±0.7)

[Question 168 appears only on the elementary version of the survey.]

## Risk and Protective Factors

Decades of research have shown that certain risk factors are associated with increased likelihood of health risk behaviors including ATOD use, violence, and delinquent behaviors. Similarly, research from Drs. Hawkins and Catalano and associates at the University of Washington, has shown that protective factors exert a positive influence against the negative influence of risk factors. The premise of the risk reduction and protective factor enhancement approach to prevention is that preventing a problem before it occurs requires addressing the factors that predict the problem. Ideally, this strategy entails discovering the causes of the problem behavior and influencing those causes. Many of the survey questions were used to assess students' status on risk and protective factors in the community, school, and peer-individual domains. Composite scales were computed for use in local program planning.

## Risk and Protective Factor Framework and Reporting Schedule

This table provides a list of risk and protective factors included in the Healthy Youth Survey by year.

	2004	2006	2008	2010	2012	2014	2016
<b>Community Protective Factors</b>							
Opportunities for Prosocial Involvement	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Rewards for Prosocial Involvement	X	X	X	X <sup>E</sup>	X <sup>E</sup>	X <sup>E</sup>	X <sup>E</sup>
<b>Community Risk Factors</b>							
Transitions and Mobility	X <sup>S</sup>						
Perceived Availability of Handguns	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>		
Laws And Norms Favorable to Drug Use	X	X	X	X	X	X	X
Low Neighborhood Attachment		X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>			
Perceived Availability of Drugs	X	X	X	X	X	X	X
<b>Family Protective Factors</b>							
Opportunities for Prosocial Involvement	X <sup>E, †</sup>	X <sup>†</sup>	X <sup>†</sup>	X <sup>†</sup>	X <sup>†</sup>	X	X
Rewards for Prosocial Involvement	X <sup>E, †</sup>	X <sup>†</sup>	X <sup>†</sup>	X <sup>†</sup>	X <sup>†</sup>	X <sup>E</sup>	X <sup>E</sup>
<b>Family Risk Factors</b>							
Poor Family Management	X <sup>S, †</sup>	X <sup>S, †</sup>	X <sup>S, †</sup>	X <sup>S, †</sup>	X <sup>S, †</sup>	X <sup>S</sup>	X <sup>S</sup>
Parental Attitudes Favorable towards Drug Use	X <sup>S, †</sup>		X <sup>S, †</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Parental Attitudes Favorable to Antisocial Behavior	X <sup>S, †</sup>						
Antisocial Behavior Among Familiar Adults							
<b>Peer-Individual Protective Factors</b>							
Social Skills	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Interaction With Prosocial Peers	X	X	X	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Belief in the Moral Order	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Prosocial Involvement	X	X	X <sup>E</sup>	X <sup>E</sup>	X <sup>E</sup>	X <sup>E</sup>	X <sup>E</sup>
<b>Peer-Individual Risk Factors</b>							
Perceived Risk of Drug Use	X	X	X	X	X	X	X
Early Initiation of Drug Use	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Early Initiation of Antisocial Behavior	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>		
Favorable Attitudes Towards Drug Use	X	X	X	X	X	X	X
Favorable Attitudes Towards Antisocial Behavior	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>			
Rewards for Antisocial Involvement	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>				
Friends' Use of Drugs	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Interaction With Antisocial Peers	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>		
Intentions to Use	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>		
<b>School Protective Factors</b>							
Opportunities for Prosocial Involvement	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>	X <sup>S</sup>
Rewards for Prosocial Involvement	X	X	X	X	X	X	X
<b>School Risk Factors</b>							
Low Commitment to School	X	X	X	X	X	X	X
Academic Failure	X	X	X	X	X	X	X

Note: X<sup>S</sup> = Included only on the secondary version; X<sup>E</sup> = Included only on the elementary version.

## Risk and Protective Factor Scale Results and Graphs

For each risk factor scale, the percentage of students who are at risk (i.e., who agreed with statements that predict ATOD use or other problem behaviors) is reported; higher percentages indicate that more students are likely to engage in problem behaviors. For each protective factor scale, the percentage of students who are resilient (i.e., who agreed with statements that predict the ability to resist ATOD use or other problem behaviors) is reported; higher percentages indicate that fewer students are likely to engage in problem behaviors. These percentages are based on computational methods provided by the University of Washington's Social Development Research Group.

### Community Domain

#### Risk Factors

Perceived Availability of Drugs (Questions 169-172)

Statewide  
% ( $\pm$ CI)  
(n=4,292)  
16.4% ( $\pm$ 1.8)

Laws And Norms Favorable to Drug Use (Questions 173-178)

(n=4,369)  
23.7% ( $\pm$ 2.1)

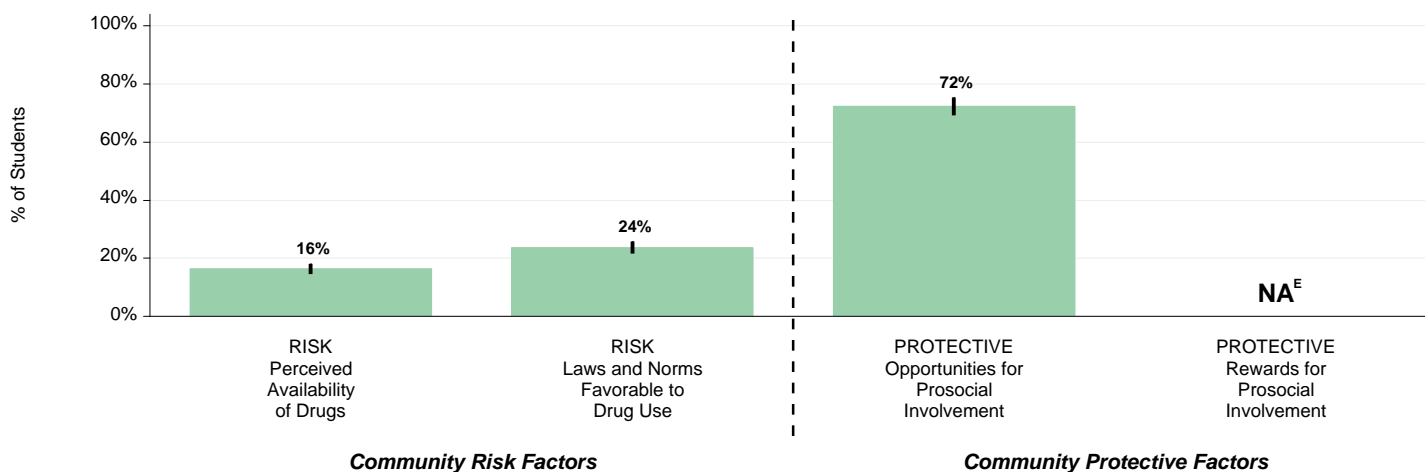
#### Protective Factors

Opportunities for Prosocial Involvement (Questions 179-182)

(n=4,174)  
72.3% ( $\pm$ 3.1)

Rewards for Prosocial Involvement (Questions 183-185)

NA<sup>E</sup>



Note: NA<sup>S</sup> = Included only on the secondary version; NA<sup>E</sup> = Included only on the elementary version.

For more information, see the History of Risk and Protective Factor Report on [www.AskHYS.net](http://www.AskHYS.net), under HYS Results – Frequency Reports - Additional Reports

**Family Domain****Risk Factors****Statewide****% (±CI)**

(n=3,527)

Poor Family Management (Questions 186-193)

33.4% (±2.3)

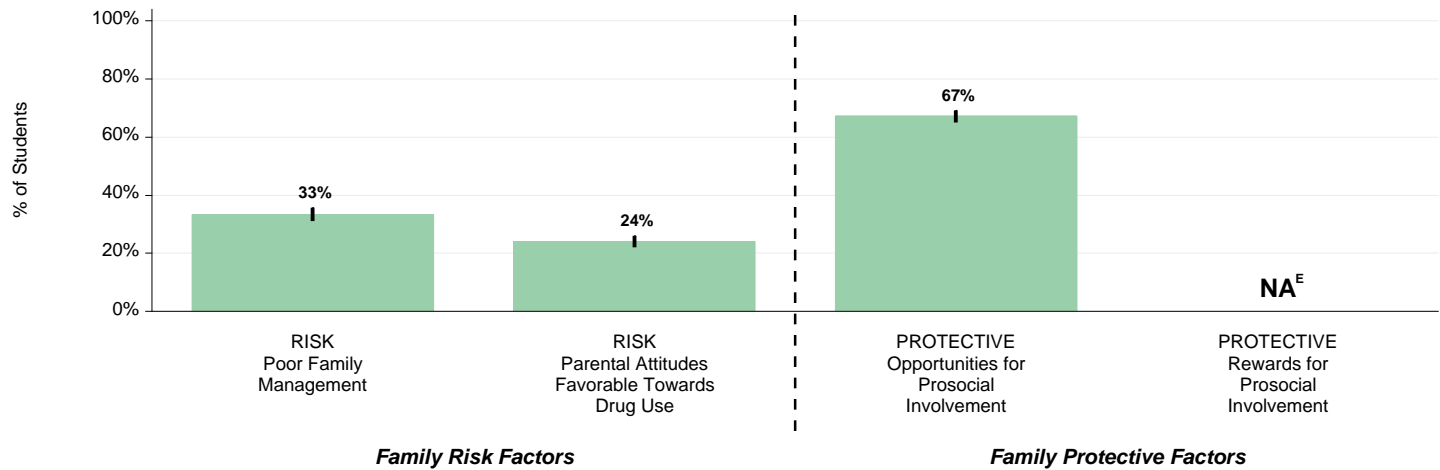
Parental Attitudes Favorable Towards Drug Use (Questions 201-203)

(n=4,360)  
24.0% (±2.0)**Protective Factors**

Opportunities for Prosocial Involvement (Questions 194–196)

(n=3,580)  
67.2% (±2.1)

Rewards for Prosocial Involvement (Questions 197–200)

NA<sup>E</sup>

**School Domain****Risk Factors****Statewide****% (±CI)**

(n=4,109)

Academic Failure (Questions 204–205)

45.4% (±2.4)

Low Commitment to School (Questions 206–212)

(n=4,308)

35.1% (±2.1)

**Protective Factors**

Opportunities for Prosocial Involvement (Questions 213–217)

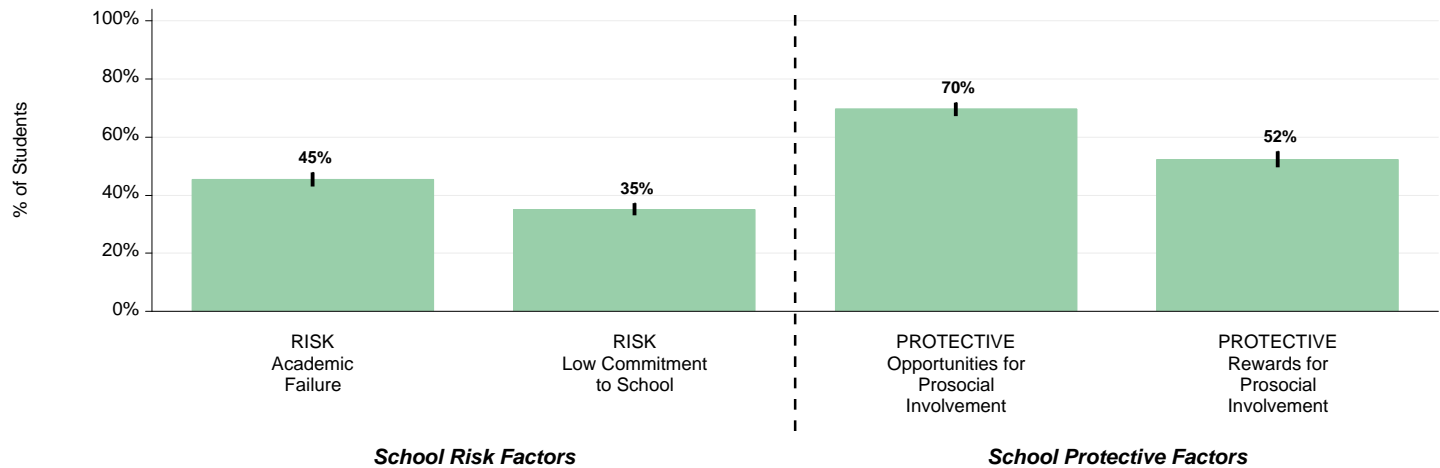
(n=4,237)

69.6% (±2.2)

Rewards for Prosocial Involvement (Questions 218–221)

(n=4,220)

52.3% (±2.7)

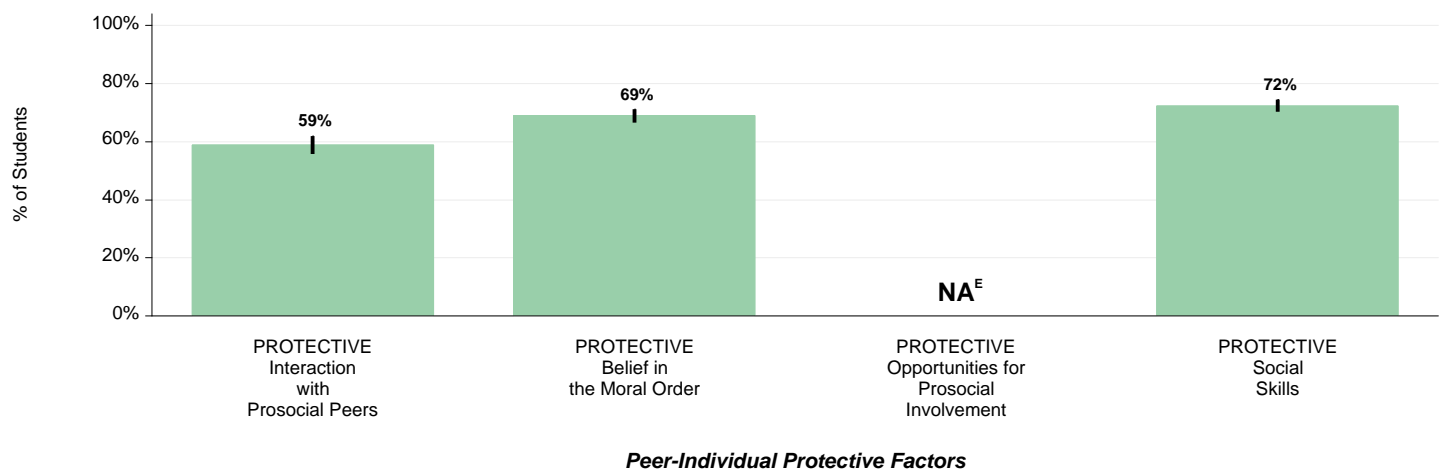
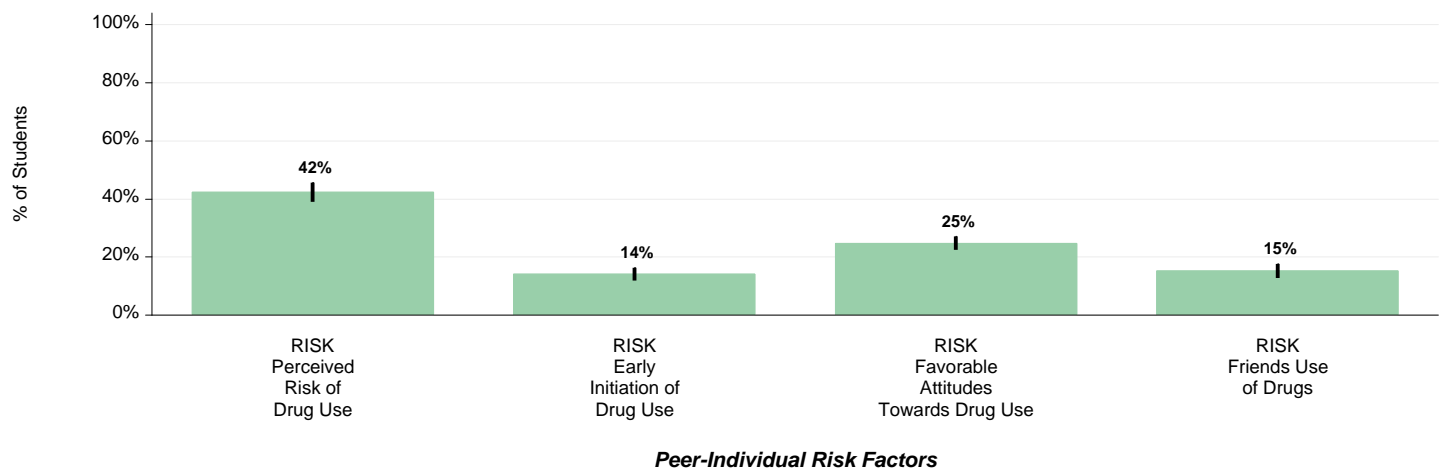


**Peer-Individual Domain****Risk Factors**

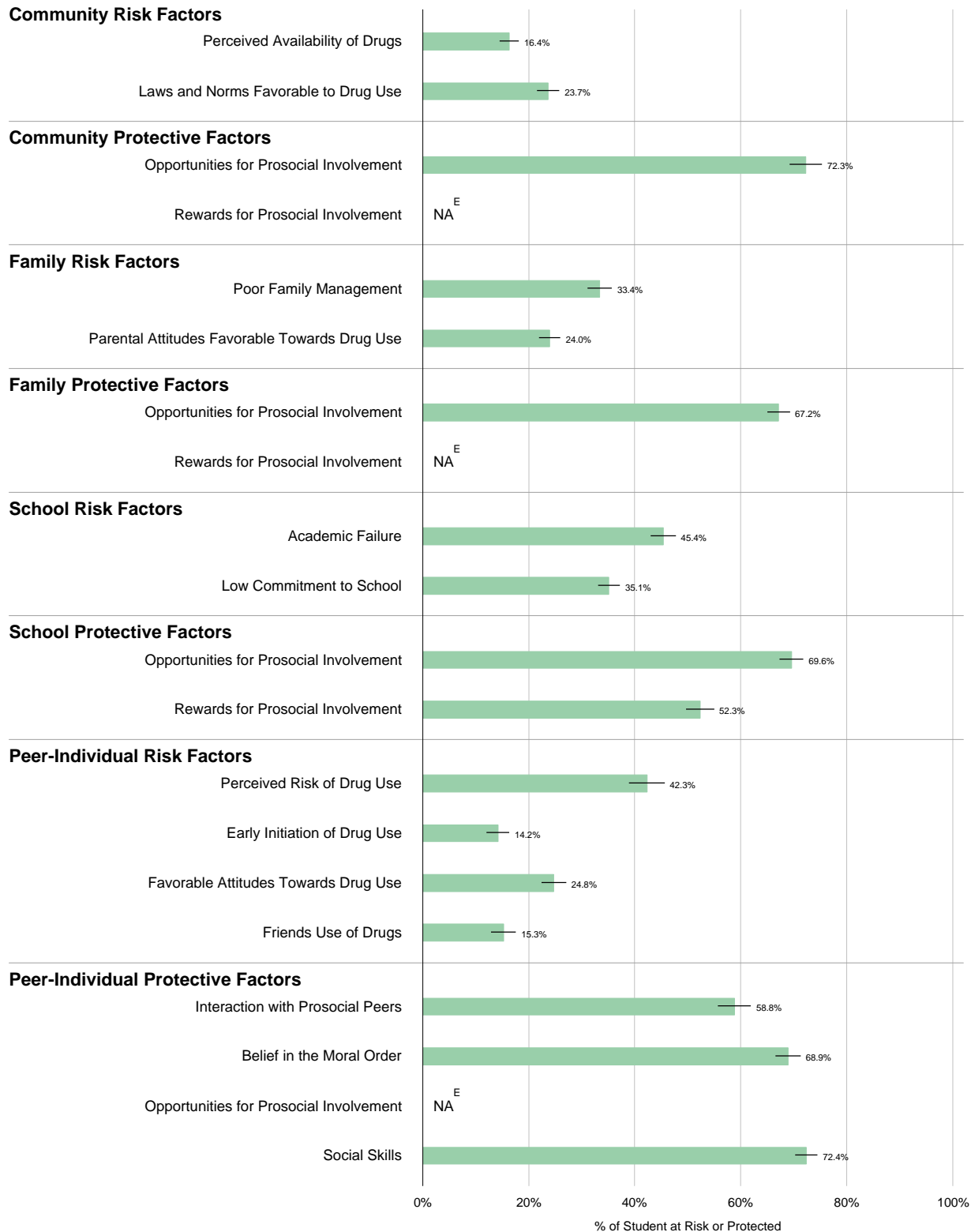
	Statewide % ( $\pm$ CI) (n)
Perceived Risk of Drug Use (Questions 222–225)	42.3% ( $\pm$ 3.4) (n=3,876)
Early Initiation of Drug Use (Questions 226–229)	14.2% ( $\pm$ 2.2) (n=3,909)
Favorable Attitudes Towards Drug Use (Questions 230–233)	24.8% ( $\pm$ 2.3) (n=3,772)
Friends' Use of Drugs (Questions 234–237)	15.3% ( $\pm$ 2.4) (n=3,218)

**Protective Factors**

Interaction With Prosocial Peers (Questions 238–242)	58.8% ( $\pm$ 3.1) (n=3,253)
Belief in the Moral Order (Questions 243–246)	68.9% ( $\pm$ 2.3) (n=4,116)
Opportunities for Prosocial Involvement (Questions 247–249)	NA <sup>E</sup>
Social Skills (Questions 250–252)	72.4% ( $\pm$ 2.1) (n=3,158)



## Risk and Protective Factor Graph of All Scale Results



Note: NA<sup>S</sup> = Included only on the secondary version; NA<sup>E</sup> = Included only on the elementary version.

## Risk and Protective Factors: Individual Question Results

The remainder of the report provides results for the individual survey questions used to compute the risk and protective factors.

### Community Domain

#### Perceived Availability of Drugs (Questions 169-172)

169. If you wanted to get some beer, wine, or hard liquor (for example vodka, whiskey, or gin), how easy would it be for you to get some?	Statewide % (±CI) (n=4,296)	
a. Very hard	49.7%	(±1.8)
b. Sort of hard	24.4%	(±1.1)
c. Sort of easy	15.3%	(±1.1)
d. Very easy	10.7%	(±1.2)
170. If you wanted to get some cigarettes, how easy would it be for you to get some?	(n=4,294)	
a. Very hard	61.5%	(±1.9)
b. Sort of hard	19.2%	(±1.3)
c. Sort of easy	10.5%	(±1.4)
d. Very easy	8.8%	(±1.0)
171. If you wanted to get some marijuana, how easy would it be for you to get some?	(n=4,285)	
a. Very hard	64.8%	(±2.5)
b. Sort of hard	15.1%	(±1.2)
c. Sort of easy	10.0%	(±1.0)
d. Very easy	10.1%	(±1.4)
172. If you wanted to get a drug like cocaine, LSD, or amphetamines, how easy would it be for you to get some?	(n=4,283)	
a. Very hard	82.6%	(±1.7)
b. Sort of hard	10.0%	(±1.0)
c. Sort of easy	4.6%	(±0.9)
d. Very easy	2.8%	(±0.5)

#### Laws and Norms Favorable to Drug Use (Questions 173-178)

173. How wrong would most adults in your neighborhood <sup>C</sup> / neighborhood or community <sup>A</sup> think it was for kids your age: To use marijuana?	(n=4,291)	
a. Very wrong	64.0%	(±2.9)
b. Wrong	23.4%	(±1.9)
c. A little bit wrong	8.5%	(±1.1)
d. Not wrong at all	4.1%	(±0.8)

174. How wrong would most adults in your neighborhood <sup>C</sup> / neighborhood or community <sup>A</sup> think it was for kids your age: To drink alcohol?		Statewide % (±CI) (n=4,327)
a. Very wrong		60.4% (±2.2)
b. Wrong		28.5% (±1.9)
c. A little bit wrong		8.6% (±1.0)
d. Not wrong at all		2.4% (±0.5)
175. How wrong would most adults in your neighborhood <sup>C</sup> / neighborhood or community <sup>A</sup> think it was for kids your age: To smoke cigarettes?		(n=4,320)
a. Very wrong		68.3% (±2.0)
b. Wrong		23.2% (±1.5)
c. A little bit wrong		6.1% (±0.9)
d. Not wrong at all		2.5% (±0.6)
176. If a kid drank some beer, wine, or hard liquor (for example vodka, whiskey, or gin) in your neighborhood <sup>C</sup> / community <sup>A</sup> , would he or she be caught by the police?		(n=4,281)
a. NO!		9.2% (±1.0)
b. No		42.7% (±2.3)
c. yes		34.2% (±2.1)
d. YES!		14.0% (±1.5)
177. If a kid carried a handgun in your neighborhood <sup>C</sup> / community <sup>A</sup> , would he or she be caught by the police?		(n=4,296)
a. NO!		6.0% (±0.9)
b. No		15.1% (±1.6)
c. yes		34.2% (±1.7)
d. YES!		44.6% (±2.4)
178. If a kid used marijuana in your neighborhood <sup>C</sup> / community <sup>A</sup> , would he or she be caught by the police?		(n=4,280)
a. NO!		9.6% (±1.0)
b. No		34.5% (±2.4)
c. yes		34.1% (±2.0)
d. YES!		21.7% (±1.8)

### Opportunities for Prosocial Involvement (Questions 179-182)

179. There are adults in my neighborhood or community I could talk to about something important.		(n=4,315)
a. NO!		11.1% (±1.4)
b. No		15.0% (±1.7)
c. yes		35.6% (±1.5)
d. YES!		38.2% (±2.7)

**Which of the following activities for people your age are available in your community?**

	Statewide % ( $\pm$ CI) (n=4,296)
<b>180. Sports teams and recreation</b>	
a. Yes	88.4% ( $\pm$ 1.6)
b. No	11.6% ( $\pm$ 1.6)
<b>181. Scouts, Camp Fire, 4-H Clubs, or other service clubs</b>	(n=4,231)
a. Yes	67.2% ( $\pm$ 4.5)
b. No	32.8% ( $\pm$ 4.5)
<b>182. Boys and Girls Club, YMCA, or other activity clubs</b>	(n=4,253)
a. Yes	76.4% ( $\pm$ 4.3)
b. No	23.6% ( $\pm$ 4.3)

### Rewards for Prosocial Involvement (Questions 183-185)

[Questions 183-185 appear only on the elementary version of the survey.]

### Family Domain

#### Poor Family Management (Questions 186-193)

<b>186. My parents ask if I've gotten my homework done.</b>	(n=3,685)
a. NO!	4.2% ( $\pm$ 0.6)
b. No	6.9% ( $\pm$ 0.9)
c. yes	33.4% ( $\pm$ 1.7)
d. YES!	55.6% ( $\pm$ 2.0)
<b>187. Would your parents know if you did not come home on time?</b>	(n=3,527)
a. NO!	3.3% ( $\pm$ 0.6)
b. No	9.1% ( $\pm$ 0.9)
c. yes	36.6% ( $\pm$ 1.7)
d. YES!	51.0% ( $\pm$ 2.0)
<b>188. When I am not at home, one of my parents knows where I am and who I am with.</b>	(n=3,635)
a. NO!	2.5% ( $\pm$ 0.5)
b. No	6.1% ( $\pm$ 0.8)
c. yes	34.8% ( $\pm$ 2.3)
d. YES!	56.5% ( $\pm$ 2.6)
<b>189. The rules in my family are clear.</b>	(n=3,603)
a. NO!	2.3% ( $\pm$ 0.5)
b. No	9.0% ( $\pm$ 1.1)
c. yes	36.7% ( $\pm$ 1.9)
d. YES!	52.0% ( $\pm$ 2.2)

	Statewide % ( $\pm$ CI) (n=3,582)
<b>190. My family has clear rules about alcohol and drug use.</b>	
a. NO!	2.4% ( $\pm$ 0.5)
b. No	8.0% ( $\pm$ 1.0)
c. yes	26.2% ( $\pm$ 2.1)
d. YES!	63.4% ( $\pm$ 2.3)
<b>191. If you drank some beer, wine, or liquor (for example vodka, whiskey, or gin) without your parent's permission, would you be caught by them?</b>	(n=3,524)
a. NO!	6.4% ( $\pm$ 1.0)
b. No	18.0% ( $\pm$ 1.5)
c. yes	28.5% ( $\pm$ 2.0)
d. YES!	47.0% ( $\pm$ 2.3)
<b>192. If you carried a handgun without your parent's permission, would you be caught by them?</b>	(n=3,497)
a. NO!	3.9% ( $\pm$ 0.7)
b. No	7.2% ( $\pm$ 1.1)
c. yes	25.7% ( $\pm$ 1.8)
d. YES!	63.2% ( $\pm$ 2.3)
<b>193. If you skipped school, would you be caught by your parents?</b>	(n=3,510)
a. NO!	4.1% ( $\pm$ 0.7)
b. No	5.2% ( $\pm$ 1.0)
c. yes	26.0% ( $\pm$ 1.6)
d. YES!	64.7% ( $\pm$ 2.4)

### Opportunities for Prosocial Involvement (Questions 194-196)

<b>194. If I had a personal problem, I could ask my mom or dad for help.</b>	(n=3,614)
a. NO!	6.1% ( $\pm$ 0.9)
b. No	10.8% ( $\pm$ 1.3)
c. yes	35.0% ( $\pm$ 1.7)
d. YES!	48.1% ( $\pm$ 2.5)
<b>195. My parents give me lots of chances to do fun things with them.</b>	(n=3,581)
a. NO!	5.9% ( $\pm$ 1.1)
b. No	15.8% ( $\pm$ 1.4)
c. yes	39.6% ( $\pm$ 1.8)
d. YES!	38.7% ( $\pm$ 2.4)
<b>196. My parents ask me what I think before most family decisions affecting me are made.</b>	(n=3,539)
a. NO!	10.3% ( $\pm$ 1.2)
b. No	21.4% ( $\pm$ 1.4)
c. yes	38.5% ( $\pm$ 1.8)
d. YES!	29.8% ( $\pm$ 2.1)

### Rewards for Prosocial Involvement (Questions 197-200)

[Questions 197-200 appear only on the elementary version of the survey.]

### Parental Attitudes Favorable Towards Drug Use (Questions 201-203)

<b>201. How wrong do your parents feel it would be for you to: Drink beer, wine, or hard liquor (for example vodka, whiskey or gin) regularly (at least once or twice a month)?</b>		<b>Statewide % (±CI) (n=4,365)</b>	
a. Very wrong		83.0%	(±1.7)
b. Wrong		11.4%	(±1.2)
c. A little bit wrong		4.3%	(±0.7)
d. Not wrong at all		1.3%	(±0.4)
<b>202. How wrong do your parents feel it would be for you to: Smoke cigarettes?</b>		<b>(n=4,357)</b>	
a. Very wrong		90.7%	(±1.1)
b. Wrong		7.2%	(±0.9)
c. A little bit wrong		1.2%	(±0.3)
d. Not wrong at all		0.9%	(±0.4)
<b>203. How wrong do your parents feel it would be for you to: Use marijuana?</b>		<b>(n=4,351)</b>	
a. Very wrong		85.6%	(±1.7)
b. Wrong		9.0%	(±1.2)
c. A little bit wrong		3.5%	(±0.6)
d. Not wrong at all		1.9%	(±0.5)

## School Domain

### Academic Failure Questions (Questions 204-205)

<b>204. Putting them all together, what were your grades like last year?</b>		<b>(n=8,070)</b>	
a. Mostly As		44.1%	(±3.7)
b. Mostly Bs		33.1%	(±2.2)
c. Mostly Cs		16.0%	(±1.7)
d. Mostly Ds		4.3%	(±0.8)
e. Mostly Fs		2.4%	(±0.7)
<b>205. Are your school grades better than the grades of most students in your class?</b>		<b>(n=4,144)</b>	
a. NO!		6.9%	(±0.9)
b. No		31.6%	(±1.8)
c. yes		47.8%	(±2.0)
d. YES!		13.7%	(±1.1)

### Low Commitment to School (Questions 206-212)

<b>206. How often do you feel the schoolwork you are assigned is meaningful and important?</b>		Statewide % (±CI) (n=4,326)	
a. Almost always		23.2%	(±1.9)
b. Often		29.3%	(±1.7)
c. Sometimes		30.3%	(±1.6)
d. Seldom		11.2%	(±1.2)
e. Never		6.0%	(±0.7)
<b>207. How interesting are most of your courses to you?</b>		(n=4,301)	
a. Very interesting and stimulating		9.9%	(±1.1)
b. Quite interesting		30.9%	(±1.5)
c. Fairly interesting		36.2%	(±1.5)
d. Slightly dull		15.6%	(±1.2)
e. Very dull		7.3%	(±0.9)
<b>208. How important do you think the things you are learning in school are going to be for you later in life?</b>		(n=4,310)	
a. Very important		33.4%	(±2.9)
b. Quite important		28.0%	(±1.6)
c. Fairly important		21.9%	(±1.7)
d. Slightly important		13.0%	(±1.5)
e. Not at all important		3.6%	(±0.7)
<b>Think back over the past year in school. How often did you:</b>			
<b>209. Enjoy being in school?</b>		(n=8,163)	
a. Never		9.6%	(±0.9)
b. Seldom		13.3%	(±0.9)
c. Sometimes		33.4%	(±1.0)
d. Often		27.4%	(±1.1)
e. Almost always		16.3%	(±1.2)
<b>210. Hate being in school?</b>		(n=4,304)	
a. Never		13.3%	(±1.3)
b. Seldom		27.1%	(±1.6)
c. Sometimes		37.2%	(±1.7)
d. Often		14.1%	(±1.0)
e. Almost always		8.3%	(±1.0)
<b>211. Try to do your best work in school?</b>		(n=4,291)	
a. Never		3.0%	(±0.5)
b. Seldom		5.0%	(±0.7)
c. Sometimes		10.4%	(±1.3)
d. Often		29.7%	(±1.5)
e. Almost always		51.9%	(±2.4)

<b>212. During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or “cut”?</b>	<b>Statewide % (±CI) (n=4,291)</b>	
a. None	81.8%	(±2.1)
b. 1	8.4%	(±1.2)
c. 2	3.9%	(±0.8)
d. 3	2.8%	(±0.7)
e. 4-5	1.9%	(±0.5)
f. 6-10	0.7%	(±0.3)
g. 11 or more	0.5%	(±0.2)

### Opportunities for Prosocial Involvement (Questions 213-217)

<b>213. In my school, students have lots of chances to help decide things like class activities and rules.</b>	<b>(n=4,240)</b>	
a. NO!	14.1%	(±1.5)
b. No	28.9%	(±1.9)
c. yes	45.4%	(±1.6)
d. YES!	11.7%	(±1.4)

<b>214. There are lots of chances for students in my school to talk with a teacher one-on-one.</b>	<b>(n=4,264)</b>	
a. NO!	4.6%	(±0.7)
b. No	12.9%	(±1.2)
c. yes	50.9%	(±1.7)
d. YES!	31.6%	(±2.6)

<b>215. Teachers ask me to work on special classroom projects.</b>	<b>(n=4,201)</b>	
a. NO!	13.3%	(±1.4)
b. No	44.0%	(±1.8)
c. yes	34.8%	(±2.1)
d. YES!	7.9%	(±1.0)

<b>216. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.</b>	<b>(n=4,250)</b>	
a. NO!	2.3%	(±0.5)
b. No	5.6%	(±1.0)
c. yes	38.6%	(±2.5)
d. YES!	53.6%	(±3.0)

<b>217. I have lots of chances to be part of class discussions or activities.</b>	<b>(n=4,241)</b>	
a. NO!	3.1%	(±0.7)
b. No	10.3%	(±1.1)
c. yes	53.8%	(±2.4)
d. YES!	32.8%	(±2.9)

**Rewards for Prosocial Involvement (Questions 218-221)**

<b>218. My teacher(s) notices when I am doing a good job and lets me know about it.</b>	<b>Statewide % (±CI) (n=4,233)</b>	
a. NO!	8.0%	(±1.0)
b. No	25.0%	(±2.0)
c. yes	50.5%	(±1.6)
d. YES!	16.5%	(±2.0)
<b>219. The school lets my parents know when I have done something well.</b>	<b>(n=4,208)</b>	
a. NO!	21.1%	(±1.7)
b. No	41.1%	(±1.9)
c. yes	28.8%	(±2.0)
d. YES!	9.0%	(±1.3)
<b>220. I feel safe at my school.</b>	<b>(n=8,475)</b>	
a. NO! <sup>AC</sup> /Definitely NOT true <sup>B</sup>	4.7%	(±0.6)
b. no <sup>AC</sup> /Mostly not true <sup>B</sup>	11.7%	(±1.4)
c. yes <sup>AC</sup> /Mostly true <sup>B</sup>	55.0%	(±1.9)
d. YES! <sup>AC</sup> /Definitely true <sup>B</sup>	28.6%	(±2.8)
<b>221. My teachers praise me when I work hard in school.</b>	<b>(n=4,191)</b>	
a. NO!	14.1%	(±1.4)
b. No	36.8%	(±1.7)
c. yes	38.6%	(±1.9)
d. YES!	10.6%	(±1.4)

**Peer and Individual Domain****Perceived Risk of Drug Use (Questions 222-225)**

*How much do you think people risk harming themselves if they:*

<b>222. Smoke one or more packs of cigarettes per day?</b>	<b>(n=4,144)</b>	
a. No risk	2.8%	(±0.6)
b. Slight risk	3.7%	(±0.7)
c. Moderate risk	13.9%	(±1.4)
d. Great risk	73.2%	(±2.6)
e. Not sure	6.4%	(±1.0)
<b>223. Try marijuana once or twice?</b>	<b>(n=4,142)</b>	
a. No risk	16.3%	(±2.0)
b. Slight risk	26.5%	(±1.8)
c. Moderate risk	25.5%	(±2.1)
d. Great risk	25.1%	(±1.9)
e. Not sure	6.5%	(±0.8)

	Statewide % (±CI) (n=4,136)	
<b>224. Use marijuana regularly (at least once or twice a week)?</b>		
a. No risk	8.1%	(±1.3)
b. Slight risk	12.6%	(±1.4)
c. Moderate risk	24.9%	(±1.6)
d. Great risk	47.8%	(±3.3)
e. Not sure	6.6%	(±0.8)
<b>225. Take one or two drinks of an alcoholic beverage (wine, beer, a shot, liquor) nearly every day?</b>		
	(n=4,128)	
a. No risk	6.8%	(±1.0)
b. Slight risk	16.9%	(±1.5)
c. Moderate risk	30.5%	(±1.5)
d. Great risk	39.5%	(±2.3)
e. Not sure	6.3%	(±0.9)

### Early Initiation of Drug Use (Questions 226-229)

*How old were you the first time you:*

<b>226. Used marijuana?</b>	(n=8,094)	
a. Never have	90.0%	(±1.6)
b. 10 or younger	1.7%	(±0.4)
c. 11	1.4%	(±0.3)
d. 12	2.7%	(±0.6)
e. 13	3.7%	(±0.6)
f. 14	0.4%	(±0.2)
g. 15	0.0%	(±0.0)
h. 16	0.0%	(±0.0)
i. 17 or older	0.1%	(±0.1)
<b>227. Smoked a cigarette, even just a puff?</b>	(n=3,917)	
a. Never have	88.6%	(±1.6)
b. 10 or younger	3.6%	(±0.6)
c. 11	2.3%	(±0.6)
d. 12	2.1%	(±0.5)
e. 13	2.7%	(±0.5)
f. 14	0.3%	(±0.2)
g. 15	0.1%	(±0.1)
h. 16	0.1%	(±0.1)
i. 17 or older	0.2%	(±0.2)

228. Had more than a sip or two of beer, wine, or hard liquor (for example vodka, whiskey, or gin)?	Statewide % ( $\pm$ CI) (n=8,109)	
a. Never have	72.1%	( $\pm$ 2.3)
b. 10 or younger	11.1%	( $\pm$ 0.9)
c. 11	4.5%	( $\pm$ 0.5)
d. 12	5.9%	( $\pm$ 0.7)
e. 13	5.6%	( $\pm$ 0.7)
f. 14	0.6%	( $\pm$ 0.2)
g. 15	0.1%	( $\pm$ 0.1)
h. 16	0.0%	( $\pm$ 0.0)
i. 17 or older	0.2%	( $\pm$ 0.1)

229. Began drinking alcoholic beverages regularly, that is, at least once or twice a month?	(n=3,891)	
a. Never have	93.8%	( $\pm$ 1.2)
b. 10 or younger	1.1%	( $\pm$ 0.3)
c. 11	1.1%	( $\pm$ 0.4)
d. 12	1.2%	( $\pm$ 0.3)
e. 13	2.0%	( $\pm$ 0.5)
f. 14	0.5%	( $\pm$ 0.2)
g. 15	0.1%	( $\pm$ 0.1)
h. 16	0.0%	( $\pm$ 0.0)
i. 17 or older	0.3%	( $\pm$ 0.1)

### Favorable Attitudes Toward Drug Use (Questions 230-233)

*How wrong do YOU think it is for someone your age to:*

230. Drink beer, wine, or hard liquor (for example vodka, whiskey, or gin) regularly?	(n=3,794)	
a. Very wrong	67.3%	( $\pm$ 2.2)
b. Wrong	21.3%	( $\pm$ 1.5)
c. A little bit wrong	8.4%	( $\pm$ 1.2)
d. Not wrong at all	3.0%	( $\pm$ 0.7)

231. Smoke cigarettes?	(n=3,775)	
a. Very wrong	75.8%	( $\pm$ 1.9)
b. Wrong	17.7%	( $\pm$ 1.5)
c. A little bit wrong	4.7%	( $\pm$ 0.8)
d. Not wrong at all	1.8%	( $\pm$ 0.5)

232. Use marijuana?	(n=3,770)	
a. Very wrong	71.9%	( $\pm$ 2.5)
b. Wrong	15.0%	( $\pm$ 1.5)
c. A little bit wrong	8.4%	( $\pm$ 1.0)
d. Not wrong at all	4.8%	( $\pm$ 1.1)

	Statewide % ( $\pm$ CI) (n=3,786)	
<b>233. Use LSD, cocaine, amphetamines, or another illegal drug?</b>		
a. Very wrong	86.3%	( $\pm$ 1.5)
b. Wrong	9.8%	( $\pm$ 1.2)
c. A little bit wrong	2.5%	( $\pm$ 0.5)
d. Not wrong at all	1.4%	( $\pm$ 0.4)

### Friends Use Drugs (Questions 2234-237)

*Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many of your best friends have...*

<b>234. Smoked cigarettes?</b>	(n=3,218)	
a. None of my friends	87.9%	( $\pm$ 1.7)
b. 1 of my friends	6.3%	( $\pm$ 1.1)
c. 2 of my friends	2.6%	( $\pm$ 0.6)
d. 3 of my friends	1.1%	( $\pm$ 0.4)
e. 4 of my friends	2.1%	( $\pm$ 0.5)

<b>235. Tried beer, wine, or hard liquor (for example vodka, whiskey, or gin) when their parents didn't know about it?</b>	(n=3,222)	
a. None of my friends	79.6%	( $\pm$ 2.3)
b. 1 of my friends	9.7%	( $\pm$ 1.1)
c. 2 of my friends	5.2%	( $\pm$ 1.0)
d. 3 of my friends	2.0%	( $\pm$ 0.6)
e. 4 of my friends	3.4%	( $\pm$ 0.9)

<b>236. Used marijuana?</b>	(n=3,215)	
a. None of my friends	82.2%	( $\pm$ 2.5)
b. 1 of my friends	8.4%	( $\pm$ 1.3)
c. 2 of my friends	4.2%	( $\pm$ 0.9)
d. 3 of my friends	2.1%	( $\pm$ 0.5)
e. 4 of my friends	3.1%	( $\pm$ 0.9)

<b>237. Used LSD, cocaine, amphetamines, or other illegal drugs?</b>	(n=3,210)	
a. None of my friends	94.1%	( $\pm$ 1.3)
b. 1 of my friends	2.7%	( $\pm$ 0.8)
c. 2 of my friends	1.2%	( $\pm$ 0.5)
d. 3 of my friends	0.7%	( $\pm$ 0.3)
e. 4 of my friends	1.3%	( $\pm$ 0.4)

**Interaction with Prosocial Peers (Questions 238-242)**

*Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many of your best friends have...*

	Statewide % ( $\pm$ CI) (n=3,317)	
<b>238. Participated in clubs, organizations or activities at school?</b>		
a. None of my friends	15.9%	( $\pm$ 2.0)
b. 1 of my friends	13.4%	( $\pm$ 1.3)
c. 2 of my friends	15.0%	( $\pm$ 1.3)
d. 3 of my friends	14.3%	( $\pm$ 1.3)
e. 4 of my friends	41.5%	( $\pm$ 3.2)
<b>239. Made a commitment to stay drug-free?</b>	(n=3,254)	
a. None of my friends	25.2%	( $\pm$ 2.4)
b. 1 of my friends	6.9%	( $\pm$ 1.1)
c. 2 of my friends	5.8%	( $\pm$ 0.7)
d. 3 of my friends	6.5%	( $\pm$ 1.0)
e. 4 of my friends	55.6%	( $\pm$ 2.9)
<b>240. Liked school?</b>	(n=3,268)	
a. None of my friends	25.3%	( $\pm$ 2.0)
b. 1 of my friends	14.1%	( $\pm$ 1.2)
c. 2 of my friends	16.8%	( $\pm$ 1.3)
d. 3 of my friends	13.6%	( $\pm$ 1.2)
e. 4 of my friends	30.2%	( $\pm$ 3.0)
<b>241. Regularly attended religious services?</b>	(n=3,221)	
a. None of my friends	32.0%	( $\pm$ 2.6)
b. 1 of my friends	23.2%	( $\pm$ 1.4)
c. 2 of my friends	18.6%	( $\pm$ 1.3)
d. 3 of my friends	10.2%	( $\pm$ 1.0)
e. 4 of my friends	16.1%	( $\pm$ 2.1)
<b>242. Tried to do well in school?</b>	(n=3,236)	
a. None of my friends	5.6%	( $\pm$ 1.1)
b. 1 of my friends	5.5%	( $\pm$ 0.9)
c. 2 of my friends	7.2%	( $\pm$ 0.9)
d. 3 of my friends	12.4%	( $\pm$ 1.5)
e. 4 of my friends	69.3%	( $\pm$ 2.3)

**Belief in the Moral Order (Questions 243-246)**

**243. I think it is okay to take something without asking as long as you get away with it.**

	(n=4,126)	
a. NO!	52.0%	( $\pm$ 2.0)
b. No	38.0%	( $\pm$ 1.7)
c. yes	7.7%	( $\pm$ 0.9)
d. YES!	2.3%	( $\pm$ 0.4)

	Statewide % ( $\pm$ CI) (n=4,128)	
<b>244. I think sometimes it's okay to cheat at school.</b>		
a. NO!	48.9%	( $\pm$ 2.9)
b. No	35.0%	( $\pm$ 2.0)
c. yes	13.5%	( $\pm$ 1.8)
d. YES!	2.6%	( $\pm$ 0.6)
<b>245. It is all right to beat up people if they start the fight.</b>	(n=4,113)	
a. NO!	33.0%	( $\pm$ 2.3)
b. No	27.8%	( $\pm$ 1.5)
c. yes	23.8%	( $\pm$ 1.5)
d. YES!	15.4%	( $\pm$ 1.7)
<b>246. It is important to be honest with your parents, even if they become upset or you get punished.</b>	(n=4,104)	
a. NO!	6.2%	( $\pm$ 0.7)
b. No	9.0%	( $\pm$ 1.2)
c. yes	41.1%	( $\pm$ 1.8)
d. YES!	43.7%	( $\pm$ 2.0)

### Prosocial Involvement (Questions 247-249)

[Questions 242-244 appear only on the elementary version of the survey.]

### Social Skills (Questions 250-252)

<b>250. You're looking at CDs in a music store with a friend. You look up and see her slip a CD under her coat. She smiles and says, "Which one do you want? Go ahead, take it while nobody's around." There is nobody in sight, no employees, and no other customers. What would you do now?</b>	(n=3,168)	
a. Ignore her	16.4%	( $\pm$ 2.0)
b. Grab a CD and leave the store	6.6%	( $\pm$ 0.8)
c. Tell her to put the CD back	45.9%	( $\pm$ 2.0)
d. Act like it's a joke and ask her to put the CD back	31.1%	( $\pm$ 1.8)
<b>251. You are visiting another part of town and you don't know any of the people your age there. You are walking down the street and some teenager you don't know is walking toward you. He is about your size. As he is about to pass you, he deliberately bumps into you and you almost lose your balance. What would you say or do?</b>	(n=3,153)	
a. Push the person back	11.3%	( $\pm$ 1.2)
b. Say nothing and keep on walking	46.4%	( $\pm$ 2.2)
c. Say, "Watch where you're going," and keep on walking	31.0%	( $\pm$ 1.8)
d. Swear at the person and walk away	11.4%	( $\pm$ 1.1)

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252. You are at a party at someone's house and one of your friends offers you a drink containing alcohol. What would you say or do?	Statewide % (±CI) (n=3,148)	
a. Drink it	12.2%	(±1.6)
b. Tell your friend, "No thanks. I don't drink," and suggest that you and your friend go and do something else	48.3%	(±1.7)
c. Just say, "No, thanks," and walk away	25.5%	(±1.5)
d. Make up a good excuse, tell your friend you had something else to do, and leave	13.9%	(±1.7)

## Questions by Topics

Questions about a single topic are not always grouped together in this report. For example, some questions about alcohol are presented in the Alcohol, Tobacco, and Other Drug (ATOD) Use section and others are presented in the Risk and Protective Factor section. The following list, groups the questions by topic so you can easily locate them in this report.

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Consequences 75	Soda and Sugar Drinks 82-84
Current use 31, 52-53	Other Drugs
Drinking and driving 113, 115	Access 172
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## Core Questions

"Core" questions that appeared on both Forms A and B (the secondary versions of the survey) are listed below. All other questions appeared on either Form A or Form B, but not both. Core questions may or may not have appeared on Form C (the elementary version).

### Activities

Participation in after school activities 96

### Alcohol

Age when first drank alcohol 228

Binge drinking 52

Current alcohol drinking (past 30 days) 31

Levels of alcohol use 53

Lifetime alcohol use 18

### Bullying

Been bullied (past 30 days) 146

### Demographics

Age 1

Education level of mother 8

Food insecurity 79

Gender 3

Language spoken in home 6

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Where you live 11

Who you live with 10

### Fighting

Physical fighting (past 12 months) 121

### Gangs

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### Honesty

Honesty in completing survey 15

### Marijuana

Age when first used marijuana 226

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### Other Drugs

Current painkiller use (past 30 days) 35

### School Climate

Been bullied (past 30 days) 143

Enjoyed being in school (past 12 months) 209

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### Texting and Driving

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### Tobacco

Current cigarette smoking (past 30 days) 26

### Weapons

Weapon carrying on school property (past 12 months) 118

For more information on which survey forms each question was on,  
see the Survey Crosswalk at [www.AskHYS.net](http://www.AskHYS.net), under HYS Results - QxQ