

# **Healthy Youth Survey 2018**

# **Report of Results**

Issaquah School District
Grade 6

March 1, 2019

Looking Glass Analytics 215 Legion Way SW Olympia, WA 98502

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For a detailed list of all of the survey questions by topic - please use the Questions by Topic section in the back of this report.

# **Issaquah School District**

Grade 6

### **Introduction and Overview**

This report presents results from the fall 2018 Healthy Youth Survey in Washington State. This survey was sponsored by the Department of Health, the Office of Superintendent of Public Instruction, the Department of Social and Health Services and the Liquor and Cannabis Board in cooperation with schools throughout the state of Washington.

Survey questions covering the same topics are grouped together when possible but be sure to consult the index for related questions when you are searching for information on a specific topic. The numbering in this report is not the same as the question order on the survey itself.

The bulleted points and graphs included at the beginning of this report highlight selected findings. Additional information may be found in the *Interpretive Guide* posted to the Healthy Youth Survey web site: http://www.askhys.net/Reports/Additional.

### **Survey Participation in this Report**

Number of students surveyed: 1,548
Number of valid responses: 1,530
Number of enrolled students\*: 1,724
Your survey participation rate\*\*: 89%

### Caution about Participation Rates and Bias

Please use the following guidance when reviewing your results:

- 70% or greater participation-Results are probably representative of students in this grade.
- 40-69% participation-Results may be representative of students in this grade.
- Less than 40% participation—Results are likely not representative of students in this grade but do reflect students who completed the survey.

There may be limitations to your results even if you have a high participation rate. For instance, a particular group of students (say, the school orchestra) may have been away from school the day of the survey, and that could bias the results. It is important to acknowledge the potential limitations when using the results in this report. For reports summarizing results at the county or School District level, you should also consider whether the schools that participated represent all students in that area.

# **Small Numbers: Caution about Number of Students Participating**

Results based on small numbers of students answering a question are unstable---that is, they could easily change with the absence from school of only a couple of students. This is especially the case when only a few students choose a particular answer option. Also, in this situation, the reported 95% confidence interval might be too narrow. Thus, use caution if fewer than 30 students answered a question and fewer than 5 students selected a given response option.

For example, if 20 students answered a question and of those 20 only 3 students answered "Yes", the estimate is unreliable.

See the Understanding Your Report section later in this report for a discussion of "confidence intervals" to help guide your interpretation of the results.

### **Key to the Notes**

Three versions of the survey were used in the administration of the 2018 HYS. Forms A and B were given to secondary students (grades 8, 9, 10, 11 and 12 in some small school districts). Eight questions on sexual orientation, behavior and abuse were optional at the discretion of the school; schools that did not administer the optional items tore off the last page of the survey booklet. Form C was given to elementary students (grade 6 and 7 in some small school districts).

A list of the topics asked and their location in the report are provided in the Questions by Topic section at the end of this report. "Core" questions are asked on both Forms A and B. A list of Core Questions is also found at the end of this report.

The following notes are used throughout this report to document the differences between the questions on different versions and indicate the optional questions:

A = wording on Form A; B = wording on Form B; C = wording on Form C

† = optional questions

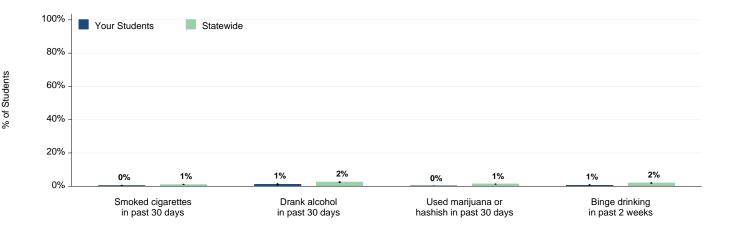
<sup>\*</sup> The estimate of enrolled students is based on figures from the 2018-2019 school year, provided by OSPI.

<sup>\*\*</sup> The survey participation rate is the number of valid responses divided by the number of enrolled students.

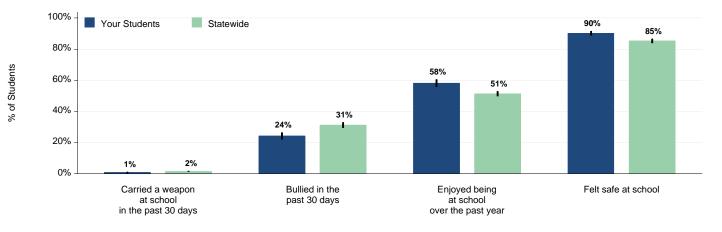
# **Highlights of the Local Results**

Your students and students statewide reported the following behaviors and attitudes:

	Your Students	Statewide				
Substance Use	% (±CI)			Use % (±cı)		
Smoked cigarettes in past 30 days	0.5% (±0.3)	1.0% (±0.3)				
Drank alcohol in past 30 days	1.2% (±0.5)	2.4% (±0.4)				
Used marijuana or hashish in past 30 days	0.2% (±0.2)	1.3% (±0.3)				
Binge drinking in past 2 weeks	0.7% (±0.4)	1.9% (±0.4)				



	Your Students	Statewide		
Bullying and School Climate	l Climate % (±cı)		% (±CI)	
Carried a weapon at school in the past 30 days	0.8% (±0.4)	1.5% (±0.3)		
Bullied in the past 30 days	24.2% (±2.2)	31.2% (±1.8)		
Enjoyed being at school over the past year	58.2% (±2.5)	51.3% (±1.6)		
Felt safe at school	90.2% (±1.5)	85.3% (±1.5)		



For more information on specific HYS topics, see the Fact Sheets at www.AskHYS.net, under HYS Results – Fact Sheets

### Selected Results by Gender

Selected survey questions are presented by gender to highlight any differences between females and males.

The p-values reported after each question, calculated from a chi-square test, can be used to examine whether differences between females and males are statistically significant.

A p-value of less than 0.05 means there is a significant difference between females and males (that is, if there really is no difference between females and males, the probability of observing a difference at least this large is less than 5%).

To ensure student anonymity, we do not report results by gender for any question unless a minimum of students answer each response option. These results are "suppressed".

For your student results by gender, a minimum of 10 students need to answer each response option:

For example, to report smoking cigarettes in the past 30 days for your students by gender – surveys are needed for at least 10 females who smoke, 10 females who don't smoke, 10 males who smoke, and 10 males who don't smoke.

For state results by gender, a minimum of 5 students need to answer each response option.

Results that are suppressed are marked with asterisks "\*". Many small counties, districts and schools may not have enough students to report results by gender for all or some questions.

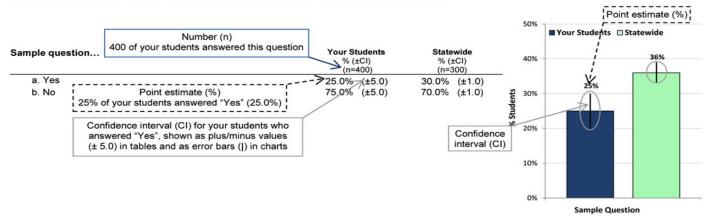
	Your Students			;	Statewide	
	Female % Male % p-value F		Female %	Male %	p-value	
Smoked cigarettes in past 30 days	(n=1,	475)		(n=8,8	894)	
Officked digarettes in past 30 days	***	***	***	0.7%	1.4%	0.0021
Drank alcohol in past 30 days	(n=1,	458)		(n=8,	720)	
Drank alcohol in past 30 days	***	***	***	2.2%	2.6%	0.2329
Used marijuana or hashish in past 30 days	(n=1,	450)		(n=8,	639)	
Osed manjuana of hashish in past 50 days	***	***	***	1.0%	1.6%	0.0162
Binge drinking in past 2 weeks	(n=1,	447)		(n=8,	580)	
Binge drinking in past 2 weeks	***	***	***	1.7%	2.2%	0.0864
Carried a weapon at school in the past 30 days	(n=1,	447)		(n=8,	570)	
Carried a weapon at school in the past so days	***	***	***	1.0%	2.0%	0.0002
Bullied in the past 30 days	(n=1,	446)		(n=8,	546)	
Bulled III the past 50 days	24.9%	23.6%	0.5711	31.9%	30.4%	0.1263
Enjoyed being at school over the past year	(n=1,	513)		(n=9,	476)	
Enjoyed being at school over the past year	64.2%	52.2%	<.0001	56.5%	46.5%	<.0001
Felt safe at school	(n=1,	494)		(n=9,	290)	
i eit saie at scriooi	90.8%	89.8%	0.5108	86.2%	84.5%	0.0263

### **Understanding Your Report**

#### N's

In this report "n" is shorthand for "number"---the number of students who took this survey or who answered a survey question. N's are important! We also report the point estimates (%), and the 95% confidence intervals (CI).

Here is an example of how results are displayed in the report tables and charts.



#### How many students took this survey?

Look on page 2, under Survey Participation. The "number of students surveyed" is the number of surveys that we received. We have careful procedures for "cleaning" to remove surveys with many inconsistent or false answers – the "clean" surveys are the "number of valid surveys". Only valid surveys are presented in this report.

#### How many students answered each survey question?

The n's for each question vary. Why? There are several reasons:

- There are two versions of the grades 8, 10, and 12 survey Form A and B. Core questions are on all
  versions, so the n's for those questions are about the same as the number of valid surveys. For non-Core
  questions the n's will be about half, or less.
- Some schools chose to take the questions about sexual orientation, behavior and abuse. Schools that chose
  to not ask those additional questions will have no responses for those questions. [District and county reports
  may include some schools that DID ask those questions and some that DID NOT.]
- Not all students finish the survey, so questions near the end have smaller n's. [NOTE: the order of the
  questions in the report is not the same as on the survey itself.] Also, some students may decide to skip certain
  questions.

Here are examples from a district with 400 valid surveys --- notice how the n's change with each question type.

19. Have you ever, even once in your life: Used marijuana?	(n=398)	(n=4,000)	N for a core question
a. Yes	49.0% (±3.0)	46.0% (±1.0)	(almost all students)
b. No	51.0% (±3.0)	54.0% (±1.0)	
20. Have you ever, even once in your life:	(n=200)		N for a question on only one
Used inhalants (things you sniff to get high)?	( \$ ) ( ) ( ) ( ) ( ) ( ) ( ) ( )	(n=2,000)	version (about half the
a. Yes	11.0% (±4.0)	12.0% (±2.0)	students)
b. No	89.0% (±4.0)	88.0% (±2.0)	
104. How old were you when you had sexual intercourse for the first time? <sup>†</sup>	(n=100)	(n=1,500)	N for an optional sexual
I have never had sexual intercourse.	70.0% (±8.0)	75.0% (±4.0)	behavior question (about
b. 11 years old or younger	2.0% (±2.0)	2.0% (±1.0)	half, or less if some schools
c. 12 years old	2.0% (±2.0)	1.0% (±1.0)	chose not to ask those
d. 13 years old	5.0% (±2.0)	4.0% (±1.0)	questions)
e. 14 years old	8.0% (±6.0)	7.0% (±2.0)	
f. 15 years old	9.0% (±5.0)	8.0% (±2.0)	
g. 16 years old	3.0% (±3.0)	2.0% (±1.0)	
h. 17 years old or older	1.0% (±1.0)	1.0% (±1.0)	
155. Does your school have a counselor	(n=375)	(n=3,750)	N for a core question near
a. Yes	90.0% (±3.0)	95.0% (±1.0)	the end of the survey
b. No	5.0% (±2.0)	2.0% (±1.0)	(almost all, except students
c. Not sure	5.0% (±2.0)	3.0% (±1.0)	who don't finish the survey

#### How many students are we talking about?

N's are only provided for the total number of students who answered a question, not the individual answer options. Some people find it useful to translate their point estimates (%) into the number of students.

For example, in a district if 10% of students reported that "Yes" they used inhalants in their lifetime and 200 students answered the questions, then 20 students in the district used inhalants (20 X 0.10).

#### Confidence Intervals

It is unlikely that the point estimate (%) reported for each question is exactly the same as the "true" value for all your students. This report includes 95% confidence intervals (CI) to describe this uncertainty. If there is no bias in the data, then there is a 95% chance that the CI will include the true value. So for example, if the point estimate and CI are 51.5% (±1.5%), then there is a 95% chance that the true percentage is between 50.0% and 53.0%.

The size of your CIs depend in part on the n for each question – as more students answer a question, your point estimate is likely to be closer to the "true" value. If you are a small school, district or county your CIs will be large. The confidence interval does not take into account the participation rate – in other words, a low participation rate can create bias which will not be reflected in the CI.

#### How can you "use" confidence intervals?

Cls help you to decide if the differences between your students and the state are statistically significant.

For an example, let's say your students report 25%  $\pm$ 5%. That means that the CI is between 20% and 30% Here is the math: 25% -5% = 20%, and 25% +5% = 30%

Using Cls, you can decide if the difference between your students and the state results are statistically significant:

- A significant difference:
  - Your students report 25% ±5%, so the point estimate is 25% and the CI is 20% to 30%
  - Students statewide report 36% ±3%, so the point estimate is 36% and the CI is 33% to 39%
  - The Cls don't overlap, so the difference is significant

- Not a significant difference:
  - Your students report 25% ±5%, so the point estimate is 25% and the CI is 20% to 30%
  - Statewide students report 28% ±3%, so the point estimate is 28% and the CI is 25% to 31%
  - The CI for your students overlaps the point estimate for students statewide, so the difference is not significant

- 3. Not sure if there is a difference:
  - Your students report 25% ±5%, so the point estimate is 25% and the CI is 20% to 30%
  - Statewide students report 32% ±3%, so the point estimate is 32% and the CI is 29% to 35%
  - The CIs overlap, but don't include the other point estimates, so you don't know for sure if they are really different without using the significance testing tool described in the next paragraph.

More information about interpreting CIs is available on the HYS Training web page at www.AskHYS.net/Training. The Training web page includes past HYS training materials and a "Tool for Determining HYS Statistical Significance". Use the "tool" to find out if your results are significantly different.

#### More Information

Much of the information on the Healthy Youth Survey is available online at www.AskHYS.net.

- Under HYS Results, you can find these "Frequency Reports". Also included is an Interpretive Guide with a
  detailed overview of the reports, information on statistical issues and how to use your data. There are also topical
  fact sheets and a data query system where you can run your own simple analysis.
- Under Training, there are copies of past HYS training workshop materials and the tool for testing significant differences.

Technical information is also at www.doh.wa.gov/DataandStatisticalReports/HealthBehaviors/HealthyYouthSurvey.

# **Frequency Results**

# **Demographics and General Information**

[Question 1 appears only on the secondary version of the survey.]

	Your S	tudents	Statewide		
2. How old are you?		± <b>CI)</b> 1,524)	•	± <b>CI)</b> 9,566)	
a. 10 or younger	2.1%	(±0.7)	1.5%	(±0.3)	
b. 11	81.1%	(±2.0)	75.8%	(±1.0)	
c. 12	16.6%	(±1.9)	22.0%	(±1.0)	
d. 13	0.2%	(±0.2)	0.5%	(±0.2)	
e. 14	0.0%	(±0.0)	0.0%	(±0.0)	
f. 15 or older	0.0%	(±0.0)	0.0%	(±0.0)	
3. What sex/gender were you at birth, even if you are not that gender today?	(n=1	1,519)	(n=9	,544)	
a. Female	50.9%	(±2.5)	49.9%	(±1.1)	
b. Male	49.1%	(±2.5)	50.1%	(±1.1)	
[Questions 4-5 appear only on the secondary version of the survey.]					
6. How do you describe yourself? (Select one or more responses.)	(n=1	,448)	(n=8	3,987)	
a. American Indian or Alaskan Native	5.2%	(±1.1)	5.6%	(±0.9)	
b. Asian or Asian American	27.4%	(±2.3)	7.3%	(±1.7)	
c. Black or African-American	1.9%	(±0.7)	4.2%	(±1.0)	
d. Hispanic or Latino/Latina	4.1%	(±1.0)	16.7%	(±4.1)	
e. Native Hawaiian or other Pacific Islander	0.3%	(±0.3)	1.7%	(±0.4)	
f. White or Caucasian	35.4%	(±2.5)	35.6%	(±4.3)	
g. Other	17.7%	(±2.0)	19.5%	(±1.6)	
More than one race/ethnicity marked	8.0%	(±1.4)	9.3%	(±0.9)	

Another way to report race and ethnicity, is to categorize all Hispanic students as Hispanic regardless of race. If a student is Not Hispanic and is in more than one race roll-up category they will be reported as 'Multiracial non-Hispanic'.

7. How do you describe yourself? (Select one or more responses.)		,448)	(n=8,	987)
White non-Hispanic		(±2.5)	35.6%	$(\pm 4.3)$
Hispanic	5.9%	(±1.2)	20.1%	(±4.4)
American Indian or Alaskan Native non-Hispanic	5.2%	(±1.1)	5.6%	(±0.9)
Asian or Asian American non-Hispanic	27.4%	(±2.3)	7.3%	(±1.7)
Black or African-American non-Hispanic	1.9%	(±0.7)	4.2%	(±1.0)
Native Hawaiian or other Pacific Islander non-Hispanic	0.3%	(±0.3)	1.7%	(±0.4)
Other non-Hispanic	17.7%	(±2.0)	19.5%	(±1.6)
Multiracial non-Hispanic	6.3%	(±1.3)	6.0%	(±0.7)

[Questions 8-9 appear only on the secondary version of the survey.]

	Your Students		Statewide	
0. What language is usually spoken at home?	•	± <b>CI)</b> 1,519)	•	± <b>CI)</b> 9,568)
a. English	77.5%	(±2.1)	79.7%	(±3.9
b. Spanish	3.8%	(±1.0)	12.9%	(±3.5
c. Other	18.8%	(±2.0)	7.4%	(±1.8
estions 11-15 appear only on the secondary version of the survey.]				
6. Has your parent or guardian served in the military (Army, Navy, Air Force, Marines, Coast Guard, National Guard, and Reserves)?	(n=1	1,522)	(n=9	),550)
a. No	77.2%	(±2.1)	66.7%	(±2.9
b. Yes	13.1%	(±1.7)	21.7%	(±2.7
c. Not sure	9.7%	(±1.5)	11.6%	(±1.2
7. Have you or your family moved in the past 3 years to another school district, city, or county for seasonal work in: agriculture, dairy, or fishing?	(n=1	1,326)	(n=7	7,605)
a. Yes	11.9%	(±1.7)	14.3%	(±1.3
b. No	78.3%	$(\pm 2.2)$	72.6%	(±2.3
c. I don't know  8. During the past 30 days, on how many days have you been absent from	78.3% 9.8%	(±2.2) (±1.6)	72.6% 13.1%	(±2.3 (±1.3
c. I don't know  8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.	9.8% (n=1	(±1.6)	13.1% (n=9	(±1.3
c. I don't know  8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the	9.8%	(±1.6)	13.1%	(±1.3
c. I don't know  8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.	9.8% (n=1	(±1.6)	13.1% (n=9	(±1.3
c. I don't know  8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.  a. 0 days	9.8% (n=1 71.0%	(±1.6)	13.1% (n=9 54.6%	(±1.3 0,410) (±2.2 (±1.5
c. I don't know  8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.  a. 0 days  b. 1 or 2 days  c. 3 or more days  9. During your last school year, how many times did you change schools for	9.8% (n=1) 71.0% 24.6% 4.4%	(±1.6)  (±2.3) (±2.2)	13.1%  (n=9) 54.6% 34.6% 10.8%	(±1.3 0,410) (±2.2 (±1.5
c. I don't know  8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.  a. 0 days  b. 1 or 2 days  c. 3 or more days	9.8% (n=1) 71.0% 24.6% 4.4%	(±1.6)  (±2.3) (±2.2) (±1.0)	13.1% (n=9) 54.6% 34.6% 10.8%	(±1.3 0,410) (±2.2 (±1.5 (±0.9
c. I don't know  8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.  a. 0 days  b. 1 or 2 days  c. 3 or more days  9. During your last school year, how many times did you change schools for reasons other than moving up a grade?	9.8%  (n=1) 71.0% 24.6% 4.4%	(±1.6)  (±2.3) (±2.2) (±1.0)	13.1%  (n=9) 54.6% 34.6% 10.8%	(±1.3 0,410) (±2.2 (±1.5 (±0.9 0,255) (±1.6
<ul> <li>c. I don't know</li> <li>8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.</li> <li>a. 0 days</li> <li>b. 1 or 2 days</li> <li>c. 3 or more days</li> <li>9. During your last school year, how many times did you change schools for reasons other than moving up a grade?</li> <li>a. I did not change schools</li> </ul>	9.8%  (n=1) 71.0% 24.6% 4.4%  (n=1) 82.8%	(±1.6)  (±2.3) (±2.2) (±1.0)  (±2.1)	13.1%  (n=9) 54.6% 34.6% 10.8%  (n=9) 80.5%	(±1.3 0,410) (±2.2 (±1.5 (±0.9
<ul> <li>c. I don't know</li> <li>8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.</li> <li>a. 0 days</li> <li>b. 1 or 2 days</li> <li>c. 3 or more days</li> <li>9. During your last school year, how many times did you change schools for reasons other than moving up a grade?</li> <li>a. I did not change schools</li> <li>b. Once</li> </ul>	9.8%  (n=1) 71.0% 24.6% 4.4%  (n=1) 82.8% 13.0%	(±1.6)  (±2.3) (±2.2) (±1.0)  (±1.9) (±1.7)	13.1%  (n=9) 54.6% 34.6% 10.8%  (n=9) 80.5% 12.2%	(±1.3 0,410) (±2.2 (±1.5 (±0.9 0,255) (±1.6 (±0.9
c. I don't know  8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.  a. 0 days  b. 1 or 2 days  c. 3 or more days  9. During your last school year, how many times did you change schools for reasons other than moving up a grade?  a. I did not change schools  b. Once  c. Twice	9.8%  (n=1) 71.0% 24.6% 4.4%  (n=1) 82.8% 13.0% 2.1%	(±1.6) (±2.3) (±2.2) (±1.0) (±1.9) (±1.7) (±0.7)	13.1%  (n=9) 54.6% 34.6% 10.8%  (n=9) 80.5% 12.2% 2.9% 4.5%	(±1.3 0,410) (±2.2 (±1.5 (±0.9 0,255) (±1.6 (±0.9
c. I don't know  8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.  a. 0 days  b. 1 or 2 days  c. 3 or more days  9. During your last school year, how many times did you change schools for reasons other than moving up a grade?  a. I did not change schools  b. Once  c. Twice  d. Three or more times	9.8%  (n=1) 71.0% 24.6% 4.4%  (n=1) 82.8% 13.0% 2.1%	(±1.6)  (±2.3) (±2.2) (±1.0)  (±1.9) (±1.7) (±0.7)	13.1%  (n=9) 54.6% 34.6% 10.8%  (n=9) 80.5% 12.2% 2.9% 4.5%	(±1.3 0,410) (±2.2 (±1.5 (±0.9 0,255) (±1.6 (±0.9 (±0.4 (±0.7
c. I don't know  8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.  a. 0 days  b. 1 or 2 days  c. 3 or more days  9. During your last school year, how many times did you change schools for reasons other than moving up a grade?  a. I did not change schools  b. Once  c. Twice  d. Three or more times  0. How honest were you in filling out this survey?	9.8%  (n=1) 71.0% 24.6% 4.4%  (n=1) 82.8% 13.0% 2.1% (n=1)	(±1.6)  (±2.3) (±2.2) (±1.0)  (±1.9) (±1.7) (±0.7) (±0.7)	13.1%  (n=9) 54.6% 34.6% 10.8%  (n=9) 80.5% 12.2% 2.9% 4.5%	(±1.3 0,410) (±2.2 (±1.5 (±0.9 (±1.6 (±0.9 (±0.7 (±0.7 (±1.6)
8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.  a. 0 days b. 1 or 2 days c. 3 or more days  9. During your last school year, how many times did you change schools for reasons other than moving up a grade? a. I did not change schools b. Once c. Twice d. Three or more times  0. How honest were you in filling out this survey? a. I was very honest.	9.8%  (n=1) 71.0% 24.6% 4.4%  (n=1) 82.8% 13.0% 2.1% (n=1) 85.9%	(±1.6)  (±2.3) (±2.2) (±1.0)  (±1.9) (±0.7) (±0.7)	13.1%  (n=9) 54.6% 34.6% 10.8%  (n=9) 80.5% 12.2% 2.9% 4.5%  (n=7) 85.2%	(±1.3 0,410) (±2.2 (±1.5 (±0.9 0,255) (±1.6 (±0.9 (±0.4 (±0.7
8. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.  a. 0 days b. 1 or 2 days c. 3 or more days  9. During your last school year, how many times did you change schools for reasons other than moving up a grade? a. I did not change schools b. Once c. Twice d. Three or more times  0. How honest were you in filling out this survey? a. I was very honest. b. I was honest pretty much of the time.	9.8%  (n=1) 71.0% 24.6% 4.4%  (n=1) 82.8% 13.0% 2.1% (n=1) 85.9% 13.2%	(±1.6)  (±2.3) (±2.2) (±1.0)  (±1.9) (±1.7) (±0.7) (±0.7)  (±1.8) (±1.8)	13.1%  (n=9) 54.6% 34.6% 10.8%  12.2% 2.9% 4.5%  (n=7) 85.2% 13.2%	(±1.3 0,410) (±2.2 (±1.5 (±0.9 0,255) (±1.6 (±0.4 (±0.7 7,737) (±1.0 (±1.0

# Alcohol, Tobacco and Other Drug Use

Alcohol, tobacco, and other drug (ATOD) use has been a major concern in this country for many years. The consequences of ATOD use are well known. In the short term, ATOD use interferes with positive physical, emotional, and social development. In the long term, ATOD use is associated with delinquency and criminal activity, unintended injuries, and a variety of health complications including shorter life expectancy. Tobacco use is the world's leading cause of preventable death, disease, and disability. This section provides information about lifetime ATOD use (which in part reflects experimental use), use in the past 30 days (i.e., current use), and other tobacco-, alcohol-, and drug-related issues.

### **Lifetime Use**

[Questions 21-22 appear only on the secondary version of the survey.]

Have	vou ever.	even	once i	'n ı	mur	life.
nave	vou ever.	even	ULICE I	"	voui	me.

nave you ever, even once in your me:	Your S	tudents	State	ewide		
23. Drank more than a sip or two of beer, wine, or hard liquor (for example: vodka, whiskey, or gin)? (Computed from question 23 or 232)	<b>% (±CI)</b> (n=1,460)					
a. No	84.0%	(±1.9)	75.7%	(±1.1)		
b. Yes	16.0%	(±1.9)	24.3%	(±1.1)		
24. Used marijuana? (Computed from question 24 or 230)	(n=1	,460)	(n=8	3,683)		
a. No	98.2%	$(\pm 0.7)$	96.2%	$(\pm 0.5)$		
b. Yes	1.8%	(±0.7)	3.8%	(±0.5)		
25. Used inhalants (things you sniff to get high)?	(n=1	,458)	(n=8	3,678)		
a. No	98.1%	$(\pm 0.7)$	97.1%	$(\pm 0.4)$		
b. Yes	1.9%	(±0.7)	2.9%	(±0.4)		
uestions 26-30 appear only on the secondary version of the survey.]						
31. Used other illegal drugs?	(n=1	,464)	(n=8	3,668)		
a. Yes	2.0%	$(\pm 0.7)$	2.6%	$(\pm 0.4)$		
b. No	98.0%	(±0.7)	97.4%	(±0.4)		

### 30-Day Use (Use in the Past 30 Days)

#### During the past 30 days, on how many days did you:

32. Smoke cigarettes?	(n=1	(n=1,484)		,944)
a. None	99.5%	(±0.3)	99.0%	(±0.3)
b. 1-2 days	0.3%	(±0.3)	0.5%	(±0.2)
c. 3-5 days	0.0%	(±0.0)	0.2%	(±0.1)
d. 6-9 days	0.0%	(±0.0)	0.1%	(±0.1)
e. 10-29 days	0.1%	(±0.1)	0.1%	(±0.0)
f. All 30 days	0.1%	(±0.2)	0.2%	(±0.1)
Any use in past 30 days	0.5%	(±0.3)	1.0%	(±0.3)

	Your Students			
•	<b>% (±CI)</b> (n=1,482)		<b>% (±CI)</b> (n=8,869)	
99.5%	(±0.3)	99.0%	(±0.3)	
0.2%	(±0.2)	0.5%	(±0.2)	
0.1%	(±0.2)	0.2%	(±0.1)	
0.0%	(±0.0)	0.2%	(±0.1)	
0.0%	(±0.0)	0.1%	(±0.1)	
0.1%	(±0.2)	0.1%	(±0.1)	
0.5%	(±0.3)	1.0%	(±0.3)	
	0.2% 0.1% 0.0% 0.0% 0.1%	99.5% (±0.3) 0.2% (±0.2) 0.1% (±0.2) 0.0% (±0.0) 0.0% (±0.0) 0.1% (±0.2)	(n=1,482)     (n=8)       99.5%     (±0.3)     99.0%       0.2%     (±0.2)     0.5%       0.1%     (±0.2)     0.2%       0.0%     (±0.0)     0.2%       0.0%     (±0.0)     0.1%       0.1%     (±0.2)     0.1%	

[Question 34 appears only on the secondary version of the survey.]

35. Use an electronic cigarette, also called e-cigs, or vape pens?	(n=1,483)		ic cigarette, also called e-cigs, or vape pens? (n=1,483)		(n=8,838)	
a. None	98.9%	$(\pm 0.5)$	97.0%	$(\pm 0.5)$		
b. 1-2 days	0.7%	(±0.4)	1.7%	(±0.3)		
c. 3-5 days	0.1%	(±0.1)	0.5%	(±0.2)		
d. 6-9 days	0.1%	(±0.1)	0.2%	(±0.1)		
e. 10-19 days	0.1%	(±0.1)	0.2%	(±0.1)		
f. 20-29 days	0.1%	(±0.1)	0.1%	(±0.1)		
g. All 30 days	0.1%	(±0.1)	0.3%	(±0.1)		
Any use in past 30 days	1.1%	(±0.5)	3.0%	$(\pm 0.5)$		

[Questions 36-37 appear only on the secondary version of the survey.]

### During the past 30 days, on how many days did you:

38. Drink a glass, can or bottle of alcohol (beer, wine, wine coolers, hard

liquor)?	(n=1	(n=1,468)		,769)
a. None	98.8%	$(\pm 0.5)$	97.6%	(±0.4)
b. 1-2 days	0.7%	(±0.4)	1.8%	(±0.3)
c. 3-5 days	0.2%	(±0.2)	0.3%	(±0.2)
d. 6-9 days	0.0%	(±0.0)	0.1%	(±0.1)
e. 10 or more days	0.2%	(±0.2)	0.2%	(±0.1)
Any use in past 30 days	1.2%	(±0.5)	2.4%	(±0.4)

	Your Students		Statewide			
	% (	±CI)	<b>% (±CI)</b> (n=8,687)			
39. Use marijuana or hashish (weed, hash, pot)?	(n=1	,460)				
a. None	99.8%	(±0.2)	98.7%	$(\pm 0.3)$		
b. 1-2 days	0.1%	(±0.1)	0.7%	(±0.2)		
c. 3-5 days	0.0%	(±0.0)	0.2%	(±0.1)		
d. 6-9 days	0.0%	(±0.0)	0.2%	(±0.1)		
e. 10-19 days	0.1%	(±0.1)	0.1%	(±0.0)		
f. 20-29 days	0.0%	(±0.0)	0.0%	(±0.0)		
g. All 30 days	0.1%	(±0.1)	0.1%	(±0.1)		
Any use in past 30 days	0.2%	(±0.2)	1.3%	(±0.3)		
0. Not counting alcohol, tobacco, or marijuana, use another illegal drug?	(n=1,467)		narijuana, use another illegal drug? (n=1,467)		(n=8,706)	
a. None	99.5%	(±0.4)	99.1%	$(\pm 0.3)$		
b. 1-2 days	0.1%	(±0.2)	0.6%	(±0.2)		
c. 3-5 days	0.0%	(±0.0)	0.1%	(±0.1)		
d. 6-9 days	0.1%	(±0.1)	0.0%	(±0.0)		
e. 10 or more days	0.3%	(±0.3)	0.2%	(±0.1)		
Any use in past 30 days	0.5%	(±0.4)	0.9%	(±0.3)		
11. Use any illegal drug, including marijuana? (Computed from questions 39 and 40)	(n=1	,459)	(n=8	3,645)		
None	99.5%	(±0.4)	98.4%	(±0.4)		
Any use in past 30 days	0.5%	(±0.4)	1.6%	(±0.4)		

[Questions 42-44 appear only on the secondary version of the survey.]

### **Other Tobacco-Related Questions**

[Questions 45-46 appear only on the secondary version of the survey.]

with someone who was smoking cigarettes?	(n=1	,378)	(n=7	,998)
a. 0 days	90.9%	(±1.5)	81.8%	(±1.4
b. 1-2 days	6.8%	(±1.3)	11.0%	(±0.8
c. 3-4 days	0.8%	(±0.5)	2.4%	(±0.4
d. 5-6 days	0.4%	(±0.3)	1.2%	(±0.3
		( . a = )	0.00/	(10.0
·	1.1%	(±0.5)	3.6%	(±0.6
e. 7 days  During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?		(±0.5)		(±0.6
. During the past 7 days, on how many days did you ride in a car with		,		`
. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?	(n=1	,378)	(n=8	5,000)
During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?      a. 0 days	(n=1 97.5%	(±0.8)	(n=8 89.1%	(±1.
During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?  a. 0 days  b. 1-2 days	(n=1 97.5% 1.2%	(±0.8) (±0.6)	(n=8 89.1% 5.3%	(±1.3) (±0.8)

[Questions 49-55 appear only on the secondary version of the survey.]

### Other Electronic Cigarette- and Vaping-Related Questions

[Questions 56-59 appear only on the secondary version of the survey.]

#### Other Alcohol-Related Questions

60. Think back over the last 2 weeks. How many times have you had five or		Your Students		ewide		
more drinks in a row? (A drink is a glass of wine, a bottle of beer, a shot	% (±CI)		ne, a bottle of beer, a shot $\%$ ( $\pm$ CI) $\%$ ( $\pm$		% (±CI)	
glass of liquor, or a mixed drink.)	(n=1	,457)	(n=8	(n=8,628)		
a. None	99.3%	$(\pm 0.4)$	98.1%	$(\pm 0.4)$		
b. Once	0.3%	(±0.3)	1.1%	(±0.2)		
c. Twice	0.3%	(±0.3)	0.3%	(±0.1)		
d. 3-5 times	0.0%	(±0.0)	0.2%	(±0.1)		
e. 6-9 times	0.0%	(±0.0)	0.1%	(±0.1)		
f. 10 or more times	0.1%	(±0.1)	0.2%	(±0.1)		
61. Drinking Categories Variable (Computed from questions 38 and 60)	(n-1	,455)	(n-9	,569)		
				, ,	-	
No drinking past 30 days and no binging past 2 weeks	98.4%	$(\pm 0.7)$	96.5%	$(\pm 0.5)$		
1-2 days drinking past 30 days and no binging past 2 weeks	0.7%	(±0.4)	1.3%	(±0.2)		
3-5 days drinking past 30 days and/or 1 binge past 2 weeks	0.4%	(±0.3)	1.2%	$(\pm 0.3)$		
6+ days drinking past 30 days and/or 2+ binge past 2 weeks	0.5%	(±0.4)	1.0%	(±0.3)		

[Questions 62-69 appear only on the secondary version of the survey.]

### **Other Marijuana-Related Questions**

[Questions 70-75 appear only on the secondary version of the survey.]

### Other Alcohol- and Drug-Related Questions

[Questions 76-78 appear only on the secondary version of the survey.]

### 79. During the past year in school, how many times did you get information in

classes about reasons not to use alcohol or drugs?	(n=1,373)	(n=7,915)
a. Never	27.1% (±2.4)	28.9% (±2.9)
b. Once	23.7% (±2.3)	22.9% (±1.5)
c. 2-3 times	25.7% (±2.3)	24.1% (±1.9)
d. 4 or more times	23.5% (±2.2)	24.1% (±3.1)

[Questions 80-82 appear only on the secondary version of the survey.]

Grade 6 Issaquah School District

### Other Health Concerns

### **Nutrition and Fitness**

This section provides results regarding other health concerns including nutrition and fitness, health conditions and health care, safety, behaviors related to intentional injury, and depression. Proper nutrition and exercise are critical components of a healthy life, as is access to preventive health care. Safety-related behaviors can profoundly influence the outcome of an accident. Injury is the leading cause of death for adolescents aged 10 to 19, and violence contributes to injury-related deaths. People who are depressed experience a range of symptoms, and depression is associated with suicidal behavior.

Obese: "Obese" includes students who are in the top 5% for body mass index by age and gender based on growth charts developed by the Centers for Disease Control and Prevention (2000). "Overweight" includes students who are in the top 15% but not the top 5%.

	Your S	Your Students		ewide
	% (	(±CI) % (±C		±CI)
4. How often do you eat dinner with your family?		(n=1,343)		,745)
a. Never	1.6%	$(\pm 0.7)$	2.9%	(±0.5
b. Rarely	4.8%	(±1.1)	9.1%	(±0.9
c. Sometimes	11.1%	(±1.7)	13.2%	(±1.1
d. Most of the time	36.4%	(±2.6)	29.2%	(±1.6
e. Always	46.1%	(±2.7)	45.6%	(±1.7
estion 85 appears only on the secondary version of the survey.]				
6. Did you eat breakfast today?	(n=1	,392)	(n=8	,058)
a. Yes	86.6%	(±1.8)	76.0%	(±2.0
b. No	13.4%	(±1.8)	24.0%	(±2.0
estions 87-90 appear only on the secondary version of the survey.]				
stions of -90 appear only on the secondary version of the survey.]				
11. How many sodas, sports drinks (such as Gatorade) and other sweet		,382)	(n=8	,057)
		(±2.6)	(n=8 54.4%	,057) (±2.6
11. How many sodas, sports drinks (such as Gatorade) and other sweet drinks (such as Snapple or SoBe) did you drink yesterday?	(n=1	· /		
1. How many sodas, sports drinks (such as Gatorade) and other sweet drinks (such as Snapple or SoBe) did you drink yesterday?  a. None	(n= <sup>-</sup> )	(±2.6)	54.4%	(±2.6
11. How many sodas, sports drinks (such as Gatorade) and other sweet drinks (such as Snapple or SoBe) did you drink yesterday?  a. None  b. 1	(n=1) 62.2% 31.2%	(±2.6) (±2.4)	54.4% 31.9%	(±2.6

[Questions 93-94 appear only on the secondary version of the survey.]

a. I did not drink sodas, sports drinks or other flavored sweetened drinks

school yesterday?

yesterday. b. Yes

c. No

46.9%

19.5%

33.6%

 $(\pm 2.6)$ 

 $(\pm 2.1)$ 

 $(\pm 2.5)$ 

(n=7,956)

 $(\pm 2.3)$ 

 $(\pm 1.4)$ 

 $(\pm 2.0)$ 

39.2%

11.9%

48.9%

<ol><li>In the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any</li></ol>	Your S	tudents	State	ewide	
kind of physical activity that increases your heart rate or makes you breathe hard some of the time.)	<b>% (±CI)</b> (n=1,500)		<b>% (±CI)</b> (n=9,320)		
a. 0 days	4.0%	(±1.0)	6.8%	(±0.9	
b. 1 day	3.9%	(±1.0)	5.8%	(±0.	
c. 2 days	5.1%	(±1.1)	8.3%	(±0.	
d. 3 days	9.2%	(±1.5)	11.4%	(±0.	
e. 4 days	13.8%	(±1.7)	12.4%	(±0.	
f. 5 days	17.8%	(±1.9)	17.6%	(±0.	
g. 6 days	14.4%	(±1.8)	10.9%	(±0.	
h. 7 days	31.7%	(±2.4)	26.8%	(±1.	
estion 96 appears only on the secondary version of the survey.]					
7. On average how many days a week do you walk to or from school?	(n=1	,525)	(n=9	9,540)	
a. Never	79.7%	(±2.0)	68.7%	(±4.	
b. 1-2	6.5%	(±1.2)	9.1%	(±1.	
c. 3-4	4.9%	(±1.1)	5.8%	(±0.	
d. I walk every day.	9.0%	(±1.4)	16.4%	(±3.	
8. On average how many days a week do you ride a bicycle to or from			, -		
school? a. Never	92.0%	(±1.4)	92.2%	9,528) (±1.	
b. 1-2	4.5%	(±1.0)	4.1%	(±0.	
c. 3-4	1.6%	(±0.6)	1.8%	(±0.	
d. I bike every day.	1.8%	(±0.7)	2.0%	(±0.	
9. On an average school day, how many hours do you watch TV shows or	1.070	(=0.7)	2.070	(=0.	
movies or stream videos (such as YouTube, Netflix, Hulu) on any electronic device (Computer, TV set, tablets or smartphone)?	(n=1	,514)	(n=9	9,454)	
a. I do not watch TV or movies on an average school day.	14.3%	(±1.8)	9.9%	(±1.	
b. Less than 1 hour per day	27.2%	(±2.2)	17.3%	(±1.	
c. 1 hour per day	22.3%	(±2.1)	18.2%	(±1.	
d. 2 hours per day	17.8%	(±1.9)	21.5%	(±0.	
e. 3 hours per day	10.0%	(±1.5)	14.3%	(±1.	
	4.0%	(±1.0)	7.3%	(±0.	
f. 4 hours per day	4.0 /0	(±1.0)	1.570	(±0.	

100. On an average school day, how many hours do you play video or computer games, or use a computer for something that is not school	Your S	tudents	State	ewide
work? (Count time spent on things such as Xbox, PlayStation, tablet or smartphone, social media).	<b>% (±CI)</b> (n=1,512)		•	± <b>CI)</b> ,436)
<ul> <li>a. I do not play video games or use a computer for something that is not school work.</li> </ul>	21.5%	(±2.1)	19.1%	(±1.3)
b. Less than 1 hour per day	33.1%	(±2.4)	24.7%	(±1.7)
c. 1 hour per day	17.5%	(±1.9)	15.8%	(±0.7)
d. 2 hours per day	13.4%	(±1.7)	14.9%	(±0.9)
e. 3 hours per day	7.4%	(±1.3)	9.9%	(±0.8)
f. 4 hours per day	2.8%	(±0.8)	5.6%	(±0.7)
g. 5 or more hours per day	4.3%	(±1.0)	9.9%	(±1.3)
uestions 101-102 appear only on the secondary version of the survey.]				

103. During the average week, on how many days do you participate in supervised after-school activities either at school or away from school? Include activities such as sports, art, music, dance, drama, or community

service, religious, or club activities.		,482)	(n=9,073)		
a. 0 days	19.0%	(±2.0)	38.5%	(±3.6)	
b. 1-2 days	25.8%	(±2.2)	27.6%	(±1.5)	
c. 3 or more days	55.1%	(±2.5)	34.0%	(±3.3)	

### **Health Conditions and Health Care**

[Question 104 appears only on the secondary version of the survey.]

old you that you have asthma? (n=1,504) (n=9,4	434)
10.5% (±1.6) 12.7%	(±0.8)
79.1% (±2.1) 75.6%	(±1.2)
10.4% (±1.5) 11.7%	(±0.9)
(n=1,521) (n=9,4	194)
71.1% (±2.3) 65.3%	(±1.5)
7.0% (±1.3) 9.1%	(±0.7)
12.0% (±1.6) 14.5%	(±1.0)
10.0% (±1.5) 11.1%	(±0.9)

[Questions 107-108 appear only on the secondary version of the survey.]

109. During the past year, did you miss any time from school because of toothache? (Do not include toothache due to braces or an injury.)	(n=1,521)		(n=9	9,500)
a. Yes	3.0%	(±0.9)	6.6%	(±0.8)
b. No	91.3%	(±1.4)	83.7%	(±1.4)
c. Not sure	5.8%	(±1.2)	9.7%	(±0.9)

[Questions 110-114 appear only on the secondary version of the survey.]

### **Sexual Behavior**

[Questions 115-119 appear only on the secondary version of the survey.]

# **Behaviors Related to Unintentional Injury**

	Your S	tudents	State	ewide
20. When you ride a bicycle, how often do you wear a helmet?	% (±CI) (n=1,523)		<b>% (±CI)</b> (n=9,558)	
a. I do not ride a bicycle	10.1%	(±1.5)	14.1%	(±1.6
b. Never wear a helmet	3.8%	(±1.0)	16.6%	(±3.0
c. Rarely wear a helmet	4.9%	(±1.1)	12.2%	(±1.5
d. Sometimes wear a helmet	10.9%	(±1.6)	11.6%	(±1.1
e. Most of the time wear a helmet	26.2%	(±2.2)	17.4%	(±1.6
f. Always wear a helmet	44.1%	(±2.5)	28.1%	(±4.7
21. How good a swimmer do you think you are?	(n=1	,521)	(n=9	,520)
a. Good	61.9%	(±2.4)	54.2%	(±2.5
b. So-so	32.6%	(±2.4)	33.1%	(±1.5
c. Not good	4.1%	(±1.0)	7.2%	(±0.8
d. Can't swim	1.4%	(±0.6)	5.5%	(±1.0
22. Have you ever taken formal swimming lessons?	(n=1	,524)	,	,528)
a. Yes	80.8%	(±2.0)	51.3%	(±5.4
b. No	12.1%	(±1.6)	41.3%	(±5.3
c. Not sure	7.2%	(±1.3)	7.3%	(±0.5
estion 123 appears only on the secondary version of the survey.]				
24. In the last 30 days, have you ridden in a car driven by someone who had been drinking alcohol?	(n-1	,389)	(n-9	5,046)
a. Yes	4.8%	(±1.1)	6.3%	(±0.5
b. No	86.8%	(±1.8)	85.3%	(±0.8
c. Not sure	8.4%	(±1.5)	8.4%	(±0.7
estions 125-127 appear only on the secondary version of the survey.]				
28. During the past 30 days, did you ride in a car or other vehicle driven by someone who was texting or emailing?	(n=1	,517)	(n=9	),471)
a. Yes	19.6%	(±2.0)	22.7%	(±1.3
b. No	58.3%	(±2.5)	58.5%	(±1.5
5.110				

[Question 129 appears only on the secondary version of the survey.]

# **Behaviors Related to Intentional Injury**

	Your S	tudents	State	wide
30. During the past 30 days, on how many days did you: Carry a weapon such as a gun, knife, or club on school property?	•	± <b>CI)</b> ,458)	•	± <b>CI)</b> ,618)
a. 0 days	99.2%	(±0.4)	98.5%	(±0.3)
b. 1-5 days	0.5%	(±0.4)	1.1%	(±0.2)
c. 6 or more days	0.2%	(±0.2)	0.5%	(±0.2)
31. During the past 12 months, how many times were you in a physical fight?	(n=1	,451)	(n=8	,555)
	,		,	, ,
a. 0 times	78.9%	(±2.1)	72.7%	(±1.5)
b. 1 time	11.7%	(±1.7)	14.0%	(±0.8
c. 2-3 times	4.9%	(±1.1)	7.0%	(±0.7
				(=0.1
d. 4-5 times	1.2%	$(\pm 0.6)$	1.9%	(±0.3

[Questions 132-133 appear only on the secondary version of the survey.]

### Physical, Emotional and Sexual Abuse

[Questions 134-140 appear only on the secondary version of the survey.]

### **Mental Health**

[Questions 141-144 appear only on the secondary version of the survey.]

[Questions 150-151 appear only on the secondary version of the survey.]

145. Have you ever seriously thought about killing yourself?

a. Yes	14.3%	(±1.8)	22.0%	(±1.5)	
b. No	85.7%	(±1.8)	78.0%	(±1.5)	
146. Have you ever tried to kill yourself?	(n=1	1,427)	(n=8	,415)	_
a. Yes	3.4%	$(\pm 0.9)$	7.6%	$(\pm 0.9)$	
b. No	96.6%	(±0.9)	92.4%	$(\pm 0.9)$	
[Questions 147-148 appear only on the secondary version of the survey.]  149. When you feel sad or hopeless, are there adults that you can turn to for help?	(n=1	l,423)	(n=8	s,451)	-
[Questions 147-148 appear only on the secondary version of the survey.]  149. When you feel sad or hopeless, are there adults that you can turn to for	(n=1 16.7%	(±1.9)	(n=8 20.2%	6,451) (±1.0)	-
[Questions 147-148 appear only on the secondary version of the survey.]  149. When you feel sad or hopeless, are there adults that you can turn to for help?	,		,	·	=
[Questions 147-148 appear only on the secondary version of the survey.]  149. When you feel sad or hopeless, are there adults that you can turn to for help?  a. I never feel sad or hopeless.	16.7%	(±1.9)	20.2%	(±1.0)	-

(n=8,384)

(n=1,413)

### **School Climate**

In the past few years Washington State has given increased attention to supportive learning environments. Students need a safe, nurturing, healthy, and civil learning environment if they are to be successful in school. This section provides information about student perceptions of school climate.

152. In the last 30 days, how often have you been bullied? Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way.	% (:	tudents ±CI) ,457)	<b>State</b> <b>% (</b> ∃ (n=8,	CI)
a. I have not been bullied.	75.8%	(±2.2)	68.8%	(±1.8)
b. Once	13.0%	(±1.7)	15.4%	(±0.9)
c. 2 – 3 times	6.0%	(±1.2)	7.8%	(±0.7)
d. About once a week	1.5%	(±0.6)	2.8%	(±0.4)
e. Several times a week	3.7%	(±1.0)	5.2%	(±0.7)

[Questions 153-164 appear only on the secondary version of the survey.]

### **Quality of Life**

Health-related quality of life is an individual's or group's perceived physical and mental health over time. At the individual level it involves a person's health and health-related conditions; at the community level it involves conditions that influence people's health. This section contains the results of the survey questions related to individual quality of life.

[Question 165 appears only on the secondary version of the survey.]

166. Do you have goals and plans for the future?	(n=1,496)	(n=9,254)
a. No	18.5% (±2.0)	16.3% (±0.8)
b. Yes	81.5% (±2.0)	83.7% (±0.8)

#### **Children's Hope Scale**

Hope reflects a future orientated mindset and motivational process by which an individual has an expectation toward attaining a desirable goal. Research has linked hope with overall physical, psychological, and social well-being. This section introduces the Children's Hope Scale, an assessment of agency (ability to initiate and sustain action towards goals) and pathways (capacity to find a means to carry out goals).

[Questions 167-171 appear only on the secondary version of the survey.]

#### **Risk and Protective Factors**

Decades of research have shown that certain risk factors are associated with increased likelihood of health risk behaviors including ATOD use, violence, and delinquent behaviors. Similarly, research from Drs. Hawkins and Catalano and associates at the University of Washington, has shown that protective factors exert a positive influence against the negative influence of risk factors. The premise of the risk reduction and protective factor enhancement approach to prevention is that preventing a problem before it occurs requires addressing the factors that predict the problem. Ideally, this strategy entails discovering the causes of the problem behavior and influencing those causes. Many of the survey questions were used to assess students' status on risk and protective factors in the community, school, and peer-individual domains. Composite scales were computed for use in local program planning.

### Risk and Protective Factor Framework and Reporting Schedule

This table provides a list of risk and protective factors included in the Healthy Youth Survey by year.

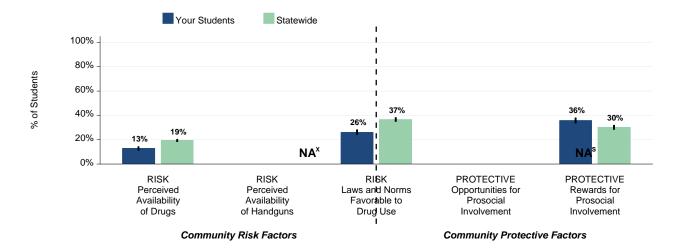
	2006	2008	2010	2012	2014	2016	2018
Community Protective Factors							
Opportunities for Prosocial Involvement	χs	χs	χs	ΧS	χs	χs	Χs
Rewards for Prosocial Involvement	X	Χ	XE	XE	XE	XE	XE
Community Risk Factors							
Perceived Availability of Handguns	XS	χs	χs	χS			Xs
Laws And Norms Favorable to Drug Use	X	X	X	Χ	Χ	Χ	Χ
Low Neighborhood Attachment	Xs	χs	χs	.,	.,	.,	.,
Perceived Availability of Drugs	X	Χ	Χ	Х	Х	Х	X
Family Protective Factors							
Opportunities for Prosocial Involvement	Χţ	Χţ	Χţ	Χţ	X	X	X
Rewards for Prosocial Involvement	Χţ	Χţ	Χţ	Χţ	XE	XE	ΧE
Family Risk Factors							
Poor Family Management	χs, †	χS, †	χ <sup>S, †</sup>	χ <sup>S, †</sup>	Xs	χS	ΧS
Parental Attitudes Favorable towards Drug Use		χs, †	XS	XS	XS	XS	XS
Peer-Individual Protective Factors							
Social Skills	ΧS	Xs	Xs	ΧS	Xs	XS	ΧS
Interaction With Prosocial Peers	X	X	χs	ΧS	χs	XS	
Belief in the Moral Order	XS	χS	χS	XS	XS	XS	
Prosocial Involvement	X	XE	XE	XE	XE	XE	
Peer-Individual Risk Factors							
Perceived Risk of Drug Use	Х	X	X	Х	X	X	Х
Early Initiation of Drug Use	XS	χS	χS	XS	XS	XS	XS
Early Initiation of Antisocial Behavior	Xs	χs	χs	χs			
Favorable Attitudes Towards Drug Use	X	X	X	X	X	X	Χ
Favorable Attitudes Towards Antisocial Behavior	XS	ΧS	XS				
Rewards for Antisocial Involvement	Xs	χs	0				
Friends' Use of Drugs	χs	χs	χs	ΧS	XS	XS	XS
Interaction With Antisocial Peers	χs	χs	χs	χs			
Intentions to Use	Xs	Xs	Xs	Xs			
School Protective Factors							
Opportunities for Prosocial Involvement	Χs	χs	χs	χs	χs	χs	χs
Rewards for Prosocial Involvement	X	Χ	Χ	Х	Χ	Х	Х
School Risk Factors							
Low Commitment to School	X	Х	Х	X	Х	X	X
Academic Failure	X	Χ	Χ	X	Χ	Χ	Χ

Note:  $X^S$  = Included only on the secondary version;  $X^E$  = Included only on the elementary version.

# Risk and Protective Factor Scale Results and Graphs

For each risk factor scale, the percentage of students who are at risk (i.e., who agreed with statements that predict ATOD use or other problem behaviors) is reported; higher percentages indicate that more students are likely to engage in problem behaviors. For each protective factor scale, the percentage of students who are resilient (i.e., who agreed with statements that predict the ability to resist ATOD use or other problem behaviors) is reported; higher percentages indicate that fewer students are likely to engage in problem behaviors. These percentages are based on computational methods provided by the University of Washington's Social Development Research Group.

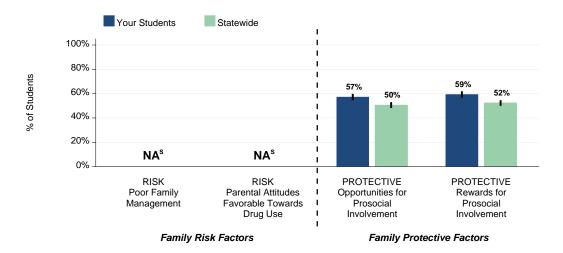
Community Domain	Your Students	Statewide
Risk Factors	% (±CI)	% (±CI)
Paragized Availability of Prusa (Ougations 170 172)	(n=1,422)	(n=8,620)
Perceived Availability of Drugs (Questions 170-173)	12.8% (±1.7)	19.4% (±1.1)
Perceived Availability of Handguns (Question 174)	NAX	NA <sup>X</sup>
Laws And Norms Favorable to Drug Use (Questions 175-180)	(n=1,472)	(n=9,097)
Laws And Norms Pavolable to Drug Ose (Questions 175-180)	26.1% (±2.2)	36.6% (±1.8)
Protective Factors		
Opportunities for Prosocial Involvement (Questions 181-184)	NA <sup>s</sup>	NAS
Devende for Processed Involvement (Overtions 195 197)	(n=1,475)	(n=9,109)
Rewards for Prosocial Involvement (Questions 185-187)	35.7% (±2.4)	30.1% (±1.9)



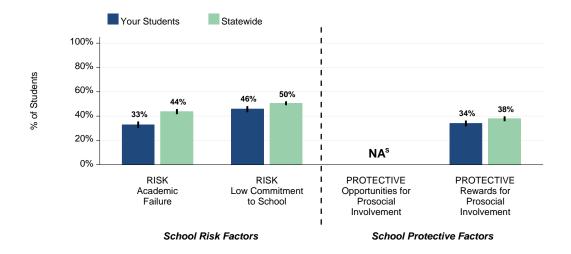
Note: NAS = Included only on the secondary version; NAE = Included only on the elementary version.

For more information, see the History of Risk and Protective Factor Report on www.AskHYS.net, under HYS Results – Frequency Reports - Additional Reports

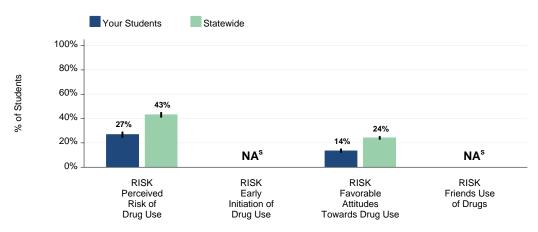
Family Domain Risk Factors	Your Students % (±CI)	Statewide % (±CI)
Poor Family Management (Questions 188-195)	NAS	NAS
Parental Attitudes Favorable Towards Drug Use (Questions 203-205)	NA <sup>s</sup>	NAS
Protective Factors		
Opportunities for Prosocial Involvement (Questions 196–198)	(n=1,364)	(n=7,850)
Opportunities for Prosocial Involvement (Questions 190–190)	57.0% (±2.6)	50.5% (±2.5)
Dewards for Procesial Involvement (Questions 100, 202)	(n=1,351)	(n=7,790)
Rewards for Prosocial Involvement (Questions 199–202)	59.1% (±2.6)	52.3% (±2.2)



School Domain Risk Factors	Your Students % (±Cl)	Statewide % (±Cl)
Academic Failure (Questions 206–207)	(n=1,332)	(n=8,645)
	32.9% (±2.5)	43.6% (±2.2)
Low Commitment to School (Questions 208–214)	(n=1,512)	(n=9,375)
Low Commitment to School (Questions 200–214)	45.7% (±2.5)	50.5% (±1.5)
Protective Factors		
Opportunities for Prosocial Involvement (Questions 215–219)	NAS	NA <sup>s</sup>
Rewards for Prosocial Involvement (Questions 220–223)	(n=1,492)	(n=9,240)
Newards for Frosocial involvement (Questions 220–223)	33.8% (±2.4)	37.7% (±1.9)

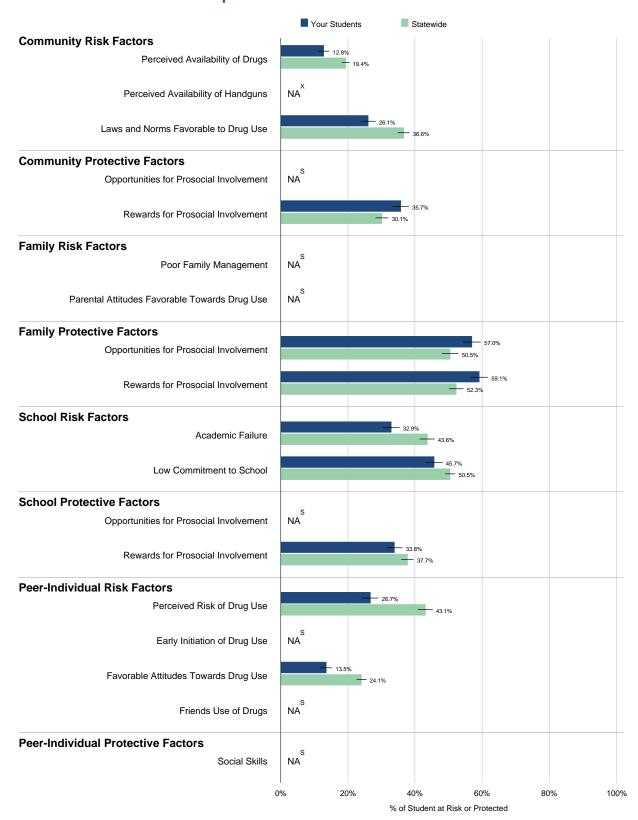


Peer-Individual Domain Risk Factors	Your Students % (±Cl)	Statewide % (±CI)
Perceived Risk of Drug Use (Questions 224–227)	(n=1,277) 26.7% (±2.4)	(n=7,207) 43.1% (±2.2)
Early Initiation of Drug Use (Questions 228-231)	NAS	NA <sup>S</sup>
Favorable Attitudes Towards Drug Use (Questions 232-235)	(n=1,397) 13.5% (±1.8)	(n=8,126) 24.1% (±1.5)
Friends' Use of Drugs (Questions 236-239)	NAS	NAS
Protective Factors		
Social Skills (Questions 240-242)	NAS	NA <sup>s</sup>



Peer-Individual Risk Factors

# Risk and Protective Factor Graph of All Scale Results



Note:  $NA^S$  = Included only on the secondary version;  $NA^E$  = Included only on the elementary version.

### **Risk and Protective Factors: Individual Question Results**

The remainder of the report provides results for the individual survey questions used to compute the risk and protective factors.

# **Community Domain**

# Perceived Availability of Drugs (Questions 172-175)

172. If you wanted to get some beer, wine, or hard liquor (for example vodka, whiskey, or gin), how easy would it be for you to get some?	% (	Students (±CI) 1,440)	% (:	ewide ±CI) ,715)
a. Very hard	70.6%	(±2.4)	70.7%	(±1.5)
b. Sort of hard	16.8%	(±1.9)	15.2%	(±1.1)
c. Sort of easy	7.4%	(±1.4)	8.4%	(±0.6)
d. Very easy	5.1%	(±1.1)	5.6%	(±0.6)
173. If you wanted to get some cigarettes, how easy would it be for you to get some?	(n=1	1,430)	(n=8	,649)
a. Very hard	83.8%	(±1.9)	76.9%	(±1.4)
b. Sort of hard	11.3%	(±1.6)	12.0%	(±0.8)
c. Sort of easy	2.6%	(±0.8)	6.1%	(±0.7)
d. Very easy	2.3%	(±0.8)	5.1%	(±0.5)
174. If you wanted to get some marijuana, how easy would it be for you to get some?	,	1,411)		,612)
a. Very hard	91.2%	(±1.5)	85.4%	(±1.2)
b. Sort of hard	5.7%	(±1.2)	7.7%	$(\pm 0.7)$
c. Sort of easy	1.1%	$(\pm 0.5)$	3.7%	$(\pm 0.5)$
d. Very easy	2.0%	(±0.7)	3.3%	(±0.5)
175. If you wanted to get a drug like cocaine, LSD, or amphetamines, how easy would it be for you to get some?	(n=1	1,418)	(n=8	,600)
a. Very hard	93.4%	(±1.3)	90.8%	(±0.8)
b. Sort of hard	3.9%	(±1.0)	5.3%	(±0.6)
c. Sort of easy	1.0%	(±0.5)	1.9%	(±0.3)
d. Very easy	1.7%	(±0.7)	1.9%	(±0.3)

### Perceived Availability of Hand Guns (Question 176)

[Question 176 appears only on the secondary version of the survey.]

# Laws and Norms Favorable to Drug Use (Questions 177-182)

Your S	tudents	State	ewide
% (±CI) (n=1.428)		<b>% (±CI)</b> (n=8,880)	
90.3%	(±1.5)	81.2%	(±1.3)
6.0%	(±1.2)	11.1%	(±0.9)
1.9%		4.7%	(±0.6)
1.9%	(±0.7)	3.0%	(±0.4)
(n-1	450)	(n-8	(921)
82.0%	(±2.0)	76.8%	(±1.1)
12.5%	(±1.7)	15.0%	(±0.8)
3.6%	(±1.0)	5.5%	(±0.6
1.9%	(±0.7)	2.7%	(±0.4)
(n=1	.454)	(n=8	s,902)
88.7%	(±1.6)	80.7%	(±1.2)
7.6%	(±1.4)	11.9%	(±0.8
2.1%	(±0.7)	4.4%	(±0.5
1.7%	(±0.7)	3.0%	(±0.4
(n=1	,416)	(n=8	3,703)
(n=1	,416) (±1.3)	(n=8 9.1%	
		•	(±0.9)
6.1%	(±1.3)	9.1%	(±0.9)
6.1% 28.9%	(±1.3) (±2.4)	9.1% 29.6%	(±0.9) (±1.2) (±1.5)
6.1% 28.9% 38.0% 27.0%	(±1.3) (±2.4) (±2.5) (±2.3)	9.1% 29.6% 35.3% 26.0%	(±0.9) (±1.2) (±1.5) (±1.5)
6.1% 28.9% 38.0% 27.0%	(±1.3) (±2.4) (±2.5)	9.1% 29.6% 35.3% 26.0%	(±0.9) (±1.2) (±1.5) (±1.5)
6.1% 28.9% 38.0% 27.0%	(±1.3) (±2.4) (±2.5) (±2.3)	9.1% 29.6% 35.3% 26.0%	(±0.9 (±1.2 (±1.5 (±1.5 (±1.5
6.1% 28.9% 38.0% 27.0%	(±1.3) (±2.4) (±2.5) (±2.3) (±1.0)	9.1% 29.6% 35.3% 26.0%	(±0.9 (±1.2 (±1.5 (±1.5 (±0.6 (±1.0
6.1% 28.9% 38.0% 27.0% (n=1 4.1% 8.1%	(±1.3) (±2.4) (±2.5) (±2.3) (±2.3) (±1.0) (±1.4)	9.1% 29.6% 35.3% 26.0% (n=8 7.7% 11.3%	(±0.9 (±1.2 (±1.5 (±1.5 (±0.6 (±1.0 (±1.1
6.1% 28.9% 38.0% 27.0%  (n=1 4.1% 8.1% 29.9% 57.9%	(±1.3) (±2.4) (±2.5) (±2.3) (±1.0) (±1.4) (±2.4) (±2.6)	9.1% 29.6% 35.3% 26.0% (n=8 7.7% 11.3% 28.3% 52.6%	(±0.9) (±1.2) (±1.5) (±1.5) (±1.6) (±1.0) (±1.1)
6.1% 28.9% 38.0% 27.0%  (n=1 4.1% 8.1% 29.9% 57.9%	(±1.3) (±2.4) (±2.5) (±2.3) (±1.0) (±1.4) (±2.4)	9.1% 29.6% 35.3% 26.0% (n=8 7.7% 11.3% 28.3% 52.6%	(±0.9) (±1.2) (±1.5) (±1.5) (±1.6) (±1.0) (±1.1) (±1.6)
6.1% 28.9% 38.0% 27.0%  (n=1 4.1% 8.1% 29.9% 57.9%	(±1.3) (±2.4) (±2.5) (±2.3) (±1.0) (±1.4) (±2.4) (±2.6)	9.1% 29.6% 35.3% 26.0%  (n=8) 7.7% 11.3% 28.3% 52.6%	(±0.9) (±1.2) (±1.5) (±1.5) (±1.6) (±1.0) (±1.6) (±1.6)
6.1% 28.9% 38.0% 27.0%  (n=1 4.1% 8.1% 29.9% 57.9%  (n=1 5.2%	(±1.3) (±2.4) (±2.5) (±2.3) (±1.0) (±1.4) (±2.4) (±2.6)	9.1% 29.6% 35.3% 26.0%  (n=8 7.7% 11.3% 28.3% 52.6%  (n=8 7.6%	(±0.9) (±1.2) (±1.5) (±1.5) (±1.5) (±0.6) (±1.0) (±1.1) (±1.6)
	(n=1 90.3% 6.0% 1.9% 1.9% 1.9% 1.9% 12.5% 3.6% 1.9% (n=1 88.7% 7.6% 2.1%	(n=1,428) 90.3% (±1.5) 6.0% (±1.2) 1.9% (±0.7) 1.9% (±0.7)  (n=1,450) 82.0% (±2.0) 12.5% (±1.7) 3.6% (±1.0) 1.9% (±0.7)  (n=1,454) 88.7% (±1.6) 7.6% (±1.4) 2.1% (±0.7)	(n=1,428) (n=8 90.3% (±1.5) 81.2% 6.0% (±1.2) 11.1% 1.9% (±0.7) 4.7% 1.9% (±0.7) 3.0%  (n=1,450) (n=8 82.0% (±2.0) 76.8% 12.5% (±1.7) 15.0% 3.6% (±1.0) 5.5% 1.9% (±0.7) 2.7%  (n=1,454) (n=8 88.7% (±1.6) 80.7% 7.6% (±1.4) 11.9% 2.1% (±0.7) 4.4%

### **Opportunities for Prosocial Involvement (Questions 183-186)**

[Questions 183-186 appear only on the secondary version of the survey.]

### **Rewards for Prosocial Involvement (Questions 187-189)**

	Your Students		State	wide
	% (±CI)			±CI)
187. My neighbors notice when I am doing a good job and let me know.	(n=1,476)		(n=9	,112)
a. NO!	35.3%	(±2.4)	40.8%	$(\pm 2.0)$
b. No	42.5%	(±2.5)	38.8%	(±1.4)
c. yes	18.6%	(±2.0)	15.3%	(±1.2)
d. YES!	3.6%	(±1.0)	5.2%	(±0.5)
188. There are people in my neighborhood who encourage me to do my best.	(n=1	,477)	(n=9	,089)
a. NO!	20.8%	(±2.1)	29.0%	(±1.9)
b. No	34.3%	(±2.4)	32.9%	(±1.2)
c. yes	34.5%	(±2.4)	27.6%	(±1.8)
d. YES!	10.4%	(±1.6)	10.5%	$(\pm 0.7)$
189. There are people in my neighborhood or commmunity who are proud of				
me when I do something well.	(n=1	,468)	(n=9	,060)
a. NO!	19.1%	(±2.0)	26.5%	(±2.0)
b. No	34.2%	(±2.4)	33.2%	(±1.2)
c. yes	38.4%	(±2.5)	31.1%	(±1.7)
d. YES!	8.4%	(±1.4)	9.1%	(±0.7)

# Family Domain

# **Poor Family Management (Questions 190-197)**

[Questions 190-197 appear only on the secondary version of the survey.]

### **Opportunities for Prosocial Involvement (Questions 198-200)**

198. If I had a personal problem, I could ask my mom or dad for help.		(n=1,355)		',823)
a. NO!	3.2%	(±0.9)	5.2%	(±0.6)
b. No	6.6%	(±1.3)	8.4%	(±0.8)
c. yes	33.1%	(±2.5)	31.1%	(±1.4)
d. YES!	57.1%	(±2.6)	55.3%	(±2.0)

		Your Students		ewide	
9. My parents give me lots of chances to do fun things with them.		± <b>CI)</b> ,365)	•	<b>% (±CI)</b> (n=7,907)	
a. NO!	2.2%	(±0.8)	4.4%	(±0.6	
b. No	11.1%	(±1.7)	14.0%	(±1.1	
c. yes	44.2%	(±2.6)	44.3%	(±1.4	
d. YES!	42.5%	(±2.6)	37.3%	(±1.9	
00. My parents ask me what I think before most family decisions affecting	, ,	0.40)	, _	>	
me are made. a. NO!	6.5%	,348) (±1.3)	9.9%	(±1.2	
b. No	17.2%	(±2.0)	22.8%	(±1.5	
c. yes	45.9%	(±2.7)	41.5%	(±1.4	
d. YES!	30.4%	(±2.5)	25.7%	(±1.5	
ards for Prosocial Involvement (Questions 201-204)					
01. My parents notice when I am doing a good job and let me know about it.	(n=1	,358)	(n=7	,833)	
a. Never or almost never	3.8%	(±1.0)	7.8%	(±0.8	
b. Sometimes	18.3%	(±2.1)	23.7%	(±1.6	
c. Often	34.6%	(±2.5)	31.0%	(±1.6	
d. All the time	43.2%	(±2.6)	37.6%	(±1.8	
02. How often do your parents tell you they're proud of you for something you've done?	(n=1	,347)	(n=7	,765)	
a. Never or almost never	4.2%	(±1.1)	6.4%	(±0.7	
	19.2%	(±2.1)	21.1%	(±1.5	
b. Sometimes			34.3%	(±1.4	
b. Sometimes c. Often	35.9%	(±2.6)	0 1.0 / 0		
		(±2.6) (±2.6)	38.2%	(±1.4	
c. Often	35.9% 40.8%		38.2% (n=7	(±1.4	
c. Often d. All the time	35.9% 40.8%	(±2.6)	38.2%	· ·,771)	
c. Often d. All the time 203. Do you enjoy spending time with your mom?	35.9% 40.8% (n=1	(±2.6)	38.2% (n=7	(±0.4	
c. Often d. All the time 203. Do you enjoy spending time with your mom? a. NO!	35.9% 40.8% (n=1	(±2.6) ,349) (±0.6)	38.2% (n=7 2.1%	(±0.4 (±0.5	
c. Often d. All the time  203. Do you enjoy spending time with your mom? a. NO! b. No	35.9% 40.8% (n=1 1.5% 2.4%	(±2.6) ,349) (±0.6) (±0.8)	38.2% (n=7 2.1% 3.4%	(±0.4 (±0.5 (±1.1	
c. Often d. All the time  203. Do you enjoy spending time with your mom? a. NO! b. No c. yes	35.9% 40.8% (n=1 1.5% 2.4% 25.1% 71.0%	(±2.6) ,349) (±0.6) (±0.8) (±2.3)	38.2% (n=7 2.1% 3.4% 23.1% 71.4%	(±0.4 (±0.5 (±1.1	
c. Often d. All the time  203. Do you enjoy spending time with your mom? a. NO! b. No c. yes d. YES!	35.9% 40.8% (n=1 1.5% 2.4% 25.1% 71.0%	(±2.6) ,349) (±0.6) (±0.8) (±2.3) (±2.4)	38.2% (n=7 2.1% 3.4% 23.1% 71.4%	(±0.4 (±0.5 (±1.1 (±1.4	
c. Often d. All the time  203. Do you enjoy spending time with your mom? a. NO! b. No c. yes d. YES!	35.9% 40.8% (n=1 1.5% 2.4% 25.1% 71.0%	(±2.6) ,349) (±0.6) (±0.8) (±2.3) (±2.4)	38.2%  (n=7 2.1% 3.4% 23.1% 71.4%	(±0.4 (±0.5 (±1.1 (±1.4 (±0.8	
c. Often d. All the time  203. Do you enjoy spending time with your mom? a. NO! b. No c. yes d. YES!  204. Do you enjoy spending time with your dad? a. NO!	35.9% 40.8% (n=1 1.5% 2.4% 25.1% 71.0% (n=1 2.5%	(±2.6)  ,349) (±0.6) (±0.8) (±2.3) (±2.4)  ,341) (±0.8)	38.2%  (n=7 2.1% 3.4% 23.1% 71.4%  (n=7 5.1%	(±0.4 (±0.5 (±1.1 (±1.4	

Your Students

Statewide

# Parental Attitudes Favorable Towards Drug Use (Questions 205-207)

[Questions 205-207 appear only on the secondary version of the survey.]

### **School Domain**

# **Academic Failure Questions (Questions 208-209)**

		Your Students		Statewide	
8. Putting them all together, what were your grades like last year?  a. Mostly As		±CI)	•	% <b>(±CI)</b> (n=9,031)	
		(±2.6)	43.9%	(±3.2	
b. Mostly Bs	58.9% 34.4%	(±2.5)	39.1%	(±2.4	
·		, ,		•	
c. Mostly Cs	5.6%	(±1.2)	12.9%	(±1.4	
d. Mostly Ds	0.7%	(±0.4)	2.6%	(±0.5	
e. Mostly Fs	0.4%	(±0.3)	1.6%	(±0.4	
09. Are your school grades better than the grades of most students in your class?		,409)	(n=9	,010)	
a. NO!	3.8%	(±1.0)	6.3%	(±0.7	
b. No	27.6%	(±2.3)	32.8%	(±1.4	
c. yes	58.0%	(±2.6)	51.2%	(±1.6	
c. yes	30.076	(± <b>2</b> .0)			
d. YES!  Commitment to School (Questions 210-216)	10.6%	(±1.6)	9.7%	(±0.9	
·	10.6%	, ,	9.7%	(±0.9	
d. YES!  Commitment to School (Questions 210-216)  10. How often do you feel the schoolwork you are assigned is meaningful	10.6%	(±1.6)	9.7%	,345)	
d. YES!  Commitment to School (Questions 210-216)  10. How often do you feel the schoolwork you are assigned is meaningful and important?	10.6% (n=1	(±1.6)	9.7% (n=9	,345) (±1.4	
d. YES!  Commitment to School (Questions 210-216)  10. How often do you feel the schoolwork you are assigned is meaningful and important?  a. Almost always	10.6% (n=1) 24.4%	(±1.6) (,510) (±2.2)	9.7% (n=9 24.8%	,345) (±1.4 (±1.1	
d. YES!  Commitment to School (Questions 210-216)  10. How often do you feel the schoolwork you are assigned is meaningful and important?  a. Almost always b. Often	10.6% (n=1 24.4% 30.7%	(±1.6)  (,510) (±2.2) (±2.3)	9.7% (n=9 24.8% 27.2%	,345) (±1.4 (±1.1 (±1.1	
d. YES!  Commitment to School (Questions 210-216)  10. How often do you feel the schoolwork you are assigned is meaningful and important?  a. Almost always b. Often c. Sometimes	10.6% (n=1) 24.4% 30.7% 29.7%	(±1.6)  (,510) (±2.2) (±2.3) (±2.3)	9.7% (n=9 24.8% 27.2% 31.7%	(±1.4 (±1.1 (±1.1 (±0.7	
d. YES!  Commitment to School (Questions 210-216)  10. How often do you feel the schoolwork you are assigned is meaningful and important?  a. Almost always b. Often c. Sometimes d. Seldom	10.6%  (n=1) 24.4% 30.7% 29.7% 9.7% 5.6%	(±1.6) (±2.2) (±2.3) (±2.3) (±1.5)	9.7%  (n=9)  24.8%  27.2%  31.7%  9.9%  6.5%	(±1.4 (±1.1 (±1.1 (±0.7	
d. YES!  Commitment to School (Questions 210-216)  10. How often do you feel the schoolwork you are assigned is meaningful and important?  a. Almost always b. Often c. Sometimes d. Seldom e. Never	10.6%  (n=1) 24.4% 30.7% 29.7% 9.7% 5.6%	(±1.6)  (±2.2) (±2.3) (±2.3) (±1.5) (±1.2)	9.7%  (n=9)  24.8%  27.2%  31.7%  9.9%  6.5%	(±1.4 (±1.1 (±1.1 (±0.7 (±0.6	
d. YES!  Commitment to School (Questions 210-216)  10. How often do you feel the schoolwork you are assigned is meaningful and important?  a. Almost always  b. Often  c. Sometimes  d. Seldom  e. Never  11. How interesting are most of your courses to you?	10.6%  (n=1)  24.4%  30.7%  29.7%  9.7%  5.6%	(±1.6) (±2.2) (±2.3) (±2.3) (±1.5) (±1.2)	9.7%  (n=9)  24.8%  27.2%  31.7%  9.9%  6.5%	(±1.4 (±1.1 (±1.1 (±0.7 (±0.6 (±1.1)	
d. YES!  Commitment to School (Questions 210-216)  10. How often do you feel the schoolwork you are assigned is meaningful and important?  a. Almost always b. Often c. Sometimes d. Seldom e. Never  11. How interesting are most of your courses to you? a. Very interesting and stimulating	10.6%  (n=1) 24.4% 30.7% 29.7% 9.7% 5.6%  (n=1) 9.6%	(±1.6)  (±2.2) (±2.3) (±2.3) (±1.5) (±1.2)	9.7%  (n=9)  24.8%  27.2%  31.7%  9.9%  6.5%  (n=9)  11.7%	(±1.4 (±1.1 (±1.1 (±0.7 (±0.6 (±1.1) (±1.5	
d. YES!  Commitment to School (Questions 210-216)  10. How often do you feel the schoolwork you are assigned is meaningful and important?  a. Almost always b. Often c. Sometimes d. Seldom e. Never  11. How interesting are most of your courses to you? a. Very interesting and stimulating b. Quite interesting	10.6%  (n=1) 24.4% 30.7% 29.7% 9.7% 5.6%  (n=1) 9.6% 39.5%	(±1.6)  (±2.2) (±2.3) (±2.3) (±1.5) (±1.2)  ,485) (±1.5) (±2.5)	9.7%  (n=9) 24.8% 27.2% 31.7% 9.9% 6.5%  (n=9) 11.7% 34.9%	(±1.4 (±1.1 (±1.1 (±0.7 (±0.6	

		Your Students		Statewide		
212. How important do you think the things you are learning in school are going to be for you later in life?  a. Very important		<b>% (±CI)</b> (n=1,508)		<b>% (±CI)</b> (n=9,338)		
		(±2.3)	38.9%	(±2.1)		
b. Quite important	32.8%	(±2.4)	28.1%	(±1.1		
c. Fairly important	23.5%	(±2.1)	19.7%	(±1.1		
d. Slightly important	10.7%	(±1.6)	10.6%	(±0.8		
e. Not at all important	3.0%	(±0.9)	2.8%	(±0.4)		
hink back over the past year in school. How often did you:						
13. Enjoy being in school?	(n=1	,524)	(n=9	9,533)		
a. Never	3.7%	(±0.9)	7.3%	(±0.8)		
b. Seldom	6.8%	(±1.3)	6.8%	(±0.6)		
c. Sometimes	31.4%	(±2.3)	34.5%	(±1.1)		
d. Often	32.7%	(±2.4)	26.6%	(±1.2)		
e. Almost always	25.5%	(±2.2)	24.7%	(±1.2)		
14. Hate being in school?	(n=1,516)		(n=1,516		(n=9,424)	
a. Never	18.7%	(±2.0)	19.6%	(±1.3)		
b. Seldom	32.8%	(±2.4)	25.0%	(±1.7)		
c. Sometimes	35.2%	(±2.4)	37.6%	(±1.6)		
d. Often	8.3%	(±1.4)	9.8%	(±0.8)		
e. Almost always	4.9%	(±1.1)	8.0%	(±0.9)		
15. Try to do your best work in school?	(n=1	,516)		9,391)		
a. Never	1.1%	(±0.5)	1.8%	$(\pm 0.3)$		
b. Seldom	0.4%	$(\pm 0.3)$	1.5%	(±0.3)		
c. Sometimes	4.4%	(±1.0)	7.8%	(±0.8)		
d. Often	17.7%	(±1.9)	21.7%	(±1.1)		
e. Almost always	76.3%	(±2.1)	67.1%	(±1.7)		
16. During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or "cut"?	(n=1	,521)	(n=9	9,436)		
a. None	90.9%	(±1.4)	81.2%	(±1.6)		
b. 1	5.9%	(±1.2)	9.5%	(±0.9)		
c. 2	1.6%	(±0.6)	4.1%	(±0.6)		
d. 3	0.7%	(±0.4)	2.3%	(±0.3)		
e. 4-5	0.5%	(±0.3)	1.8%	(±0.3		
f. 6-10	0.2%	(±0.2)	0.8%	(±0.2		
		,,		,		

# **Opportunities for Prosocial Involvement (Questions 217-221)**

[Questions 217-221 appear only on the secondary version of the survey.]

# **Rewards for Prosocial Involvement (Questions 222-225)**

Your Students		Statewide			
% (±CI)		· = · · ·		•	±CI)
7.6%	(±1.3)	6.8%	(±0.7)		
35.3%	(±2.4)	25.1%	(±1.7)		
48.7%	(±2.5)	53.9%	(±1.6)		
8.4%	(±1.4)	14.3%	(±1.1)		
(n=1	1,477)	(n=9	,191)		
16.7%	(±1.9)	16.7%	(±1.4)		
45.8%	(±2.5)	44.2%	(±1.3)		
28.8%	(±2.3)	29.7%	(±1.5)		
8.6%	(±1.4)	9.4%	(±0.8)		
(n=1	1,505)	(n=9	,349)		
2.8%	$(\pm 0.8)$	4.4%	$(\pm 0.6)$		
7.0%	(±1.3)	10.3%	(±1.0)		
52.9%	(±2.5)	49.2%	(±1.6)		
37.3%	(±2.4)	36.1%	(±2.2)		
(n=1	1,476)	(n=9,104)			
10.8%	(±1.6)	11.8%	(±1.0)		
41.5%	(±2.5)	36.8%	(±1.5)		
40.0%	(±2.5)	42.0%	(±1.8)		
7.7%	(±1.4)	9.5%	(±0.7)		
	7.6% 35.3% 48.7% 8.4%  16.7% 45.8% 28.8% 8.6%  7.0% 52.9% 37.3%  (n=' 10.8% 41.5% 40.0%	% (±cl) (n=1,492) 7.6% (±1.3) 35.3% (±2.4) 48.7% (±2.5) 8.4% (±1.4)  (n=1,477) 16.7% (±1.9) 45.8% (±2.5) 28.8% (±2.3) 8.6% (±1.4)  (n=1,505) 2.8% (±0.8) 7.0% (±1.3) 52.9% (±2.5) 37.3% (±2.4)  (n=1,476) 10.8% (±1.6) 41.5% (±2.5) 40.0% (±2.5)	% (±CI)     % (±CI)       (n=1,492)     (n=9)       7.6%     (±1.3)     6.8%       35.3%     (±2.4)     25.1%       48.7%     (±2.5)     53.9%       8.4%     (±1.4)     14.3%       (n=1,477)     (n=9)       16.7%     (±1.9)     16.7%       45.8%     (±2.5)     44.2%       28.8%     (±2.3)     29.7%       8.6%     (±1.4)     9.4%       (n=1,505)     (n=9)       2.8%     (±0.8)     4.4%       7.0%     (±1.3)     10.3%       52.9%     (±2.5)     49.2%       37.3%     (±2.4)     36.1%       (n=1,476)     (n=9)       10.8%     (±1.6)     11.8%       41.5%     (±2.5)     36.8%       40.0%     (±2.5)     42.0%		

# Peer and Individual Domain

# Perceived Risk of Drug Use (Questions 226-229)

How much do you think people risk harming themselves if they:

226. Smoke one or more packs of cigarettes per day?		(n=1,411)		241)
a. No risk	3.2%	$(\pm 0.9)$	6.7%	(±1.0)
b. Slight risk	2.7%	(±0.8)	5.6%	(±0.6)
c. Moderate risk	11.4%	(±1.7)	15.1%	(±0.9)
d. Great risk	76.7%	(±2.2)	61.9%	(±2.2)
e. Not sure	6.0%	(±1.2)	10.6%	(±1.2)

		Your Students		ewide
- "	% (±CI)		% (±CI)	
227. Try marijuana once or twice?		,403)	(n=8,192)	
a. No risk	6.2%	(±1.3)	13.4%	(±1.4
b. Slight risk	17.1%	(±2.0)	20.3%	(±1.1
c. Moderate risk	27.7%	(±2.3)	23.3%	(±1.2
d. Great risk	37.8%	(±2.5)	30.7%	(±1.4
e. Not sure	11.2%	(±1.7)	12.3%	(±1.0
228. Use marijuana regularly (at least once or twice a week)?	(n=1	,400)	(n=8	,166)
a. No risk	4.1%	(±1.0)	10.6%	(±1.3
b. Slight risk	4.5%	(±1.1)	9.3%	(±0.9
c. Moderate risk	16.3%	(±1.9)	19.5%	(±1.1
d. Great risk	66.4%	(±2.5)	48.8%	(±2.6
e. Not sure	8.6%	(±1.5)	11.9%	(±1.0
229. Take one or two drinks of an alcoholic beverage (wine, beer, a shot,				
liquor) nearly every day?		,404)	•	,164)
a. No risk	9.0%	(±1.5)	14.9%	(±1.3
b. Slight risk	16.5%	(±1.9)	18.9%	(±0.9
c. Moderate risk	25.1%	(±2.3)	23.9%	(±1.2
d. Great risk	41.7%	(±2.6)	31.9%	(±1.6
e. Not sure	7.8%	(±1.4)	10.4%	(±0.8

# Early Initiation of Drug Use (Questions 230-233)

[Questions 230-233 appear only on the secondary version of the survey.]

# **Favorable Attitudes Toward Drug Use (Questions 234-237)**

How wrong do YOU think it is for someone your age to:

### 234. Drink beer, wine, or hard liquor (for example vodka, whiskey, or gin)

regularly?	(n=1,405)	(n=8,227)
a. Very wrong	89.9% (±1.6)	82.8% (±1.2)
b. Wrong	7.4% (±1.4)	11.7% (±0.8)
c. A little bit wrong	2.3% (±0.8)	4.4% (±0.6)
d. Not wrong at all	0.4% (±0.3)	1.1% (±0.2)
235. Smoke cigarettes?	(n=1,399)	(n=8,161)
a. Very wrong	(n=1,399) 93.7% (±1.3)	(n=8,161) 86.7% (±1.0)
	, , ,	
a. Very wrong	93.7% (±1.3)	86.7% (±1.0)
a. Very wrong b. Wrong	93.7% (±1.3) 5.5% (±1.2)	86.7% (±1.0) 10.0% (±0.8)

	Your S	Your Students		ewide	
236. Use marijuana?		<b>% (±CI)</b> (n=1,384)		<b>% (±CI)</b> (n=8,109)	
a. Very wrong	95.5%	(±1.1)	88.9%	(±1.1)	
b. Wrong	3.4%	(±1.0)	7.2%	(±0.7)	
c. A little bit wrong	0.7%	(±0.4)	2.6%	(±0.5)	
d. Not wrong at all	0.4%	(±0.3)	1.3%	(±0.4)	
37. Use LSD, cocaine, amphetamines, or another illegal drug?	(n=1	,393)	(n=8	,095)	
a. Very wrong	97.1%	$(\pm 0.9)$	93.3%	(±0.9)	
b. Wrong	2.4%	(±0.8)	4.5%	(±0.6)	
c. A little bit wrong	0.3%	(±0.3)	1.1%	(±0.5)	
d. Not wrong at all	0.2%	(±0.2)	1.1%	(±0.5)	

# Friends Use Drugs (Questions 238-241)

[Questions 238-241 appear only on the secondary version of the survey.]

# Social Skills (Questions 242-244)

[Questions 242-244 appear only on the secondary version of the survey.]

### **Questions by Topics**

Questions about a single topic are not always grouped together in this report. For example, some questions about alcohol are presented in the Alcohol, Tobacco, and Other Drug (ATOD) Use section and others are presented in the Risk and Protective Factor section. The following list, groups the questions by topic so you can easily locate them in this report.

Activities and Clubs 103

Alcohol

Access 172 Current use 38, 60 Drinking and driving 124 Lifetime use 23 Perceived norms 178, 180, 234

Perceived risks 229
Prevention/intervention 79

Asthma 105-106

Bullying/Harassment 152

Demographics 2-3, 6-7, 10, 16-20

Family

Food insecurity 84 Migrant or seasonal work 17 Military service 16

Fighting 131

**Fitness** 

Physical activity 95, 97-98 Sedentary behavior 99-100

Health or Health Care Oral Health 109

Honesty 20

Marijuana

Access 174 Current use 39 Lifetime use 24 Perceived norms 177, 182, 236 Perceived risks 227-228

Mental Health

Help with mental health 149 Suicide 145-146

Nutrition

Breakfast 86

Soda and Sugar Drinks 91-92

Other Drugs

Access 175 Current use 40-41 Lifetime use 25, 31 Perceived norms 237 Prevention/intervention 79

Quality of Life 166

Safety-related Behaviors Swimming 121-122 Wearing Safety Gear 120 School Climate

Absence 216

Achievement 208-209 After-school activities 103 Bullying/harassment 152 Changed school in past year 19 Engagement 210-215, 222-225 Nutrition 92 Physical activity 97-98

Prevention/intervention 79
Safety at 224

Weapons at 130

Substance Use Prevention 79

Texting and Driving 128

Tobacco and Electronic Cigarettes/Vaping

Access 173 Current use 32-33, 35 Perceived norms 179, 235 Perceived risks 226

Secondhand smoke 47

Weapons 130, 181

#### **Core Questions**

"Core" questions that appeared on both Forms A and B (the secondary versions of the survey) are listed below. All other questions appeared on either Form A or Form B, but not both. Core questions may or may not have appeared on Form C (the elementary version).

#### Activities

Participation in after school activities 103

#### Alcohol

Age when first drank alcohol 232

Binge drinking 60

Current alcohol drinking (past 30 days) 38

Levels of alcohol use 61

Lifetime alcohol use 23

#### Bullying

Been bullied (past 30 days) 152

#### Demographics

Age 1

Education level of mother 11

Food insecurity 85

Gender 3

Gender identity 4

Language spoken in home 8

Loss of home due to family finances 14

Race/Ethnicity 6, 7

Sexual orientation 5

Where you live 13

Who you live with 12

#### Fighting

Physical fighting (past 12 months) 131

#### Gangs

Gang involvement 132

Gangs at school 133

### Honesty

Honesty in completing survey 20

#### Marijuana

Age when first used marijuana 230

Current marijuana use (past 30 days) 39

Lifetime marijuana use 24

### Mental Health

Bothered by anxiety 147

Bothered by worrying 148

Depression (past 12 months) 141

Person(s) turned to when depressed 150

Seriously considered attempting suicide 142

#### Other Drugs

Current painkiller use (past 30 days) 42

#### School Climate

Absent from school 18

Been bullied (past 30 days) 152

Enjoyed being in school (past 12 months) 213

Feel safe at school 224

Grades in school (past 12 months) 208

Participation in after school activities 103

Substance use on school property 78

Weapon carrying on school property (past 12 months) 130

#### **Texting and Driving**

Texting and driving (past 30 days) 129

#### Tobacco

Current cigarette smoking (past 30 days) 32

#### Weapons

Weapon carrying on school property (past 12 months) 130

For more information on which survey forms each question was on, see the Survey Crosswalk at www.AskHYS.net, under HYS Results - QxQ